

WOU: 'I like the fact I get to play with my friend'

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football team I want to be a part of."

Bradshaw, who will receive a substantial scholarship, credited his coaches and playing in the MCC in preparing him for the next level.

"I don't think I would have this opportunity if I didn't have the coaches to get me ready," he said. "From the football coaches to the weight training. The MCC is close competition to the college level. Better than in Oregon."

Coughlin agreed with his teammate.

"My sophomore year, some of the (Oregon) teams we played didn't have the talent that guys from Chiawana or Pasco do," Coughlin said. "You are playing against good dudes with unreal talent. I would not have been prepared for college if we would have stayed in Oregon."

While it has been a dream of his to play college football, Bradshaw said he isn't sure whether he will redshirt or play this fall.

"I will go into camp and compete for a spot," he said. "If I feel I'm not ready physically, I will redshirt."

Coughlin (6-4, 285), who is preparing for this weekend's regional wrestling tournament, said it was good to get the signing out of the way.

"It's a big sigh of relief, knowing I gave it my all and I get to play the game I love," he said. "A lot of kids don't get this oppor-

tunity. I will play my heart out."

Coughlin and Bradshaw played a part in helping the Bulldogs average 200 yards passing and 80 yards rushing per game.

"I owe that guy (Faateete) everything," said Coughlin, who also was courted by several teams. "He's here early every morning for weights. He has a family, but he does this for us because he loves the sport. He has taught us to enjoy life and be respectful."

Coughlin, in his second year of wrestling, said the sport has helped him in football.

"It has helped with my agility, my handwork and aggressiveness," Coughlin said. "You have to fight for every last second. Coach (Kyle) Larson motivates me."

Both players are excited to continue playing together. They spent the summer attending showcases and camps together, and they joined some of the best players in the nation Jan. 20 at the Blue-Grey All-American Bowl at AT&T Stadium, home of the Dallas Cowboys.

Both saw significant time on the offensive line for the Grey team (West), which won 37-30 in overtime.

"I like the fact I get to play with my friend," Coughlin said. "We know going into college that there will be competition for spots. There will be big dudes there — bigger than us — but Hermiston has prepared us."

Study: 'Every sport we have played, our dad taught us'

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Mid-Columbia Conference like a hot knife through butter, winning all eight of his matches. He pinned five opponents, had one decision, one technical fall, and won his match against Walla Walla by forfeit.

He won a title at the Farm City Invitational, was fifth at Gut Check, and last weekend he won the 3A District 8 wrestling title at 220 pounds.

"I was a little worried," Cadenas said of district. "The plan was to go in and win, but they said Tyler Dallas (Mt. Spokane) was good."

Dallas is good, but Cadenas beat him 11-4 for the

district title.

Last year, Cadenas competed at the 3A state tournament at 195 pounds. Because of adverse weather conditions, regional tournaments were canceled, resulting in 32-man brackets at state.

Cadenas finished 1-2 at state, but this year the expectations are higher.

"We absolutely expect him to win at regionals," Larson said. "No hoping or guessing. He is going to perform well. He has a leg attack, and no one can hold him down. He is so strong."

Cadenas continues to improve each week on the mat. He soaks in everything from his coaches, and imple-

ments the moves and techniques in his matches.

He also benefits from working with former Hermiston state champion and Oregon State Pac-12 champ Bob Coleman.

"That is a huge bonus," Cadenas said. "There are moves I didn't know that he taught me. He also taught me how to get out of moves I don't want to be in."

All in

Wrestling quickly became a family affair for the Cadenases.

His older brothers are a mainstay at his matches, his mom Olga makes sure he eats good meals (he is not a fan of

vegetables), and his dad Marcial is learning the sport so he can help his son.

"My brothers are always asking about the rules and why you can't do certain things," Cadenas said. "Every sport we have played, our dad taught us. He has never wrestled in his life, but he is catching on and is offering pointers."

Which Cadenas appreciates as he continues to learn and improve.

"I was not expecting this of myself," Cadenas said of his success. "There is always a learning curve. I don't worry about my opponents. I use my instincts and attack when they are weak."

Spoken like a true wrestler.

Roundup: Timberwolves fall to Yakima Valley

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MOUNTAIN 58 — Blue Mountain's Katie Skarmstad led all scorers with 21 points, but the Timberwolves dropped a 22-13 first

quarter, keeping them down for the long run as they suffered a Northwest Athletic Conference road loss on Wednesday.

The Timberwolves let go of three early ties in the

first quarter before the Yaks embarked on a six-point streak that put the game out of reach.

Brooke Wheeler chipped in 11 points and a game-high 14 rebounds for the East

Region's bottom-ranked Timberwolves (3-20, 1-11 NWAC).

Blue Mountain returns home on Saturday to take on North Idaho. Game time is at 2 p.m.

SCOREBOARD

LOCAL SLATE

THURSDAY, FEB. 13

Boys basketball
Umatilla at Irrigon, 7:30 p.m.
Girls basketball
Mac-Hi at Nixyaawii, 5:30 p.m.
Umatilla at Irrigon, 6 p.m.

FRIDAY, FEB. 14

Boys basketball
Pendleton at Hood River Valley, 5:30 p.m.
Elgin at Nixyaawii, 6:45 p.m.
Ione/Arlington at Horizon Christian, 7:30 p.m.
Echo at Condon/Wheeler, 7:30 p.m.
Helix at Pine Eagle, 7:30 p.m.
Enterprise at Pilot Rock, 7:30 p.m.
Weston-McEwen at Heppner, 7:30 p.m.
Stanfield at Grant Union, 7:30 p.m.
Riverside at Umatilla, 7:30 p.m.

Girls basketball
Elgin at Nixyaawii, 5:15 p.m.
Helix at Pine Eagle, 6 p.m.
Echo at Condon/Wheeler, 6 p.m.
Stanfield at Grant Union, 6 p.m.
Enterprise at Pilot Rock, 6 p.m.
Weston-McEwen at Heppner, 6 p.m.
Riverside at Umatilla, 6 p.m.
Pendleton at Hood River Valley, 7 p.m.

Girls wrestling
Hermiston at WIAA Region IV Girls Championships (Othello), 5 p.m.

NBA STANDINGS

EASTERN CONFERENCE				
Atlantic	W	L	Pct	GB
Toronto	40	14	.741	—
Boston	37	16	.698	2½

WESTERN CONFERENCE				
Southwest	W	L	Pct	GB
Houston	34	20	.630	—
Dallas	32	22	.593	2
Memphis	27	26	.509	6½
San Antonio	23	31	.426	11
New Orleans	23	31	.426	11
Northwest	W	L	Pct	GB
Denver	38	16	.704	—
Utah	35	18	.660	2½
Oklahoma City	32	22	.593	6
Portland	25	30	.455	13½
Minnesota	16	36	.308	21
Pacific	W	L	Pct	GB
L.A. Lakers	40	12	.769	—
L.A. Clippers	37	17	.685	4
Sacramento	21	32	.396	19½
Phoenix	21	33	.389	20
Golden State	12	42	.222	29

WESTERN CONFERENCE							
Central	W	L	OT	Pts	GF	GA	
St. Louis	56	32	15	9	73	178	160
Colorado	55	33	16	6	72	200	154
Dallas	56	32	19	5	69	151	142
Winnipeg	58	29	24	5	63	174	176

EASTERN CONFERENCE							
Atlantic	GP	W	L	OT	Pts	GF	GA
Boston	58	35	11	12	82	192	144
Tampa Bay	57	37	15	5	79	203	152
Toronto	57	30	19	8	68	203	189
Florida	56	30	20	6	66	198	188
Montreal	59	27	25	7	61	180	180
Buffalo	57	25	24	8	58	162	178
Ottawa	56	18	27	11	47	147	191
Detroit	58	14	40	4	32	120	216

WESTERN CONFERENCE							
Central	GP	W	L	OT	Pts	GF	GA
St. Louis	56	32	15	9	73	178	160
Colorado	55	33	16	6	72	200	154
Dallas	56	32	19	5	69	151	142
Winnipeg	58	29	24	5	63	174	176

NHL STANDINGS							
EASTERN CONFERENCE							
Atlantic	GP	W	L	OT	Pts	GF	GA
Boston	55	26	22	7	59	178	183
Chicago	56	25	23	8	58	166	178
Pacific	GP	W	L	OT	Pts	GF	GA
Vancouver	57	31	21	5	67	187	175
Edmonton	56	30	20	6	66	181	176
Calgary	57	29	22	6	64	161	173
Vegas	58	28	22	8	64	182	178
Arizona	59	28	23	8	64	165	162
Anaheim	56	23	26	7	53	146	173
San Jose	56	24	28	4	52	147	187
Los Angeles	57	19	33	5	43	137	183

NOTE: Two points for a win, one point for overtime loss. Top three teams in each division and two wild cards per conference advance to playoffs.

Wednesday's Games
Boston 4, Montreal 1
Calgary at Los Angeles, late
Chicago at Vancouver, late
Thursday's Games
Columbus at Buffalo, 4 p.m.
Dallas at Toronto, 4 p.m.
Detroit at New Jersey, 4 p.m.
Edmonton at Tampa Bay, 4 p.m.
Phila. at Florida, 4 p.m.
Arizona at Ottawa, 4:30 p.m.
N.Y. Islanders at Nashville, 5 p.m.
N.Y. Rangers at Minnesota, 5 p.m.
Washington at Colorado, 6:30 p.m.
Calgary at Anaheim, 7 p.m.
St. Louis at Vegas, 7 p.m.
Friday's Games
Montreal at Pittsburgh, 4 p.m.
N.Y. Rangers at Columbus, 4 p.m.
San Jose at Winnipeg, 4 p.m.
New Jersey at Carolina, 4:30 p.m.
Washington at Arizona, 7 p.m.
N.Y. Islanders at Vegas, 7:30 p.m.

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5	2							