

Tuesday Best Bets

Gordon Ramsay’s 24 Hours to Hell and Back
KFFX KTVP 9:00 p.m.

Gordon Ramsay and his crew arrive in a high-tech mobile kitchen to help a restaurant owner in New Jersey stay afloat in this new episode. The team has mere hours to create new menus and transform the space into something more profitable.

This Is Us
KNDU KGW 9:00 p.m.

This smash-hit family drama revolves around Jack (Milo Ventimiglia) and Rebecca (Mandy Moore), and their children Randall (Sterling K. Brown), Kate (Chrissy Metz) and Kevin (Justin Hartley) as the saga of their lives unfolds across multiple timelines.



Milo Ventimiglia stars in “This Is Us”

Mixed-ish
KVEW KATU 9:00 p.m.

This spinoff of the popular sitcom “Black-ish,” follows a young Rainbow Johnson (Tracee Ellis Ross/Arica Himmel) growing up in a the ’80s. After moving from a hippie commune to the city, Rainbow and her family deal with being mixed-race in middle-America.

Hot & Heavy
TLC 10:00 p.m.

In a new episode of this series that shows the struggles faced by mixed-weight couples, Chris and Joy set a wedding date, but Joy’s efforts to befriend her future mother-in-law only cause mayhem. Elsewhere, Rusty interferes with Kristin’s bariatric goals.

Tuesday Evening															January 14, 2020				
	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30		
BROADCAST																			
KFFX 11	11	-	11	2 Broke Girls	2 Broke Girls	Last Man St.	Last Man St.	Resident "Best Laid Plans" (N)	Hell & Back "Blend on Main" (N)	First at Ten (N) :35 Chicago P.D.		:35 Mike&M.	:05 Mom	:35 2½ Men					
KPTV 3	3	-	-	6 O'Clock News (N)		Family Feud	Family Feud	Resident "Best Laid Plans" (N)	Hell & Back "Blend on Main" (N)	The 10:00 p.m. News (N)		News	The Big Bang	Mike & Molly	2 Broke Girls				
KEPR 19	2	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	NCIS "Flight Plan" (N)	FBI "Hard Decisions" (N)	Most Wanted "Defender" (N)		News (N)	:35 The Late Show	:35 J.Corden					
KOIN 19	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight (N)	NCIS "Flight Plan" (N)	FBI "Hard Decisions" (N)	Most Wanted "Defender" (N)		KOIN6News (N)	:35 The Late Show	:35 J.Corden					
KNDU 25	6	25	23	News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	Ellen's Game of Games	This Is Us	New Amsterdam		News (N)	:35 The Tonight Show	:35 Late Night					
KGW 8	8	-	-	KGW News at 6:00 p.m. (N)		Tonight Cassidy	Inside Ed. (N)	Ellen's Game of Games	This Is Us	New Amsterdam		News (N)	:35 The Tonight Show	:35 Late Night					
KVEW 42	4	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra (N)	Jeopardy! All Time (N)	Mixed-ish (N)	Black-ish (N)	Emergen "Applied Sciences" (N)	News (N) :05 Jimmy Kimmel	:05 Nightline	:40 Minute					
KATU 5	5	-	-	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel (N)	Jeopardy! All Time (N)	Mixed-ish (N)	Black-ish (N)	Emergen "Applied Sciences" (N)	News (N)	:35 Jimmy Kimmel Live	:35 Nightline					
KTNW -	-	31	31	PBS NewsHour (N)		Good Shape (N)	Make48	Roots "This Land Is My Land" (N)	Frontline "America's Great Divide: Obama to Trump" 2/2 (N)		Amanpour and Company (N)		NHK Newsline	Oil Painting					
OPB 59	13	-	-	Ask-Old House	Outside Source	PBS NewsHour (N)		Roots "This Land Is My Land" (N)	American Experience		Frontline "America's Great Divide: Obama to Trump" 2/2 (N)		PBS NewsHour						
CABLE																			
A&E 52	52	118*	265*	The First 48 "Shattered Glass"		The First 48 "Bad Love"		The First 48		The First 48 "Family First" (N)		The First 48 "Lost Boys" (N)		:05 The First 48		:05 The First 48			
AMC 60	60	131*	254*	4:30 ⚡ ⭐⭐ Transformers: Revenge of the Fallen Shia LaBeouf.				⚡ ⭐⭐⭐ Home Alone (1990, Comedy) Joe Pesci, Daniel Stern, Macaulay Culkin.				⚡ ⭐⭐⭐ Home Alone 2: Lost in New York ('92, Com) Joe Pesci, Macaulay Culkin.							
ANPL 24	24	184*	282*	Treehouse "Semper Fi in the Sky"		Treehouse "Climb-in Drive-In"		Treehouse Masters: Branched Out "Shore-side Structures" (N)				Builders "Boneyard Makeover"		Builders "Good Neighbors"		Branched "Shore-side Structures"			
CMT 43	43	166*	327*	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	⚡ ⭐⭐⭐ Speed Keanu Reeves.			
CNBC 72	72	208*	355*	Shark Tank		The Profit "Marijuana Millions"		The Profit in Marijuana Country		The Profit: My Roots		The Profit in Cuba		Dateline		Dateline "Unimaginable"			
CNN 68	68	200*	202*	Cuomo Prime Time		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon			
DISC 51	51	182*	278*	Mnshiner "Wedding Cake Shine"		Mnshiner "Drone vs. Shotgun"		Shiners "Busted by the Law"		Moonshiners (N)		Glades "Python Tourniquet" (N)		To Be Announced		Moonshiners			
DISN 26	26	173	21	G.Duran/ Raven	:45 Raven	:10 Bunk'd	:35 Bunk'd	Bunk'd	G.Duran/ Sydney	:15 Raven	:40 JustRollwit	:05 CoopCami	Sydney Max	Bunk'd/ G. Duran	:45 JustRollwit	:10 Raven	:35 Raven		
ESPN 33	33	140*	206*	NCAA Basketball (L)				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)			
ESPN2 34	34	143*	209*	NCAA Basketball (L)				NCAA Basketball (L)				Around Horn	Interruption	NowNever (N)	Ariel Helwani's MMA Show	UFC Unleashed			
FNC 66	66	205*	360*	Hannity		The Ingraham Angle		Fox News @ Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night			
FOOD 61	61	110*	231*	Chopped		Chopped "Battle of the Butchers"		Chopped "Beef Cake Mistakes"		Chopped "Chopped U." (N)		Chopped "Lamb Slam"		Chopped "Million-Dollar Meals"		Chopped "Chopped U."			
FREE 32	32	180*	311*	⚡ ⭐⭐⭐ The DUFF (2015, Comedy) Robbie Amell, Bella Thorne, Mae Whitman.				⚡ ⭐⭐ Grown Ups (2010, Comedy) Kevin James, Chris Rock, Adam Sandler.				The 700 Club		⚡ ⭐⭐ The Boxtrols					
FX 65	65	136*	248*	5:00 ⚡ ⭐⭐⭐ X-Men: Apocalypse ('16, Act) Jennifer Lawrence.				⚡ ⭐⭐ Transformers: The Last Knight (2017, Action) Anthony Hopkins, Laura Haddock, Mark Wahlberg.				⚡ ⭐⭐ Transformers: The Last Knight							
GOLF 88	88	401*	218*	Champions Preview (N)		Playing Lessons PGA: The CUT		Golf Central		Korn Ferry Golf Bahamas Great Exuma Classic Site: Sandals Emerald Bay Golf Course				PGA: The CUT		ChampPreview			
GSN 76	76	116*	233*	Catch 21 (N)	Catch 21	Family Feud	Family Feud	Family Feud (N)	Family Feud (N)	AmerSays (N)	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud		
HALL 87	87	185*	312*	5:00 ⚡ Frozen in Love		⚡ A Royal Winter ('17, Rom) Jack Donnelly, Merritt Patterson.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier		
HGTV 62	62	12*	299*	Fixer Upper		Fixer Upper		Home Town		Fixer to Fabulous (N)		Move and Improve (N)		House (N)	House Hunt. (N)	Fixer to Fabulous			
HIST 50	50	120*	269*	Curse of Oak Island "Closing In"		The Curse of Oak Island		Oak Island "Triptych" (N)		Oak Isl. "An Eye for an Eye" (N)		Kings "Execution Day" (SF) (N)		:05 Kings "Behind the Bites" (N)	:05 Oak Island "Triptych"				
LIFE 29	29	180*	252*	⚡ ⭐⭐ Just Wright ('10, Com) Common, Queen Latifah.				⚡ ⭐⭐ Madea's Family Reunion ('06, Com) Tyler Perry.				:05 Hopelessly in Love "Faith Evans and Notorious B.I.G."				⚡ ⭐⭐ Madea's Family Reunion			
NICK 27	27	171	300	Loud House	Loud House	Loud House	Loud House	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	:35 Friends	:10 Friends	:45 Friends		
PRMT 42	42	241*	241	Two and a Half		Two and a Half		⚡ To Be Announced				Ink Master (N)		⚡ To Be Announced					
ROOT 37	37	-	-	Snow Motion	World Surf League Highlights	Footvolley 2019 Summer Series		Footvolley 2019 Summer Series		Footvolley 2019 Summer Series		Red Bull H/L (N)		NCAA Basketball DePaul vs. Villanova					
SYFY 67	67	122*	244	3:50 ⚡ Harry Potter & the D...		:10 ⚡ ⭐⭐⭐ Harry Potter and the Deathly Hallows: Part 2 ('11, Adv) Emma Watson, Daniel Radcliffe.		⚡ ⭐⭐⭐ Captain America: Civil War (2016, Action) Robert Downey Jr., Scarlett Johansson, Chris Evans.											
TBS 59	59	139*	247	Family Guy	Family Guy	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Conan (N)	MiracleWork	MiracleWork	Conan		
TCM 56	56	132*	256	Movie	:45 ⚡ ⭐⭐⭐ Weekend With Father Van Heflin.	:15 ⚡ ⭐⭐ The Breaking Point ('50, Dra) John Garfield.				⚡ ⭐⭐⭐ Washington Story Louis Calhern.		⚡ ⭐⭐⭐ It's a Great Feeling Dennis Morgan.							
TLC 49	49	183*	280	My Big Fat Fabulous Life "A Tale of Two Whitneys"				My Big Fat Fabulous Life "Whit's New Man" (N)				Hot & Heavy (N)		Jazz "Re-evaluation Realness"		Big Fat Fab. "Whit's New Man"			
TNT 57	57	138*	245	⚡ Central Intelligence ('16, Com) Kevin Hart, Dwayne Johnson.				⚡ ⭐⭐ Identity Thief ('13, Comedy) Melissa McCarthy, Amanda Peet,				Jason Bateman.	⚡ ⭐⭐ 27 Dresses (2008, Comedy) James Marsden, Malin Akerman, Katherine Heigl.						
UNI 21	21	-	-	Noticiero	Noticiero Univ.	La rosa de Guadalupe		Ringo		Amor eterno		El Dragon		Univision	NoticieroUni	Contacto Deportivo			
USA 59	59	105*	242	Law&O: SVU "Imprisoned Lives"		SVU "Wonderland Story"		Law&O: SVU "Military Justice"		Law&O: SVU "Psycho/ Therapist"		SVU "Wednesday's Child"		:05 SVU "Gridiron Soldier"	SVU "Downloaded Child"				
WE 118	118	128*	260	Law & Order "True Crime"		Law & Order "Tragedy on Rye"		Law & Order "The Ring"		Law & Order "Hitman"		Law & Order "Open Season"		Law & Order "Asterisk"		Law & Order "The Wheel"			
WGN -	-	239*	307	Blue Bloods		⚡ ⭐⭐ Jurassic Park III ('01, Sci-Fi) William H. Macy, Sam Neill.				⚡ ⭐⭐ Jurassic Park III ('01, Sci-Fi) William H. Macy, Sam Neill.		Married, Child		Married, Child	Married, Child	Married, Child			
PREMIUM																			
HBO 518	518	303	504	5:40 ⚡ ⭐⭐⭐ Shutter Island ('09, Myst) Leonardo DiCaprio.				The Outsider "Fish in a Barrel"		The Outsider "Roanoke"		⚡ ⭐⭐⭐ The Town ('10, Act) Rebecca Hall, Jon Hamm, Ben Affleck.				:05 The New Pope			
HBO2 520	520	304	505	5:50 ⚡ ⭐⭐⭐ Moulin Rouge! ('01, Mus) Nicole Kidman.				⚡ ⭐⭐⭐ The Mule ('18, Cri) Bradley Cooper, Clint Eastwood.				The New Pope		⚡ ⭐⭐ Breakthrough ('19, Bio) Chrissy Metz, Topher Grace.					
HBO3 521	521	302*	503*	:05 ⚡ ⭐⭐ Unlawful Entry ('92, Thril) Ray Liotta, Kurt Russell.				⚡ ⭐⭐⭐ Us ('19, Hor) Winston Duke, Lupita Nyong'o.				Outsider "Fish in a Barrel" (N)		The Outsider "Roanoke" (N)		⚡ ⭐⭐ King Arthur Clive Owen.			
MAX 549	549	311	516	5:40 ⚡ ⭐⭐⭐ Fight Club ('99, Psy) Edward Norton, Brad Pitt.				⚡ ⭐⭐ The Mask ('94, Com) Jim Carrey.		:45 ⚡ A Fantastic Fear of Everything ('14, Com) Simon Pegg.				⚡ ⭐⭐ The Ruins ('08, Hor) Jena Malone.					
SHOW 578	578	319	546	⚡ ⭐⭐ Scream 4 ('11, Hor) Courteney Cox, Neve Campbell.				Ray Donovan "Bugs"		Inside the NFL (N)		Shameless "Now Leaving Illinois"		Inside the NFL		Ray Donovan "Bugs"			
STARZ 621	621	351	526	Insider :15 Power		:15 ⚡ ⭐⭐⭐ Rocky Balboa ('06, Dra) Burt Young, Sylvester Stallone.				Power "He Always Wins"		⚡ ⭐⭐ The Best Man ('99, Rom) Nia Long, Taye Diggs.				:05 ⚡ ⭐⭐ Brightburn			
STZENC 644	644	341	536	5:50 ⚡ A Very Brady Sequel		:25 ⚡ ⭐⭐ Legally Blonde 2: Red, White and Blonde				⚡ ⭐⭐⭐ Lethal Weapon ('87, Act) Mel Gibson.		:50 ⚡ ⭐⭐ Sleeping With the Enemy ('91, Thril) Julia Roberts.				Movie			
C – Charter; DISH – DISH; DTV – DirectTV * Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.																			
						SPORTS			MOVIES			NEWS							