

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
BROADCAST															
KFFX	11	-	11	AgDay	The Game	Good Day			The Mel Robbins Show			Tamron Hall		25 Words or Less	25 Words or Less
KPTV	3	-	-	Good Day Oregon at 6:00 a.m.		Good Day Oregon			MORE Good Day Oregon			MORE Good Day Oregon		The Kelly Clarkson Show	
KEPR	19	2	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			The Kelly Clarkson Show			The Price Is Right		The Young and the Restless	
KOIN	19	-	-	KOIN Local 6 at 6:00 a.m.		CBS This Morning			Let's Make a Deal			The Price Is Right		The Young and the Restless	
KNDU	25	6	25	Wake Up Northwest		Today			Today III			Today With Hoda and Jenna		The Wendy Williams Show	
KGW	8	-	-	KGW News at Sunrise at 6:00 a.m.		Today			Today III			Today With Hoda and Jenna		Daily Blast Live	Daily Blast Live
KVEW	42	4	42	Good Morning	Good Morning	Good Morning America			Live With Kelly and Ryan			The View		Paid Program	Right This Minute
KATU	5	-	-	4:30 KATU News This Morning		Good Morning America			AM Northwest			The View		Live With Kelly and Ryan	
KTNW	-	31	31	Esmonde Technique	(Wed Thu Tue) Yoga / (Fri Mon) Yoga	Curious George	Nature Cat	Wild Kratts	Molly of Denali	Xavier Riddle	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Sesame Street	Sit and Be Fit
OPB	59	13	-	Various	Nature Cat	Wild Kratts	Molly of Denali	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Sesame Street	Dinosaur Train	Xavier Riddle
CABLE															
A&E	52	118*	265*	Info-Documentary	Enjoying Life	The First 48 / (Fri) Live PD: Rewind		The First 48 / (Fri) Live PD		The First 48		(Wed Thu Tue) First 48 / (Mon) Live PD		(Wed Thu) First 48 / (Fri) Live PD / (Tue) Gotti	
AMC	60	131*	254*	Paid Program		Paid Program		Paid Program		(Wed Fri Tue) The Three Stooges	(Wed Fri) The Three Stooges	* The Karate Kid Part II / M*A*S*H	(Thu) M*A*S*H	(Thu) * Revenge of the Nerds	(Mon) * The Departed
ANPL	24	184*	282*	The Crocodile Hunter		Too Cute! / (Fri) The Crocodile Hunter		My Cat From Hell / (Fri) Another Bite		Vet Life/ Dog/Home/ Bite		Dr. Jeff/ Aquarium/ Bite		The Zoo/ Aquarium/ Bite	
CMT	43	166*	327*	CMT Music		Various		CMT Music		Roseanne	Rose./ Rose.	Rose./ :05 Rose.	Rose./ :35 Rose.	Rose./ :10 Rose.	Rose./ :40 Rose.
CNBC	72	208*	355*	Squawk on the Street		Squawk Alley		Squawk Alley		Fast Money Halftime Report		The Exchange		Power Lunch	
CNN	68	200*	202*	CNN Newsroom		CNN Newsroom		At This Hour With Kate Bolduan		Inside Politics		CNN Right Now With Brianna Keilar		CNN Newsroom	
DISC	51	182*	278*	(Wed-Fri) Moonshiners / (Mon Tue) TBA	(Wed-Fri) Moonshiners / (Mon Tue) TBA	(Wed-Fri) Moonshiners / (Mon Tue) TBA	(Wed-Fri) Moonshiners / (Mon Tue) TBA	(Wed-Fri) Moonshiners / (Mon Tue) TBA	(Wed-Fri) Moonshiners / (Mon Tue) TBA	Various		Various		Various	
DISN	26	173	21	Puppy Dog Pals	Puppy Dog Pals	T.O.T.S.	Bluey	Mouse/ Mickey	Mouse/ MuppetB	MixedUp	Various	PupPals/ Mouse	Various	Various	Gigantos/ Mouse
ESPN	33	140*	206*	5:00 Get Up!		First Take		First Take		SportsCenter		Outside the Lines		NFL Live / (Mon) NFL PrimeTime / (Mon) NFL Live	
ESPN2	34	143*	209*	SportsCenter		Get Up!		(Thu) :50 Soccer		First Take		Jalen & Jacoby		Football/ Soccer	
FNC	66	205*	360*	America's Newsroom		America's Newsroom		America's Newsroom		Outnumbered		Outnumbered Overtime		The Daily Briefing With Dana Perino	
FOOD	61	110*	231*	Paid Program	(Fri Tue) Paid	Paid Program	(Fri Tue) Paid	Paid Program	(Fri Tue) Paid	Paid Program	Pioneer Woman	Various	Various	Various	Various
FREE	32	180*	311*	Paid Program	Paid Program	The Middle	The Middle	The Middle	The Middle	The Middle	700 Club Interactive	The 700 Club		(Wed-Fri) The Middle	(Wed Thu) The Middle
FX	65	136*	248*	Paid Program	Paid Program	Various	Movie	(Wed Thu) Mike&M.	Movie	(Thu) * Joy	Mike&M.	Various	(Wed) * Despicable Me 2	Movie	
GOLF	88	401*	218*	Morning Drive		(Wed) Morn. Drive	(Tue) Golf	Feherty/ Golf	(Tue) P. Lessons	(Wed Tue) Feherty	(Thu Fri) Golf Pre.	Various	Learn/ Lessons	(Wed) Golf Highlights / (Tue) Feherty	
GSN	76	116*	233*	Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	America Says / America Says	
HALL	87	185*	312*	Various Movies		Various		Various		Various		Various		Various	
HGTV	62	12*	299*	Paid Program	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
HIST	50	120*	269*	Info-Documentaries	Info-Documentaries	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars
LIFE	29	180*	252*	Paid Program	Paid Program	Enjoying Life	Various	Various Movies		Various		Various		Various	
NICK	27	171	300	Full House	SpongeBob	SpongeBob	SpongeBob	PAW Patrol	PAW Patrol	Blue's C/ Guppies	PAW/ Abby	PAW/ Blue's C	PAW Patrol	Blue's Clues & Y	PAW Patrol
PRMT	42	241*	241	Paid Program		Paid Program		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	The Rich Eisen Show					
SYFY	67	122*	244	(W) * The Crooked Man / Twilight	Twilight/ Van Hel.	(Thu Mon) The Twilight Zone	(Thu) CSI / (Fri) Van Hel. / (Mon) Twilight	(Wed) * The Boy / (Mon) * Th...	(Thu) CSI: Crime / (Fri) Van Helsing	(Tue) :20 * ** Push ('09, Thriller)	(Thu) CSI: Crime / (Fri) Van Helsing	(Wed) * Underworld: Ris...	(Fri) Van Helsing / (Thu) CSI: Crime	(Fri) Van Helsing	
TBS	59	139*	247	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Sein. / (Mon) Ray	Sein. / (Mon) Ray	Sein. / (Mon) Friends	Sein. / (Mon) Friends	Friends	Friends	Friends	Friends
TCM	56	132*	256	(Mon) * Having a Wonderful Time	(Fri) * Anna Karenina ('35, Dra)	(Tue) * The Little Foxes / (Wed) :15 * I Am Cuba / (Mon) :15 * The Wheel...	(Thu) * A Midsummer Night's Dream / (Fri) :15 * Love Affair	(Tue) * The Man Who Came to Di....	(Wed) :45 * The Battle of Algiers / (Fri) :45 * Brief Encounter	(Thu) * The Tall Target ('51, Susp)	(Mon) * No Leave, (Fri) * One Way Passage ('32, Rom)				
TLC	49	183*	280	(Wed) OutDaughtered / Sextuplets	(Wed) OutDaughtered / Sextuplets	(Wed) OutDaughtered / Sextuplets	Various	(Wed Mon) Cheap	Various	(Wed) Cheap	L.I. Medium	(Wed Thu) Medium	L.I. Medium	(Wed Thu) Medium	
TNT	57	138*	245	Charmed		Charmed		Charmed		Charmed		Supernatural		Supernatural	
UNI	21	-	-	Hijas de la Luna		Despierta America		Despierta America		Despierta America		Despierta America		Que te perdone Dios... Yo no	
USA	58	105*	242	CSI: Crime Scene Investigation		NCIS: Los Angeles		NCIS		(Wed) NCIS / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) Chicago P.D.	(Wed) NCIS / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) Chicago P.D.	(Wed) NCIS / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) Chicago P.D.	(Wed) NCIS / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) Chicago P.D.		
WE	118	128*	260	Emotional Mojo	Paid Program	(Mon Tue) Paid Program	(Wed Mon Tue) Paid Program	Paid Program		(Thu Fri) Paid		(Wed) CSI: Miami / Law & Order: C.I.		(Wed) CSI: Miami / Law & Order: C.I.	
WGN	-	239*	307	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote		In the Heat of the Night		In the Heat of the Night	
PREMIUM															
HBO	518	303	504	(W) * For Love of... / (M) :20 WarDogs	(Fri) * Jem and the Holograms / (Thu) :50 * Nine Months	(Mon) Last Week Tonight	(M) :05 * Movie / (T) :15 * Jingle All the ...	(Fri) * Beaches	(Wed) :10 * Bringing Down t...	(Tue) :45 * Won't You Be My Neighbor? / (Mon) :50 * Nightingale	(Thu) Queen of the World	(W) * Truth or Dare / (M) :15 * Hail, Cae...	(Tue) * ** Little Fockers		
HBO2	520	304	505	(Mon) * ** Sphere / (Thu) :10 Making	(Th) :25 * Movie / (W) * Beerfest	(Tue) :05 * Season of the Witch / (Fri) :15 * It's Kind of a Funny Story	(Thu) * The Invasion	(W) :25 * Kin / (T) :40 * Asp.RUs	(Fri) * Gleggery Glen Ross	(Thu) :45 * Slow Burn ('07, Dra)	(Wed) :10 * The Dilemma	(Fri) :45 * Crazy Rich Asians	(Thu) :20 * ** The Nun (2018, Horror)		
HBO3	521	302*	503*	Various	(Wed) :25 * Fantastic Beasts...	(Thu) :55 * Moonwalk Me	(Tue) * Notting Hill ('99, Rom)	(Fri) :05 * Hope Floats ('98, Rom)	(Wed) :40 * Paper Heart	(Mon) * ** DeJa Vu / (Thu) :05 * ...	(Tue) :35 * Thoroughbreds	(Fri) * In the Bedroom	(Thu) :40 * Jack Goes Boating	(Mon) :10 * Red Sparrow / (Tue) :10 * The Hurt Locker	
MAX	549	311	516	(Wed) * Tess / (Mon) :10 ...	(Thu) * She's Funny That Way	(Tue) * *** Coupe De Ville (1990, Comedy)	(Mon) :55 * CB4 / (Thu) :05 * ...	(Fri) :25 * ** I Am Sam / (Tue) :40 * In a Valley of Violence / (Wed) :50 * ...	(Mon) :25 * The Prestige	(Tue) :25 * Incarnate ('16, Hor)	(Wed) :40 * Fifty Shades Freed	(Thu) :15 * Enemy at the Gates	(Mon) :40 * Unstoppable		
SHOW	578	319	546	(Fri) * Goin' South / (Mon) :05 ...	(Thu) :45 * Sid and Judy	(Wed) * ** Poetic Justice (1993, Drama) / (Mon) :05 * David Bowie	(Fri) * Julie & Julia / (Tue) * Th...	(Thu) * Gattaca	(Wed) * The Company Man (2011, Drama)	(Tue) * The Hummingbird Pr...	(Thu) * Killing Hasselhoff / (Mon) * When Harry Met Sally / (Wed) :45 * ...	(Fri) :45 * Point Break ('91, Dra)			
STARZ	621	351	526	5:45 * Because I Said So ('07, Rom)	(Tue) :40 * Red Dragon	(Wed) * Career Opportunities	(Fri) * ** Scent of a Woman (1992, Drama)	(Wed) * Killer Elite / (Thu) :40 ...	(Mon) :55 * ** A Beautiful Mind (2001, Drama)	(Fri) :10 * The White Crow	(Tue) :25 * McFarland, USA	(Tue) * Only the Brave (2017, Drama) / (Mon) :15 * Leavenworth			
STZENC	644	341	536	5:05 * Children of Men ('06, Sci-Fi)	(Thu) :25 * Superfly	(Fri) :55 * Slender Man / (Wed) * Duplicity / (Mon) :10 * Ray	(Tue) :15 * Back to the Future	(Thu) :25 * Quigley Down U...	(Wed) :10 * Venom ('18, Act)	(Mon) :45 * Boundaries	(Tue) :10 * Back to the Future II	(Thu) * The Fast & the Furious: Tok...	(Wed) :05 * Superfly ('18, Act)	(Mon) * Happy Gilmore ('96, Com)	

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