



THIS WEEK ON NETFLIX

"Daybreak"

Anyone who loves zombies but is more of a "Zombieland" (2009) type than a "The Walking Dead" type should be very excited about this show, premiering Thursday, Oct. 24. An adaptation of the graphic novel of the same name by Brian Ralph, "Daybreak" follows Josh (Colin Ford, "Under the Dome"), a high school outcast who is looking for his missing girlfriend in his post-apocalyptic town. Following a nuclear blast on Homecoming night, the town of Glendale becomes a world of chaos, especially Glendale High School, where cliques have become warrior gangs and "ruling the school" isn't just an expression. With his school turned into a scene straight out of "Mad Max," Josh joins together with the last people you'd expect: the somewhat unstable pyromaniac Anjelica (Alyvia Alyn Lind, "The Young and the Restless"), and Josh's former bully-turned-pacifist samurai, Wesley (Austin Crute "Booksmart," 2019). Matthew Broderick ("Ferris Bueller's Day Off," 1986) also stars as Principal Burr, alongside Krysta Rodriguez ("Smash") as biology teacher Ms. Crumble, two of the only adults left who must struggle to maintain some control and figure out how to move forward. Watch as Josh and his rag-tag group fight to survive



Krysta Rodriguez in "Daybreak"

a world filled with zombie-like creatures called "Ghoulies" and Amazonian warrior cheerleaders.

"Jenny Slate: Stage Fright"

Actress and comedian Jenny Slate ("Big Mouth") joins the throng of standup comedians with Netflix specials as she premieres her first original comedy special, "Jenny Slate: Stage Fright," on Tuesday, Oct. 22. Slate is best known for her appearances on such shows as "Saturday Night Live," "Parks and Recreation" and

"Bob's Burgers," and has also lent her voice to popular kids movies like "Zootopia" (2016) and "The Secret Life of Pets 2" (2019). On the big screen, she's appeared in films such as "Obvious Child" (2014), "Gifted" (2017) and "Venom" (2018). In her announcement about the special, Slate described "Stage Fright" as "part standup, part documentary about my family, my fears, my heart and a lot of other things that will make you laugh." The special features biographical elements that are simultaneously heartwarming and hysterical, including details about how Slate managed to

overcome the stage fright she developed after being let go from "SNL," as well as interviews with her family members. It's a deeply relatable comedy special that you won't want to miss.

"The Kominsky Method" Season 2

On Friday, Oct. 25, this Emmy-nominated comedy series returns for Season 2. The series stars Academy Award winners Michael Douglas ("Wall Street," 1987) and Alan Arkin ("Argo") as Sandy Kominsky, an aging actor/acting coach, and Norman Newlander, his agent. Season 1 saw many ups and downs for the pair, including the loss of loved ones, relationships with students, family complications and every man's nightmare: prostate problems. "The Kominsky Method" approaches the reality of aging in an unforgiving industry in a satirical and witty manner. So what's in store for Season 2? Sandy will bond with the new boyfriend of his daughter, Mindy (Sarah Baker, "Young

Sheldon"), despite being uncomfortable with how old he is. Also, Jane Seymour ("Wedding Crashers," 2005) guest stars as an ex-girlfriend from Norman's youth with whom he rekindles a relationship.

"Breakfast, Lunch & Dinner"

In a followup to "Ugly Delicious," which highlighted one dish per episode and explored its origins and evolution, famed restaurateur David Chang brings fans and foodies this new intriguing series. Like his first show, this one combines travel and food. A single city is highlighted in each episode, and Chang takes viewers on a delectable tour of the town, highlighting the most delicious and delightful aspects as well as some little-known facts. But this time, Chang isn't alone. The new series also features a celebrity guest in each episode, a roster that includes Chrissy Teigen ("Lip Sync Battle"), Kate McKinnon ("Saturday Night Live"), Seth Rogen ("Long Shot," 2019)

and Lena Waithe ("Master of None"). This one premieres Wednesday, Oct. 23.

"It Takes a Lunatic" (2019)

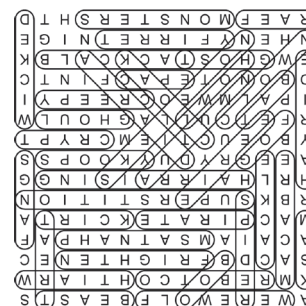
This documentary film is a fond look back at the life and career of Wynn Handman, the co-founder of the American Place Theatre and icon of the Off-Broadway theater scene. Handman also taught acting classes for more than 50 years, and has mentored many high-profile students, some of whom make an appearance in the film. You'll see many familiar faces, including Alec Baldwin ("The Departed," 2006), Frank Langella ("Frost/Nixon," 2008), Connie Britton ("Nashville"), Richard Gere ("Primal Fear," 1996), Michael Douglas ("Wall Street," 1987), Susan Lucci ("All My Children"), James Caan ("The Godfather," 1972), John Leguizamo ("When They See Us"), Lauren Graham ("Parenthood") and Chris Cooper ("Adaptation," 2002). The documentary premieres Friday, Oct. 25.



Jane Seymour and Alan Arkin in a scene from "The Kominsky Method"



David Chang in "Breakfast, Lunch & Dinner"



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