

	CH	DISH	DTV	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
BROADCAST																
KFFX	11	-	11	Ocean M./Dr.Scott/IntoWild/ R. Park	Paid Program	Chicago/ Paid	(Mon Tue) Protection Court	Judge Mathis	The People's Court		Paid Program / (Thu) Baseball	Mom	Modern Family	Modern Family		
KPTV	3	-	-	12 O'Clock News	(Thu) Animal/(Fri) Animal Sci	Wendy Williams / (Fri) Career Day	(Fri) Think Big	People's Court / (Fri) Real Life 101	(Fri) Awesome Adventures	Judge Judy	Judge Judy	4 O'Clock News / (Thu) Baseball		5 O'Clock News		
KEPR	19	2	19	Funny/ AmerSays	The Bold and the Beautiful	The Talk		Let's Make a Deal		Dr. Phil		Judge Judy	Judge Judy	Action News at 5:00 p.m.	CBS Evening News	
KOIN	19	-	-	KOIN Local 6 at Noon	The Bold and the Beautiful	The Talk		The 700 Club		Dr. Phil		KOIN Local 6 at 4:00 p.m.		KOIN Local 6 at 5:00 p.m.	KOIN Local 6 at 5:30 p.m.	
KNDU	25	6	25	Jeopardy!	Paid Program	Days of Our Lives		TMZ	Daily Mail TV	Hot Bench	Hot Bench	The Ellen DeGeneres Show		KNDU/ KNDU Local News	NBC Nightly News With Lester Holt	
KGW	8	-	-	KGW News at Noon	Paid Program	Days of Our Lives		The Dr. Oz Show		The Ellen DeGeneres Show		KGW News at 4:00 p.m.	(Thu) Football Night in America	News/(Thu) :15 To Be Announced	NBC Nightly News With Lester Holt	
KVEW	42	4	42	GMA3: Strahan, Sara and Keke	General Hospital			The Doctors		The Rachael Ray Show		The Dr. Oz Show		News/(Thu) DemocraticDebate	ABC World News	
KATU	5	-	-	GMA3: Strahan, Sara and Keke	General Hospital			Afternoon Live		Tamron Hall		KATU News First at 4:00 p.m.	(Thu Fri) ABC World News	News/(Thu) DemocraticDebate	ABC World News	
KTNW	-	31	31	Amanpour/ Lines/ Baking	(Fri) The Visionaries	Various	Various	Esmonde Technique	Let's Go Luna!	Nature Cat	Wild Kratts	Molly of Denali	Odd Squad	Arthur / (Mon) Biz Kid\$	Nightly Business Report	
OPB	59	13	-	Various	Various	Various	Various	Splash and Bubbles	Molly of Denali	Odd Squad	Odd Squad	Arthur	Arthur	Ready Jet Go!	Wild Kratts	
CABLE																
A&E	52	118*	265*	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Mon) Live PD	
AMC	60	131*	254*	(Fri) Friday the 13th: The Final Chapter/(Mon) :15 Predator 2	(Thu) :10 Jaws 3/(Mon) :15 Predator 2	(Wed) Die Hard II: Die Harder	(Fri) Friday the 13th: A New Beginning	(Thu) :25 Jaws (1975, Horror) / (Mon) :45 Jaws (1975, Horror)	(Wed) Die Hard With a Vengeance/(Fri) Friday the 13th Part 2	(Tue) Two and a Half Men	(Thu) :25 Jaws 2 / (T) 2 1/2 Men					
ANPL	24	184*	282*	(Wed Fri Mon) Life-Zoo/(Thu Tue) TBA	Pit Bulls & Parolees	Pit Bulls & Parolees		Pit Bulls & Parolees	Various	Various	Various	Various	Various	Various	Various	
CMT	43	166*	327*	Rose./ Reba	Rose./ Reba	Rose./ Home I.	Rose./ Home I.	Reba/ Home I.	Reba/ Home I.	Reba/ Home I.	Reba/ Home I.	Reba/ Home I.	Reba/ Home I.	Last Man Standing	Last Man Standing	
CNBC	72	208*	355*	Closing Bell				Fast Money	(Fri) Options	Mad Money		(Wed Thu Tue) Shark T./ (Fri Mon) Greed	(Wed Thu Tue) Shark T./ (Fri Mon) Greed			
CNN	68	200*	202*	CNN Newsroom		The Lead With Jake Tapper		The Situation Room With Wolf Blitzer		The Situation Room With Wolf Blitzer		OutFront		Anderson Cooper 360		
DISC	51	182*	278*	Various	(Fri) Baggage	Various		Various		Various		Various		Various		
DISN	26	173	21	Vampirina	PJ Masks	Puppy Dog Pals	T.O.T.S.	:55 Mickey/PupAca.	BigCity/ Cat Noir	DuckTal./ Amphib.	BigHero/ BigCity	Big City Greens	Big City Greens	Bunk'd	Bunk'd	
ESPN	33	140*	206*	NBA: The Jump	High Noon / (Mon) SportsCenter	Highly Questionable	Around the Horn	Pardon the Interruption	(Wed Thu Tue) SportsCent. / (Fri) Football / (Mon) Monday Countdown	(Wed) Baseball / (Thu) SportsCenter / (Tue) The American Game	Various	Various	Various	(Thu) Football Is Us	(Thu) Football Is Us	
ESPN2	34	143*	209*	NFL Live / (Mon) NBA: The Jump	(Mon) High Noon	Football/ Highly?	Various	Highly Question	Various	(Tue) Interruption	Various	Various	Various	(Thu) Football / (Mon) UFC 240		
FNC	66	205*	360*	Shepard Smith Reporting	Your World		The Five		Special Report With Bret Baier	The Story		Tucker Carlson Tonight				
FOOD	61	110*	231*	Various	Various	Pioneer Woman	Pioneer Woman	BeatPlay/ Diners	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners	BeatPlay/ Diners	
FREE	32	180*	311*	(Fri) The Middle	(Fri) Escape From Planet Earth	(Tue) The Middle	(Wed) Hook / (Thu Tue) Middle	(Thu Tue) The Middle	(Thu Tue) The Middle	(Thu Tue) The Middle	(Thu Tue) The Middle	(Thu Tue) The Middle	(Wed) Pirates of the Caribbean: Dead Man's Chest/(Thu) Pirates of the Caribbean: O...	(Fri) Pirates of the Caribbean: O...		
FX	65	136*	248*	Various	(Wed) Mike&Molly	Movie	(Tue) Mike&Molly	Mike&M.	Movie	Movie	(Fri) Mike & Molly	(Wed) The Avengers/(Thu) Fur...	Movie	Movie		
GOLF	88	401*	218*	PGA Tour/ Golf	(Wed) GolfAdv.	(Wed) Pop-Up	(Wed) Quest Card	(Wed) PGA Tour	(Wed) SwingEx.	Golf Central / (Fri) Golf	Various	Various	Various	(Wed) Tin Cup		
GSN	76	116*	233*	Wheel/ Deal	(Wed-Fri) Wheel	Match Game	Match Game	Catch 21	Catch 21	The Chase	Best Ever Trivia	America Says	America Says	ComKnowl.		
HALL	87	185*	312*	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	
HGTV	62	12*	299*	Various	(Wed) Mom & Me	Various	(Thu) Bargain	Various	(Thu) Bargain	Various	(Thu) Bargain	Various	(Thu) Bargain	Various	(Thu) Flip or Flop	
HIST	50	120*	269*	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Pawn/ Aliens/ Pickers	(Thu) Pawn Stars	(Wed) 9/11: Escape/(Thu) Pawn S./ (Fri) Aliens/(Mon Tue) Amer. Pickers		
LIFE	29	180*	252*	Marrying/ Closer/ W. Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap	(Wed) Marrying Millions / Wife Swap
NICK	27	171	300	Monster Machine	Ricky Zoom	PAW Patrol	PAW Patrol	Various	Sponge/(Fri) LEGO	SpongeBob	SpongeBob	SpongeBob	(Thu Fri Tue) Sponge	The Loud House	The Loud House	
PRMT	42	241*	241	Bar Rescue / (Fri) :05 Bar Rescue	Bar Rescue / (Fri) :10 Bar Rescue	Bar Rescue / (Fri) :10 Bar Rescue	Two 1/2 Men/(Fri) :10 Two 1/2 Men	Two 1/2 Men/(Fri) :45 Two 1/2 Men	Two 1/2 Men/(Fri) :15 Two 1/2 Men	HalfMen/ HalfMen/ Mom/(Mon) 2 1/2 Men	(Wed Thu Tue) :25 2 1/2 Men/ Mom/ 2 1/2 Men	(Wed Thu Tue) :25 2 1/2 Men/ Mom/ 2 1/2 Men	(Wed Thu Tue) :25 2 1/2 Men/ Mom/ 2 1/2 Men	Mom/ 2 1/2 Men	Mom/ 2 1/2 Men	
ROOT	37	-	-	Paid Program	Paid Program	The Dan Patrick Show		(Tue) In the Spotlight	(Tue) Mariners	(Tue) Mariners All Access	(Tue) Mariners Pre-game	Various	Various	Various	Various	
SYFY	67	122*	244	(Mon) Deep Blue Sea 2	(Thu) Lake Placid: Legacy (2018, Horror)	(Fri) :35 Mad Max: Beyond Thu...	(Mon) Night of the Wild	(Thu) Resident Evil: Retribution (2012, Action) / (Wed) :45 Blair Witch (2016, Horror)	(Fri) The Hunger Games	(Thu) Fast and Furious (2009, Action) / (Wed) :45 Jeepers Creepers 2 (2003, Horror)						
TBS	59	139*	247	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Am.Dad/ BobBrg	Am.Dad/ BobBrg	Am.Dad/ BobBrg	Am.Dad/ Fam.Guy	
TCM	56	132*	256	Various Movies	Various Movies	Various Movies	(Tue) Prairie Law (1940, Western)	(Fri) Easy to Love/(Tue) :45 ...	(Wed) :15 Paths of Glory	(Fri) :45 Ladies They Talk About	(Tue) Land Beyond the Law (1937, Western)	Various Movies	Various Movies	Various Movies	Various Movies	
TLC	49	183*	280	Untold Stories of the ER	(Wed) Unexpected / Dr. Pimple	(Wed) Unexpected/Gypsy Wedd	(Wed) Unexpected/Gypsy Wedd	(Wed) Unexpect/(Thu Fri Tue) Wedding	Unexpect/Say Yes	Say Yes-Dress	Unexpect/Say Yes	Say Yes-Dress	Unexpect/Say Yes	(Fri) Say Yes	(Fri) Say Yes	
TNT	57	138*	245	Supernatural / (Tue) Soccer	(Wed Mon) Super./ (Thu Fri) Bones	Various	(Tue) Charmed	Various	(Tue) Supernatural	Movie / (Fri) Bones	(Tue) Supernatural	(Wed) Flight	Movie	Movie		
UNI	21	-	-	Noticiero Univis	Nosotros guapos	Hoy	Como dice el dicho	Y Mañana Ser/(Thu) Gordo y flaca	:55 Noticier/Gordo..	(Thu) Noticiero	(Thu) :55 Debate / Primer impacto					
USA	58	105*	242	Chicago/ NCIS/ SVU	(Fri) Law & Order: S.V.U.	Chicago/ NCIS/ SVU	(Fri) Law & Order: S.V.U.	Chicago/ NCIS/ SVU	(Fri) Law & Order: SVU/(Mon) Chicago	(Wed Thu Tue) S.V.U.	(Wed Thu Tue) S.V.U.	(Wed Thu Tue) S.V.U.	(Wed Thu Tue) S.V.U.	(Wed Thu Tue) S.V.U.	(Fri) Red (2010, Action)	
WE	118	128*	260	Law:CI/ CSI	(Thu) Law & O: CI	Law:CI/ CSI	(Thu) Law & O: CI	Law:CI/ CSI	(Thu) Law & O: CI	Various	(Thu) Law & O: CI	Various	(Thu) Law & O: CI	Various	(Thu) Law & O: CI	
WGN	-	239*	307	In the Heat of the Night	In the Heat of the Night	(Wed) In Heat of Night / Blue Bloods	(Wed) In Heat of Night / Blue Bloods	(Wed) In Heat of Night / Blue Bloods	(Wed) In Heat of Night / Blue Bloods	(Wed) Dog B.H./JAG	(Wed) Dog B.H.	(Wed) Dog B.H./JAG	(Wed) Dog B.H.	(Wed) Dog B.H./JAG	(Wed) Dog B.H.	
PREMIUM																
HBO	518	303	504	(Fri) :05 Thirteen Days	(Thu) :25 Rush Hour 2 ('01, Act)	(Wed) :05 Notting Hill	(Tue) :40 Notting Hill	(Thu) :35 Where the Heart Is ('00, Com)	(Fri) :35 Big Trouble in Little ...	(Mon) :55 Icebox	(Tue) :45 RoboCop	(Thu) :55 Stuyvesant on 9/11	(Thu) :45 RoboCop ('87, Sci-Fi)	(Wed) A Good Job	(Tue) Ballers/(Fri) :45 Shop: Unint.	
HBO2	520	304	505	(Mon) :15 Life as We Know It	(Thu) :45 Breakin' All the Rules ('04, Comedy)/(Fri) Brothers ('09, Dra)	(Wed) :35 Slow Burn ('07, Dra)	(Thu) :55 The Dilemma/(Tue) :55 High Crimes/(Mon) :15 The Mule	(Wed) :10 The Lost Boys ('87, Hor)	(Thu) :50 Crazy Rich Asians	(T) :55 The Siege/ (Fri) :10 Rampage	(Mon) :45 Buried (2010, Thriller) / (Wed) :50 Jessabelle (2014, Horror)					
HBO3	521	302*	503*	11:30 An Ideal Husband	(Wed) :45 Entrapment	(Fri) :55 Wall Street: Money N...	(Tue) :25 First Man ('18, Bio)	(Tue) :40 United 93 ('06, Dra)	(Wed) :40 Amelie ('01, Com)	(Mon) :05 Alfie/(Fri) :10 ...	(Thu) :25 Jurassic World: Fallen Kingdom (2018, Action)	(Wed) :45 Alfie ('04, Comedy)	(Mon) :55 The Forest	(Thu) :35 First Man ('18, Bio)		
MAX	549	311	516	(Mon) Twisted	(Tue) :40 That Thing You Do! (1996, Comedy)	(Fri) :40 Unlawful Entry/(Mon) :40 ...	(Wed) Havana	(Tue) Wimbledon (2004, Romance)	(Fri) :25 Cold Mountain	(Mon) :25 Enemy at the Gates	(Wed) :25 The Little Stranger (2018, Drama) / (Thu) :45 Soldier (1998, Action)					
SHOW	578	319	546	11:00 Balls of Fury/Invincible	Various Movies	(Wed) :05 Radio ('03, Dra)/(Fri) :15 Cruel Intentions ('99, Dra)	(Tue) :45 I Feel Pretty/(Mon) :20 ...	(Thu) :45 Air Force One	(Fri) :55 I Am Number Four ('11, Action)/(Wed) :45 Invincible ('06, Dra)	(Mon) :45 Rust Creek	(Wed) :45 Faster	(Thu) :55 Rust Creek (2019, Drama)				
STARZ	621	351	526	11:40 The Grey ('11, Action)/Angels and Demons ('09, Myst)	Various	(Thu) :40 The Front Runner	(T) :05 Sicario: Day of t../ (Fri) :20 Power	(Mon) :50 Power	(Fri) :20 Power: Confidential	(Thu) :35 Fever Pitch/(Fri) :45 ...	(Tue) :10 The Eagle ('11, Adv)	(Wed) :50 The Front Runner	(Thu) :20 Miss Bala/(Fri) :25 ...	(Mon) :45 Fighting ('09, Act)		
STZNC	644	341	536	(Wed) :20 Brave ('12, Ani)	(Fri) Heat/(Mon) :35 Bad Tea...	(Tue) :05 Repo Man ('84, Sci-Fi)	(Thu) :45 Three O'Clock High	(Mon) :10 The Wedding Date	(Tue) :40 Australia ('08, Adv)	(Thu) :20 Arizona Flatliners ('17, Dra)	(Wed) :25 The Kingdom ('07, Act)/(Mon) :40 Raising Arizona ('87, Comedy)/(Fri) :50 Transporter 2 ('05, Act)	Various Movies	(Tue) :25 The Other Guys			

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