

	CH	DISH	DTV	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
BROADCAST															
KFFX	11	-	11	Ocean M./ Outback/ IntoWild/ R. Park	Paid Program	(Wed-Fri) Steve! / (Mon Tue) Chicago P.D.	Judge Mathis	The People's Court	Paid Program	Mom	Modern Family	Modern Family			
KPTV	3	-	-	12 O'Clock News	(Thu) Animal/(Fri) Animal Sci	Wendy Williams / (Fri) Career Day	(Fri) Think Big	(Wed-Fri) Truth/(Mon Tue) P.Court	(Wed-Fri) Face the Truth	P.Court/ Life101/ (Fri) Awesome/(Mon Tue) Judy	(Wed-Fri) Judy/(Mon Tue) News	(Wed-Fri) Judge Judy	5 O'Clock News		
KEPR	19	2	19	Funny You Should Ask	The Bold and the Beautiful	The Talk	Let's Make a Deal	Dr. Phil	Judge Judy	Judge Judy	Action News at 5:00 p.m.	CBS Evening News			
KOIN	19	-	-	KOIN Local 6 at Noon	The Bold and the Beautiful	The Talk	The 700 Club	Dr. Phil	KOIN Local 6 at 4:00 p.m.	KOIN Local 6 at 5:00 p.m.	KOIN Local 6 at 5:30 p.m.				
KNDU	25	6	25	(Wed-Fri) TMZ/(Mon Tue) Jeop	Paid Program	Days of Our Lives	Wendy/ TMZ	(Mon Tue) Daily Mail TV	(Wed-Fri) Daily/(Mon Tue) H.Bench	Daily/ Ellen/ H.Bench	The Ellen DeGeneres Show	(Thu) NFL Kickoff 2019	News/(Thu) :15 Football	NBC Nightly News With Lester Holt	
KGW	8	-	-	KGW News at Noon	Paid Program	Days of Our Lives	The Dr. Oz Show	The Ellen DeGeneres Show	KGW News at 4:00 p.m.	(Thu) NFL Kickoff 2019	KGW News at 5 / (Thu) :15 Football	NBC Nightly News With Lester Holt			
KVEV	42	4	42	GMA3: Strahan, Sara and Keke	General Hospital	The Doctors	The Rachael Ray Show	The Dr. Oz Show	Local News at 5:00 p.m.	ABC World News					
KATU	5	-	-	GMA3: Strahan, Sara and Keke	General Hospital	Afternoon Live	Million?/ THall	(Wed-Fri) Be a Millionaire?	KATU News First at 4:00 p.m.	KATU News at 5:00 p.m.	ABC World News				
KTNW	-	31	31	Amanpour/ Lines/ Baking	(Fri) The Visionaries	Various	Various	Esmonde Technique	Let's Go Luna!	Nature Cat	Wild Kratts	Molly of Denali	Odd Squad	Arthur / (Mon) Biz Kid\$	Nightly Business Report
OPB	59	13	-	Various	Various	Various	Various	Splash and Bubbles	Molly of Denali	Odd Squad	Odd Squad	Arthur	Arthur	Ready Jet Go!	Wild Kratts
CABLE															
A&E	52	118*	265*	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Fri) Live PD	Various	(Mon) Live PD
AMC	60	131*	254*	(Tue) ★ ★ ★ Contagion (2011, Action)				(Wed) ★ X2: X-Men United	(Thu) ★ ★ ★ Escape Plan (2013, Action) / (Tue) ★ ★ ★ Twister (1996, Action)			(Fri) ★ Ace Ventura: Pet Det...	(Mon) ★ ★ ★ Lake Placid ('99, Action)	Wed ★ John Carter/ Thu ★ Independence Day	(Tue) Two and a Half Men
ANPL	24	184*	282*	Secret Life-Zoo / (Thu) Rugged Justice	Pit Bull Parole / (Thu) Rugged Justice	Pit Bull Parole / (Thu) Rugged Justice	River Monsters / (Thu) Rugged Justice	Various	Various	Various	Various	Various	Various	Various	Various
CMT	43	166*	327*	Reba	Reba	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Last Man Standing	Last Man Standing
CNBC	72	208*	355*	Closing Bell				Fast Money	(Fri) Options	(Wed) Cannabis Inc. / Mad Money	(Wed Thu Tue) Shark T./ (Fri Mon) Greed	(Wed Thu Tue) Shark T./ (Fri Mon) Greed			
CNN	68	200*	202*	CNN Newsroom	The Lead With Jake Tapper	(Wed) TownHall / (Thu) The Situation	(Wed) :40 Climate Town Hall	The Situation Room With Wolf Blitzer / (Wed) :20 Climate Town Hall	(Wed) TownHall / (Wed) :40 The Lead	(Wed) :40 Climate Town Hall	(Wed) :40 Climate Town Hall	(Wed) :40 Climate Town Hall	(Wed) :40 Climate Town Hall		
DISC	51	182*	278*	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
DISN	26	173	21	Vampirina	PJ Masks	Puppy Dog Pals	T.O.T.S.	:55 Mickey/PupAca.	Big City Greens	DuckTales	BigHero6:Series	Big City Greens	Big City Greens	Bunk'd	Bunk'd
ESPN	33	140*	206*	(Thu Fri Tue) NBA: The Jump	High Noon/ Tennis/ SprtC	(Thu Tue) Highly Questionable	(Thu Tue) Hom/(Mon) Countdown	(Thu Tue) Pardon the Interruption	(Wed Thu Tue) SportsCenter	(Mon) :55 Monday Kickoff/(Wed Thu) Tennis/(Mon) Football/(Tue) E:60	(Tue) The American Game				
ESPN2	34	143*	209*	(Wed Mon) The Jump/(Thu) NFL L..	High Noon	Highly?/ Football	Various	Interrupt/ Highly?	Various	(Tue) Interruption	Various	Football/ Football	NFLGreat/ E:60		
FNC	66	205*	360*	Shepard Smith Reporting	Your World	The Five	Special Report With Bret Baier	The Story	Tucker Carlson Tonight						
FOOD	61	110*	231*	Various	Various	Pioneer Woman	Pioneer Woman	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners
FREE	32	180*	311*	Various Movies	Various	The Middle	The Middle	The Middle	The Middle	The Middle	The Middle	The Middle	The Middle/ (Thu) ★ Ice Age: Conti...	Various	(Fri) The Middle
FX	65	136*	248*	(Mon) ★ Nerve (2016, Thriller)	Movie/(Fri) M.Molly	Movie	(Thu Fri M) Mike&M.	Various	(Mon) Mike&Molly	(Mon) Mike&Molly	(Mon) ★ ★ ★ Daddy's Home	Movie	Movie		
GOLF	88	401*	218*	(Tue) Shell's Golf	(Thu) Golf	Golfer/ ShellGolf	(Wed) Tom at Turnberry	Golf/ Card	Golf Central	Various	Various	Various	Various	Various	(Wed) Golf
GSN	76	116*	233*	Wheel of Fortune	Wheel of Fortune	Match Game	Match Game	Catch 21	Catch 21	BETS/ Reaction	America Says	America Says	America Says	ComKnowl.	
HALL	87	185*	312*	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies	Various Movies
HGTV	62	12*	299*	Fixer Upper / (Mon) Love It or List It	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	(Thu) Flip or Flop
HIST	50	120*	269*	Various	(Wed) CountCars / (Thu) Pawn Stars	Various	(Wed) CountCars / (Thu) Pawn Stars	Various	:25 Pickers/ Count./ Pawn	Count./ Pawn/ Pickers	(Wed) CountCars / (Thu) Pawn Stars	Various	(Wed) CountCars / (Thu) Pawn Stars	Various	(Thu) Pawn Stars
LIFE	29	180*	252*	(Wed) Married1stSight / The Closer	Married/ W. Swap/ Closer	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring	Married/ W. Swap/ Marring
NICK	27	171	300	Various	Various	PAW/(Tue) H.Danger	PAW/ Loud H.	Various	Sponge	Sponge	Sponge/(Tue) LEGO	SpongeBob	Various	The Loud House	The Loud House
PRMT	42	241*	241	(Wed Thu Tue) Bar Rescue / (Fri Mon) :05 Bar Rescue	(Wed Thu Tue) Bar Rescue / (Fri Mon) :10 Bar Rescue	2½Men/ :10	2½Men/ :45	2½Men/ :15	2½Men/ :50	(Wed Thu) Two 1/2 Men/(Tue) Mom	:25 Mom/ :25	2½Men/ Mom	Mom / (Mon) Two and a Half Men	Mom/ 2½Men/ :35	Mom/ 2½Men/ :35
ROOT	37	-	-	Paid Program	Paid Program	The Dan Patrick Show						Various	Journal/ Pre-game/ In Depth	Offense/ Baseball/ Press	Powerboat/ Dub Play
SYFY	67	122*	244	(Thu) ★ Underworld	(Tue) ★ Drag Me to Hell ('09, Hor)	(Mon) ★ Everly	(Fri) :50 ★ Nightmare on Elm Street V: Dream Child (1989, Horror)	(Thu) ★ The Hunger Games:	(Wed) ★ The Hunger Games:	(Fri) :50 ★ ★ ★ Freddy's Dead: The Final Nightmare (1991, Horror)	(Tue) :35 ★ Hansel & Gretel:...	(Mon) ★ Beetlejuice	(Thu) ★ Jack the Giant Slayer		
TBS	59	139*	247	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Am.Dad/ BobBrg	Am.Dad/ BobBrg	Am.Dad/ BobBrg	Am.Dad/ Fam.Guy	
TCM	56	132*	256	(Fri) ★ Highly Dangerous	(Thu) :45 ★ Ode to Billy Joe	(Wed) :15 ★ Of Mice & Men	(Fri) ★ ★ ★ Them! (1954, Sci-Fi)	(Thu) :45 ★ The Heart is a Lonely ...	(Mon) ★ An American in Paris ('51, Musical)/(Wed) :15 ★ Scarface ('32, Biography)/(Fri) :15 ★ The Fly ('58, Sci-Fi)/(Tue) :15 ★ Gaslight ('44, Thril)	Various Movies					
TLC	49	183*	280	Untold Stories of the ER	Dr. Pimple / (Mon) Untold Stories	Amer. Gypsy Wedd / (Mon) Dr. Pimple	My Big Fat American Gypsy Wedding	Say Yes/ Wedding	Say Yes-Dress	Say Yes/ Chantel	Say Yes-Dress				
TNT	57	138*	245	Supernatural	(Wed Mon Tue) Super./ (Thu Fri) Bones	(Wed Mon Tue) Super./ (Thu Fri) Bones	Various	(Fri) Bones	(Fri) Bones	Various Movies					
UNI	21	-	-	Noticiero Univis	Nosotros guapos	Hoy	Como dice el dicho	Y Mafiana/ Noticier	(Tue) Noticiero	Various	Notic./ :50 Fútbol	Impacto/(Fri) Fútbol	(Fri) :45 Fútbol		
USA	58	105*	242	(Wed Mon) Chicago/(Fri Tue) SVU	(Thu) NCIS	(Wed Mon) Chicago/(Fri Tue) SVU	(Thu) NCIS	(Wed Fri Tue) SVU/(Mon) Chicago	(Thu) ★ Madea's Big Happy Family	(Wed Fri Tue) Law & Order: Special Victims Unit / (Mon) Chicago P.D.	(Wed Fri Tue) Law & Order: Special Victims Unit / (Mon) Chicago P.D.				
WE	118	128*	260	Law:CI/ CSI/ :20 Law:CI	Law:CI/ CSI/ :15 Law:CI	Law:CI/ CSI/ :15 Law:CI	Various	Various	Various	Various	Various	Various	Various	Various	Various
WGN	-	239*	307	Dog B.H./Heat Night	(Wed) Dog B.H.	Dog B.H./Heat Night	(Wed) Dog B.H.	Dog B.H./BlueB.	(Wed) Dog B.H.	Dog B.H./BlueB.	(Wed) Dog B.H.	(Wed) Dog B.H./JAG	(Wed) Dog B.H.	(Wed) Dog the Bounty Hunter / JAG	
PREMIUM															
HBO	518	303	504	(Tue) :10 The Latin Explosion	(Wed) ★ Jurassic World: Fallen Ki...	(Mon) ★ Without a Paddle ('04, Com)/(Fri) :05 ★ The A-Team ('10, Action)/(Tue) :15 ★ Night School ('18, Com)	(Thu) ★ Hard Knocks	(Fri) :05 ★ Bringing Down t...	(Thu) ★ Meet the Fockers ('04, Com)	(Wed) :15 ★ The Hurt Locker/(Mon) :15 ★ Jurassic World: Fallen Kingdom	(Fri) :55 ★ Hard Knocks	(Thu) ★ ★ ★ I, Robot ('04, Sci-Fi)			
HBO2	520	304	505	11:30 ★ RoboCop	(Fri) ★ Mean Girls/(Wed) :35 ...	(Thu) :55 ★ Stay Alive	(Mon) ★ The Nun/(Thu) :25 ★ ...	(Tue) :05 ★ The 15:17 to Paris/(Mon) :20 ★ The Old Man & the Gun	(Fri) ★ The Shop: Uninterrupted	(Fri) ★ 1 Love You Phillip Morris	(Mon) :55 ★ Thank You for Smoking	(Wed) :35 ★ Last Week Tonight			
HBO3	521	302*	503*	(Mon) :20 ★ The Miseducation of ...	(Tue) :50 ★ An Ideal Husband	(Wed) :20 ★ Sex & the City 2	(Thu) :45 ★ Bad Times at the El ...	(Mon) :55 ★ Fantastic Beasts:...	(Tue) :35 ★ Mamma Mia! He...	(Fri) ★ Fantastic Beasts: The Cri...	(Wed) :50 ★ Little Fockers ('10, Com)	(Thu) :10 ★ Wall Street: Money N...	(Tue) ★ ★ ★ The Ring Two ('05, Hor)	(Fri) :20 ★ ★ ★ Cyrus ('10, Com)	(Wed) ★ Hail, Caesar!
MAX	549	311	516	(Fri) :20 ★ Enemy Mine	(Wed) ★ Seventh Son ('14, Adv)	(Thu) :10 ★ ★ ★ First Daughter (2004, Comedy)	(Mon) :05 ★ Spanglish	(Tue) ★ ★ ★ Bad Girls ('94, Western)	(Thu) :55 ★ Bigger (2018, Biography)	Various Movies	(Thu) :45 ★ ★ ★ Red Planet (2000, Sci-Fi)	(Wed) :40 ★ Far and Away			
SHOW	578	319	546	(Mon) :15 ★ Charlie's Angels	(Fri) ★ 3:10 to Yuma/(Thu) :45 ★ Meet Joe Black	(Tue) ★ Upside Down/(Thu) :45 ★ Meet Joe Black	(Wed) ★ Lara Croft Tomb Raider: Th...	(Mon) ★ Charlie's Angels II: Full Th...	(Tue) ★ The Italian Job ('03, Act)/(Fri) :35 ★ Kill Bill: Vol. 1 ('03, Act)	(Wed) ★ 13 Going on 30 ('04, Com)	(Thu) :55 ★ Marie Antoinette	(Fri) ★ ★ ★ ★ Faster ('10, Action)	(Wed) :15 ★ ★ ★ My Best Friend's Wedding (1997, Comedy)		
STARZ	621	351	526	11:45 ★ Soul Food	(Tue) :25 ★ Escape Room	(Thu) :10 ★ The Day the Earth Sto...	(Wed) :40 ★ Escape Room	(Tue) :05 ★ ★ ★ The Da Vinci Code (2006, Drama)	(Thu) :55 ★ Eat Pray Love	(Mon) :25 ★ Power / (Fri) :35 Power	(Fri) :25 ★ The Day the Earth Sto.../ :35 Power	(Fri) :05 ★ Sicario: Day of the Soldado/(Wed) :10 ★ Angels & De...			
STZENC	644	341	536	11:55 ★ ★ ★ Repo Man (1984, Sci-Fi)	(Fri) ★ Legally Blonde 2: Red, ...	(Mon) :05 ★ All Saints	(Thu) ★ ★ ★ Bad Teacher ('11, Com)	(Fri) :10 ★ ★ ★ Sudden Death (1995, Action)	(Mon) :55 ★ Jumping the Broom/(Wed) ★ All the Money in the...	(Fri) ★ ★ ★ Boiling Point ('91, Action)	(Tue) :35 ★ Planes: Fire & Re...	(Thu) ★ Firestarter	(Fri) :35 ★ ★ ★ Flatliners ('17, Dra)		

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