

AUTO RACING

FRIDAY

2:00 a.m. ROOT NHRA Drag Racing (CC) 3h
4:00 a.m. KTVP Cars.TV (CC) 30m
KEPR KATU Three Wide Life (CC) 30m

SATURDAY

11:30 a.m. KEPR Three Wide Life (CC) 30m
1:00 a.m. ROOT NHRA Drag Racing (CC) 3h
3:00 a.m. KEPR Three Wide Life (CC) 30m

BASEBALL

WEDNESDAY

9:30 a.m. ROOT Mariners Pre-game (CC) 30m *Live*
10:00 a.m. ROOT MLB Baseball Seattle Mariners at Tampa Bay Rays (CC) 3h *Live*
Noon ESPN Baseball Little League World Series (CC) 2h *Live*
1:00 p.m. ROOT Mariners Post-game (CC) 30m *Live*
4:00 p.m. ESPN Baseball Tonight (CC) 30m *Live*
4:30 p.m. ESPN ESPN2 Baseball Little League World Series (CC) 2h
ROOT MILB Baseball Orem Owlz vs. Grand Junction Rockies (CC) 30m
5:00 p.m. ROOT Mariners Spotlight 30m
5:30 p.m. ROOT Mariners Spotlight 30m
6:00 p.m. ROOT Mariners All Access (CC) 30m
6:30 p.m. ESPN Baseball Tonight (CC) 30m *Live*
ROOT Mariners Pre-game (CC) 30m
7:00 p.m. ESPN MLB Baseball New York Yankees at Oakland Athletics (CC) 3h *Live*
ROOT MLB Baseball Seattle Mariners at Tampa Bay Rays (CC) 3h
10:00 p.m. ROOT Mariners Post-game (CC) 30m
11:30 p.m. ESPN2 MLB Baseball New York Yankees at Oakland Athletics (CC) 2h

THURSDAY

Noon ESPN Baseball Little League World Series (CC) 2h *Live*
4:00 p.m. ROOT MLB Baseball Seattle Mariners at Tampa Bay Rays (CC) 3h
4:10 p.m. ESPN Baseball Tonight (CC) 20m *Live*
4:30 p.m. ESPN Baseball Little League World Series (CC) 2h *Live*
7:00 p.m. ESPN2 Baseball Tonight (CC) 1h *Live*
ROOT Mariners Spotlight 30m
8:30 p.m. ROOT Mariners Heritage 30m

FRIDAY

5:30 p.m. ROOT Mariners Spotlight 30m
6:00 p.m. ROOT Mariners All Access (CC) 30m
6:30 p.m. ROOT Mariners Pre-game (CC) 30m *Live*
7:00 p.m. ROOT MLB Baseball Toronto Blue Jays at Seattle Mariners (CC) 3h *Live*
10:00 p.m. ROOT Mariners Post-game (CC) 30m *Live*
10:30 p.m. ROOT MLB Baseball Toronto Blue Jays at Seattle Mariners (CC) 3h
1:30 a.m. ROOT Mariners Post-game (CC) 30m

SATURDAY

9:30 a.m. KVEW KATU Baseball Little League World Series International Championship (CC) 3h *Live*
12:30 p.m. KVEW KATU Baseball Little League World Series U.S. Championship (CC) 2h30 *Live*
4:00 p.m. ROOT Mariners Spotlight 30m
4:30 p.m. ROOT Mariners Heritage 30m
5:00 p.m. ROOT Mariners All Access (CC) 30m
5:30 p.m. ROOT Mariners Pre-game (CC) 30m *Live*
6:00 p.m. ROOT MLB Baseball Toronto Blue Jays at Seattle Mariners (CC) 3h *Live*
9:00 p.m. ROOT Mariners Post-game (CC) 30m *Live*
9:30 p.m. ROOT MLB Baseball Toronto Blue Jays at Seattle Mariners (CC) 3h

12:30 a.m. ROOT Mariners Post-game (CC) 30m

SUNDAY

7:00 a.m. ESPN Baseball Little League World Series Third Place (CC) 2h *Live*
9:00 a.m. ESPN Baseball Little League World Series (CC) 30m
11:00 a.m. TBS MLB Baseball Washington Nationals at Chicago Cubs (CC) 3h *Live*
11:30 a.m. ROOT Mariners Spotlight 30m
Noon KVEW KATU Baseball Little League World Series World Championship (CC) 2h30 *Live*
ROOT Mariners All Access (CC) 30m
12:30 p.m. ROOT Mariners Pre-game (CC) 30m *Live*
1:00 p.m. ROOT MLB Baseball Toronto Blue Jays at Seattle Mariners (CC) 3h *Live*
3:00 p.m. ESPN Baseball Tonight (CC) 1h *Live*
4:00 p.m. ESPN MLB Baseball New York Yankees at Los Angeles Dodgers (CC) 3h *Live*
ROOT Mariners Post-game (CC) 30m *Live*
4:30 p.m. ROOT Mariners All Access (CC) 30m
7:30 p.m. ROOT Mariners Heritage 30m
8:00 p.m. ROOT MLB Baseball Toronto Blue Jays at Seattle Mariners (CC) 3h
11:00 p.m. ROOT Mariners Post-game (CC) 30m
Midnight ESPN2 MLB Baseball New York Yankees at Los Angeles Dodgers (CC) 2h

MONDAY

4:00 p.m. ESPN MLB Baseball (CC) 3h *Live*
6:00 p.m. ROOT Mariners All Access (CC) 30m
6:30 p.m. ROOT Mariners Pre-game (CC) 30m *Live*
7:00 p.m. ESPN MLB Baseball (CC) 3h *Live*
ROOT MLB Baseball New York Yankees at Seattle Mariners (CC) 3h *Live*
10:00 p.m. ROOT Mariners Post-game (CC) 30m *Live*

10:30 p.m. ROOT MLB Baseball New York Yankees at Seattle Mariners (CC) 3h

11:00 p.m. ESPN2 MLB Baseball St. Louis Cardinals at Milwaukee Brewers (CC) 2h
1:00 a.m. ESPN2 MLB Baseball (CC) 2h
1:30 a.m. ROOT Mariners Post-game (CC) 30m

TUESDAY

4:00 p.m. ROOT Mariners Spotlight 30m
4:30 p.m. ROOT Mariners Spotlight 30m
5:00 p.m. ROOT Grand Junction Rockies Double Play 30m
5:30 p.m. ROOT Mariners Spotlight 30m
6:00 p.m. ROOT Mariners All Access (CC) 30m
6:30 p.m. ROOT Mariners Pre-game (CC) 30m *Live*
7:00 p.m. ROOT MLB Baseball New York Yankees at Seattle Mariners (CC) 3h *Live*
10:00 p.m. ROOT Mariners Post-game (CC) 30m *Live*
10:30 p.m. ROOT MLB Baseball New York Yankees at Seattle Mariners (CC) 3h
1:30 a.m. ROOT Mariners Post-game (CC) 30m

BASKETBALL

WEDNESDAY

Noon ESPN2 NBA: The Jump (CC) 1h *Live*

THURSDAY

Noon ESPN2 NBA: The Jump (CC) 1h *Live*

FRIDAY

Noon ESPN NBA: The Jump (CC) 1h *Live*
1:00 p.m. ESPN2 NBA: The Jump (CC) 1h

SUNDAY

11:00 a.m. KEPR KOIN BIG3 Basketball Playoffs (CC) 2h *Live*
11:30 p.m. ROOT WNBA Basketball Indiana Fever at Seattle Storm (CC) 2h

MONDAY

4:00 p.m. ROOT WNBA Basketball Indiana Fever at Seattle Storm (CC) 2h

TUESDAY

4:00 p.m. ESPN2 WNBA Basketball Los Angeles Sparks at Washington Mystics (CC) 2h *Live*
2:00 a.m. ROOT WNBA Basketball Connecticut Sun at Seattle Storm (CC) 2h

CYCLING

WEDNESDAY

3:30 a.m. ROOT Crankworx Slope-style Championship (CC) 30m

BOAT RACING

SATURDAY

Noon ROOT Powerboat Racing Nationals (CC) 30m

BOXING

FRIDAY

2:00 p.m. ESPN2 Max on Boxing (CC) 30m
7:00 p.m. SHOW Boxing ShoBox: The Next Generation (CC) 2h30 *Live*
11:30 p.m. ESPN2 Max on Boxing (CC) 30m

SUNDAY

1:00 p.m. KFFX KTVP PBC Countdown (CC) 1h

EQUESTRIAN

SATURDAY

2:00 p.m. KFFX KTVP Horse Racing Travers Stakes Breeders' Cup Challenge Series (CC) 1h *Live*

FOOTBALL

WEDNESDAY

10:30 a.m. ESPN NFL Live (CC) 1h30 *Live*
11:00 a.m. HBO2 Hard Knocks '19: Training Camp with the Oakland Raiders 1h
1:00 p.m. ESPN2 College Football Live (CC) 1h *Live*
2:00 p.m. ESPN2 NFL Live (CC) 1h
6:30 p.m. ESPN2 NFL Live (CC) 1h30
HBO Hard Knocks (CC) 1h
8:00 p.m. HBO2 Hard Knocks '19: Training Camp with the Oakland Raiders 1h
10:30 p.m. ROOT Football East-West Shrine Game (CC) 3h
11:25 p.m. HBO Hard Knocks (CC) 1h

THURSDAY

9:00 a.m. ROOT The Rich Eisen Show (CC) 3h *Live*
10:30 a.m. ESPN NFL Live (CC) 1h30 *Live*
1:00 p.m. ESPN2 College Football Live (CC) 1h *Live*
2:00 p.m. ESPN2 NFL Live (CC) 1h
3:00 p.m. HBO Hard Knocks (CC) 1h
4:10 p.m. ESPN2 College Football Live (CC) 50m
5:00 p.m. KFFX KTVP NFL Football Jacksonville Jaguars at Miami Dolphins Pre-season (CC) 3h *Live*
3:20 a.m. HBO2 Hard Knocks '19: Training Camp with the Oakland Raiders 1h

FRIDAY

9:00 a.m. ROOT The Rich Eisen Show (CC) 3h *Live*
10:30 a.m. ESPN NFL Live (CC) 1h30 *Live*
Noon ESPN2 NFL Live (CC) 1h
1:00 p.m. ESPN College Football Live (CC) 1h *Live*
2:30 p.m. ESPN2 2019 College Football Playoff Recap Show 30m
HBO Hard Knocks (CC) 1h
3:00 p.m. ESPN2 H.S. Football Mallard Creek vs. Dutch Fork (CC) 3h *Live*
4:00 p.m. ESPN The Herbies Pre-season Special 1h
5:00 p.m. KEPR KOIN NFL Football Buffalo Bills at Detroit Lions Pre-season (CC) 3h *Live*
6:00 p.m. ESPN2 CFL Football Winnipeg Blue Bombers at Edmonton Eskimos (CC) 3h *Live*
8:30 p.m. KOIN West Coast Training Camp (CC) 30m
10:00 p.m. ESPN2 The Herbies Pre-season Special 1h
4:00 a.m. ESPN2 The Herbies Pre-season Special 1h

SATURDAY

6:00 a.m. ESPN College GameDay (CC) 3h *Live*
9:00 a.m. ESPN H.S. Football St. Francis vs. Miami Central (CC) 3h *Live*
Noon ESPN NCAA Football Youngstown State vs. Samford (CC) 3h *Live*
12:30 p.m. ROOT Football East-West Shrine Game (CC) 3h
1:00 p.m. KFFX KTVP Fox College Football Kickoff (CC) 1h
2:30 p.m. HBO Hard Knocks (CC) 1h
3:00 p.m. ESPN College Football Countdown (CC) 1h *Live*
3:30 p.m. HBO Hard Knocks (CC) 1h
4:00 p.m. ESPN NCAA Football Miami vs. Florida (CC) 3h *Live*
4:30 p.m. HBO Hard Knocks (CC) 1h
6:00 p.m. ESPN2 H.S. Football Dematha vs. St. John Bosco (CC) 3h *Live*
6:30 p.m. KFFX NFL Football Seattle Seahawks at Los Angeles Chargers Pre-season (CC) 4h *Live*
KTVP Seattle Seahawks Pre-game Show (CC) 30m *Live*
7:00 p.m. KTVP NFL Football Seattle Seahawks at Los Angeles Chargers Pre-season (CC) 3h *Live*
ESPN Football Is Us 1h30
9:00 p.m. ESPN2 The Herbies Pre-season Special 1h
10:00 p.m. KTVP Seattle Seahawks Post-game Show (CC) 30m *Live*
ESPN2 Football Is Us 1h30
10:45 p.m. HBO3 Hard Knocks '19: Training Camp with the Oakland Raiders 1h
Midnight ESPN NCAA Football Miami vs. Florida (CC) 2h
3:00 a.m. ESPN2 2019 College Football Playoff Recap Show 30m
3:30 a.m. ESPN2 The Herbies Pre-season Special 1h
4:30 a.m. ESPN2 Football Is Us 1h30

SUNDAY

10:45 a.m. HBO Hard Knocks (CC) 1h
11:00 a.m. ESPN2 H.S. Football Southern Columbia vs. Hammond School (CC) 3h *Live*
1:45 p.m. ESPN The Herbies Pre-season Special 45m

sports feature

Steelers take on Titans in pre-season action

By Ryan Guebert
TV Media

The 2019 NFL regular season is set to kick off on Thursday, Sept. 5, when the Green Bay Packers take on the Chicago Bears. For now, there are two weeks left of pre-season action, and on Sunday, Aug. 25, the Pittsburgh Steelers take on the Tennessee Titans at Nissan Stadium. Tune in to NBC for live coverage of the game.

Both the Steelers and the Titans are entering the 2019 season with a number of question marks surrounding their starting rosters. The Steelers are set to start their first season without seven-time Pro

Bowler Antonio Brown and star running back Le'Veon Bell. Meanwhile, the Titans are timidly entering 2019 with Marcus Mariota under center following a season of career lows, including 2,528 passing yards for 11 touchdowns and eight interceptions. The former Heisman trophy winner is sure to feel the pressure this season with the arrival of Ryan Tannehill as his backup.

Despite a strong 7-2-1 start, the Steelers endured a disastrous 2018 season that saw the team miss the playoffs for the first time since 2013. The collapse was a result of tension within the franchise, which was evident early on when Bell

decided to sit out the entire season in response to his contract negotiations and Brown's dissatisfaction with his role on the team, which ultimately sparked a trade request. Bell's absence allowed for the emergence of James Conner as one of the league's top running backs, while JuJu Smith-Schuster appears more than ready to fill Brown's shoes after receiving for 1,426 yards and seven touchdowns in his sophomore season.

Find out how the Steelers and Titans fare in the pre-season and get an early look at the new starters when the teams face off on Sunday, Aug. 25. Catch live coverage from Nissan Stadium on NBC.