

	CH	DISH	DTV	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
BROADCAST																								
KFFX	11	-	11	CultureClick "Trends"	Paid Program	Weekend Marketplace			Paid Program	Paid Program	Fox College Football Kickoff (N)		Horse Racing Travers Stakes (L)	Paid Program	Last Man Standing	The Karate Kid Part III A teenager becomes the target of a vicious competitor who wants his title back.								
KPTV	3	-	-	Paid Program	Jack Hanna: Wild	Outer Space (N)	Nature Knows (N)	Awesome Planet (N)	American Athlete	Elizabeth Stanton	Paid Program	Fox College Football Kickoff (N)		Horse Racing Travers Stakes (L)	The Karate Kid Part III A teenager becomes the target of a vicious competitor who wants his title back.									
KEPR	19	19	19	Tails of Valor	The Inspectors	Paid Program	Paid Program	Paid Program	Three Wide Life (N)	Paid Program	Paid Program	Paid Program	Hiring America	Paid Program	Paid Program	L McKenzie Traveler	Paid Program	Inside Edition	Paid Program	Washington Green	Health Journal			
KOIN	19	-	-	Tails of Valor	The Inspectors	Paid Program	Paid Program	Alex Scott	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Extra Weekend		KOIN Local 6 @ 5 (N)	KOIN 6 News (N)			
KNDU	25	25	23	Retirement	EPL Soccer Arsenal at Liverpool Site: Anfield -- Liverpool, England (L)				PGA Golf Tour Championship Round 3 Site: East Lake Golf Club -- Atlanta, Ga. (L)								Consumer "High Note"	Naturally, Danny Seo	Vets Saving Pets	NBC Nightly News (N)				
KGW	8	-	-	Consumer "High Note"	EPL Soccer Arsenal at Liverpool Site: Anfield -- Liverpool, England (L)				PGA Golf Tour Championship Round 3 Site: East Lake Golf Club -- Atlanta, Ga. (L)								Grant's Getaways	Straight Talk	KGW News at 5:00 p.m. (N)	Extra Weekend (N)				
KVEW	42	42	-	Heroes "No Escape"	Baseball Little League World Series International Championship Site: Howard J. Lamade Stadium -- Williamsport, Pa. (L)				Baseball Little League World Series U.S. Championship Site: Howard J. Lamade Stadium -- Williamsport, Pa. (L)				Paid Program	American Latino TV	Matter of Fact	Paid Program	Extra Weekend (N)							
KATU	5	-	-	Wild Countdown	Baseball Little League World Series International Championship Site: Howard J. Lamade Stadium -- Williamsport, Pa. (L)				Baseball Little League World Series U.S. Championship Site: Howard J. Lamade Stadium -- Williamsport, Pa. (L)				Ocean Treks	Heroes "No Escape"	The Great Dr. Scott	Wild America	KATU News at 5 (N)	ABC World News (N)						
KTNW	-	31	31	This Old House Hour	Project Smoke	Milk Street	Mexico: One Plate	Fons & Porter Quilt	Sewing With Nancy	Quilting Arts	Washington Grown	tasteMA-KERS	Joy of Painting	Paint This	Amer. Test Kitchen	Food Over 50	Innovations in Medicine	2. Opinion "HIV"	Rick Steves' Europe (N)	Newshour. (N)				
OPB	59	-	-	SciGirls	Biz Kid\$	Garden Smart	Garden Home	Sewing With Nancy	Quilting Arts	Fons & Porter Quilt	It's Sew Easy	RaichlenProjectFire	Amer. Test Kitchen	Free Range Cook	Martha Bakes	Motorweek	Woodwright's Shop	Woodsmith Shop	Ask This Old House	This Old House	Newshour. (N)			
CABLE																								
A&E	52	118*	265*	Tiny House Nation		Zombie House Flip. (N)		Zombie "Justin Time"		Intervention			Addictions	Addictions	Live PD		Live PD							
AMC	60	131*	254*	Terminator 2: Judgment Day ('91, Sci-Fi) Arnold Schwarzenegger. A machine is sent back in time to protect a boy who will be the savior of the world.						Rise of the Planet of the Apes Scientific experiments heroes against his arch nemesis in order to save the world.				X-Men Hugh Jackman. A man leads a group of mutant heroes against his arch nemesis in order to save the world.				X2: X-Men United Patrick Stewart.						
ANPL	24	184*	282*	Tanked!		Tanked!		Tanked!		Tanked!		Vet Life "Training Day"		Vet Life "Dunk-A-Doctor"		The Vet Life		The Vet Life		Vet Life "Cat vs. Robot"				
CMT	43	166*	327*	Hot 20 Countdown "Tailgate Fest 2019" (N)						Racing Wives		Pretty in Pink ('86, Rom) Molly Ringwald.		Grease ('78, Mus) Olivia Newton-John, John Travolta.		Movie								
CNBC	72	208*	355*	Paid	Paid	Paid	Paid	Paid	Paid	Jay Leno's Garage		Jay Leno "Getting Away"		Jay Leno "Victory Lane"		Leno Garage "Origins"		Under Boss "EmpireCL5"		Undercover Boss				
CNN	68	200*	202*	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		S.E. Cupp Unfiltered		The Axe Files Elizabeth Warren, Kamala Harris		CNN Newsroom				
DISC	51	182*	278*	Undercover Billionaire		Undercover Billionaire		Undercover Billionaire		Naked "Mayan Sacrifice"		Naked and Afraid		Naked "Jungle Love"		Naked and Afraid		Naked and Afraid		Naked "Stone Cold"				
DISN	26	173	21	BigCity	BigCity	Descendants 3 ("Fam) Dove Cameron.		:55 Bunk'd		Bunk'd		Jessie	Jessie	Jessie	Jessie	Bunk'd	Bunk'd	CoopCami	CoopCami	Sydney Max	Sydney Max			
ESPN	33	140*	206*	H.S. Football St. Frances vs. Miami Central Site: Traz Powell Stadium -- Miami, Fla. (L)		NCAA Football Youngstown State vs. Samford Site: Cramton Bowl -- Montgomery, Ala. (L)								College Football Countdown (L)		NCAA Football Miami vs. Florida Site: Camping World Stadium -- Orlando, Fla. (L)								
ESPN2	34	143*	209*	To Be Announced						SportsCenter (N)						MLS Soccer New York vs New York City (L)								
FNC	66	205*	360*	America's News HQ				America's News HQ				Journal Editorial R.		America's News HQ				Fox Report		Life, Liberty & Levin		Watters World		
FOOD	61	110*	231*	S. Kitchen	S. Kitchen	Pioneer (N)	Pioneer	The Kitchen (N)	S. Kitchen	Miss Brown	Kids Baking Champion		Family Restaurant Rivals		Supermarket Stakeout						Play List	Diners	Diners	Diners
FREE	32	180*	311*	8:30 Hercules ('97, Ani) Voices of James Woods, Tate Donovan.		:35 Hercules ('97, Ani) Voices of James Woods, Tate Donovan.		:35 The Goonies Sean Astin. A group of kids are swept up in an adventure after discovering a treasure map in an attic.		:10 Matilda A young girl with telekinetic abilities uses her powers against grown-ups.		:15 Lilo & Stich A lonely Hawaiian girl adopts a notorious extra-terrestrial fugitive as her pet.		:15 Moana ('16, Ani) Auli'i Cravalho.										
FX	65	136*	248*	8:00 Alien: Covenant		Transformers: Dark of the Moon ('11, Act) Tyrese Gibson, Shia LaBeouf.								Fast & Furious 6 ('13, Act) Paul Walker, Dwayne Johnson, Vin Diesel.				Furious 7						
GOLF	88	401*	218*	8:30 Golf Pre-game (L)		PGA Golf Tour Championship (L)		LPGA Golf CP Open Site: Magna Golf Club -- Aurora, Ont. (L)				Korn Ferry Golf Boise Open (L)				CHAMPS Golf Boeing Classic (L)								
GSN	76	116*	233*	ChainReact. ChainReact.		AmerSays		AmerSays		AmerSays		Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	AmerSays	Family Feud		
HALL	87	185*	312*	8:00 For Better or f...		Love to the Rescue ("Rom) Nikki DeLoach.		My Summer Prince ('16, Rom) Taylor Cole.		Season for Love ('18, Rom) Marc Blucas.		A Summer Romance ("Rom) Erin Krakow.												
HGTV	62	12*	299*	Market Flip		Market Flip		Love It or List It		Love It or List It		Love It or List It		Big Easy (N) HouseHunt.		HouseHunt.	HouseHunt.	HouseHunt.	HouseHunt.	HouseHunt.	HouseHunt.			
HIST	50	120*	269*	Mountain Men: Outdoors "Final Farewell" Jake sets off alone on the hunt for elk meat; Jason tries an experimental smelter. (N)		Ancient Aliens		Ancient Aliens "Secrets of the Tombs"		Ancient Aliens "The Power of Three"		Ancient Aliens "Mysterious Relics"		Ancient Aliens "Dark Forces"		Ancient Aliens "The Replicants"								
LIFE	29	180*	252*	Paid	Paid	Paid	Paid	Marrying Millions		V.C. Andrews' Heaven Matthew Nelson-Mahood.		Dark Angel ("Dra) Jason Priestley.		Fallen Hearts ("K) Kelly Rutherford, Jason Priestley.										
NICK	27	171	300	LEGO City	TMNT/TMNT	SpongeBob	Sponge	SpongeBob	LEGO City	To Be Announced		LEGO City	Loud House	Loud House	Loud House	Loud House	Loud House	Loud House	Loud House	Loud House	Loud House			
PRMT	42	241*	241	The Mummy ('99, Adv) Rachel Weisz, John Hannah, Brendan Fraser. Adventurers inadvertently resurrect a malevolent force with unspeakable power.						The Mummy Returns ('01, Adv) Rachel Weisz, Brendan Fraser. A 3,000-year-old mummy is resurrected and resumes its evil quest for immortality.				The Mummy ('99, Adv) Rachel Weisz, John Hannah, Brendan Fraser. Adventurers inadvertently resurrect a malevolent force with unspeakable power.										
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Journal	EVP Beach Volleyball	Powerboat R. Nationals	Football East-West Shrine Game Site: Tropicana Field -- St. Petersburg, Fla.		In Depth	Mariners Spotlight	Mariners Heritage	Mariners All Access	Mariners Pre-game (L)							
SYFY	67	122*	244	8:00 Dark Tide ('12, Thril) Olivier Martinez, Ralph Brown, Halle Berry.		:35 Underworld ('03, Fant) Kate Beckinsale. A beautiful vampire warrior is torn when she falls in love with a werewolf.		:35 Hellboy II: The Golden Army Ron Perlman. Hellboy and his team try to save the world from creatures bent on destruction.		:35 Two Fast Two Furious A former police officer is recruited to infiltrate an illegal Miami street racing circuit.		:40 The Fast & th...												
TBS	59	139*	247	Seinfeld	Seinfeld	Win a Date With Tad Hamilton!		Miss Congeniality ('00, Com) Sandra Bullock.		What Women Want ('00, Com) Helen Hunt, Mel Gibson.		My Big Fat Greek Wedding 2												
TCM	56	132*	256	8:30 Two for the Seesaw ('62, Rom) Shirley McLaine.		The Trouble With Harry The inhabitants of a small town conspire to hide a corpse from the authorities.		Some Came Running A veteran returns to his hometown and finds his friends are offended by his loose morals.		Gambit A thief enlists the aid of a reheaded woman to help him steal a Chinese statuette.		Terms of Endearment												
TLC	49	183*	280	Little "It's a Real Pirate!"		Little Couple "Surprise!"		90 Day Fiancé: Before the 90 Days "Crazy in Love"		90 Day Fiancé "Pack Your Bags"		Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress							
TNT	57	138*	245	NCIS:NewOrleans "I Do"		Mission: Impossible ('96, Spy) Jon Voight, Tom Cruise.		Mission: Impossible II ('00, Act) Tom Cruise.		Jack Reacher ('12, Act) Rosamund Pike, Tom Cruise.		Movie												
UNI	21	-	-	Atencion	Atencion	Naturale	Naturale	Pagado	Pagado	Pagado	Pagado	CuentameLo Ya!... Al Fin	:55 Como dice el dicho	Renta Co	Renta Co	María	Noticiero	:55 MFL Fútbol (L)						
USA	58	105*	242	Miz & Mrs. Miz "Heel No More"		Miz & Mrs. Miz "It's a Miz-Tery"		Miz "French Invasion"		Red ('10, Act) Bruce Willis. A retired black-ops agent puts his team back together after being attacked in his home.		London Has Fallen Mike Banning uncovers a plot to kill the world's leaders at the Prime Minister's funeral.				Transformers: Revenge of the Fallen When the Decepticons search for an ancient weapon, the Autobots have to stop them.								
WE	118	128*	260	Paid	Paid	C.Minds "The Silencer"		Crim. Minds "The Pact"		Criminal Minds		C.Minds "God Complex"		Criminal Minds		Criminal Minds		Crim. Minds "The Fallen"		Criminal Minds				
WGN	-	239*	307	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H			
PREMIUM																								
HBO	518	303	504	Sesame Street	Sesame Street	:55 Shrek 2 ('04, Ani) Voices of Eddie Murphy, Mike Myers.		It's Me Hilary	:05 Aquaman ('18, Act) Jason Momoa. A man learns that he is the half-human, half-Atlantean heir to an undersea kingdom.				Hard Knocks		Hard Knocks		Hard Knocks		The Making of					
HBO2	520	304	505	8:40 Unmasking JihadJohn		:20 The Stepford Wives A former executive uncovers the dark secret behind the seemingly perfect town of Stepford.		Detective "The Great War and Modern Memory"		True Detective "Kiss Tomorrow Goodbye"		True Detective "The Big Never"		:55 True Detective "The Hour and the Day"		:05 True Detective "If You Have Ghosts"		:05 True Detective "Hunters in the Dark"						
HBO3	521	302*	503*	The Dilemma After seeing a friend's wife with another man, Ronny debates if he should tell his friend.				:55 Mean Girls ('04, Com/Dra) Lindsay Lohan.		:35 Six New Ways to Die		:50 Deliver Us From Eva An uptight woman constantly meddles in the affairs of her sisters & their husbands.		:40 Conspiracy Theory Mel Gibson. A paranoid New York taxi driver becomes a target when he uncovers a conspiracy.										
MAX	549	311	516	:55 K-9 (1989, Comedy) Mel Harris, Kevin Tighe, James Belushi.		:40 Johnny English ('03, Com) Ben Miller, Rowan Atkinson.		:10 Cinema Paradiso A young boy mesmerized by a movie theater pursues a friendship with its projectionist.		:15 Adventures in Babysitting A babysitter takes the kids home, she's caring for on a wild adventure through downtown Chicago.		:45 Housesitter ('92, Com) Goldie Hawn, Dana Delany, Steve Martin.		:45 The Count of ...										
SHOW	578	319	546	8:00 The Help ('11, Dra) Viola Davis, Octavia Spencer, Emma Stone.		:35 Dances With Wolves ('90, Epic) Mary McDonnell, Kevin Costner. A Civil War hero is remotely posted, where he befriends a neighboring Sioux tribe.		:1 I Am Number Four An extraordinary teen must elude an enemy who has already killed three people like him.		:45 Fear & Loathing in Las Vegas A journalist & his lawyer embark on a drug-fueled road trip to Las Vegas.		City on a Hill												
STARZ	621	351	526	8:55 Power "Why Her?"		:55 Power "You're Not the Man"		:50 Power "Three Moves Ahead"		:50 Power "Time's Up"		:50 Power "Ghost Is Dead"		:50 Power "Call Me James"		:50 Power "It's Never Over"		:50 Power "I Got This On Lock"		:45 Power "Help Me"				
STZENC	644	341	536	7:55 I Now Pro...		:50 Sex Drive A road trip to meet a girl leads to dealings with hitchhikers, jailbirds and carjackers.		:45 Bill and Ted's Excellent Adventure ('89, Adv) Keanu Reeves.		:15 Soul Food When an aging matriarch falls ill, her grandson does his best to keep the family together.		:10 Eastern Promises A midwife's search for a baby's father brings her into contact with a Russian mobster.		:55 Proud Mary ('18, Act) Taraji P. Henson.										

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SPORTS

MOVIES

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