

Weekday Daytime

August 14, 2019 to August 20, 2019

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
BROADCAST															
KFFX	11	-	11	AgDay	The Game	Good Day			Caught in Providence	Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	Chicago P.D.		
KPTV	3	-	-	Good Day Oregon at 6:00 a.m.		Good Day Oregon			MORE Good Day Oregon		MORE Good Day Oregon		The Rachael Ray Show		
KEPR	19	2	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			Pickler & Ben		The Price Is Right		The Young and the Restless		
KOIN	19	-	-	(Wed Thu) KOIN Local 6 at 6 / (Fri Mon Tue) KOIN Local 6 at 6:00 a.m.		CBS This Morning			Let's Make a Deal		The Price Is Right		The Young and the Restless		
KNDU	25	6	25	Wake Up Northwest		Today			Today III		Today With Hoda and Jenna		Who Wants to Be a Millionaire?	Hot Bench	
KGW	8	-	-	KGW News at Sunrise at 6:00 a.m.		Today			Today III		Today With Hoda and Jenna		Daily Blast Live	Daily Blast Live	
KVEV	42	4	42	Good Morning	Good Morning	Good Morning America			Live With Kelly and Ryan		The View		Paid Program	Right This Minute	
KATU	5	-	-	4:30 KATU News This Morning		Good Morning America			AM Northwest		The View		Live With Kelly and Ryan		
KTNW	-	31	31	Esmonde Technique	(Wed Thu Tue) Yoga / (Fri Mon) Yoga	Ready Jet Go!	Nature Cat	Wild Kratts	Molly of Denali	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Sesame Street	Sit and Be Fit
OPB	59	13	-	Yoga/ Sit Fit/ Stretch	Nature Cat	Wild Kratts	Molly of Denali	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Sesame Street	Dinosaur Train	The Cat in the Hat
CABLE															
A&E	52	118*	265*	Info-Documentary	Info-Documentary	First 48/ Live PD/ Psychic		First 48/ Live PD/ Psychic		(Wed Thu Mon) First 48/(Tue) Psychic	(Wed Thu Mon) First 48/(Tue) Psychic	Various			
AMC	60	131*	254*	Paid Program		Paid Program		Paid Program		Various	M*A*S*H/ Stogie	(Wed) M*A*S*H	(Wed) M*A*S*H	(Wed) * Rise of the Planet of the ...	(Mon) * A Bronx Tale ('93, Dra)
ANPL	24	184*	282*	Prey/ Monsters/ Croc.H.		Various		Prey/ Monsters/ Cat Hell		Prey/ Monsters/ Vet Life		Prey/ Monsters/ Dr. Jeff		Prey/ Monsters/ The Zoo	
CMT	43	166*	327*	CMT Music		CMT Music / (Thu) Throwback		CMT Music		Roseanne	Roseanne	Roseanne	Roseanne	Reba	Reba
CNBC	72	208*	355*	Squawk on the Street		Squawk Alley		Squawk Alley		Fast Money Halftime Report		The Exchange		Power Lunch	
CNN	68	200*	202*	CNN Newsroom		CNN Newsroom		At This Hour with Kate Bolduan		Inside Politics		CNN Right Now With Brianna Keilar		CNN Newsroom	
DISC	51	182*	278*	Various		Various		Various		Various		Various		Various	
DISN	26	173	21	Puppy Dog Pals	Puppy Dog Pals	T.O.T.S.	Muppet Babies	Mickey M.	Mouse/ MuppetB	T.O.T.S.	T.O.T.S./ (Fri) Vamp	Puppy Dog Pals	Puppy Dog Pals	Muppet Babies	Puppy Dog Pals
ESPN	33	140*	206*	5:00 Get Up!		First Take		(Mon Tue) Baseball		(Wed-Fri) SportsCenter		OLines/ Baseball/ NFL	(Wed Tue) NFL Live	(Fri) Baseball	
ESPN2	34	143*	209*	SportsCenter		Get Up!		(Fri) Tennis / (Mon Tue) First Take		(Wed) 1st Take/(Thu) NFL/(Mon Tue) SprtC		Various	(Mon) NFL Live	(Wed Tue) Jalen & Jacoby	
FNC	66	205*	360*	America's Newsroom		America's Newsroom		America's Newsroom		Outnumbered		Outnumbered Overtime		The Daily Briefing With Dana Perino	
FOOD	61	110*	231*	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	Pioneer Woman	Various	Various	Various	Various
FREE	32	180*	311*	Paid Program	Paid Program	Young & Hungry	Young & Hungry	Baby Daddy	Baby Daddy	Baby Daddy	700 Club Interactive	The 700 Club		Various	(Fri) * Kindergarten Cop
FX	65	136*	248*	Paid Program	Paid Program	Various Movies			Movie	(Thu) * Assassin's Creed/(Fri) * Now You See Me/(Tue) * The Fault in Our S...	(Mon) Met Mother				
GOLF	88	401*	218*	(Thu Fri) Golf/(Mon Tue) Morn. Drive	(Wed) Morning Drive	Golf/ Golf		Golf/ Golf		Golf/ Golf		Various	Learn/ Academy	PGA Tour/ EastLake	OnRange
GSN	76	116*	233*	Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	America Says	
HALL	87	185*	312*	The Golden Girls	The Golden Girls	G. Girls/ HomeFam.	The Golden Girls	Various Movies		(Fri) * Sun, Sand and Romance		Various Movies		(Fri) * Falling for You (2018, Romance)	
HGTV	62	12*	299*	Paid Program	Various	Various	Mexico/ IslndLif	Various	Hidden P/ Mansions	Various	Hidden P/ Mansions	Various	Hidden P/ Mansions	Various	Hidden P/ Mansions
HIST	50	120*	269*	Info-Documentaries	Info-Documentaries	Various	(Wed) Info-Doc/(Thu) Pawn S.	Various	(Thu) Pawn Stars	Strong.M/ Pawn/ UnXplain	(Thu) Pawn Stars	Strong.M/ Pawn/ UnXplain	(Thu) Pawn Stars	Various	(Wed) CountCars / (Thu) Pawn Stars
LIFE	29	180*	252*	Paid Program	Life Today	Enjoying Life	Various	The Closer		The Closer		The Closer		The Closer	
NICK	27	171	300	Full House	SpongeBob	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Various	Various	Various	The Loud House
PRMT	42	241*	241	Paid Program	Paid Program	Paid Program	Paid Program	Bar Rescue		Bar Rescue		Bar Rescue / (Fri) Bar Rescue		Bar Rescue / (Fri) :05 Bar Rescue	
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Rich Eisen/(Thu) Paid Program	(Thu) Mariners Pre-game	(Thu) Baseball			
SYFY	67	122*	244	The Twilight Zone / (Fri) Van Helsing	Krypton/ Twilight/ Face Off	Twilight/ Van Hel.	Various	(Fri) Van Hel./(Mon) Twilight	Various	(Fri) Van Hel./(Mon) Twilight	Various	(Fri) Van Helsing	(Wed) * Ice Sharks	(Fri) * * * * Evil Dead ('13, Horror)	(Thu) * The Crooked Man
TBS	59	139*	247	Loves Ray	Loves Ray	Queens/ Am.Dad	Queens/ Am.Dad	Various	Various	Various	Sein./ Friends	Sein./ Friends	Friends	Friends	Friends
TCM	56	132*	256	(Fri) * If I Were Free	(Thu) :45 * The Loved One	(Tue) * Till the End of Time	(Mon) * * * * Dough Boys (1930, Comedy)	Various Movies		Various Movies		(Mon) :15 * * * Sidewalks of New York (1931, Romance)		Various Movies	(Mon) * The Passionate Plumb...
TLC	49	183*	280	Quints by Surprise	Quints by Surprise	The Little Couple		The Little Couple		Various		Various		Untold Stories of the ER	
TNT	57	138*	245	Charmed	Charmed	Charmed		Charmed		Charmed		Supernatural		(Wed Tue) Matchday/(Thu Fri Mon) Super.	
UNI	21	-	-	Como dice el dicho		Despierta America		Despierta America		Despierta America		Despierta America		Fútbol/La Gata	(Wed) Fútbol
USA	58	105*	242	CSI: Crime Scene / (Thu) Miz & Mrs.	(Thu) CSI: Crime Scene	NCIS: Los Angeles	(Thu) NCIS: Los Angeles	NCIS	(Thu) NCIS	Chicago/ SVU/ NCIS	(Thu) Law & Order: S.V.U.	Chicago/ SVU/ NCIS	(Thu) Law & Order: S.V.U.	Chicago/ SVU/ NCIS	(Thu) Law & Order: S.V.U.
WE	118	128*	260	Emotional Mojo	Paid Program	Paid Program		Paid Program		Paid Program	Paid Program	Law:CI/ Lockup/ CSI	Law:CI/ Lockup/ CSI	Law:CI/ (Tue) CSI	(Fri) Law & O: CI
WGN	-	239*	307	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote	Murder, She Wrote		In the Heat of the Night		In the Heat of the Night
PREMIUM															
HBO	518	303	504	(Wed) * The Prestige/ (Fri) * The Pelican Brief	(Thu) :35 Warning: This Drug May Kill You/(Tue) :40 * In Her Shoes	(Mon) Last Week Tonight	(Mon) * Suffragette	(Fri) M. Ali/(Tue) :50 Making of	(Tue) * Life as We Know It/(Thu) 1stLook	(Thu) :35 * Aquaman	(Fri) :55 * Mean Girls	(Wed) * First Man (2018, Biography)	(Tue) :05 * * * Hulk (2003, Action)		
HBO2	520	304	505	(Wed) * Elektra	(Tue) :50 Warning: Drug	(Fri) :05 Rock and a Hard Place	(Wed) :40 RX Early Detection	(Thu) * Paper Heart/(Mon) :10 ...	(Fri) * * * The Grudge (2004, Horror)	(Tue) :25 * Without a Paddle/(Thu) It'sMe	(Fri) * Lottery Ticket/(Thu) * Me Myself & Irene	(Wed) * Boy Erased	(Tue) :05 * Wild Hogs ('07, Com)	(Fri) :40 * * * Machete ('10, Act)	
HBO3	521	302*	503*	Various	(Wed) :05 * The Pelican Brief	(Mon) :40 * Breakin' All the ...	(Thu) :55 * Only the Lonely/(Fri) :05 * Life as We Know It	(Mon) :10 The Making of	Various Movies	(Fri) * * * Woman on Top (2000, Comedy)	(Mon) :10 * The Last Castle		(Thu) :25 * The Station Agent		
MAX	549	311	516	(Thu) * Another Stakeout	(Mon) * The Last Seduction/(Wed) :40 * The Frighteners	(Thu) :50 * Around the World in 80 Days/(Tue) :50 * Kingsman: The Gol...	(Fri) :25 * The Limits of Control/(Mon) :25 * American Made/(Wed) * A Good Woman	Various Movies		(Fri) :25 * * * The Island (2005, Action)		(Thu) :35 * Next of Kin/(Mon) :45 ...			
SHOW	578	319	546	5:30 * Four Weddings & a F...	(Mon) * Midnight in Paris	(Fri) XY Chelsea	(Wed) * Charlie's Angels	(Mon) :15 * A Fish Called Wanda	(Thu) :35 * The Dark Tower	(Tue) * I Feel Pretty/(Wed) :15 * Air Force One	(Thu) :15 * Escape From L.A.	(Fri) * * * * I Feel Pretty ('18, Com)	(Tue) * Air Force One ('97, Act)/(Wed) :20 * Faster ('10, Act)		
STARZ	621	351	526	(Mon) :15 * Everything Must ...	(Wed) :45 * Moonrise Kingdom	(Tue) :10 * Stuck on You ('03, Com)	(Thu) :40 * Zookeeper	(Mon) :55 * The Rocker/(Fri) :10 * Cars 2/(Wed) :20 * Master & Comm...	(Tue) :10 * Fame/(Thu) :25 ...	(Mon) :40 * The Equalizer 2	(Fri) * The Adventures of S...	(Wed) :40 * My Cousin Vinny	(Tue) * Holmes & Watson ('18, Adv)	(Thu) :35 * Legally Blonde 2...	
STZENC	644	341	536	5:40 * Leatherheads	(Wed) * Backdraft	(Thu) :15 * Hot Fuzz ('07, Com)	(Mon) :35 * * * * Basic Instinct (1992, Thriller)	(Tue) * Backdraft	(Thu) :20 * Uncle Buck ('89, Com)	(Mon) :45 * For Richer or Poorer	(Fri) :15 * Back to the Future	(Tue) :50 * Proud Mary ('18, Action)	(Wed) :55 * The Wedding Planne...	(Mon) :45 * Proud Mary	
C - Charter; DISH - DISH; DTV - DirecTV															
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.															
SPORTS					MOVIES					NEWS					