

# sports this week

## AUTO RACING

### FRIDAY

**4:00 a.m. KTVP Cars.TV** (CC) 30m  
**KEPR KATU** Three Wide Life (CC) 30m

### SATURDAY

**11:00 a.m. KEPR KOIN** Dirt Racing Lucas Oil Late Model Dirt Series -- Wheatland, Mo. (CC) 1h  
**3:00 a.m. KEPR** Three Wide Life (CC) 30m

### SUNDAY

**11:00 a.m. KEPR KOIN** Off-Road Racing Lucas Oil Series Pro 4 and Pro 2 -- Wheatland, Mo. (CC) 1h  
**3:30 p.m. KATU** Three Wide Life (CC) 30m

## BASEBALL

### WEDNESDAY

**3:00 p.m. ROOT** Mariners All Access (CC) 30m  
**3:30 p.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**4:00 p.m. ESPN** MLB Baseball Chicago Cubs at Philadelphia Phillies -- Philadelphia, Pa. (CC) 3h *Live*  
**ROOT** MLB Baseball Seattle Mariners at Detroit Tigers -- Detroit, Mich. (CC) 3h *Live*  
**7:00 p.m. ESPN** Softball Little League World Series Championship -- Portland, Ore. (CC) 2h *Live*  
**ROOT** Mariners Post-game (CC) 30m *Live*  
**10:30 p.m. ROOT** MLB Baseball Seattle Mariners at Detroit Tigers -- Detroit, Mich. (CC) 3h  
**Midnight ESPN2** MLB Baseball Chicago Cubs at Philadelphia Phillies -- Philadelphia, Pa. (CC) 2h  
**1:30 a.m. ROOT** Mariners Post-game (CC) 30m  
**3:00 a.m. ROOT** Baseball Pony League World Series -- Washington, Pa. (CC) 2h  
**5:00 a.m. ROOT** Mariners All Access (CC) 30m

### THURSDAY

**9:30 a.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**10:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**ROOT** MLB Baseball Seattle Mariners at Detroit Tigers -- Detroit, Mich. (CC) 3h *Live*  
**Noon ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**1:00 p.m. ROOT** Mariners Post-game (CC) 30m *Live*  
**2:00 p.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**2:30 p.m. ROOT** Mariners Heritage 30m  
**3:00 p.m. ROOT** Mariners Spotlight 30m  
**3:30 p.m. ROOT** Mariners Spotlight 30m  
**4:00 p.m. ESPN2** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**ROOT** MLB Baseball Orem Owlz vs. Grand Junction Rockies (CC) 30m  
**4:30 p.m. ROOT** Mariners All Access 30m

**5:30 p.m. ROOT** Mariners All Access (CC) 30m  
**6:00 p.m. ROOT** Mariners Spotlight 30m  
**6:30 p.m. ROOT** Mariners Pre-game (CC) 30m  
**7:00 p.m. ROOT** MLB Baseball Seattle Mariners at Detroit Tigers -- Detroit, Mich. (CC) 3h  
**10:00 p.m. ROOT** Mariners Post-game (CC) 30m  
**10:30 p.m. ROOT** Baseball Pony League World Series -- Washington, Pa. (CC) 2h  
**12:30 a.m. ROOT** Mariners All Access (CC) 30m

### FRIDAY

**11:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**1:00 p.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**2:30 p.m. ROOT** Mariners Spotlight 30m  
**3:00 p.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**ROOT** Mariners All Access (CC) 30m  
**3:30 p.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**4:00 p.m. ROOT** MLB Baseball Seattle Mariners at Toronto Blue Jays -- Toronto, Ont. (CC) 3h *Live*  
**5:00 p.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**7:00 p.m. ROOT** Mariners Post-game (CC) 30m *Live*  
**7:30 p.m. ROOT** Mariners Pre-game (CC) 30m  
**8:00 p.m. ROOT** MLB Baseball Seattle Mariners at Toronto Blue Jays -- Toronto, Ont. (CC) 3h  
**11:00 p.m. ROOT** Mariners Post-game (CC) 30m  
**Midnight ROOT** Mariners Heritage 30m  
**2:00 a.m. ROOT** Baseball Pony League World Series -- Washington, Pa. (CC) 2h  
**4:00 a.m. ROOT** Mariners All Access (CC) 30m

### SATURDAY

**10:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**11:00 a.m. ROOT** Mariners All Access (CC) 30m  
**11:30 a.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**Noon KVEW KATU** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h30 *Live*  
**ROOT** MLB Baseball Seattle Mariners at Toronto Blue Jays -- Toronto, Ont. (CC) 3h *Live*  
**3:00 p.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**ROOT** Mariners Post-game (CC) 30m *Live*  
**3:30 p.m. ROOT** MLB Baseball Seattle Mariners at Toronto Blue Jays -- Toronto, Ont. (CC) 3h  
**5:00 p.m. ESPN2** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**6:30 p.m. ROOT** Mariners Post-game (CC) 30m

**7:00 p.m. ROOT** MLB Baseball Tri-City Dust Devils at Hillsboro Hops -- Hillsboro, Ore. (CC) 3h *Live*  
**10:00 p.m. ROOT** MLB Baseball Orem Owlz vs. Grand Junction Rockies (CC) 30m  
**10:30 p.m. ROOT** Baseball Pony League World Series -- Washington, Pa. (CC) 2h  
**12:30 a.m. ROOT** Mariners All Access (CC) 30m

### SUNDAY

**6:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**8:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**9:00 a.m. ESPN2** Baseball Junior League World Series Final -- Taylor, Mich. (CC) 2h *Live*  
**ROOT** Mariners All Access (CC) 30m  
**9:30 a.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**10:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**ROOT** MLB Baseball Seattle Mariners at Toronto Blue Jays -- Toronto, Ont. (CC) 3h *Live*  
**TBS** MLB Baseball Los Angeles Dodgers at Atlanta Braves -- Atlanta, Ga. (CC) 3h *Live*  
**11:00 a.m. KVEW KATU** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h30 *Live*  
**Noon ESPN** Baseball (CC) 1h *Live*  
**1:00 p.m. ESPN** Home Run Derby VR: Little League Challenge 30m  
**ROOT** Mariners Post-game (CC) 30m *Live*  
**1:30 p.m. ESPN** Baseball Little League Home Run Derby -- Williamsport, Pa. (CC) 1h  
**ROOT** Mariners All Access (CC) 30m  
**2:00 p.m. ROOT** MLB Baseball Tri-City Dust Devils at Hillsboro Hops -- Hillsboro, Ore. (CC) 3h  
**2:30 p.m. ESPN** Baseball Tonight (CC) 1h30 *Live*  
**4:00 p.m. ESPN** MLB Baseball Chicago Cubs vs. Pittsburgh Pirates -- Williamsport, Pa. (CC) 3h *Live*  
**5:00 p.m. ROOT** MLB Baseball Orem Owlz vs. Grand Junction Rockies (CC) 30m  
**5:30 p.m. ROOT** Mariners Spotlight 30m  
**8:00 p.m. ROOT** MLB Baseball Seattle Mariners at Toronto Blue Jays -- Toronto, Ont. (CC) 3h  
**10:30 p.m. ESPN2** MLB Baseball Chicago Cubs vs. Pittsburgh Pirates -- Williamsport, Pa. (CC) 2h  
**11:00 p.m. ROOT** Mariners Post-game (CC) 30m

### MONDAY

**8:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**10:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**Noon ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**2:00 p.m. ESPN** Baseball Tonight (CC) 1h *Live*  
**ROOT** Mariners Spotlight 30m  
**2:30 p.m. ROOT** Mariners Spotlight 30m

**3:00 p.m. ESPN2** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**ROOT** Mariners All Access (CC) 30m  
**3:30 p.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**4:00 p.m. ROOT** MLB Baseball Seattle Mariners at Tampa Bay Rays -- St. Petersburg, Fla. (CC) 3h *Live*  
**5:00 p.m. ESPN2** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**7:00 p.m. ESPN2** Baseball Tonight (CC) 1h *Live*  
**ROOT** Mariners Post-game (CC) 30m *Live*  
**7:30 p.m. ROOT** MLB Baseball Seattle Mariners at Tampa Bay Rays -- St. Petersburg, Fla. (CC) 3h  
**10:30 p.m. ROOT** Mariners Post-game (CC) 30m

### TUESDAY

**8:00 a.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**Noon ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**2:00 p.m. ROOT** Mariners Heritage 30m  
**2:30 p.m. ROOT** Mariners Spotlight 30m  
**3:00 p.m. ROOT** Mariners All Access (CC) 30m  
**3:30 p.m. ROOT** Mariners Pre-game (CC) 30m *Live*  
**4:00 p.m. ESPN** Baseball Tonight (CC) 30m *Live*  
**ROOT** MLB Baseball Seattle Mariners at Tampa Bay Rays -- St. Petersburg, Fla. (CC) 3h *Live*  
**4:30 p.m. ESPN** Baseball Little League World Series -- Williamsport, Pa. (CC) 2h *Live*  
**6:30 p.m. ESPN** Baseball Tonight (CC) 30m *Live*  
**7:00 p.m. ESPN** MLB Baseball New York Yankees at Oakland Athletics -- Oakland, Calif. (CC) 3h *Live*  
**ROOT** Mariners Post-game (CC) 30m *Live*  
**7:30 p.m. ROOT** MLB Baseball Seattle Mariners at Tampa Bay Rays -- St. Petersburg, Fla. (CC) 3h  
**10:30 p.m. ROOT** Mariners Post-game (CC) 30m  
**Midnight ESPN2** MLB Baseball New York Yankees at Oakland Athletics -- Oakland, Calif. (CC) 2h

## BASKETBALL

### WEDNESDAY

**Noon ESPN** NBA: The Jump (CC) 1h *Live*  
**7:00 p.m. ESPN2** WNBA Basketball Connecticut Sun at Phoenix Mercury -- Phoenix, Ariz. (CC) 2h *Live*

### SATURDAY

**Noon KEPR KOIN** BIG3 Basketball -- Dallas, Texas (CC) 3h *Live*

### SUNDAY

**6:00 p.m. ROOT** WNBA Basketball Minnesota Lynx at Seattle Storm -- Seattle, Wash. (CC) 2h

### MONDAY

**Noon ESPN2** NBA: The Jump (CC) 1h *Live*

**11:00 p.m. ROOT** WNBA Basketball Minnesota Lynx at Seattle Storm -- Seattle, Wash. (CC) 2h

### TUESDAY

**Noon ESPN2** NBA: The Jump (CC) 1h *Live*  
**3:00 p.m. ESPN2** NBA: The Jump (CC) 1h

## CYCLING

### WEDNESDAY

**2:00 a.m. ROOT** UCI Cycling Tour of Utah Stage 2 Brigham City - Powder Mountain Resort (CC) 1h

### THURSDAY

**1:00 a.m. ROOT** UCI Cycling Tour of Utah Stage 3 Antelope Island State Park - North Salt Lake (CC) 1h

### FRIDAY

**1:00 a.m. ROOT** UCI Cycling Tour of Utah Stage 4 Salt Lake City (CC) 1h

### SATURDAY

**1:00 a.m. ROOT** UCI Cycling Tour of Utah Stage 5 Canyons Village (CC) 1h

### SUNDAY

**1:00 a.m. ROOT** UCI Cycling Tour of Utah Stage 6 Park City (CC) 1h

## BOAT RACING

### WEDNESDAY

**2:30 p.m. ROOT** Powerboat Racing -- Marietta, Ohio (CC) 30m

## BOXING

### FRIDAY

**2:30 p.m. ESPN2** Max on Boxing (CC) 30m  
**10:30 p.m. ESPN2** Max on Boxing (CC) 30m

### SATURDAY

**11:30 a.m. KFFX** KTVP PBC Face to Face (CC) 30m  
**7:00 p.m. ESPN** Boxing Top Rank Emanuel Navarrete vs. Francisco De Vaca -- Los Angeles, Calif. (CC) 2h *Live*  
**Midnight ESPN2** Boxing Top Rank Jose Benavidez vs. Luis Collazo -- Los Angeles, Calif. (CC) 2h

### SUNDAY

**8:30 p.m. ESPN2** Boxing Top Rank Jose Benavidez vs. Luis Collazo -- Los Angeles, Calif. (CC) 2h

## FOOTBALL

### WEDNESDAY

**9:00 a.m. ROOT** The Rich Eisen Show (CC) 3h  
**10:30 a.m. ESPN** NFL Live (CC) 1h30 *Live*  
**Noon ESPN2** NFL Live (CC) 1h30  
**1:30 p.m. ESPN2** College Football Live (CC) 30m *Live*  
**6:30 p.m. HBO** Hard Knocks (CC) 1h  
**9:00 p.m. ESPN2** NFL Live (CC) 1h30  
**HBO2** Hard Knocks '19: Training Camp with the Oakland Raiders 1h  
**12:20 a.m. HBO** Hard Knocks (CC) 1h

### THURSDAY

**9:00 a.m. ESPN2** NFL Live (CC) 1h *Live*  
**Noon HBO** Hard Knocks (CC) 1h  
**2:00 p.m. ESPN2** NFL Live (CC) 1h  
**4:00 p.m. ESPN** Monday Night Countdown (CC) 1h *Live*

**5:00 p.m. ESPN** NFL Football Oakland Raiders at Arizona Cardinals Pre-season -- Glendale, Ariz. (CC) 3h *Live*

### FRIDAY

**9:00 a.m. ROOT** The Rich Eisen Show (CC) 3h  
**10:00 a.m. ESPN** NFL Live (CC) 1h *Live*  
**5:00 p.m. HBO** Hard Knocks (CC) 59m  
**9:10 p.m. HBO3** Hard Knocks '19: Training Camp with the Oakland Raiders 1h

### SATURDAY

**7:00 p.m. HBO2** Hard Knocks '19: Training Camp with the Oakland Raiders 1h  
**10:45 p.m. HBO3** Hard Knocks '19: Training Camp with the Oakland Raiders 1h

### SUNDAY

**10:30 a.m. HBO** Hard Knocks (CC) 1h  
**1:00 p.m. KEPR KOIN** NFL Football New Orleans Saints at Los Angeles Chargers Pre-season -- Carson, Calif. (CC) 3h *Live*  
**4:00 p.m. ESPN2** College Football Playoff Recap Show 30m  
**4:30 p.m. KTVP** Seahawks Pre-Season Special 30m  
**5:00 p.m. KFFX** KTVP NFL Football Seattle Seahawks at Minnesota Vikings Pre-season -- Minneapolis, Minn. (CC) 3h *Live*  
**2:00 a.m. ROOT** Football East-West Shrine Game -- St. Petersburg, Fla. (CC) 3h

### MONDAY

**9:00 a.m. ROOT** The Rich Eisen Show (CC) 3h *Live*  
**10:30 a.m. ESPN2** NFL Live (CC) 1h30 *Live*  
**1:00 p.m. ESPN2** College Football Live (CC) 1h *Live*  
**2:00 p.m. ESPN2** NFL Live (CC) 1h  
**4:00 p.m. ESPN** Monday Night Countdown (CC) 1h *Live*  
**5:00 p.m. ESPN** NFL Football San Francisco 49ers at Denver Broncos Pre-season -- Denver, Colo. (CC) 3h *Live*

### TUESDAY

**9:00 a.m. ROOT** The Rich Eisen Show (CC) 3h *Live*  
**10:30 a.m. ESPN** NFL Live (CC) 1h30 *Live*  
**1:00 p.m. ESPN2** College Football Live (CC) 1h *Live*  
**2:00 p.m. ESPN2** NFL Live (CC) 1h  
**4:00 p.m. ESPN2** NFL Live (CC) 1h  
**8:00 p.m. HBO3** Hard Knocks '19: Training Camp with the Oakland Raiders 1h  
**10:00 p.m. HBO** Hard Knocks 1h  
**11:00 p.m. ROOT** The Rich Eisen Show (CC) 3h  
**Midnight HBO2** Hard Knocks '19: Training Camp with the Oakland Raiders 1h

## GOLF

### WEDNESDAY

**7:00 a.m. GOLF** Morning Drive (CC) 3h  
**10:00 a.m. GOLF** Inside the PGA Tour 30m  
**10:30 a.m. GOLF** PGA TOUR Champions Learning Center (CC) 30m  
**11:00 a.m. GOLF** Inside the PGA Tour 30m  
**11:30 a.m. GOLF** On the Range 1h30 *Live*