sports this week

AUTO RACING

THURSDAY

1:55 a.m. ESPN2 F1 Auto Racing Hungarian Grand Prix Practice Hungaroring -- Budapest, Hungary (CC) 1h35 *Live*

FRIDAY

- 2:00 a.m. ROOT NHRA Drag Racing Sonoma Raceway -- Sonoma, Calif. (CC) 2h
- **2:55 a.m. ESPN2 F1 Auto Racing** Hungarian Grand Prix Practice Hungaroring -- Budapest, Hungary (CC) 1h5 *Live*
- 4:00 a.m. KTVP Cars.TV (CC) 30m KEPR KATU Three Wide Life (CC) 30m
- **ESPN2 F1 Auto Racing** German Grand Prix Hockenheimring -- Hockenheim, Germany (CC) 1h55
- **ROOT** NHRA Drag Racing Pro Stock Series Sonoma Raceway --Sonoma, Calif. (CC) 1h
- **5:55 a.m. ESPN2 F1 Auto Racing** Hungarian Grand Prix Qualifying Hungaroring -- Budapest, Hungary (CC) 1h5 *Live*

SATURDAY

- Noon KNDU KGW Countdown to Green (CC) 30m
- **12:30 p.m. KNDU KGW** NASCAR Auto Racing Zippo 200 Xfinity Series Watkins Glen International --Watkins Glen, N.Y. (CC) 2h30 *Live*
- **3:00 a.m. KEPR** Three Wide Life (CC) 30m
- **5:30 a.m. ESPN2** Formula One on the Grid Live (CC) 35m *Live*

SUNDAY

- **6:05 a.m. ESPN2 F1 Auto Racing** Hungarian Grand Prix Hungaroring -- Budapest, Hungary (CC) 1h55 *Live*
- **1:00 p.m. KFFX KTVP** NHRA **Drag Racing** Northwest Nationals Pacific Raceways -- Seattle, Wash. (CC) 3h *Live*
- **8:00 p.m. ESPN2 F1 Auto Racing** Hungarian Grand Prix Hungaroring -- Budapest, Hungary (CC) 2h30

BASEBALL

WEDNESDAY

- 4:00 p.m. ROOT Mariners All Access 30m
- **4:30 p.m. ESPN** Baseball Tonight (CC) 30m *Live*
- **ROOT** Mariners Pre-game (CC) 30m *Live*
- **5:00 p.m. ESPN MLB Baseball** Chicago Cubs at St. Louis Cardinals Busch Stadium -- St. Louis, Mo. (CC)

3h Live

- **ROOT MLB Baseball** Seattle Mariners at Texas Rangers Globe Life Park -- Arlington, Texas (CC) 3h
- 8:00 p.m. ROOT Mariners Postgame (CC) 30m Live
- **8:30 p.m. ROOT** MLB Baseball Seattle Mariners at Texas Rangers Globe Life Park -- Arlington, Texas (CC) 3h
- 11:30 p.m. ROOT Mariners Postgame (CC) 30m

1:00 a.m. ESPN MLB Baseball Chicago Cubs at St. Louis Cardinals Busch Stadium -- St. Louis, Mo. (CC) 2h

THURSDAY

- **1:00 p.m. ROOT MILB Baseball**Everett AquaSox at Hillsboro Hops
 Ron Tonkin Field -- Hillsboro, Ore.
 (CC) 3h *Live*
- 5:30 p.m. ROOT Mariners Heritage 30m
- 6:00 p.m. ROOT Mariners Spotlight 30m
- 6:30 p.m. ROOT Mariners Spotlight 30m
- 7:00 p.m. ROOT Mariners Spotlight 30m
- **7:30 p.m. ROOT MILB Baseball**Everett AquaSox at Hillsboro Hops
 Ron Tonkin Field -- Hillsboro, Ore.
 (CC) 3h
- **10:30 p.m. ROOT** MILB Baseball Rocky Mountain Vibes vs. Grand Junction Rockies (CC) 30m

FRIDAY

- **1:00 p.m. ROOT** MILB Baseball Everett AquaSox at Hillsboro Hops Ron Tonkin Field -- Hillsboro, Ore. (CC) 3h
- 4:00 p.m. ROOT Mariners All Access 30m
- **4:30 p.m. ROOT** Mariners Pregame (CC) 30m *Live*
- **5:00 p.m. ROOT MLB Baseball**Seattle Mariners at Houston Astros
 Minute Maid Park -- Houston, Texas
 (CC) 3h *Live*
- 8:00 p.m. ROOT Mariners Postgame (CC) 30m *Live*
- **8:30 p.m. ROOT MLB Baseball**Seattle Mariners at Houston Astros
 Minute Maid Park -- Houston, Texas
 (CC) 3h
- 11:30 p.m. ROOT Mariners Postgame (CC) 30m

SATURDAY

- **11:00 a.m. ROOT MLB Baseball**Seattle Mariners at Houston Astros
 Minute Maid Park -- Houston, Texas
 (CC) 3h
- 11:30 a.m. ESPN2 Baseball Senior League World Series Final J.B. Red Owens Complex -- Easley, S.C. (CC) 2h *Live*
- **2:00 p.m. ESPN2** Softball Junior League World Series Final Everest Park -- Kirkland, Wash. (CC) 2h *Live*
- ROOT Mariners Spotlight 30m
- 2:30 p.m. ROOT Mariners All Access 30m
- 3:00 p.m. ROOT Mariners All Access 30m
- 3:30 p.m. ROOT Mariners Pregame (CC) 30m *Live*
- **4:00 p.m. ROOT MLB Baseball**Seattle Mariners at Houston Astros
 Minute Maid Park -- Houston, Texas
 (CC) 3h *Live*
- **7:00 p.m. ROOT** Mariners Postgame (CC) 30m *Live*
- **7:30 p.m. ROOT MLB Baseball**Seattle Mariners at Houston Astros
 Minute Maid Park -- Houston, Texas
 (CC) 3h
- 10:30 p.m. ROOT Mariners Postgame (CC) 30m

SUNDAY

- 10:00 a.m. ROOT Mariners All Access (CC) 30m
- 10:30 a.m. ROOT Mariners Pregame (CC) 30m *Live*
- **11:00 a.m. ESPN2** Softball Senior League World Series Final Ebbets Field -- Lower Sussex, Del. (CC) 2h Live
- **ROOT MLB Baseball** Seattle Mariners at Houston Astros Minute Maid Park -- Houston, Texas (CC) 3h *Live*
- **TBS MLB Baseball** Milwaukee Brewers at Chicago Cubs Wrigley Field -- Chicago, Ill. (CC) 3h *Live*
- 2:00 p.m. ROOT Mariners Postgame (CC) 30m *Live*
- 2:30 p.m. ROOT Mariners All Access (CC) 30m
- **3:00 p.m. ESPN** Baseball Tonight (CC) 1h *Live*
- ROOT Mariners Spotlight 30m
- 3:30 p.m. ROOT Grand Junction Rockies Double Play 30m
- **4:00 p.m. ESPN MLB Baseball**Boston Red Sox at New York Yankees Yankee Stadium -- Bronx, N.Y.
 (CC) 3h *Live*
- **ROOT MILB Baseball** Salem-Keizer Volcanoes at Hillsboro Hops Ron Tonkin Field -- Hillsboro, Ore. (CC) 3h *Live*
- **6:00 p.m. ESPN2** Baseball Intermediate World Series Final Max Baer Park -- Livermore, Calif. (CC) 2h *Live*
- 7:30 p.m. ROOT Mariners Spotlight 30m
- **8:00 p.m. ROOT MLB Baseball**Seattle Mariners at Houston Astros
 Minute Maid Park -- Houston, Texas
 (CC) 3h
- **10:30 p.m. ESPN2** MLB Baseball Boston Red Sox at New York Yankees Yankee Stadium -- Bronx, N.Y. (CC) 2h
- **11:00 p.m. ROOT** Mariners Postgame (CC) 30m
- 11:30 p.m. ROOT MILB Baseball Salem-Keizer Volcanoes at Hillsboro Hops Ron Tonkin Field -- Hillsboro, Ore. (CC) 3h
- 4:30 a.m. ROOT Mariners Heritage 30m

MONDAY

- **4:00 p.m. ESPN2** Baseball Little League World Series Southeast Regional Semifinal 1 -- Warner Robins, Ga. (CC) 2h *Live*
- **ROOT MILB Baseball** Salem-Keizer Volcanoes at Hillsboro Hops Ron Tonkin Field -- Hillsboro, Ore. (CC) 3h
- **5:00 p.m. ESPN MLB Baseball** (CC) 3h *Live*
- **6:00 p.m. ESPN2** Baseball Little League World Series Southwest Regional -- Waco, Texas (CC) 2h *Live*
- **11:30 p.m. ESPN2** MLB Baseball (CC) 2h

TUESDAY

2:00 p.m. ESPN Baseball Little League World Series Southeast Regional Semifinal 2 -- Warner Robins, Ga. (CC) 2h *Live*

- **4:00 p.m. ESPN** Baseball Little League World Series Southwest Regional Semifinal 2 -- Waco, Texas (CC) 2h *Live*
- ROOT Mariners Spotlight 30m
- **4:30 p.m. ROOT** Mariners Spotlight 30m
- 5:00 p.m. ROOT Mariners Spotlight 30m
- **5:30 p.m. ROOT** MILB Baseball Ogden Raptors vs. Grand Junction Rockies (CC) 30m
- 6:00 p.m. ROOT Mariners All Access (CC) 30m
- **6:30 p.m. ROOT** Mariners Pregame (CC) 30m *Live*
- **7:00 p.m. ROOT** MLB Baseball San Diego Padres at Seattle Mariners T-Mobile Park -- Seattle, Wash. (CC) 3h *Live*
- 10:00 p.m. ROOT Mariners Postgame (CC) 30m *Live*
- **10:30 p.m. ROOT** MLB Baseball San Diego Padres at Seattle Mariners T-Mobile Park -- Seattle, Wash. (CC) 3h
- 1:30 a.m. ROOT Mariners Postgame (CC) 30m

BASKETBALL

WEDNESDAY

Noon ESPN ESPN2 NBA: The Jump (CC) 1h Live

THURSDAY

- Noon ESPN NBA: The Jump (CC) 1h Live
- **4:00 p.m. ESPN** Basketball The Tournament Quarter-final (CC) 2h
- **7:00 p.m. ESPN2 WNBA Basketball** Las Vegas Aces at Los Angeles Sparks Staples Center -- Los Angeles, Calif. (CC) 2h *Live*

FRIDAY

- Noon ESPN NBA: The Jump (CC) 1h Live
- **4:00 p.m. ESPN Basketball** The Tournament Quarter-final Wintrust Arena -- Chicago, Ill. (CC) 2h *Live*
- **6:00 p.m. ESPN2** Basketball The Tournament Dunk Contest Wintrust Arena -- Chicago, Ill. (CC) 30m *Live*
- **6:30 p.m. ESPN2** Basketball The Tournament Quarter-final Wintrust Arena -- Chicago, Ill. (CC) 2h *Live*
- Midnight ROOT WNBA Basketball Washington Mystics at Seattle Storm Alaska Airlines Arena -- Seattle, Wash. (CC) 2h

SATURDAY

- **10:00 a.m. KEPR KOIN** BIG3 Basketball Allstate Arena -- Rosemont, Ill. (CC) 2h *Live*
- **9:30 p.m. ESPN2** Basketball The Tournament Dunk Contest Wintrust Arena -- Chicago, Ill. (CC) 30m
- **11:00 p.m. ROOT** WNBA Basketball Washington Mystics at Seattle Storm Alaska Airlines Arena -- Seattle, Wash. (CC) 2h

SUNDAY

9:00 a.m. ESPN Basketball The Tournament Semifinal Wintrust Arena -- Chicago, Ill. (CC) 2h *Live*

11:00 a.m. ESPN Basketball The Tournament Semifinal Wintrust Arena -- Chicago, Ill. (CC) 2h *Live*

MONDAY

Noon ESPN NBA: The Jump (CC)
1h Live

TUESDAY

- Noon ESPN NBA: The Jump (CC) 1h *Live*
- **6:00 p.m. ESPN** Basketball The Tournament Championship Wintrust Arena -- Chicago, Ill. (CC) 2h *Live*

BOXING

FRIDAY

- 2:00 p.m. ESPN2 Max on Boxing (CC) 30m
- **10:30 p.m. ESPN2** Max on Boxing (CC) 30m

SATURDAY

5:00 p.m. KFFX KTVP Boxing PBC Fight Night Adam Kownacki vs. Chris Arreola Barclays Center -- Brooklyn, N.Y. (CC) 2h *Live*

MONDAY

3:35 a.m. SHOW Best of Showtime Boxing 40m

FOOTBALL

WEDNESDAY

- 9:00 a.m. ROOT The Rich Eisen Show (CC) 3h *Live*
- **10:30 a.m. ESPN ESPN2** NFL Live (CC) 1h30 *Live*
- 1:30 p.m. ESPN2 College Football Live (CC) 30m *Live* 4:00 p.m. ESPN2 NFL Live (CC)
- 1h30
 6:00 p.m. ESPN2 NFL's Greatest
- Games 1h30
 7:30 p.m. ESPN2 NFL's Greatest
 Games 1h
- **8:30 p.m. ESPN2 NFL Live** (CC) 1h30
- 1:30 a.m. ROOT The Rich Eisen Show (CC) 3h

THURSDAY

- 9:00 a.m. ROOT The Rich Eisen Show (CC) 3h *Live*
- 10:30 a.m. ESPN NFL Live (CC)
- Noon ESPN2 NFL Live (CC) 1h30 1:30 p.m. ESPN2 College Foot-
- ball Live (CC) 30m Live

 4:00 p.m. ESPN2 CFL Football
 Winnipeg Blue Bombers at Toronto
 Argonauts BMO Field -- Toronto,
- Ont. (CC) 3h *Live*5:00 p.m. KNDU KGW NFL
 Football Denver Broncos vs.
 Atlanta Falcons Hall of Fame Game
 Tom Benson Hall of Fame Stadium
- -- Canton, Ohio (CC) 3h *Live*9:00 p.m. ESPN2 NFL Live (CC)
 1h30

FRIDAY

- **9:00 a.m. ROOT** The Rich Eisen Show (CC) 3h
- **10:30 a.m. ESPN NFL Live** (CC) 1h30 *Live*
- Noon ESPN2 NFL Live (CC) 1h30 1:30 p.m. ESPN2 College Football Live (CC) 30m *Live*

9:30 p.m. ESPN2 NFL Live (CC) 1h

SATURDAY

4:00 p.m. ESPN Pro Football Hall of Fame Enshrinement Ceremony 3h30 *Live*

SUNDAY

2:00 p.m. ESPN2 Pro Football Hall of Fame Enshrinement Ceremony 3h30

MONDAY

- 9:00 a.m. ROOT The Rich Eisen Show (CC) 3h *Live*
- **10:30 a.m. ESPN NFL Live** (CC) 1h30 *Live*
- Noon ESPN2 NFL Live (CC) 1h30 1:30 p.m. ESPN2 College Foot-
- ball Live (CC) 30m Live7:00 p.m. ROOT Football East-West Shrine Game Tropicana Field
- -- St. Petersburg, Fla. (CC) 3h 8:00 p.m. ESPN2 NFL Live (CC) 1h Midnight ROOT The Rich Eisen Show (CC) 3h

TUESDAY

- 9:00 a.m. ROOT The Rich Eisen Show (CC) 3h *Live*
- **10:30 a.m. ESPN NFL Live** (CC) 1h30 *Live* **Noon ESPN2 NFL Live** (CC) 1h30
- **1:30 p.m. ESPN2 College Football Live** (CC) 30m *Live*
- **4:00 p.m. ESPN2** NFL Live (CC) 1h30 **5:30 p.m. ESPN2** College Foot-
- ball Live (CC) 30m 10:00 p.m. HBO Hard Knocks 1h

GOLF

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- WEDNESDAY
 7:00 a.m. GOLF Morning Drive
- (CC) 1h 8:00 a.m. GOLF Feherty (CC) 1h 9:00 a.m. GOLF Feherty (CC) 1h
- 10:00 a.m. GOLF Inside the PGA Tour 30m 10:30 a.m. GOLF PGA TOUR
- Champions Learning Center (CC) 30m 11:00 a.m. GOLF School of Golf
- 30m 11:30 a.m. GOLF Swing Expedi-
- tion With Chris Como 30m

 Noon GOLF Inside the PGA Tour
 30m

 12:30 p.m. GOLF Tom at Turn-
- berry 1h

 1:30 p.m. GOLF Golf Channel
 Academy 30m
- 2:00 p.m. GOLF Inside the PGA Tour 30m 2:30 p.m. GOLF Golf Advisor
- Round Trip (CC) 30m

 3:00 p.m. GOLF Golf Central

(CC) 1h

- 4:00 p.m. GOLF PGA TOUR Champions Learning Center (CC) 30m 4:30 p.m. GOLF Inside the PGA
- 5:00 p.m. GOLF Tiger Woods: Chasing History 2h
- **7:00 p.m. GOLF** Hogan 1h
- 8:00 p.m. GOLF Hogan 1h