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Zamudio takes over Umatilla volleyball program

By ANNIE FOWLER East Oregonian

UMATILLA — Desirae Zamudio admitted she was a little nervous taking over the Umatilla High School volleyball program.

The Vikings went 0-20 last year, and had a record of 14-75 over the past four seasons. They have lost 24 matches in a row dating to the 2017 season.



I was hoping to be an assistant coach for a couple of years."

Zamudio replaces Sonia Ego, who coached the Vikings the past four seasons.

"Sometimes you just need new blood," Umatilla athletic director Scott Bow said.

A 2001 graduate of Umatilla High, Zamudio is a media assistant at the high school. She played volleyball, basketball and softball in high school.

In an effort to try and get the program off the ground, she recently had Blue Mountain Community College coach Ceanna Larson host a clinic. Players from Umatilla and area schools attended.

Umatilla, which lost four players to graduation, had just six players participate in the clinic.

"I think a lot of it has to do with being new," Zamudio said. "They don't know what to expect. We are hoping to do more camps. I think you have to make them believe in you, the program and themselves." Zamudio is doing her best to give her players her best. She got advice from Larson during the Vikings clinic, and she will be attending a coaching clinic next month in Portland.

The Vikings, who compete in the Eastern Oregon League, will open play Sept. 5 with a nonleague home match against Mac-Hi. Their first league match is Sept. 12 against visiting Riverside.

SEAHAWKS OPEN CAMP



AP Photo/Ted S. Warren

Seattle Seahawks defensive tackle Jarran Reed (90) runs a drill with teammates during NFL football training camp on Thursday in Renton, Wash.

By TIM BOOTH Associated Press

ENTON, Wash. — Jarran Reed practiced. Bobby Wagner watched. Neither was particularly pleased with his situation as the Seattle Seahawks started training camp Thursday.

Reed took part in practice just a few days after learning he would miss the first six games of the season. He was suspended by the NFL under the personal conduct policy for an incident more than two years ago in which police were called but he was not arrested or charged.

Meanwhile, Wagner was a spectator while waiting to see if he is able to come to an agreement on a contract extension. Wearing a blue sweatshirt turned inside out and no jersey, Wagner chatted with teammates and threw a ball around, but wasn't about to do more until there is certainty about his future. Wagner also attended the offseason program but didn't participate then either.

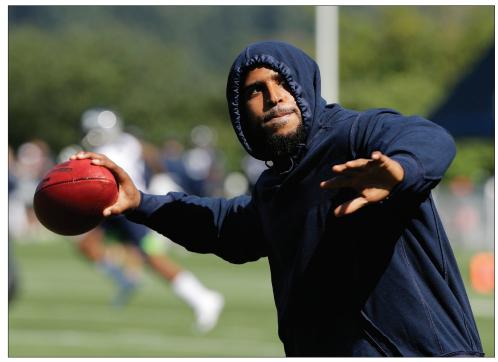
"We've been working with Bobby for some time. There has been a lot of conversations, a lot of stuff going on and really at this time he's got an issue getting out on the practice field at this time," coach Pete Carroll said.

"I did not talk to him about today. We will visit on that. We're working with him to hopefully make a really good decision, both ends of it. We love him, he's a great player, great guy in the program and we respect the heck out of him."

Wagner's contract dispute has been ongoing, so the fact he didn't practice wasn't a surprise.

But the first day of camp came just 72 hours after Reed was suspended. While he can participate in training camp and the preseason, Reed will be gone once Week 1 comes around and he won't return

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AP Photo/Ted S. Warren

Seattle Seahawks linebacker Bobby Wagner pretends to throw a football to fans during NFL football training camp Thursday in Renton, Wash.

Score! Megan Rapinoe book to be published next year

NEW YORK (AP) — Soccer star Megan Rapinoe has scored again, this time with a book deal.

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Penguin Press announced Thursday that Rapinoe's book, currently untitled, will be published in Fall 2020. Penguin is calling the book a "perfect vehicle" for an "honest, thoughtful, unapologetic" take on everything from soccer to nationalism to gay rights. Meanwhile, a division of Penguin Young Readers will work on a Rapinoe book for middle graders.

Rapinoe became an international celebrity this summer after she helped lead the U.S women's soccer team to a World Cup championship. She openly denounced President Donald Trump and said she would refuse to attend a White House celebration if invited. Trump tweeted in response that Rapinoe should "never disrespect our country, the White House or our flag."



AP Photo/David Vincent, File

This July 7, 2019, file photo shows Megan Rapinoe celebrating her team's victory after the Women's World Cup final soccer match between U.S. and The Netherlands outside Lyon, France.