

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
BROADCAST															
KFFX	11	-	11	AgDay	The Game	Good Day			Caught in Providence	Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	Chicago P.D.		
KPTV	3	-	-	Good Day Oregon at 6:00 a.m.		Good Day Oregon			MORE Good Day Oregon		MORE Good Day Oregon		The Rachael Ray Show		
KEPR	19	2	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			Pickler & Ben		The Price Is Right		The Young and the Restless		
KOIN	19	-	-	(Wed Thu) KOIN Local 6 at 6 / (Fri Mon Tue) KOIN Local 6 at 6am		CBS This Morning			Let's Make a Deal		The Price Is Right		The Young and the Restless		
KNDU	25	6	25	Wake Up Northwest		Today			Today III		Today With Hoda and Jenna		Who Wants to Be a Millionaire?	Hot Bench	
KGW	8	-	-	KGW News at Sunrise at 6:00 a.m.		Today			Today III		Today With Hoda and Jenna		Daily Blast Live	Daily Blast Live	
KVEV	42	4	42	Good Morning	Good Morning	Good Morning America			Live With Kelly and Ryan		The View		Paid Program	Right This Minute	
KATU	5	-	-	5:00 KATU News This Morning		Good Morning America			AM Northwest		The View		Live With Kelly and Ryan		
KTNW	-	31	31	Esmonde Technique	(Wed Thu Tue) Yoga / (Fri Mon) Yoga	Ready Jet Go!	Nature Cat / (Fri) Wild Kratts	Wild Kratts	Molly of Denali	(W) * Curious Geo... / (Th M T) George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Sesame Street	Sit and Be Fit
OPB	59	13	-	Yoga/ Sit Fit/ Stretch	Nature Cat / (Fri) Wild Kratts	Wild Kratts	Molly of Denali	(W) * Curious Geo... / (Th M T) George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Sesame Street	Dinosaur Train	The Cat in the Hat
CABLE															
A&E	52	118*	265*	Info-Documentary	Info-Documentary	Various	(Mon) Info-Doc.	Various	(Mon) Dog B.H.	(Wed Thu Tue) First 48 / (Mon) Dog B.H.	First 48 / Dog B.H.	(Mon) Dog B.H.	First 48 / Live PD / Rewind		
AMC	60	131*	254*	Paid Program		Paid Program		Paid Program		Various	(Fri) * * * * The Patriot (2000, Drama) / (Mon) * * * * Hook (1991, Fantasy)	(Wed) * Stripes			
ANPL	24	184*	282*	Croc. Hunt. / (Thu) Wild West Alaska	The Vet Life / (Thu) Hillbilly Hand	R. Mountain Vet / (Thu) Hillbilly Hand		Scaled / (Thu) Hillbilly Handfishin'		Animal Cries / (Thu) Hillbilly Hand		Secret Life-Zoo / (Thu) Hillbilly Hand			
CMT	43	166*	327*	CMT Music		CMT Music / (Thu) Throwback		CMT Music / (Thu) Throwback		Roseanne	Roseanne	Roseanne	Roseanne	Reba	Reba
CNBC	72	208*	355*	Squawk on the Street		Squawk Alley		Fast Money Halftime Report		The Exchange		Power Lunch			
CNN	68	200*	202*	(Wed) Robert Mueller Hearing / CNN Newsroom		(Wed) Robert Mueller Hearing / CNN Newsroom		(Wed) Robert Mueller Hearing / At This Hour with Kate Bolduan		(Wed) Robert Mueller Hearing / Inside Politics		(Wed) Robert Mueller Hearing / CNN Right Now With Brianna Keilar		(Wed) Robert Mueller Hearing / CNN Newsroom	
DISC	51	182*	278*	Various		(Thu) Survival / (Fri) SavgBlds / (Mon Tue) TBA		Various		Various		Various		Various	
DISN	26	173	21	Fancy Nancy	Mickey and Racer	Gigantosaurus	Muppet Babies	Puppy / (Fri) Nancy	Puppy / :45 Puppy	T.O.T.S.	Vamp / (Fri) PJ Masks	Mickey / Amphibia	Big City Greens	Big City Greens	Big City Greens
ESPN	33	140*	206*	5:00 Get Up!		First Take		SportsCenter		Outside the Lines		NFL Live			
ESPN2	34	143*	209*	SportsCenter		Get Up!		First Take		Jalen & Jacoby					
FNC	66	205*	360*	America's Newsroom		Outnumbered		Outnumbered Overtime		The Daily Briefing With Dana Perino					
FOOD	61	110*	231*	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	Pioneer Woman	Various	Various	Various	Various
FREE	32	180*	311*	Paid Program	Paid Program	Reba	Reba	Reba	Reba	700 Club / Reba	700 Club / 700 Club	(Fri Mon Tue) The 700 Club	Various	Various	(Wed Thu) The Middle
FX	65	136*	248*	Paid Program	Paid Program	Various Movies		(Wed) * Star Trek Into Darkness / (Thu) * Non-Stop		(Mon) Met Mother / (Mon) Met Mother					
GOLF	88	401*	218*	(Mon Tue) Morning Drive		(Mon) Golf / (Tue) Golf		(Wed) Live From the Open		(Tue) SwingEx.	(Tue) Academy	(Wed) LiveOpen / (Tue) T.Woods:Cha.			
GSN	76	116*	233*	Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	America Says	America Says
HALL	87	185*	312*	Various Movies		Various		Home and Family		Various Movies					
HGTV	62	12*	299*	Paid Program	Various	Various	Mexico/ IslndLif	Various	Various	Various	Various	Various	Various	Various	Various
HIST	50	120*	269*	Info-Documentaries	Info-Documentaries	Various	(Thu) Our Generation	Various	(Wed) 10 Things You Don't	10Things/ Pawn/ LostHist	(Thu) Pawn Stars	Various	(Thu) Pawn Stars	Various	(Thu) Pawn Stars
LIFE	29	180*	252*	Paid Program	Life Today	Enjoying Life	Various	The Closer	The Closer	The Closer	The Closer	The Closer	The Closer	The Closer	The Closer
NICK	27	171	300	Full House	SpongeBob	PAW Patrol	Bubble Guppies	Various	PAW Patrol	Various	PAW Patrol	Sponge/ Corn & P	Sponge / (Fri) PAW	Loud H. / (Fri) PAW	(Fri) PAW / Loud H.
PRMT	42	241*	241	Paid Program	Paid Program	Bar Rescue		Bar Rescue		Bar Rescue / (Fri) Bar Rescue		Bar Rescue / (Fri) Bar Rescue		Bar Rescue / (Fri) :05 Bar Rescue	
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	The Rich Eisen Show					
SYFY	67	122*	244	The Twilight Zone / (Fri) Killjoys	Krypton / Twilight / Face Off	CSI / Killjoys / Twilight	Krypton / Twilight / Face Off	CSI / Killjoys / Twilight	Krypton / Twilight / Face Off	CSI / Killjoys / Twilight	(Wed) Krypton	(Thu) CSI: Crime / (Fri) Killjoys	(Wed) * * Solace (2015, Crime Story)	(Thu) CSI: Crime Scene Investigation / (Fri) Killjoys	
TBS	59	139*	247	Loves Ray	Loves Ray	King of Queens	King of Queens	Queens / Friends	Queens / Friends	Sein. / (Mon) Friends	Sein. / (Mon) Friends	Sein. / Friends	Friends	Friends	Friends
TCM	56	132*	256	(Tue) * Gun Glory / (Fri) :15 ...	(Wed) * The Blob ('58, Sci-Fi)	(Thu) :15 * Designing Woman	(Fri) :45 * Juarez	(Wed) * * * * The Fly (1958, Sci-Fi) / (Mon) * The Green-Eyed Blonde	(Mon) * The Green-Eyed Blonde	(Thu) * Sex & the Single Girl	(Tue) * Home Before Dark / (Fri) :15 * The Roaring Twenties	(Mon) * Black Scorpion	(Thu) * What's Up, Doc?		
TLC	49	183*	280	Sweet Home Sextuplets		OutDaughtered		TBA / Trade S. / Daughter		Various		Various		Say Yes Dress	Say Yes Dress
TNT	57	138*	245	Charmed		Charmed		Charmed		Charmed		Supernatural		Supernatural	
UNI	21	-	-	Como dice el dicho		Despierta America		La Gata		La Gata		La Gata		La Gata	
USA	58	105*	242	CSI: Crime Scene Investigation		NCIS: Los Angeles		NCIS		(Wed-Fri) Law & Order: S.V.U. / (Mon) Chicago P.D. / (Tue) NCIS	(Wed-Fri) Law & Order: S.V.U. / (Mon) Chicago P.D. / (Tue) NCIS	(Wed-Fri) Law & Order: S.V.U. / (Mon) Chicago P.D. / (Tue) NCIS	(Wed-Fri) Law & Order: S.V.U. / (Mon) Chicago P.D. / (Tue) NCIS		
WE	118	128*	260	Emotional Mojo	Paid Program	Paid Program		Paid Program		Paid Program	Paid Program	Law & Order: C.I. / (Tue) CSI: Miami	Law & Order: C.I. / (Tue) CSI: Miami		
WGN	-	239*	307	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote	In the Heat of the Night	In the Heat of the Night			
PREMIUM															
HBO	518	303	504	Various	(Mon) * * * * The Mask ('94, Com)	(Wed) :15 * * * * Notting Hill (1999, Romance)	(Thu) :05 * An Ideal Husband / (Fri) :05 * The Alamo / (Mon) :15 * The Wi...	(Wed) :20 * Fantastic Beasts:...	(Thu) :45 * Away From Her ('07, Dra)	(Mon) Real Sports	(Tue) :25 The Making of	(Mon) * Weekend at Bernie's	(Wed) :35 * The Stepford Wives		
HBO2	520	304	505	(Wed) * Here on Earth / (Thu) :15 ...	(T) * Griff the Invisible / (F) SanFran	(Mon) :55 * Ever After: A Cinderel...	(Fri) * The Bourne Supremacy	(Tue) :05 * Mean Girls	(Thu) :40 * * * * Sphere ('98, Sci-Fi)	(Mon) * Calendar Girls / (Fri) :20 * ...	(Wed) :45 * * * * Possession (2002, Romance) / (Tue) :50 San Francisco	(Tue) :35 * The Bourne Identity	(Mon) :55 * Rescue Dawn	(Wed) * The Old Man & the Gun	
HBO3	521	302*	503*	Various	(Wed) :25 * Elektra / (Tue) * Wall Street: Money Never Sleeps	(Fri) :45 * Your Departure	Various Movies	(Tue) :45 * * * * Fantastic Beasts: The Crimes of Grindelwald ('18, Adventure)	(Fri) :45 * Little Fockers ('10, Com)	(Wed) :55 * The Ladykillers / (Thu) * Sex & the City 2 / (Mon) :15 * The Mi...	(Tue) :05 * Night School ('18, Com)	(Fri) :25 * Warning: This Drug			
MAX	549	311	516	Various Movies	(Wed) * * * * * Reversal of Fortune (1990, True Story)	(Mon) :40 * The Skulls	(Tue) :20 * My Left Foot ('89, Bio)	(Wed) :25 * 12 Rounds 3: Lockdown / (Fri) * Nutty Professor II: ...	(Thu) :25 * Plaquemines	(Wed) :55 * CB4 / (Tue) :05 * The Snowman / (Fri) :20 * Anchorman: The Legend of Ron Burgundy	(Wed) :25 * * * * One Fine Day				
SHOW	578	319	546	5:55 Quiet Storm	(Thu) :45 * * * * Ronin ('98, Action)	(Wed) * Kramer vs. Kramer	(Tue) :45 * * * * Kramer vs. Kramer (1979, Drama)	(F) * Midnight in Paris / (M) * Wildlife	(Thu) Quiet Storm	(Tue) * * * * Glory Road ('06, Drama)	(Fri) :05 * La Bamba	(Wed) :25 * * * * Ishtar ('87, Com)	(Thu) * Hotel Artemis ('18, Act)	(Tue) * Blankman ('94, Com)	
STARZ	621	351	526	(Mon) :15 * Drumline	(Fri) :35 * Saving Mr. Banks	(Thu) :05 * White Boy Rick	(Tue) :50 * The Great Mother	(Mon) :20 * Spider-Man: Ho...	(Wed) :45 * Prince of Persia:...	(Thu) White Boy	(Tue) :25 * * * * Sea of Love (1989, Thriller)	Various Movies		(Tue) :25 * White Boy Rick (2018, Crime Story)	
STZENC	644	341	536	(Mon) :05 * Soul Plane ('04, Com)	(Thu) :45 * Waterworld	(Fri) :15 * Paranormal Acti....	(Mon) :35 * The Rocker ('08, Com)	(Wed) :20 * Fletch ('85, Com)	(Fri) :45 * Keep Watching	(Thu) :05 * Tomorrow Never Dies / (Tue) :15 * Diamonds Are Fore...	(Wed) * The Others ('01, Thriller) / (Fri) :15 * Doom ('05, Sci-Fi)	(Thu) :05 * Keep Watching	(Wed) :50 * Goldfinger		

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