

Monday Best Bets

Beat Shazam

KFFX KTVP 8:00 p.m.

Three teams of two try to identify hit songs and win a big cash prize in a new episode of this game show. Jaime Foxx hosts as two newlyweds, a pair of best friends and a father-and-son duo push their music trivia skills to the limit.

So You Think You Can Dance

KFFX KTVP 9:00 p.m.

Host Cat Deeley welcomes talented dancers to the stage as they go head to head in a thrilling dance competition in this new episode. This season, veteran judges Mary Murphy and Nigel Lythgoe are joined by Laurieann Gibson and Dominic "D-Trix" Sandoval.



Cat Deeley hosts "So You Think You Can Dance"

Years and Years

HBO 9:00 p.m.

Edith (Jessica Hynes) searches for the truth about mysterious rumors in this new episode. Also, Rosie (Ruth Madeley) becomes trapped in the system. Meanwhile, Viv Rook (Emma Thompson) finally becomes prime minister.

Legion

FX 10:00 p.m.

David (Dan Stevens) wages war in this new episode. Once confined to a psychiatric hospital, David Haller has discovered that he's one of the world's most powerful mutants in this drama based on the Marvel Comics character.

Monday Evening

July 22, 2019

| | CH | DISH | DTV | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM | 12:30 | |
|------------------|-----|------|------|--------------------|---|---|--|---|--|--|---------------------------------|----------------------------|----------------------------|-----------------|--------------|--------------|--------------|--------|
| BROADCAST | | | | | | | | | | | | | | | | | | |
| KFFX | 11 | - | 11 | Modern Family | Modern Family | 2 Broke Girls | 2 Broke Girls | Beat Shazam (N) | Can Dance "Academy Part 2" (N) | First at Ten (N) | :35 Dateline | :35 Mike&M. | :05 Mike&M. | :35 2½Men | | | | |
| KPTV | 3 | - | - | 6 O'Clock News (N) | Family Feud | Family Feud | Beat Shazam (N) | Can Dance "Academy Part 2" (N) | 10 O'Clock News (N) | News (N) | Page Six TV | TMZ Live! | | | | | | |
| KEPR | 19 | 19 | 19 | News (N) | Inside Edition | The Big Bang | The Simpsons | Love Island (N) | The Code "Legit Bad Day" (N) | Bull "Security Fraud" | News (N) | :35 The Late Show | :35 J.Corden | | | | | |
| KOIN | 19 | - | - | News (N) | News (N) | Extra | Ent. Tonight (N) | Love Island (N) | The Code "Legit Bad Day" (N) | Bull "Security Fraud" | KOIN6News (N) | :35 The Late Show | :35 J.Corden | | | | | |
| KNDU | 25 | 6 | 25 | 23 | News (N) | Family Feud | Wheel Fortune | Jeopardy! (N) | American Ninja Warrior "Atlanta City Finals" (N) | Dateline NBC | News (N) | :35 The Tonight Show | :35 Late Night | | | | | |
| KGW | 8 | - | - | - | KGW News at 6:00 p.m. (N) | Tonight Cassidy | Inside Edition | American Ninja Warrior "Atlanta City Finals" (N) | Dateline NBC | News (N) | :35 The Tonight Show | :35 Late Night | | | | | | |
| KVEV | 42 | 4 | 42 | - | News (N) | Local News (N) | Ent. Tonight (N) | Extra | The Bachelorette "The Men Tell All" (N) | Hotel "Love Thy Neighbor" (N) | News (N) | :05 Jimmy Kimmel | :05 Nightline | :35 Minute | | | | |
| KATU | 5 | - | - | - | KATU News at 6:00 p.m. (N) | Jeopardy! (N) | Wheel Fortune | The Bachelorette "The Men Tell All" (N) | Hotel "Love Thy Neighbor" (N) | News (N) | :35 Jimmy Kimmel Live | :35 Nightline | | | | | | |
| KTNW | - | 31 | 31 | - | PBS NewsHour (N) | News (N) | In Good Shape | Antique "Vintage Bismarck" (N) | POV "On Her Shoulders" (N) | The Bozeman Trail: A Rush for Montana's Gold | Newsline | Joy of Painting | | | | | | |
| OPB | 59 | 13 | - | - | This Old House | Business (N) | PBS NewsHour (N) | Antique "Vintage Bismarck" (N) | Oregon Experience "Ken Kesey" | The Mekong River | POV "On Her Shoulders" (N) | Films ByKids | | | | | | |
| CABLE | | | | | | | | | | | | | | | | | | |
| A&E | 52 | 118* | 265* | - | PD Cam | PD Cam | PD Cam | PD Cam | PD Cam | PD Cam | PD Cam | PD Cam | PD Cam | :05 PD Cam | :35 PD Cam | :05 PD Cam | :35 PD Cam | |
| AMC | 60 | 131* | 254* | - | 5:30 ★ ★ ★ Double Jeopardy ('99, Susp) Tommy Lee Jones. | ★ ★ ★ Cast Away (2000, Drama) Helen Hunt, Nick Searcy, Tom Hanks. | :05 ★ ★ ★ The Perfect Storm ('00, Act) George Clooney. | | | | | | | | | | | |
| ANPL | 24 | 184* | 282* | - | The Last Alaskans | The Last Alaskans "Alone" | Last Alaskans "Winter's Edge" | The Last Alaskans "On Thin Ice" | The Last Alaskans "Dark Winter" | The Last Alaskans "Fire and Ice" | The Last Alaskans "On Thin Ice" | | | | | | | |
| CMT | 43 | 166* | 327* | - | Last Man St. | Last Man St. | Last Man St. | Last Man St. | ★ ★ ★ The Bucket List ('07, Adv) Morgan Freeman, Sean Hayes, Jack Nicholson. | ★ ★ ★ The Bucket List ('07, Adv) Morgan Freeman, Sean Hayes, Jack Nicholson. | | | | | | | | |
| CNBC | 72 | 208* | 355* | - | American Greed: Scam | American Greed: Scam | American Greed: Scam | American Greed: Scam | American Greed: Scam | American Greed: Scam | Paid Program | Paid Program | Paid Program | Paid Program | Paid Program | Paid Program | Paid Program | |
| CNN | 68 | 200* | 202* | - | Anderson Cooper 360 | CNN Tonight With Don Lemon | CNN Tonight With Don Lemon | Anderson Cooper 360 | Anderson Cooper 360 | Anderson Cooper 360 | CNN Tonight With Don Lemon | CNN Tonight With Don Lemon | CNN Tonight With Don Lemon | | | | | |
| DISC | 51 | 182* | 278* | - | Fast N' Loud | Fast N' Loud | Fast N' Loud "Scout's Honor" (N) | Fast N' Loud (N) | Aaron Needs A Job (N) | Fast N' Loud | Fast N' Loud | | | | | | | |
| DISN | 26 | 173 | 21 | - | Sydney Max | JustRollwit | Bunk'd | Raven's Home | Raven's Home | Raven's Home | Coop & Cami | Sydney Max | Amphibia | Big City Greens | Raven's Home | Andi Mack | Bunk'd | Bunk'd |
| ESPN | 33 | 140* | 206* | - | 4:00 MLB Baseball (L) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | MLB Baseball | | | | | |
| ESPN2 | 34 | 143* | 209* | - | UFC Countdown (N) | Mixed Martial Arts Professional Fighters League 2 | UFC Main "Holloway vs. Ortega" | UFC "Cyborg vs. Lansberg" (N) | NowNever (N) | UFC Flashback | SportsCenter (N) | | | | | | | |
| FNC | 66 | 205* | 360* | - | Hannity | The Ingraham Angle | Fox News @ Night | Tucker Carlson Tonight | Hannity | Fox News @ Night | Special Report With Bret Baier | | | | | | | |
| FOOD | 61 | 110* | 231* | - | Guy's Grocery Games | Guy's Grocery Games | Worst Bakers "Piped Dreams" | Worst Bakers "Piece of Cake" (N) | Cupcake "Imposters" (N) | Chopped "Chocolate Rush!" | Worst Bakers "Piece of Cake" | | | | | | | |
| FREE | 32 | 180* | 311* | - | ★ ★ ★ The Jungle Book (2016, Family) Bill Murray, Ben Kingsley, Neel Sethi. | ★ ★ ★ Finding Nemo ('03, Ani) Voices of Ellen DeGeneres, Albert Brooks. | The 700 Club | ★ ★ ★ Hercules | | | | | | | | | | |
| FX | 65 | 136* | 248* | - | 4:30 ★ ★ ★ World War Z | ★ ★ ★ Captain America: The Winter Soldier ('14, Act) Scarlett Johansson, Chris Evans. | Legion "Chapter 24" (N) | Legion "Chapter 24" | Legion "Chapter 23" | | | | | | | | | |
| GOLF | 88 | 401* | 218* | - | 5:00 Woods: Chasing His. (N) | Tiger Woods: Chasing History | Golf Central | Tiger Woods: Chasing History | | | | | | | | | | |
| GSN | 76 | 116* | 233* | - | ComKnowl. | Family Feud | Family Feud | Family Feud | Family Feud | America Says | America Says | America Says | Family Feud | Family Feud | Family Feud | Family Feud | Family Feud | |
| HALL | 87 | 185* | 312* | - | 5:00 ★ Christmas at the Palace | ★ A Dream of Christmas ('16, Fam) Andrew Walker, Nikki DeLoach. | ★ A Holiday Engagement ('11, Com) Shelley Long, Haylie Duff. | ★ ★ The Mistletoe Inn (2017, Romance) Lea Coco, Lacey Chabert. | | | | | | | | | | |
| HGTV | 62 | 12* | 299* | - | Love/List "Functioning for Four" | LoveList "Mid Century Maternity" | Love/List "One Last Renovation" | Hidden P (N) | Hidden Poten | House Hunt. (N) | House Hunters | House Hunters | House Hunters | Hidden Poten | Hidden Poten | | | |
| HIST | 50 | 120* | 269* | - | A. Pickers "Scrappy Go Lucky" | Pickers "The Doctor Is Waiting" | A. Pickers "Georgia on My Mind" | American Pickers (N) | :05 Pawn Stars (N) | :05 Pawn Stars | :05 American Pickers | | | | | | | |
| LIFE | 29 | 180* | 252* | - | 5:00 ★ Madea's Witness Protection ('12, Com) Tyler Perry. | ★ Madea's Big Happy Family (2011, Drama) Shad Moss, Loretta Devine, Tyler Perry. | :35 ★ Pregnant at 17 ('15, Thril) Josie Bissett. | ★ Madea's Big Happy Family | | | | | | | | | | |
| NICK | 27 | 171 | 300 | - | Loud House | Henry Danger | You Smarter (N) | Hunter (N) | ★ ★ Teenage Mutant Ninja Turtles ('14, Act/Com) Alan Ritchson, William Fichtner. | Friends | Friends | :35 Friends | :10 Friends | :45 Friends | | | | |
| PRMT | 42 | 241* | 241 | - | Cops | Cops | Cops | Cops | Cops | Cops | Cops | Cops | Cops | Cops | Cops | Cops | Cops | |
| ROOT | 37 | - | - | - | E. Martinez (N) | Pre-game | MLB Baseball Texas Rangers at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L) | Post-game | MLB Baseball Texas Rangers at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. | | | | | | | | | |
| SYFY | 67 | 122* | 244 | - | 5:30 ★ ★ ★ ★ The Hunger Games: Mockingjay, Part 2 Jennifer Lawrence. | ★ ★ ★ ★ Mad Max: Fury Road ('15, Act) Charlize Theron, Zoe Kravitz, Tom Hardy. | :05 Futurama | :35 Futurama | :05 Futurama | Futurama 3/4 | | | | | | | | |
| TBS | 59 | 139* | 247 | - | Family Guy | Family Guy | Family Guy | Family Guy | Family Guy | Family Guy | Amer. Dad (N) | Final Space (N) | Conan | Seinfeld | Seinfeld | Conan | | |
| TCM | 56 | 132* | 256 | - | 5:00 ★ Teahouse of the Aug... | :15 ★ ★ ★ ★ It Started With a Kiss ('59, Rom) Glenn Ford. | :15 ★ Gazebo | :15 ★ ★ Pocketful of Miracles ('61, Com/Dra) Glenn Ford. | | | | | | | | | | |
| TLC | 49 | 183* | 280 | - | 90 Day Fiancé "Another World" | 90 Day Other "Broken Promises" | 90 Day Fiancé (N) | 90 Day Other "Ripped Apart" (N) | The Family Chantel (P) (N) | sMothered | 90 Day Fiancé: The Other Way | | | | | | | |
| TNT | 57 | 138* | 245 | - | 5:30 ★ ★ The Sorcerer's Apprentice ('10, Act) Nicolas Cage. | ★ ★ ★ Kong: Skull Island ('17, Act) Samuel L. Jackson, Brie Larson, Tom Hiddleston. | ★ ★ ★ Kong: Skull Island ('17, Act) Samuel L. Jackson, Brie Larson, Tom Hiddleston. | | | | | | | | | | | |
| UNI | 21 | - | - | - | P. Luche | Noticiero Univ. | Amor eterno | La Reina Soy Yo | La rosa de Guadalupe | Por Amar Sin Ley | Impacto extra | NoticieroUni | Contacto Deportivo | | | | | |
| USA | 59 | 105* | 242 | - | Modern Family | Modern Family | Modern Family | Modern Family | WWE Monday Night Raw | Pearson "The Alderman" | NCIS: LA "Human Traffic" | | | | | | | |
| WE | 118 | 128* | 260 | - | Law & Order "Hot Pursuit" | Law & Order "Paranoia" | Law & Order "Humiliation" | Law & Order "Angel" | Law & Order "Blood Libel" | Law & Order "Remand" | Law & Order "Corpus Delicti" | | | | | | | |
| WGN | - | 239* | 307 | - | JAG | ★ ★ ★ Godzilla (2014, Action) Aaron Taylor-Johnson, Bryan Cranston, Elizabeth Olsen. | ★ ★ ★ Godzilla (2014, Action) Aaron Taylor-Johnson, Bryan Cranston, Elizabeth Olsen. | Married, Child | Married, Child | | | | | | | | | |
| PREMIUM | | | | | | | | | | | | | | | | | | |
| HBO | 518 | 303 | 504 | - | Movie | :40 ★ ★ ★ Fantastic Beasts: The Crimes of Grindelwald ('18, Adv) Eddie Redmayne. | Years and Years "Episode 5" (N) | Divorce (N) | Years and Years "Episode 5" | Divorce | ★ The Manchurian Candidate | | | | | | | |
| HBO2 | 520 | 304 | 505 | - | 5:45 ★ Bohemian Rhapsody ('18, Bio) Rami Malek. | Euphoria (N) | ★ ★ ★ The Invasion ('07, Hor) Nicole Kidman. | :45 ★ ★ BlackKkLansman ('18, Bio) Adam Driver, John David Washington. | | | | | | | | | | |
| HBO3 | 521 | 302* | 503* | - | 5:40 ★ ★ ★ Lions for Lambs | :15 ★ ★ Lottery Ticket ('10, Com) Ice Cube, Bow Wow. | ★ ★ Ocean's 8 ('18, Act) Cate Blanchett, Sandra Bullock. | ★ Mr. Right ('15, Act/Com) Sam Rockwell. | :40 Wig | | | | | | | | | |
| MAX | 549 | 311 | 516 | - | :15 ★ ★ Analyze This ('99, Com) Billy Crystal, Robert De Niro. | Jett | ★ ★ American Wedding ('03, Com) Jason Biggs. | :40 ★ ★ There's Something About Mary ('98, Com) Ben Stiller. | Movie | | | | | | | | | |
| SHOW | 578 | 319 | 546 | - | :15 ★ ★ Charlie's Angels ('00, Act/Com) Drew Barrymore. | City on a Hill | The Loudest Voice "2009" | City on a Hill | DesMero (N) | Gigolos | Desus & Mero | LoudestVoice | | | | | | |
| STARZ | 621 | 351 | 526 | - | :05 ★ ★ Priest ('11, Act) Paul Bettany. | :35 The Rook | Sweetbitter | The Great Mother (N) | :40 Sweetbitter | :10 The Rook | :05 ★ Superfly Trevor Jackson. | | | | | | | |
| STZENC | 644 | 341 | 536 | - | Movie | :45 ★ ★ ★ Octopussy (1983, Spy) Louis Jourdan, Maud Adams, Roger Moore. | ★ ★ ★ The X-Files ('98, Sci-Fi) Gillian Anderson, David Duchovny. | :05 ★ ★ ★ The Kingdom ('07, Act) Chris Cooper, Jamie Foxx. | | | | | | | | | | |

C - Charter; DISH - DISH; DTV - DirecTV

* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS