

Wednesday Best Bets

MasterChef

KFFX KTVP 8:00 p.m.

Joe Bastianich once again joins chefs Gordon Ramsay and Aaron Sánchez to mentor talented home cooks in this culinary competition series. Each week, the home cooks go head to head in challenges designed to test their skills in the kitchen.

ESPY Awards

KVEV KATU 8:00 p.m.

Tracy Morgan celebrates major sports achievements as he takes the stage at the Microsoft Theatre in Los Angeles to host this awards ceremony. Athletes and celebrities relive unforgettable moments from the past year in sports.



Julie Chen hosts "Big Brother"

Big Brother

KEPR KOIN 9:00 p.m.

The excitement continues inside the Big Brother house as alliances form and rivalries come to a head in a new episode of this reality TV series. Throughout the season, the Houseguests compete in a number of challenges to win advantages in the game.

Snowfall

FX 10:00 p.m.

While Franklin (Damson Idris) and Cissy (Michael Hyatt) set out to invest in the community, Andre (Darius McCrary) tries to figure out what's destroying it in this season premiere. Also, a new cook gives Franklin's crew a run for their money.

Wednesday Evening

July 10, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX (11)	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	Chef "Joe Takes a Risk" (N)	1st Respond "Episode 104" (N)	First at Ten (N)	:35 Dateline "The Deed"	:35 Mike&M.	:05 Mike&M.	:35 2½Men			
KPTV	3	-	-	6 O'Clock News (N)	Family Feud	Family Feud	Chef "Joe Takes a Risk" (N)	1st Respond "Episode 104" (N)	10 O'Clock News (N)	News (N)	Page Six TV	TMZ Live!					
KEPR (19)	2	19	19	News (N)	Inside Edition	The Big Bang	The Simpsons	Love Island (N)	Big Brother (N)	S.W.A.T. "Encore"	News (N)	:35 The Late Show	:35 J.Corden				
KOIN	19	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	Love Island (N)	Big Brother (N)	S.W.A.T. "Encore"	KOIN6News (N)	:35 The Late Show	:35 J.Corden				
KNDU (25)	6	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	Ellen's Game of Games	Songland "will.i.am"	The InBetween (N)	News (N)	:35 The Tonight Show	:35 Late Night				
KGW	8	-	-	KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition	Ellen's Game of Games	Songland "will.i.am"	The InBetween "Another Broken Morning" (N)	:35 The Tonight Show	:35 Late Night						
KVEV (42)	4	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra	ESPY Awards (N)			News (N) :05 Jimmy Kimmel	:05 Nightline	:35 Minute				
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune	ESPY Awards (N)				News (N)	:35 Jimmy Kimmel Live	:35 Nightline				
KTNW	-	31	31	PBS NewsHour (N)	News (N)	WealthTrack	Nova "Back to the Moon" (N)	American Experience "Chasing the Moon" (N)			American Experience "Chasing the Moon"						
OPB (59)	13	-	-	Journeys Japan	Business (N)	PBS NewsHour (N)	Nova "Back to the Moon" (N)	American Experience "Chasing the Moon" (N)	MAKERS "Women in Space"	PBS NewsHour							
CABLE																	
A&E	52	118*	265*	Storage Wars	Storage Wars	Wahlburgers "Be a Good Sport"	Wahlbrg "Next-gen Wahlbergs"	Wahlburgers	The Employables (N)	:05 Wahlburgers	:05 Wahlburgers						
AMC	60	131*	254*	5:30 *** Road House ('89, Act)	Sam Elliott, Patrick Swayze.	*** Colombian (2011, Action)	Michael Vartan, Callum Blue, Zoe Saldana.	*** War Dogs (2016, Comedy)	Miles Teller, Ana de Armas, Jonah Hill.								
ANPL	24	184*	282*	Woods Law "Weed It and Reap"	Woods Law "Baiters Beware"	North Woods Law: Uncuffed "Crimes and Moose-demeanors" (N)	Woods Law "Rules of the Game"	Woods Law "Caught in a Lie"	North Woods Law: Uncuffed								
CMT	43	166*	327*	Last Man St.	Last Man St.	** Varsity Blues (1999, Sport)	Jon Voight, Paul Walker, James Van Der Beek.	*** Field of Dreams ('89, Dra)	James Earl Jones, Burt Lancaster, Kevin Costner.	** Varsity Blues							
CNBC	72	208*	355*	Deal No Deal "Magic Touch" (N)	No Deal "Million Dollar Ironman"	No Deal "Mile-high Millionaire"	Deal or No Deal "Magic Touch"	No Deal "Wall Street Warrior"	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
CNN	68	200*	202*	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon
DISC	51	182*	278*	Expedition Unknown	Expedition Unknown	Exp. Unkn. "Mysteries of Jesus"	Expedition Unknown: Rediscovered "Trail of Indiana Jones"	Exp. Unkn. "Temple of Doom"	Exp. Unknown "WW2 Treasure"								
DISN	26	173	21	Bunk'd	Raven's Home	Sydney Max	JustRollwit	JustRollwit (N)	JustRollwit	Coop & Cami	Sydney Max	Amphibia	Big City Greens	JustRollwit	Andi Mack	Bunk'd	Bunk'd
ESPN	33	140*	206*	5:00 Poker World Series (L)		SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)
ESPN2	34	143*	209*	4:30 Basket.	NBA Basketball	Summer League L.A. Lakers vs New York (L)	Poker World Series (L)							NowNever (N)	UFC Top Ten	SportsCenter (N)	SportsCenter (N)
FNC	66	205*	360*	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle	Fox News @ Night							
FOOD	61	110*	231*	Guy's Game "GGG Superfans"	Guy's Grocery Games	Guy's Game "Frozen Food Fight"	Guy's Grocery Games (N)	Game "Everything From Scratch"	Game "Grandma and Grandpa"	Game "DDD Family Redemption"							
FREE	32	180*	311*	*** Mulan ('98, Ani)	Eddie Murphy, BD Wong, Ming-Na Wen.	Grown-ish (N)	*** Monsters, Inc. ('01, Ani)	John Goodman.	Grown-ish	The 700 Club	*** Richie Rich						
FX	65	136*	248*	5:00 *** Jurassic World	Chris Pratt.	*** Deadpool (2016, Action)	Morena Baccarin, Ed Skrein, Ryan Reynolds.	Snowfall (N)	:10 Snowfall	:15 Snowfall "Education"							
GOLF	88	401*	218*	5:00 Golf's Greatest Rounds (N)		Golf Central	Golf's Greatest Rounds "The Open: 2014 Rory McIlroy at Royal Liverpool"										
GSN	76	116*	233*	ComKnowl.	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud
HALL	87	185*	312*	5:00 * From Friend to Fiancé	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier
HGTV	62	12*	299*	Property "A Little Bit of Home"	Property "Wishful Building"	Property "Family Fun House"	Property "JD and Annalee" (N)	House Hunt. (N)	House (N)	Property Brothers: F	Property Br. "JD and Annalee"						
HIST	50	120*	269*	Live PD Presents	ChuckNorrisEpicGuide	Battle of the 80s Supercars With David Hasselhoff (N)	:05 StrongestManHistory (N)	:05 StrongestManHistory	:05 BattleoftheSupercars								
LIFE	29	180*	252*	Married at First Sight	Married at First Sight	Married at (N)	Married at First Sight "Paradise Lost?" (N)	Marrying Millions (N)	First Lo (N) :10 Marrying	Married at First	Married						
NICK	27	171	300	Loud House	Loud House	SpongeBob	Double Dare (N)	* The SpongeBob Movie: Sponge Out of Water	Antonio Banderas.	Friends	Friends	Friends	:35 Friends	:10 Friends	:45 Friends		
PRMT	42	241*	241	4:30 *** Red	Bruce Willis.	** Red 2 (2013, Action)	Helen Mirren, John Malkovich, Bruce Willis.	Yellowstone (N)	:05 *** Red 2 ('13, Act)	Helen Mirren, Bruce Willis.							
ROOT	37	-	-	5:00 Champions Tennis	Arenacross	Fight Sports MMA	Fight: Kickboxing	The Rich Eisen Show									
SYFY	67	122*	244	5:30 * Resident Evil: Retribution	** Twister	(1996, Action)	Bill Paxton, Jami Gertz, Helen Hunt.	Krypton "A Better Yesterday" (N)	*** Twister (1996, Action)	Bill Paxton, Jami Gertz, Helen Hunt.							
TBS	59	139*	247	FamilyGuy 2/2	Family Guy	Bob's Burgers	Bob's Burgers	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal	Conan (N)	Full Frontal	Seinfeld	Conan
TCM	56	132*	256	Movie	:45 * Ex-Lady ('33, Com)	Bette Davis.	**** Queen Christina ('33, Hist)	John Gilbert, Greta Garbo.	**** The Nun's Story (1959, Drama)	Peter Finch, Edith Evans, Audrey Hepburn.	:45 * Gaslight						
TLC	49	183*	280	Say Yes to the Dress	Say Yes to the Dress	To Be Announced	To Be Announced	To Be Announced	To Be Announced								
TNT	57	138*	245	5:30 * Shooter ('07, Act)	Michael Peña, Mark Wahlberg.	** Contraband (2012, Action)	Giovanni Ribisi, Kate Beckinsale, Mark Wahlberg.	*** Shooter (2007, Action)	Michael Peña, Danny Glover, Mark Wahlberg.								
UNI	21	-	-	P. Luche	Noticiero Univ.	Amor eterno	La Reina Soy Yo	La rosa de Guadalupe	Por Amar Sin Ley	Impacto extra	NoticieroUni	Contacto Deportivo					
USA	59	105*	242	Law & Order: S.V.U. "Recall"	Law & Order: S.V.U. "Uncle"	SVU "Catfishing Teacher"	SVU "Townhouse Incident"	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family
WE	118	128*	260	Law&O. "Conduct Unbecoming"	Law & Order "Animal Instinct"	Law & Order "Jurisdiction"	Law & Order "Virus"	Law & Order "Securitate"	Law & Order "Manhood"	Law & Order "Benevolence"							
WGN	-	239*	307	JAG "The Guardian"	JAG "Code Blue"	JAG "Cossacks and Cowboys"	JAG "Rendez-vous"	JAG "Ghost Ship"	JAG	Disappearance "Birthday Boy"							
PREMIUM																	
HBO	518	303	504	:55 * Thoroughbreds ('17, Dra)	Anya Taylor-Joy.	Vice News (N)	ILU, Now Die 2/2 from July 9 (N)	:20 * ** Wild Hogs ('07, Com)	William H. Macy, John Travolta.	Years and Years	Los Espookys	Big Little Lies					
HBO2	520	304	505	:55 Real Sports	:55 I Love You, Now Die 1/2 (N)	*** Breaking In ('18, Thril)	Gabrielle Union.	Years and Years (N)	Euphoria	** BlackKlansman	John David Washington.						
HBO3	521	302*	503*	Movie	:25 * Term Life ('16, Dra)	Vince Vaughn.	Big Lies (N)	:45 * Ideal Home ('18, Com)	Paul Rudd.	:20 * Tully ('18, Com)	Mackenzie Davis, Charlize Theron.	** Down a Dark Hall					
MAX	549	311	516	*** Frantic ('88, Dra)	Harrison Ford, Betty Buckley.	*** 127 Hours ('10, Adv)	James Franco.	:35 * ** Daylight ('96, Act)	Amy Brenneman, Sylvester Stallone.	** Against the Ropes ('04, Dra)	Meg Ryan.						
SHOW	578	319	546	5:15 * Nightcrawler	:15 * *** Basic ('03, Act)	Samuel L. Jackson, John Travolta.	The Loudest Voice "2001"	** Gone in 60 Seconds ('00, Act)	Angelina Jolie, Nicolas Cage.	City on a Hill							
STARZ	621	351	526	4:55 * Sicario: Day of the Sol...	** The Soloist ('09, Dra)	Robert Downey Jr., Jamie Foxx.	** Definitely, Maybe	Ryan Reynolds.	:55 * *** Live Free or Die Hard ('07, Act)	Justin Long, Bruce Willis.							
STZENC	644	341	536	Movie	:45 * ** The Man in the Iron Mask ('98, Adv)	Jeremy Irons, Leonardo DiCaprio.	Sweetbitter	Sweetbitter	*** Parenthood ('89, Com)	Dianne Wiest, Steve Martin.	:10 * *** Octopussy						

C - Charter; DISH - DISH; DTV - DirecTV

* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS