

504 Homes for Sale
 New Listing...
 \$275,000 3 Bedroom 3 Bath in Rice Addition. Huge living / Dining room. Fenced back yard. 2 car Garage. Nicely landscaped. Call Today. MLS# 19166329
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504 Homes for Sale
 \$397,000 – 4 Bedroom 3 Bath 3754 sq. ft. Mid Century Executive Home. Panoramic View. Private setting. Wonderful home for privacy or entertaining. MLS# 19205109
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504 Homes for Sale
 \$189,000 – 6 Bed 2.5 Bath on North Hill. 3000+ sq. ft. Hardwood floors upstairs. 2 car garage. Quiet neighborhood. Needs cosmetics. Priced to sell. MLS# 19351147
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504 Homes for Sale
 Never been a better time to sell. Get a FREE market analysis call
Garton & Associates
 541-276-0931
\$209,000
 Rare rural setting w/views of the Blues and Wildhorse Creek. Beautifully remodeled/updated home with open floor plan and master suite. Jef 541-969-9539 cell. #19265801.

504 Homes for Sale
 New Listing...
 \$135000 – 3 Bedroom 1 Bath Ranch Style in Pilot Rock. Hardwood Floors. Vinyl Siding. Large Fenced Back Yard. Central Air Conditioning. Very nice home. MLS# 19534828
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504 Homes for Sale
 New Listing...
 \$535,000 – Stunning 4 Bed 3 Bath Custom View Home. Exceptional throughout. Updated Kitchen. Hardwood Floors. 2 Family Rooms. Large Bedrooms. 40x54 Shop. MLS# 19582968
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GARAGE SALES are a big success when advertised in the classified ads!

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 541-276-0021

\$219,000
 The conveniences of condo living await! Highly desirable North Hill corner unit w/incredible views everywhere you look! #18277028 Molly Webb 541-969-4188.

Coldwell Banker Whitney & Associates
 541-276-0021

\$379,900
Majestic Craftsman. Large rooms, 4 bed, 2.5 baths. Refurbished wood floors, new carpet. Remodeled custom kitchen and master bathroom. Gas heat, tankless water heater. **Marsha** 541-377-5152 cell. #19685899

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\$198,900
CLEAN/QUALITY w/hardwood floors, covered ceiling, updated main bath w/walk-in shower. Formal dining w/built-in. Basement w/bath, utility w/sink, W/D. Bonus/family room and office. **Vicki** 541-969-9441 cell. #19455286.

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 541-276-0021

HOMES SELL FAST IN CLASSIFIEDS!

\$244,900
1 LEVEL, 1604 sf(m/l), 3 bedroom, 2 bath home on quiet cul-de-sac. New interior paint, carpet, dishwasher, microwave. Open kitchen w/pantry, familyroom, utility. Tool shed, yard. **Cari** 541-377-5058 cell. #19083226

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\$359,000
2 STORY BUNGALOW w/ 5,000 sf(m/l). Hardwood floors, amazing kitchen, quartz countertops, stainless steel appliances. Finished attic converted to master suite, basement w/guest bedroom, fullbath. **Jason** 760-409-6842 cell. #19346733

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Home sweet home! Beautiful 4 bedroom, 2.5 bathroom with updated kitchen, tile flooring, wood floors and carpeting throughout. Main floor offers a bathroom with a step in soaking bath, arched doorways and vaulted ceilings in the upper floor. Lots of room for the family in this two story home with a full basement on a corner lot and fenced yard in the historic town of Heppner. MLS 19139457, \$225000.
Carolyn at Ranch-N-Home Realty. 541-786-0822

YOUR HEALTH | STAYING SAFE OUTDOORS



Warmer weather means more time outside in the sunshine. It also means you need to protect your skin from the sun's rays.

Sunscreen 101

The Centers for Disease Control and Prevention says the sun can damage your skin in as little as 15 minutes. Keep reading for ways to protect yourself and your family.

STAY SAFE

If you can, stay out of the sun by seeking shade, wearing long-sleeved shirts and pants with UV protection, a hat to shade your face and sunglasses to protect your eyes. Pay attention to weather forecasts and look for a UV

index rating. But beware, cloudy days still mean sun exposure.

SUNSCREEN

Even on cloudy or cool days, the CDC recommends at least SPF 15 sunscreen when you go outside. SPF refers to the sun protection factor, the sunscreen's effectiveness in blocking UV rays. The higher the number, the more protection. Remember to reapply, though. Even high SPF numbers wear off. Reapply every two hours and after swimming, sweating or

towelng off, the CDC says.

SYMPTOMS OF SKIN CANCER

Exposure to UV rays can cause skin cancer. Symptoms of skin cancer are new skin growths, a sore that doesn't heal or a change in a mole. The CDC says to remember the ABCDEs of melanoma:

- A:** Asymmetrical. Does the mole have an irregular shape?
- B:** Border. Is it jagged?
- C:** Color. Is the color uneven.

D: Diameter. Is the spot larger than a pea?

E: Evolving. Has it changed in the past few weeks or months?

If you have any of these symptoms, talk to your doctor.

You can also have an increased risk of skin cancer, the CDC says, if you have certain characteristics. These include:

- A lighter natural skin color;
- Blue or green eyes;
- Blonde or red hair; or
- A family or personal history of skin cancer.

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