

# Thursday Best Bets

## America: The Story of Us

**HIST 8:00 a.m.**

Early settlers fight for survival, and tobacco sows the seeds of opportunity in a rebroadcast of this television series about the creation and rise of America. The show explores key moments in the nation's history, from wars to the moon landing.

## Dr. Pimple Popper: Red, White and Eww

**TLC 4:00 p.m.**

World-renowned dermatologist Dr. Sandra Lee shares a fascinating peek into her practice in this premiere. She and her staff transform lives as they help her patients with debilitating and embarrassing skin ailments.



Kelly Clarkson in last year's "Macy's 4th of July Fireworks Spectacular"

## Macy's 4th of July Fireworks Spectacular

**KNDU KGW 8:00 p.m.**

Some of the biggest stars in the world celebrate Independence Day in style as they perform in New York City in this live two-hour special. In addition to musical performances, the show features a dazzling fireworks display.

## Reef Break

**KVEW KATU 10:00 p.m.**

Poppy Montgomery stars as former thief Cat Chambers in this drama. Her sordid past gives her unique insight into crime as she works as a fixer for the governor of a Pacific island paradise. Melissa Bonne, Desmond Chiam and Ray Stevenson also star.

## Thursday Evening

July 4, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
<b>BROADCAST</b>																		
KFFX	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	MasterChef "Hot and Spicy"	Spin-Wheel "Konzelman Family"	First at Ten (N)	:35 Dateline	:35 Mike&M.	:05 Mike&M.	:35 2½Men				
KPTV	3	-	-	6 O'Clock News (N)	Family Feud	Family Feud	MasterChef "Hot and Spicy"	Spin-Wheel "Konzelman Family"	10 O'Clock News (N)	News (N)	Page Six TV	TMZ Live!						
KEPR	19	19	19	News (N)	Inside Edition	The Big Bang	The Simpsons	The Big Bang	Young Sheldon	The Big Bang	Mom	Elementary (N)	News (N)	:35 The Late Show	:35 J.Corden			
KOIN	19	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	The Big Bang	Young Sheldon	The Big Bang	Mom	Blues Festival Fireworks Special	KOIN6News (N)	:35 The Late Show	:35 J.Corden			
KNDU	25	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's Fireworks	News (N)	:35 The Tonight Show	:35 Late Night			
KGW	8	-	-	KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's 4th of July Fireworks Spectacular	Macy's Fireworks	News (N)	:35 The Tonight Show	:35 Late Night			
KVEW	42	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra	Holey Moley	Food "Meet the Families: Part 1"	Reef Break "Pilot"	News (N) :05 Jimmy Kimmel	:05 Nightline	:35 Minute					
KATU	5	-	-	News (N)	Kind Is Better	Jeopardy! (N)	Wheel Fortune	Holey Moley	Food "Meet the Families: Part 1"	Reef Break "Pilot"	News (N)	:35 Jimmy Kimmel Live	:35 Nightline					
KTNW	-	31	31	PBS NewsHour (N)	News	Asia Insight	A Capitol Fourth (N)	PBS Previews	A Capitol Fourth	Amanpour and Company (N)	Doc Martin							
OPB	59	-	-	Seeing The USA	Business (N)	PBS NewsHour (N)	A Capitol Fourth (N)	PBS Previews	Masterpiece "Grantchester"	Masterpiece "Grantchester"	PBS NewsHour							
<b>CABLE</b>																		
A&E	52	118*	265*	4:30 ★★★★★ Lethal Weapon	★★★★★ Lethal Weapon 2 (1989, Action) Danny Glover, Joe Pesci, Mel Gibson.	★★★★★ Lethal Weapon 3 (1992, Action) Danny Glover, Rene Russo, Mel Gibson.	:05 ★★★★★ Lethal Weapon 3											
AMC	60	131*	254*	:55 The Walking Dead "Honor"	:20 The Walking Dead	:20 The Walking Dead "Dead or Alive Or"	:25 Walking Dead "The Key"	:35 The Walking Dead	:35 The Walking Dead	:35 The Walking Dead	:45 Dead							
ANPL	24	184*	282*	5:00 Finding Bigfoot: XL	Bigfoot "Turtleman's Bigfoot"	Finding Bigfoot "Australian Yowie"	Finding Bigfoot: XL "1, 2, 3, 4, I Declare a Squatch War"	Bigfoot "Australian Yowie"										
CMT	43	166*	327*	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Let Freedom Sing "Concert" (L)	Freedom Sing	Let Freedom Sing "Concert"	Freedom Sing			
CNBC	72	208*	355*	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Paid Program	Paid Program	Paid Program	Paid Program			
CNN	68	200*	202*	Seventies "Television Gets Real"	The Nineties "The One About TV"	The Nineties "Isn't It Ironic?"	The 2000s "The Platinum Age of Television"	Movies :10 CNN Newsroom										
DISC	51	182*	278*	Naked&Afraid XL "Waterworld"	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL	Naked and Afraid XL			
DISN	26	173	21	Raven's Home	Raven's Home	Raven's Home	Bunk'd	Bunk'd (N)	Bunk'd	Sydney Max	Sydney Max	Amphibia	Big City Greens	Bunk'd	Andi Mack	Bunk'd	Bunk'd	
ESPN	33	140*	206*	4:00 MLB Baseball Phi./Atl. (L)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)			
ESPN2	34	143*	209*	Poker World Series (L)	Baseball College Home Run Derby	E:60 Pictures "Heir McNair"	NowNever (N)	MLB Baseball Chicago Cubs at Pittsburgh Pirates										
FNC	66	205*	360*	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle	Special Report With Bret Baier								
FOOD	61	110*	231*	Chopped	Chopped	Chopped "Fire It Up!"	Chopped "Hot Doggin'"	Beat Play (N)	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Chopped "Hot Doggin'"		
FREE	32	180*	311*	★★★★ The Jungle Book (2016, Family) Bill Murray, Ben Kingsley, Neel Sethi.	★★★★ Zootopia ("16, Ani) Voices of Jason Bateman, Idris Elba, Ginnifer Goodwin.	The 700 Club	★★★★ The Sandlot Tom Guiry.											
FX	65	136*	248*	4:00 ★ The Amazing Spider-Man 3	★★★★ Captain America: The First Avenger ("11, Act) Hugo Weaving, Chris Evans.	★★★★★ Captain America: The Winter Soldier ("14, Act) Scarlett Johansson, Chris Evans.	Movie											
GOLF	88	401*	218*	PGA Golf 3M Open Round 1 Site: TPC Twin Cities -- Blaine, Minn.	PGA Golf 3M Open Round 1 Site: TPC Twin Cities -- Blaine, Minn.													
GSN	76	116*	233*	ComKnowl.	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	
HALL	87	185*	312*	5:00 ★ The Last Bridesmaid	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HGTV	62	12*	299*	Bargain Hunt	Bargain Hunt	Bargain Hunt	Bargain Hunt	Christina on	Christina on	Christina on	Christina on	House Hunt. (N)	House (N)	House Hunters	House Hunters	Christina on	Christina on	
HIST	50	120*	269*	America: The Story of Us "Superpower"	Mountain Men: Fully Loaded "The Fight for Freedom" An enhanced episode includes a catch-up and first looks at upcoming episodes. (N)	:05 Mountain Men: Fully												
LIFE	29	180*	252*	5:30 ★★★★★ Sister Act 2: Back in the Habit Whoopi Goldberg.	★ Madea's Witness Protection (2012, Comedy) Eugene Levy, Denise Richards, Tyler Perry.	:05 ★★ The Family That Preys ('08, Com) Alfre Woodard.												
NICK	27	171	300	Loud House	Loud House	Loud House	To Be Announced	Friends	Friends	Friends	Friends							
PRMT	42	241*	241	5:00 ★★★★★ Top Gun ('86, Act) Tom Cruise.	★★★★★ Red (2010, Action) Mary-Louise Parker, John Malkovich, Bruce Willis.	★★★ Red 2 (2013, Action) Helen Mirren, John Malkovich, Bruce Willis.												
ROOT	37	-	-	MarinersSpot.	Mari.Spot. (N)	MLB Baseball Spokane Indians at Hillsboro Hops Site: Ron Tonkin Field -- Hillsboro, Ore. (L)	Pre-game	MLB Baseball St. Louis Cardinals at Seattle Mariners Site: T-Mobile Park										
SYFY	67	122*	244	5:00 ★★★★★ Constantine Keanu Reeves.	★★★★★ Spider-Man 3 (2007, Action) Kirsten Dunst, James Franco, Tobey Maguire.	★★★★★ Deep Blue Sea ('99, Hor) Samuel L. Jackson, Saffron Burrows.	Movie											
TBS	59	139*	247	Claws	Claws "Boy, Bye"	Bob's Burgers	Bob's Burgers	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Conan	Brooklyn 99	Brooklyn 99	Conan		
TCM	56	132*	256	5:00 ★ Yankee Doodle Dandy	:15 ★★★★★ 1776 (1972, Musical) David Ford, Howard da Silva, William Daniels.	:15 ★★★★★ The Music Man (1962, Musical) Shirley Jones, Buddy Hackett, Robert Preston.												
TLC	49	183*	280	4:00 Dr. Pimple Popper "Part One" Pt. 1 of 2 cont'd next (N)	Dr. Pimple Popper "Part One" Dr. Sandra Lee leads the parade of pops, lipomas, and skin conditions in this special. Pt. 2 of 2 (N)	Pimple Popper "Part One" 2/2												
TNT	57	138*	245	4:55 ★★ Star Wars: Episode III - Revenge of the Sith	★ ★ Rogue One (2016, Action) Diego Luna, Ben Mendelsohn, Felicity Jones.	★★★★★ Star Wars: The Force Awakens ('15, Act) Daisy Ridley.												
UNI	21	-	-	P. Luche	Noticiero Univ.	La rosa de Guadalupe	La Reina Soy Yo	La rosa de Guadalupe	Por Amar Sin Ley	Impacto extra	NoticieroUni	Contacto Deportivo						
USA	59	105*	242	4:40 ★★★★★ Jurassic Park ('93, Sci-Fi) Sam Neill.	★★★★★ Twister (1996, Action) Bill Paxton, Jami Gertz, Helen Hunt.	Queen "Noche de las Chicas" (N)	SVU "Collateral Damages"	Queen South "La Maldición"										
WE	118	128*	260	Love After "Sorry, Not Sorry"	Love After Lockup "Prison Blues to Wedding Bells"	Love After "Prove Yourself"	Love After Lockup "Truth & Lies"	Love After "Risks & Regulations"	Growing Up "Bow After Lockup"									
WGN	-	239*	307	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Married, Child	Married, Child	
<b>PREMIUM</b>																		
HBO	518	303	504	5:30 ★★ The Meg ('18, Act) Jason Statham.	★★★ Rush Hour 2 ('01, Act) Jackie Chan.	★★★★ I, Robot ('04, Sci-Fi) Bridget Moynahan, Will Smith.	Divorce	Big Little Lies	:20 Euphoria									
HBO2	520	304	505	:55 ★★★★★ Crazy Rich Asians ('18, Com) Constance Wu.	Euphoria	:55 Euphoria	:55 Euphoria	★★★★★ The Bourne Identity ('02, Act) Matt Damon.										
HBO3	521	302*	503*	5:05 ★ Ocean's 8	★ Mamma Mia! Here We Go Again ('18, Com) Amanda Seyfried.	Years and Years	Divorce (N)	★★★ Date Night ('10, Com) Tina Fey.	★★★★ Disclosure Demi Moore.									
MAX	549	311	516	5:45 ★★ Spanglish ('04, Com/Dra) Téa Leoni, Adam Sandler.	★★★★★ True Lies ('94, Act) Jamie Lee Curtis.	:20 ★★★★★ RoboCop ('87, Sci-Fi) Peter Weller, Kurtwood Smith.	:05 Jett "Phoenix"											
SHOW	578	319	546	:15 City on a Hill	:15 ★★ Charlie's Angels ('00, Act/Com) Drew Barrymore.	The Loudest Voice "1995"	★★★ Air Force One ('97, Act) Gary Oldman, Harrison Ford.	:05 The Loudest Voice "1995"										
STARZ	621	351	526	5:05 ★ Alpha	:45 ★★ Hannibal (2001, Thriller) Sir Anthony Hopkins, Ray Liotta, Julianne Moore.	★ The Girl in the Spider's Web ('18, Cri) Sylvia Hoeks, Claire Foy.	★★★★ Backdraft ('91, Act) William Baldwin, Kurt Russell.											
STZENC	644	341	536	:20 ★★★★★ Jaws 3 ('83, Hor) Bess Armstrong, Dennis Quaid.	★★★ Jaws: The Revenge Lorraine Gary.	:35 ★★★★★ Jaws ('75, Hor) Richard Dreyfuss, Roy Scheider.	:40 ★★★★★ Jaws 2 ('78, Hor) Roy Scheider.											

C - Charter; DISH - DISH; DTV - DirectTV  
\* Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS