

Wednesday Best Bets

Grown-ish
FREE 8:00 p.m.

In need of a little rest and relaxation, Zoey (Yara Shahidi) and her friends head to the Johnson family home in Sherman Oaks in this new episode. However, she soon discovers that her idea of relaxing might not be what they really need.

First Responders Live
KFFX KTVB 9:00 p.m.

Cameras follow firefighters, police officers and EMS technicians in this new series, which offers viewers an unprecedented look at the work of first responders. In addition to first-person accounts the show also features expert analysis and commentary.



Josh Elliott hosts "First Responders Live"

NCIS: The Cases They Can't Forget

KEPR KOIN 9:00 p.m.

Rocky Carroll brings viewers fascinating real-life cases from the Naval Criminal Investigative Service in this new episode. Agents who have worked on some of the agency's most significant cases reveal how they track criminals and solve mysteries.

Krypton

SYFY 10:00 p.m.

Adam (Shaun Sipos) and Seg (Cameron Cuffe) find themselves in a very different Kandor in this new episode. At the same time, Val (Ian McElhinney) and his Rebels get ready for a major mission. Georgina Campbell and Ann Ogbomo also star.

Wednesday Evening

July 3, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX (11)	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	Chef "The Blind Chicken Show"	First Responders "Episode 101"	First Responders "Episode 101"	First at Ten (N)	:35 Dateline		:35 Mike&M.	:05 Mike&M.	:35 2½Men	
KPTV	3	-	-	6 O'Clock News (N)		Family Feud	Family Feud	Chef "The Blind Chicken Show"	First Responders "Episode 101"	10 O'Clock News (N)		News (N)	Page Six TV	TMZ Live!			
KEPR (19)	2	19	19	News (N)	Inside Edition	The Big Bang	The Simpsons	Big Brother (N)	NCIS: Cases (N)	NCIS: Cases (N)	NCIS: Cases (N)	News (N)	:35 The Late Show			:35 J.Corden	
KOIN	19	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	Big Brother (N)	NCIS: Cases (N)	NCIS: Cases (N)	NCIS: Cases (N)	KOIN6News (N)	:35 The Late Show			:35 J.Corden	
KNDU (25)	6	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	Ellen's Game of Games	Songland "John Legend"	Songland "John Legend"	Between "Kiss Them for Me" (N)	News (N)	:35 The Tonight Show			:35 Late Night	
KGW	8	-	-	KGW News at 6:00 p.m. (N)		Tonight Cassidy	Inside Edition	Ellen's Game of Games	Songland "John Legend"	Songland "John Legend"	Between "Kiss Them for Me" (N)	News (N)	:35 The Tonight Show			:35 Late Night	
KVEV (42)	4	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra	Press Your Luck	Card Sharks	Card Sharks	Match Game	News (N) :05 Jimmy Kimmel	:05 Nightline			:35 Minute	
KATU	5	-	-	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel Fortune	Press Your Luck	Card Sharks	Card Sharks	Match Game	News (N)	:35 Jimmy Kimmel Live			:35 Nightline	
KTNW	-	31	31	PBS NewsHour (N)		News	WealthTrack	Rivers/Life "The Mississippi" (N)	Nova "Black Hole Apocalypse"	Nova "Black Hole Universe"	Nova "Black Hole Universe"	Amanpour and Company (N)	Newsline	Journeys Japan			
OPB (59)	13	-	-	Journeys Japan	Business (N)	PBS NewsHour (N)		Rivers/Life "The Mississippi" (N)	Nova "Black Hole Apocalypse"	Nova "Black Hole Universe"	Eric Idle's "The Entire Universe"	PBS NewsHour					
CABLE																	
A&E	52	118*	265*	Storage Wars	Storage Wars	Wahlburgers "Wahl of America"	Wahlburgers	Wahlburgers (N)	The Employables (N)	The Employables (N)	:05 Wahlburgers	:05 Wahlburgers					
AMC	60	131*	254*	Dead "Rock in the Road"	:15 Dead "New Best Friends"	:20 The Walking Dead "Hostiles and Calamities"	The Walking Dead "Say Yes"	Walking Dead "Bury Me Here"	:40 Dead "The Other Side"	:45 Dead							
ANPL	24	184*	282*	Woods Law "Wicked Summer"	Woods Law "Crossed Wires"	North Woods Law: Uncuffed "The Night Poachers" (N)	Woods Law "Decoy Detail"	Woods Law "Boiling Point"	NW Law "The Night Poachers"								
CMT	43	166*	327*	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Hometown Heroes	*** Grease ('78, Mus) Olivia Newton-John, John Travolta.						
CNBC	72	208*	355*	Deal or No Deal (N)	No Deal "Ice Cream Dreams"	Deal or No Deal "Flying High"	No Deal "Wall Street Warrior"	Deal or No Deal "Hoop Dreams"	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program			
CNN	68	200*	202*	Cuomo Prime Time	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Newsroom								
DISC	51	182*	278*	Rescue "Ozark Mountain Misery"	Homestead "Shock and Awe"	Homestead Rescue	Homestead Rescue (N)	Homestead Rescue (N)	To Be Announced	Homestead Rescue							
DISN	26	173	21	Bunk'd	Raven's Home	Sydney Max	JustRollwit	JustRollwit (N)	JustRollwit	Coop & Cami	Sydney Max	Amphibia	Big City Greens	JustRollwit	Andi Mack	Bunk'd	Bunk'd
ESPN	33	140*	206*	4:00 MLB Baseball (L)	Baseball Tonight	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)								
ESPN2	34	143*	209*	5:30 Poker World Series Main Event (L)										NowNever (N)	Main Event (N)	UFC "239: Jones vs. Santos"	
FNC	66	205*	360*	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle	Fox News @ Night							
FOOD	61	110*	231*	Game "Patiently Weighting"	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games (N)	Game "Comfort Food Cook-Off"	Game "Serving Up Summer!"	Guy's Grocery Games							
FREE	32	180*	311*	*** Maleficent ('14, Adv) Elle Fanning, Angelina Jolie.	Grown-ish (N)	*** Coming to America ('88, Com) Arsenio Hall, James Earl Jones, Eddie Murphy.	The 700 Club	*** The Flintstones in Viva Ro...									
FX	65	136*	248*	5:00 *** The Amazing Spider-Man ('12, Act) Andrew Garfield.	To Be Announced	*** X-Men: Apocalypse ('16, Act) Jennifer Lawrence.											
GOLF	88	401*	218*	5:00 Golf's Greatest Rounds (N)	Golf Central	Golf's Greatest Rounds "The Open: 2011 Darren Clarke at Royal St. George's"											
GSN	76	116*	233*	ComKnowl.	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud
HALL	87	185*	312*	5:00 Love at the Shore	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier
HGTV	62	12*	299*	Buying and Selling	Buying "Moving Downtown"	Property "Living in Harmony"	Property "Las Vegas Classic" (N)	House Hunt. (N)	House (N)	Property Brothers "Color Clash"	Property Br. "Las Vegas Classic"						
HIST	50	120*	269*	Forged in Fire "Knights Templar"	Forged in Fire "The Nagasaki"	Forged in Fire "Barbarian Sword"	Forged in Fire (N)	:05 Forged "The Ram Dao" (N)	:05 Forged Fire "The Sengese"	:05 Forged in Fire							
LIFE	29	180*	252*	Wife Swap "Allison/Hagerty"	Married at First Sight	Married at (N)	Married1stSight "Stranger Love in Paradise" (N)	:10 Married1stSight "Stranger Love in Paradise"	Married at First	Married at First	Married						
NICK	27	171	300	Loud House	Loud House	Loud House	Henry Danger	SpongeBob	SpongeBob	SpongeBob	SpongeBob	The Office	The Office	Friends	Friends	Friends	Friends
PRMT	42	241*	241	Mom	Mom	Mom	*** Walking Tall ('04, Act) Dwayne 'The Rock' Johnson.	*** Walking Tall ('04, Act) Dwayne 'The Rock' Johnson.	*** Rambo Sylvester Stallone.								
ROOT	37	-	-	Mariners	Pre-game	MLB Baseball St. Louis Cardinals at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)	Post-game	MLB Baseball St. Louis Cardinals at Seattle Mariners Site: T-Mobile Park									
SYFY	67	122*	244	5:15 *** 47 Ronin ('13, Act) Keanu Reeves.	:45 *** Constantine (2005, Sci-Fi) Rachel Weisz, Shia LaBeouf, Keanu Reeves.	Krypton "Danger Close" (N)	Krypton "Danger Close"	*** Monster Island									
TBS	59	139*	247	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal	Conan	Full Frontal	New Guy	Conan
TCM	56	132*	256	5:00 *** North by Northwest Cary Grant.	*** My Fair Lady (1964, Musical) Stanley Holloway, Rex Harrison, Audrey Hepburn.	*** Casablanca ('42, Rom) Humphrey Bogart.	Movie										
TLC	49	183*	280	My 600-lb Life "Milla"	My 600-lb Life "June, Chad, and Pauline"	My 600-lb Life "Justin's Story"	600-lb "June, Chad, and Pauline"										
TNT	57	138*	245	5:30 *** Gangster Squad ('13, Act) Ryan Gosling, Sean Penn.	*** Shooter (2007, Action) Michael Peña, Danny Glover, Mark Wahlberg.	*** Shooter (2007, Action) Michael Peña, Danny Glover, Mark Wahlberg.											
UNI	21	-	-	CONCACAF Fútbol Copa Oro Site: Nissan Stadium -- Nashville, Tenn. (L)	El gordo y la flaca	La rosa de Guadalupe	Primer impacto	Nosotros guapos	Noticiero: FDS	Contacto							
USA	59	105*	242	Law & Order: S.V.U. "Rockabye"	Law&O: SVU "Forgiving Rollins"	SVU "Agent Provocateur"	Justice "The Professor's End"	Cold Justice "Bound and Burnt"	Justice "Cabin in the Woods"	Cold Justice "Home Alone"							
WE	118	128*	260	LawOrder "God Bless the Child"	Law & Order "Misconception"	Law & Order "In Memory Of"	Law & Order "Out of Control"	Law & Order "Renunciation"	Law & Order "Heaven"	Law & Order							
WGN	-	239*	307	Cops	Cops	Cops	Cops	Cops	Cops	Pure	Married, Child	Married, Child					
PREMIUM																	
HBO	518	303	504	5:40 *** The Ring Two ('05, Hor) Naomi Watts.	Vice News (N)	Real Sports With Bryant Gumbel	Sermon on the	:45 *** Robin Hood ('18, Act) Jamie Dornan, Taron Egerton.	:45 Years and Years	:45 Espookys							
HBO2	520	304	505	:15 *** The Darkest Minds ('18, Sci-Fi) Amandla Stenberg.	Euphoria	Years and Years	Last Week	*** The Old Man & the Gun Robert Redford.	:05 *** Mr. Brooks								
HBO3	521	302*	503*	:05 *** The Manchurian Candidate Denzel Washington.	:15 *** Tag ('18, Com) Annabelle Wallis, Jeremy Renner.	Big Little Lies	:50 *** Love and Other Drugs ('10, Com) Jake Gyllenhaal.	Movie									
MAX	549	311	516	5:20 *** Les Misérables ('12, Mus) Hugh Jackman.	*** Mystery, Alaska ('99, Spt) Hank Azaria, Russell Crowe.	*** Bruce Almighty ('03, Com/Dra) Jim Carrey.	:45 *** Anchorman: The Legend of Ron Burgundy										
SHOW	578	319	546	4:50 *** In the Line of Fire	City on a Hill	*** The Pursuit of Happyness ('06, Dra) Will Smith.	The Loudest Voice "1995"	*** Ali ('01, Bio) Mario Van Peebles, Jamie Foxx, Will Smith.									
STARZ	621	351	526	5:20 *** Searching John Cho.	:05 *** The Secret Life of Bees ('08, Dra) Dakota Fanning.	*** The Express ('08, Bio) Rob Brown, Dennis Quaid.	:10 *** Just Go With It ('11, Com) Adam Sandler.										
SYZENC	644	341	536	Movie	*** Hot Shots! Part Deux Charlie Sheen.	*** Jaws 3 ('83, Hor) Dennis Quaid.	:40 *** Legal Eagles ('86, Thril) Daryl Hannah, Robert Redford.	:40 *** For Your Eyes Only Roger Moore.									

C = Charter; DISH = DISH; DTV = DirecTV

* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS