

Weekday Afternoon

July 3, 2019 to July 9, 2019

	CH	DISH	DTV	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
BROADCAST															
KFFX	11	-	11	Ocean M./ Outback/ IntoWild/ R. Park	Divorce Court	Steve!		Judge Mathis		The People's Court		Paid Program	Mom / (Tue) MLB Pre-game Show	Last Man Standing / (Tue) Baseball	Last Man Standing
KPTV	3	-	-	12 O'Clock News	(Thu) OutSpace/(Fri) Nature	The Wendy Williams Show		Face the Truth	Face the Truth	The People's Court		Judge Judy	Judge Judy / (Tue) MLB Pre-game	5 O'Clock News / (Tue) Baseball	
KEPR	19	2	19	Funny You Should Ask	The Bold and the Beautiful	The Talk		Let's Make a Deal		Dr. Phil		Judge Judy	Judge Judy	Action News at 5:00 p.m.	CBS Evening News
KOIN	19	-	-	KOIN Local 6 at Noon	The Bold and the Beautiful	The Talk		The 700 Club		Dr. Phil		KOIN Local 6 @ 4		KOIN Local 6 @ 5	KOIN Local 6 @ 5
KNDU	25	6	25	TMZ	Various	Days of Our Lives		The Wendy Williams Show		Daily Mail TV	Daily Mail TV	The Ellen DeGeneres Show		KNDU/ KNDU Local News	NBC Nightly News With Lester Holt
KGW	8	-	-	KGW News at Noon	Paid Program	Days of Our Lives		The Dr. Oz Show		The Ellen DeGeneres Show		KGW News at 4:00 p.m.		KGW News at 5:00 p.m.	NBC Nightly News With Lester Holt
KVEV	42	4	42	Strahan and Sara		General Hospital		The Doctors		The Rachael Ray Show		The Dr. Oz Show		Local News at 5:00	ABC World News
KATU	5	-	-	Strahan and Sara		General Hospital		Afternoon Live		Who Wants to Be a Millionaire?	Who Wants to Be a Millionaire?	KATU News / (Thu) Seattle Is Dying	(Thu) Wildfire Special	KATU News at 5:00 p.m.	ABC World News
KTNW	-	31	31	(Wed Thu Tue) Amanpour/Com/(Fri) In Money We Trust/(Mon) British Baking	Various	Various		Esmonde Technique	Let's Go Luna!	Nature Cat	Ready Jet Go!	Wild Kratts	Odd Squad	Arthur / (Mon) Biz Kid\$	Nightly Business Report
OPB	59	13	-	Various	Various	Various	Various	Nature Cat / (Thu) Kid Stew	Ready Jet Go!	(Wed Fri Tue) Arthur	Arthur / (Thu) Kid Stew	Odd Squad / (Thu) Kid Stew	Odd Squad / (Thu) Kid Stew	Wild Kratts / (Thu) Kid Stew	Wild Kratts / (Thu) Kid Stew
CABLE															
A&E	52	118*	265*	Various	(Fri) Live PD	Various	Movie/(Fri) Live PD	Various	(Fri) Live PD	Various	Storage/ Live PD	Various	Various	Various	S. Wars/ Live PD
AMC	60	131*	254*	(T) Rambo: First Blood Part II (Th) Dead	(Fri) :35 The Walking Dead	(W) The Bourne Ultimatum/ (Th) Dead	(Mon) Rambo III / (Fri) :40 Dead	(Tue) The Perfect Storm/ (Th) :20 Dead	(Fri) :45 The Walking Dead		(Thu) :25 The Walking Dead	(M) Rambo: First Blood/ (Fri) :05 Dead	(Thu) The Walking Dead	(Tue) *** American Sniper (2014, War) / (Fri) :05 The Walking Dead	
ANPL	24	184*	282*	The Zoo / (Thu) Finding Bigfoot	Various	Pit Bull Parole / (Thu) Finding Bigfoot		Pit Bull Parole / (Thu) Finding Bigfoot		Dark Waters / (Thu) Finding Bigfoot		Various	Various	Various	(Fri) NatureSolved
CMTL	43	166*	327*	Various	Various	Home I./ Reba	Home I./ Reba	Various	Home I./ Reba	Home Improve.	Home Improve.	Home I./ Last Man	Home I./ Last Man	Various	Last Man/ Home I.
CNBC	72	208*	355*	Shark T./ Profit/ Closing		(Wed) Shark Tank / (Thu) The Profit		Shark T./ Money	(Fri) Options	(Wed Thu) Shark T./ (Fri Mon Tue) Money		Shark T./ Boss/ Greed		Shark T./ Boss/ Greed	
CNN	68	200*	202*	CNN Newsroom		The Lead With Jake Tapper		The Situation Room With Wolf Blitzer		The Situation Room With Wolf Blitzer		OutFront / (Thu) CNN Special Report		Anderson Cooper 360 / (Thu) The Seventies	
DISC	51	182*	278*	Various		Various		Various		Various		Various		Various	
DISN	26	173	21	Amphibia	Jessie/ Amphibia	Jessie/ Amphibia	Bunk'd	Sydney/(Thu) Bunk'd	Raven's./ Bunk'd	Big City Greens	Big City Greens	Various	Various	Raven's./ Andi M.	Andi Mack
ESPN	33	140*	206*	9:00 Tennis		(Thu) Baseball/(Mon Tue) Tonight	(Wed Fri) Get Up!	(Tue) Around the Horn	(Tue) Pardon the Interruption	SportsCenter		Various	(Fri) Basketball	(Mon) Baseball	
ESPN2	34	143*	209*	Jump/ Eating	(Fri) Basketball	Various	(Mon) Highly?	Various	(Fri) The Jump	Various	(Mon) Interruption	(Wed) Jump/(Thu) Softball/(Mon) Tonight		Various	(Wed) Poker
FNC	66	205*	360*	Shepard Smith Reporting		Your World		The Five		Special Report With Bret Baier		The Story		Tucker Carlson Tonight	
FOOD	61	110*	231*	Various	Various	Pioneer Woman	Pioneer Woman	Various		Various		Various		Various	
FREE	32	180*	311*	(Wed) The Middle	(Wed) The Middle	(Wed Mon) The Middle	Various	(Mon) The Middle	(Mon) The Middle	(Mon) Ocean's Eleven ('01, Cri)	(Wed) Coming to America	(Thu) *** A Bug's Life (1998, Animated)		(Mon) Ocean's Twelve	
FX	65	136*	248*	Met Your Mother	Mother/ M.Molly	Various	Mike & Molly	Various	Movie/(Tue) M.Molly	(Tue) Hitman: Agent 47 ('15, Action)		Movie	Movie	(Wed) The Amazing Spider-Man	
GOLF	88	401*	218*	PGA Tour/ Golfer	GolfAdv./ Tom/Tur.	(Wed) School Golf	Card/ Golfer	PGA Tour/ Golf H/L	(Wed) Quest Card	(Wed Mon Tue) Golf C./ (Thu Fri) Golf		Various	Various	Various	Golf C./ Golfer
GSN	76	116*	233*	Wheel of Fortune	Wheel of Fortune	Match Game	Match Game	Catch 21	Catch 21	The Chase		BETS/ Reaction	America Says	America Says	ComKnowl.
HALL	87	185*	312*	Various Movies		Various Movies		Various Movies		Various Movies		Various Movies		Various Movies	
HGTV	62	12*	299*	Fixer Upper / (Mon)	Love It or List It	Various	Bargain/ Dream H.	Various	Bargain/ Dream H.	Various	Bargain/ Dream H.	Various	Bargain/ Dream H.	Various	Bargain/ Dream H.
HIST	50	120*	269*	Various	(Wed) Pawn Star / (Tue) CountCars	Various	(Wed) Pawn Stars	Various	(Wed) Pawn Star / (Tue) CountCars	(Wed) Pawn/(Fri) Aliens/(Tue) Count.	(Wed) Pawn Star / (Tue) CountCars	Various	(Tue) Counting Cars	Various	(Tue) Counting Cars
LIFE	29	180*	252*	Wife Swap	Movie	Wife Swap		Wife Swap		Wife Swap/(Thu) Unfaithful		Wife Swap		Wife Swap	Movie
NICK	27	171	300	PAW Patrol	Butterb/(Fri) PAW	PAW Patrol	Machines/(Fri) PAW	PAW Patrol	PAW Patrol	SpongeBob	SpongeBob	SpongeBob	SpongeBob	The Loud House	The Loud House
PRMT	42	241*	241	(Wed Mon Tue) Bar Rescue/(Fri) Indiana Jones and the Temple of Doom		(Wed Mon Tue) Bar Rescue		(Wed Mon Tue) Two and a Half	(Wed Mon Tue) Two and a Half	(Wed Mon Tue) Two and a Half	(Wed Mon Tue) Two and a Half	(Wed Tue) Mom/(Mon) 2 1/2 Men	(Wed Tue) Mom/(Mon) 2 1/2 Men	(W T) Mom/ (Th) Top Gun/ (M) 2 1/2 Men	(Wed Tue) Mom/(Mon) 2 1/2 Men
ROOT	37	-	-	Paid/(Thu) Mariners Access	Paid/(Thu) MarinersPre-game	The Dan Patrick Show / (Thu) Baseball		(Fri) Baseball		Various		Various	Various	Various	Mar.Spo./ Spot.
SYFY	67	122*	244	(Fri) Starship Troopers	(Mon) :25 Ghost Rider/(Thu) Deep Blue Sea/(Tue) Drag Me to Hell/(Wed) :35 Hellboy II: The Golden Army			Various Movies		(Wed) :15 Monster Island (2004, Horror)			(Mon) :50 Captain America...	(Thu) Constantine/(Tue) The Magnificent Seven/(Wed) :15 47...	
TBS	59	139*	247	Various	Friends/ Sein.	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
TCM	56	132*	256	11:30 The Testament of Dr. ...	(Fri) :45 Only Angels Have Wings/(Mon) :45 Little Shop of H...		(Thu) The Devil's Disciple	(Mon) The Brain That Wouldn't Die	(Tue) Mrs. Parkington	(Thu) The Scarlet Coat		(Mon) The Cremators (1972, Sci-Fi)		Various Movies	
TLC	49	183*	280	Various	(W M T) SayYes	Various	Various	Various		(Thu) Untold/(Mon Tue) Gypsy Wedd		Various		(Mon Tue) Say Yes	(Mon Tue) Say Yes
TNT	57	138*	245	(Wed Mon Tue) Supernatural		(Wed Mon Tue) Super. Movie		(W M T) Super. Movie		(W) Movie / (M) Movie / (T) Super.		(Tue) The Book of Eli ('09, Adv)		Various Movies	Movie
UNI	21	-	-	Noticiero Univ.	Nosotros guapos	Dofia Flor y Sus Dos Maridos		Hoy		Sin Tu Mirada		P. Luche/Gordo..	(Wed) Noticiero	(Wed) Fútbol Central / Primer impacto	
USA	58	105*	242	(Fri Tue) Law & Order: Special Victims Unit / (Mon) Chicago P.D.		(Wed) Chicago P.D. / (Fri Tue) Law & Order: S.V.U. / (Mon) Chicago P.D.		(Wed) SVU/(Fri Tue) SVU/(Mon) Chicago	(Thu) :40 Jurassic Park III	(Wed) :55 Law&Order: SVU/(Fri Tue) Law&Order: SVU/(Mon) Chicago P.D.		:55 SVU/ SVU/ Chicago	(Thu) :40 Jurassic Park	(Wed) :55 Pearson / (Wed Fri Tue) Law & Order: S.V.U. / (Mon) Chicago P.D.	
WE	118	128*	260	Various		Various		Various		Various		Various		Various	
WGN	-	239*	307	In the Heat of the Night		In the Heat of the Night/(Thu) Tal...		In the Heat of the Night		In the Heat of the Night/(Thu) Tal...		(Wed) Heat Night/(Fri Mon Tue) BlueB.		Cops/ BlueB.	(Wed) Cops
PREMIUM															
HBO	518	303	504	11:30 Meet the Fockers	(Tue) :45 Justice League	(Thu) *** Wild Hogs ('07, Com)	(Fri) :25 The Making of/ (Mon) When We Were Kings/(Fri) :40 In...	(Thu) :45 Sermon on the Mount	(Mon) *** The Meg (2018, Action)	(Fri) :25 The Stepford Wives/(Thu) The A-Team/(Wed) :45 Night ...		(Tue) :50 The Manchurian Can...	(Mon) :55 Night School / (Fri) Sports		(Thu) The Meg
HBO2	520	304	505	(Wed) :15 *** Hide and Seek (2005, Thriller)		(Mon) Hide & Seek/(Thu) :15 ...	(Tue) :25 The 15:17 to Paris	(Wed) The Prestige ('06, Dra)	(Mon) :45 Rescue Dawn	(Fri) The Pelican Brief	(Thu) :35 A Star Is Born ('18, Dra)	(Wed) :15 Beware the Slen...	(Mon) :50 The Old Man & the Gun	(Tue) :20 Mommy Dead and Dearest	(Fri) :25 Divorce
HBO3	521	302*	503*	11:40 Amelie/Rampage	(Fri) Night School	(2018, Comedy)	(Mon) Mamma Mia! Here We Go Again/(Thu) :40 The American Pre...	(Fri) :25 The Predator (2018, Action)	(Mon) :25 The Client	(Tue) :55 *** Little Fockers ('10, Com)/(Fri) :15 Tully ('18, Com)		(Thu) :05 Ocean's 8	(Mon) The Ladykillers	(Mon) The Ladykillers	
MAX	549	311	516	(Wed) :10 *** Piranha	(Thu) :25 Nutty Professor II: The ...	(Tue) :55 The Greatest Showman	(Wed) :45 Unlawful Entry	(Fri) :05 The Perfect Score	(Tue) :40 *** Big (1988, Comedy)	(Wed) :40 The Getaway/(Fri) :40 Maze Runner: The Death Cure		(Tue) :25 The Nutty Professor	(Wed) :20 Les Misérables	(Thu) :45 Spanglish	
SHOW	578	319	546	(Wed) *** Ali (2001, Biography)	(Mon) *** Cujo (1983, Horror)	(Fri) Mile 22 (2018, Action)	(Thu) :35 *** Glory (1989, War)	(Mon) :05 Adrift ('18, Action)	(Tue) Playing It Cool/(Wed) :35 Primal Fear/(Fri) :35 A Bad Moms...	(Thu) :45 Den of Thieves	(Tue) :05 13 Going on 30	(Fri) :25 Madea's Family Reunion/(Wed) :50 In the Line of ...	(Mon) :45 Mile 22/(Tue) :45 ...		
STARZ	621	351	526	(Fri) :05 Hannibal	(Thu) :50 Starz Insider		(Wed) :50 Jumanji: Welcome to the ...	:55 I Now Pron.../ :20 TheRook/ Insider	(Tue) :35 Fantastic Four	(Thu) :05 The Equalizer 2		(Tue) :20 The Other Guys (2010, Comedy)	(Thu) :05 Star Alpha	(Fri) Prince of Persia: The Sand...	
STZENC	644	341	536	(Fri) :20 Movie / (Tue) :20 World	(Mon) :35 Pillars of the Earth	(Tue) :10 World Without End	(Mon) The Pillars of the Earth	(Tue) World Without End	(Mon) The Pillars of the Earth/(Wed) :45 Legal Eagles/(Tue) :50 Vie...	(Mon) :25 The Last Song	(Tue) :20 Patient Zero/(Thu) :20 ...	(Wed) :45 Grown Ups	(Mon) :15 The Good Dinosaur	(Tue) :50 The Presidio/(Fri) :50 ...	

C - Charter; DISH - DISH; DTV - DirecTV
 * Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

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