

	CH	DISH	DTV	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
BROADCAST																					
KFFX	11	-	11	8:00 FIFA Soccer World Cup (L)		FIFA Women's World Cup Post-game (L)		MLS Soccer Atlanta United FC at New York Red Bulls Site: Red Bull Arena -- Harrison, N.J. (L)		PBC Fight Camp (N)	Paid Program	Mantracker	Two and a Half Men	Last Man Standing	Paid Program	Paid Program	Mike & Molly	NorthFish-Reports			
KPTV	3	-	-	8:00 FIFA Soccer World Cup (L)		FIFA Women's World Cup Post-game (L)		MLS Soccer Atlanta United FC at New York Red Bulls Site: Red Bull Arena -- Harrison, N.J. (L)		PBC Fight Camp (N)	Paid Program		★ ★ ★ Anaconda (1997, Thriller) Jennifer Lopez, Ice Cube, Jon Voight.			Jack Hanna: Wild	5 O'Clock News (N)				
KEPR	19	19	19	8:30 Face the Nation	Paid Program	BIG3 Basketball Site: State Farm Arena -- Atlanta, Ga. (L)		PGA Golf 3M Open Final Round Site: TPC Twin Cities -- Blaine, Minn. (L)													
KOIN	19	-	-	8:30 Face the Nation	Paid Program	BIG3 Basketball Site: State Farm Arena -- Atlanta, Ga. (L)		PGA Golf 3M Open Final Round Site: TPC Twin Cities -- Blaine, Minn. (L)													
KNDU	25	25	23	Paid Program	Paid Program	IMSA Auto Racing Mobil 1 Grand Prix SportsCar Championship Site: Canadian Tire Motorsport Park -- Bowmanville, Ont. (L)		IAAF Track & Field Athletissima Diamond League Site: Stade Olympique de la Pontaise													
KGW	8	-	-	Meet the Press (N)		IMSA Auto Racing Mobil 1 Grand Prix SportsCar Championship Site: Canadian Tire Motorsport Park -- Bowmanville, Ont. (L)		IAAF Track & Field Athletissima Diamond League Site: Stade Olympique de la Pontaise													
KVEW	42	42	-	Good News Today	Today's Homeowner	LatiNation	American Latino TV	America's Birthday Parade		ITF Tennis Wimbledon Men's and Women's Site: All England Lawn Tennis and Croquet Club -- Wimbledon, England											
KATU	5	-	-	Your Voice, Your Vote	Full Measure	This Week With George Stephanopoulos	Paid Program	Wild America		ITF Tennis Wimbledon Men's and Women's Site: All England Lawn Tennis and Croquet Club -- Wimbledon, England											
KTNW	-	31	31	Antiques Roadshow "Vintage Tampa"		Inventing America "Liberty for All"	Growing Old	To the Contrary (N)		Firing Line	Story in P. Square	Great Performances "Adriana Lecouvreur" Anna Netrebko takes on the title role of the real-life 18th-century French actress.									
OPB	69	-	-	Rick Steves' Europe	Travels to the Edge	Rivers of Life "The Mississippi"		Nova "Black Hole Apocalypse"		Great Performances "Gypsy" Imelda Staunton as Momma Rose in Styne and Sondheim's classic musical.											
CABLE																					
A&E	52	118*	265*	8:30 Hoarders	Hoarders	Hoarders "Phyllis/ Janet"	Hoarders "Stacey/ Roi"	Hoarders "Lisa/ Bertha"	★ ★ ★ Con Air ('97, Act) John Cusack, Nicolas Cage.	★ ★ ★ The Expendables ('10, Act) Jet Li.											
AMC	60	131*	254*	7:50 Summer ...	★ ★ ★ Footloose Kevin Bacon. When a city kid moves to a town where dancing is outlawed, he decides to change the rules.	★ ★ ★ Road House Patrick Swayze. A pro bouncer is hired to ensure that a rowdy bar is safer for the patrons and musicians.	★ ★ ★ Ghostbusters ('84, Com) Bill Murray, Three parapsychologists open a ghost removal business in New York.	★ ★ ★ Ghostbusters II													
ANPL	24	184*	282*	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law	Northwood Law
CMT	43	166*	327*	Hot 20 Countdown																	
CNBC	72	208*	355*	Paid	Paid	Paid	Paid	Paid	Paid	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank
CNN	68	200*	202*	State of the Union With Jake Tapper		Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom
DISC	51	182*	278*	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Naked "All Falls Down"	Naked "Forsaken"	Naked "Frozen in Fear"	Naked "Pick Your Poison"								
DISN	26	173	21	BigCity	BigCity	Amphibia	BigCity	Raven's.	Sydney Max	JustRollwit	Andi Mack	Bunk'd	BigCity	★ ★ ★ Finding Nemo Albert Brooks.	★ ★ ★ Finding Dory ('16, Ani) Ellen DeGeneres.	★ ★ ★ Rollwit					
ESPN	33	140*	206*	Softball International Cup Site: South Commons Softball Complex -- Columbus, Ga. (L)		Adventure Racing	Poker World Series (L)			Baseball T. "Sunday Night Countdown" (L)	NBA: The Jump (L)	NBA Basketball Summer League -- Las Vegas, Nev. (L)									
ESPN2	34	143*	209*	Cornhole ACL Pro Invitational		eSports "Overwatch League" (L)	NBA Basketball Summer League S.A./Cha.H. (L)	NBA Basketball Summer League Min./Atl. (L)	PFL 4-6 (N)	MLB Baseball Classics											
FNC	66	205*	360*	America's News HQ	America's News HQ	Fox News Sunday	Journal Editorial R.	America's News HQ	The Greg Gutfeld Show	Fox Report	Fox News Sunday	Watters World									
FOOD	61	110*	231*	Pioneer	Pioneer	Pioneer	Pioneer	Cooking (N)	Giada (N)	Basics	Barefoot	The Kitchen	The Kitchen	FoodTruck "Tampa 911"	Game "Full-On Fried"	Guy's Grocery Games					
FREE	32	180*	311*	★ ★ ★ Twilight (2008, Drama) Robert Pattinson, Billy Burke, Kristen Stewart. A teenager yearning for belonging unexpectedly falls in love with a vampire.		★ ★ ★ The Twilight Saga: New Moon ('09, Dra) Kristen Stewart. When Edward leaves town, Bella turns to Jacob for comfort but soon learns he has a secret.	★ ★ ★ The Twilight Saga: Eclipse ('10, Dra) Kristen Stewart. A teenage girl must choose between her vampire boyfriend and her werewolf friend.														
FX	65	136*	248*	7:30 Spider-Man	★ ★ ★ Spider-Man 2 ('04, Action) Kirsten Dunst, James Franco, Tobey Maguire.	★ ★ ★ The Amazing Spider-Man ('12, Act) Emma Stone, Andrew Garfield.	★ ★ ★ The Amazing Spider-Man 2 Andrew Garfield.														
GOLF	88	401*	218*	Golf Cent. Pre-game (L)	PGA Golf 3M Open (L)	Pre-game	EPGA Golf Irish Open Site: Lahinch Golf Club -- Lahinch, Ireland	LPGA Golf Thornberry Creek Classic Site: Thornberry Creek at Oneida (L)	Golf C. (N)												
GSN	76	116*	233*	ChainReact.	ChainReact.	AmerSays	AmerSays	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab
HALL	87	185*	312*	★ Love by Chance ('16, Com) Brenda Strong.		★ Sister of the Bride ('16, Rom) Becca Tobin.	★ Sailing Into Love (2019, Romance)	★ Love Unleashed ('16, Rom) Jen Lilley.	Good Witch (N)												
HGTV	62	12*	299*	Property Brothers	Property Brothers	Property Brothers: F	Property Brothers: F	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper
HIST	50	120*	269*	Counting Cars: Drive "You Never Forget Your First Z28" A client asks Danny to find and build a 1979 Camaro Z28 to commemorate his first car.		Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars
LIFE	29	180*	252*	Joel Osteen	Paid	★ ★ ★ Sister Act 2: Back in the Habit Whoopi Goldberg.	★ The Gift ('15, Thril) Joel Edgerton, Rebecca Hall, Jason Bateman.	★ Unforgettable ('17, Thril) Katherine Heigl, Rosario Dawson.	Movie												
NICK	27	171	300	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	★ ★ ★ To Be Announced	★ ★ ★ Sponge	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House	★ ★ ★ Loud House
PRMT	42	241*	241	Bar Rescue "Beach Rats"	Bar Rescue "Punk as a Drunk"	Bar Rescue "Karaoke Katastrophe"	Bar Rescue "Mississippi Rears"	Bar Rescue "Swinging From the Rafters"	Bar Rescue "Craving In"	Bar Rescue "Muscle Madness"	Bar Rescue "Shamrocks and Shenanigans"	Bar Rescue "Whipped Into Shape"									
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	In Depth	Mariners Spotlight	Mariners Access (N)	Mariners Pre-game (L)	MLB Baseball Oakland Athletics at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)									
SYFY	67	122*	244	★ ★ ★ Twilight Zone	★ ★ ★ Twilight Zone	★ ★ ★ Solace A psychic is asked to help the FBI catch a killer, who they discover is a psychic as well.	★ ★ ★ Spider-Man 3 ('07, Act) Kirsten Dunst, Tobey Maguire. Peter's dark side surfaces after he comes in contact with a black suit from another world.	★ ★ ★ Iron Man Robert Downey Jr..													
TBS	59	139*	247	Queens	Queens	MLB Baseball New York Yankees at Tampa Bay Rays Site: Tropicana Field (L)	Queens	★ ★ ★ Blended ('14, Com) Drew Barrymore, Adam Sandler.	★ ★ ★ Man of Steel ('13, Act) Henry Cavill.												
TCM	56	132*	256	8:30 ★ ★ ★ It Happened One Night ('34, Rom) Claudette Colbert.	★ Born Yesterday A young man is hired to teach a former chorus girl how to become a more refined lady.	★ The Yellow Rolls-Royce A yellow Rolls Royce Phantom II links three stories from different time periods.	★ ★ ★ Steel Magnolias Sally Field. Five women regularly gather at a small-town Louisiana beauty shop to share stories.	★ ★ ★ Imitation of Life ('59, Dra) Lana Turner.													
TLC	49	183*	280	Yes Dress	Yes Dress	Yes Dress	Yes Dress	90 Day Fiancé	90 Day Fiancé	90 Day "It's Go Time"	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	
TNT	57	138*	245	NCIS:NO "Rogue Nation"	★ ★ ★ Remember the Titans ('00, Dra) Denzel Washington.	★ ★ ★ The Game Plan Dwayne Johnson.	★ ★ ★ Madea Goes to Jail ('09, Com) Tyler Perry.	★ ★ ★ Get Hard ('15, Com) Will Ferrell.													
UNI	21	-	-	Dr. Juan	★ El albañil ('75, Com/Dra) Vicente Fernández.	Republica deportiva	Al punto	Aquí y ahora	Como dice el dicho	María	Noticiero	Fútbol Central									
USA	58	105*	242	Queen of the South "Noche de las Chicas"	Law & Order: Special Victims Unit "Poxies"	Law & Order: Special Victims Unit "Abuse"	Law & Order: S.V.U. "Repression"	Law & Order: S.V.U. "Surveillance"	Law & Order: Special Victims Unit "Criminal"	Law & Order: Special Victims Unit "Outcry"	Law & Order: Special Victims Unit "Night"	Law & Order: Special Victims Unit "Storm"									
WE	118	128*	260	Paid	Paid	Bridezillas	Bridezillas	Law&Order "Star Struck"	Law & Order "Severance"	Law & Order	Law & Order "Trust"	Law & Order "Vengeance"	Law & Order								
WGN	-	239*	307	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops
PREMIUM																					
HBO	518	303	504	8:25 ★ ★ ★ Signs ('02, Thril) Mel Gibson.	★ ★ ★ Robin Hood Robin Hood & his band of Merry Men plan to rob the Sheriff of Nottingham's treasury.	★ ★ ★ The Ring Two Rachel digs into the past of Samara, a ghost who is trying to take over her son's body.	★ ★ ★ Divorce	★ ★ ★ Years and Years	★ ★ ★ Little Fockers A father-in-law still has doubts about his son-in-law even after 10 years of marriage.	RamyYousef:Feelings											
HBO2	520	304	505	★ ★ ★ Hulk An accidental experiment transforms a geneticist into a powerful giant green brute.	★ ★ ★ The Nun A priest and a young nun encounter a terrifying evil in a cloistered Romanian abbey.	To Be Announced	★ ★ ★ Beefest Two brothers travel to Munich, Germany, where they take part in a secret beefest.	★ ★ ★ Deadpool 2 Deadpool assembles a new team of mutants called X-Force to protect the life of a child.	★ ★ ★ Big Little Lies												
HBO3	521	302*	503*	7:40 ★ ★ ★ The Notting Hill	★ ★ ★ Disclosure After refusing his boss's advances, an executive is accused of sexual harassment.	★ ★ ★ Wall Street: Money Never Sleeps Wall Street traders work together to alert the financial world of the impending doom.	★ ★ ★ Tag ('18, Com) Annabelle Wallis, John Hamm, Jeremy Renner.	★ ★ ★ Last Week	★ ★ ★ 50 First Dates ('04, Rom) Drew Barrymore, Adam Sandler.												
MAX	549	311	516	8:25 ★ ★ ★ Bruce Almighty Jim Carrey.	★ ★ ★ Spanglish A mother immigrates to the U.S. & becomes a housekeeper in a dysfunctional household.	★ ★ ★ Jett "Frank Sweeney"	★ ★ ★ Anchorman: The Legend of Ron Burgundy A sexist anchorman feels threatened by a woman.	★ ★ ★ The Great White Hype ('96, Com) Samuel L. Jackson.	★ ★ ★ The Hot Chick ('02, Com) Anna Faris, Rob Schneider.												
SHOW	578	319	546	8:00 ★ ★ ★ Midnight ...	★ ★ ★ Molly's Game Jessica Chastain. A former athlete runs an illegal gambling operation for Hollywood's rich and famous.	★ ★ ★ Rounders A student who vows to give up gambling is forced to play for high stakes to help a friend.	★ ★ ★ Escape From L.A. ('96, Act) Stacy Keach, Kurt Russell.	★ ★ ★ Hotel Artemis A hospital for criminals comes under siege by a crime boss who wants his property back.	★ ★ ★ Cartoon President												
STARZ	621	351	526	7:35 ★ ★ ★ For Richer or ...	★ ★ ★ Just Go With It A plastic surgeon convinces his assistant to pose as his soon-to-be ex-wife.	★ ★ ★ Live Free or Die Hard John McClane takes on a group of terrorists who are hacking into government files.	★ ★ ★ The Rook	★ ★ ★ The Possession of Hannah Grace ('18, Hor) Shay Mitchell.	★ ★ ★ Casino The rise and fall of ill-fated mobsters in a Las Vegas casino during the 1970s.												
STZENC	644	341	536	7:35 ★ ★ ★ On Her Majesty's Secret Service	★ ★ ★ The Man From Snowy River	★ ★ ★ Waterworld Kevin Costner. In a world engulfed by water, a drifter equipped with gills fights off a group of raiders.	★ ★ ★ The Strangers ('08, Hor) Scott Speedman, Liv Tyler.	★ ★ ★ Crocodile Dundee ('86, Adv) Linda Kozlowski, Paul Hogan.	★ ★ ★ Crocodile Dundee II Paul Hogan.												

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