

	CH	DISH	DTV	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
<b>BROADCAST</b>																						
KFFX	11	-	11	8:00 FIFA Soccer World Cup (L)	FIFA Women's World Cup Today (L)	PBC "Manny Pacquiao vs. Keith Thurman" (N)	Culture Click	Rock the Park	2 Broke Girls	Mom	2 Broke Girls	Mom	Two and a Half Men	Last Man Standing	MLB Baseball (L)							
KPTV	3	-	-	8:00 FIFA Soccer World Cup (L)	FIFA Women's World Cup Today (L)	PBC "Manny Pacquiao vs. Keith Thurman" (N)	Elizabeth Stanton	Paid Program	Paid Program	★ ★ ★ Constantine ('05, Sci-Fi) Keanu Reeves. A woman enlists the help of an exorcist to solve her sister's mysterious suicide.						MLB Baseball (L)						
KEPR	19	19	19	Tails of Valor	The Inspectors	Paid Program	Paid Program	Major League Fishing (N)			PGA Golf 3M Open Round 3 Site: TPC Twin Cities -- Blaine, Minn. (L)			Paid Program	Paid Program	Inside Edition	Paid Program	Washington Journal	Health Journal			
KOIN	19	-	-	Tails of Valor	The Inspectors	Paid Program	Paid Program	Major League Fishing (N)			PGA Golf 3M Open Round 3 Site: TPC Twin Cities -- Blaine, Minn. (L)			Paid Program	Paid Program	Extra Weekend		KOIN Local 6 @ 5 (N)	KOIN 6 News (N)			
KNDU	25	6	25	23	Paid Program	Paid Program	Paid Program	Paid Program	UCI Cycling Tour de France	AMA Motocross RedBud National (L)	Horse Race Belmont Oaks Invitational Breeder's Cup Challenge Series Site: Belmont Park -- Elmont, N.Y. (L)	The Voyager	Earth Odyssey (N)	NASCAR Auto Racing Coke Zero Sugar 400 Monster Energy Cup Series (L)								
KGW	8	-	-	Consumer 101 (N)	Paid Program	L McKenzie Traveler	Paid Program	UCI Cycling Tour de France	AMA Motocross RedBud National (L)	Horse Race Belmont Oaks Invitational Breeder's Cup Challenge Series Site: Belmont Park -- Elmont, N.Y. (L)	Paid Program	Paid Program	NASCAR Auto Racing Coke Zero Sugar 400 Monster Energy Cup Series (L)									
KVEW	42	4	42	-	Hearts of Heroes	The Great Dr. Scott	Rock the Park	Vacation Creation	Paid Program	Paid Program	eSports Coverage of the Overwatch league playoffs. Toronto Defiant vs. Atlanta Reign		World of X Games "The Score Baja 500" (N)	The Apollo Chronicles "Into the Unknown" (N)		Matter of Fact	Paid Program	Extra Weekend				
KATU	5	-	-	Wild Countdown	Ocean Treks	Hearts of Heroes	The Great Dr. Scott	Rock the Park	Vacation Creation	eSports Coverage of the Overwatch league playoffs. Toronto Defiant vs. Atlanta Reign		World of X Games "The Score Baja 500" (N)	Paid Program	Three Wide Life	Paid Program	James Brown (N)	KATU News at 5 (N)	ABC World News (N)				
KTNW	-	31	31	OldHouse "The Net Zero Bungalow/ Plunge Pool"	Project "Hot Stuff"	Milk Street	Mexico: One Plate	Fons & Porter Quilt	Sewing With Nancy	Quilting Arts	Washington Grown	MAKERS "Preserved"	Joy of Painting	Paint This	Amer. Test Kitchen	A Chef's Life	Innovations in Medicine	Second Opinion	Rick Steves' Europe (N)	Newshour. (N)		
OPB	59	13	-	-	SciGirls	Biz Kid\$	Garden Smart	Garden Home	Life in Bloom	Quilting Arts	Why Quilts Matter	It's Sew Easy	RaichlenProjectFire	Amer. Test Kitchen	Free Range Cook	Martha Bakes	Motorweek	Woodwright's Shop	Woodworking	Ask This Old House	This Old House (N)	Newshour. (N)
<b>CABLE</b>																						
A&E	52	118*	265*	Flipping Vegas	Zombie House Flipping	Zombie House Flipping	Live Rescue	Live PD								Live PD						
AMC	60	131*	254*	8:00 ★ ★ ★ ★ ★ Stand by Me Wil Wheaton.	★ ★ ★ ★ ★ Fast Times at Ridgemont High Follow six teenagers through every one of their escapades for one year of high school.	Tanked!	Tanked!	Tanked!	Tanked!	★ ★ ★ Summer Rental An air-traffic controller takes a vacation where everything is out of control.	★ ★ ★ Footloose Kevin Bacon. When a city kid moves to a town where dancing is outlawed, he decides to change the rules.	★ ★ ★ Road House (1989, Action) Sam Elliott, Ben Gazzara, Patrick Swayze.										
ANPL	24	184*	282*	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!	Tanked!
CMT	43	166*	327*	Hot 20 Countdown	Freedom Sing "Concert"	★ ★ ★ Here Comes the Boom ('12, Act) Kevin James.	★ ★ ★ Billy Madison ('95, Com) Adam Sandler.	Movie														
CNBC	72	208*	355*	Paid	Paid	Paid	Paid	Paid	Paid	Boss "Stella & Dot"	Boss "Loehmann's"	Undercover Boss	Under Boss "YESCO"	Boss "AdvantaClean"	Undercover Boss							
CNN	68	200*	202*	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom							
DISC	51	182*	278*	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Mystery Museum	Deadliest Catch "Winter Is Here"							
DISN	26	173	21	BigCity	BigCity	Amphibia	BigCity	Raven's.	Sydney Max	JustRollwit	Andi Mack	Bunk'd	BigCity	Raven's.	Raven's.	Raven's.	:35 Sydney	:05 ★ ★ ★ Finding Nemo	Movie			
ESPN	33	140*	206*	5:00 ITF Tennis Wimbledon Men's and Women's Third Round Site: All England Lawn Tennis and Croquet Club -- Wimbledon, England	NBA: The Jump (L)	NBA Basketball Summer League -- Las Vegas, Nev. (L)	NBA: The Jump (L)	UFC UFC 239 (L)														
ESPN2	34	143*	209*	Softball International Cup (L)	To Be Announced	Softball International Cup (L)	SportsCenter (N)	Poker World Series (L)														
FNC	66	205*	360*	America's News HQ	America's News HQ	Journal Editorial R.	America's News HQ	Fox Report	Life, Liberty & Levin	Watters World												
FOOD	61	110*	231*	S. Kitchen	S. Kitchen	Pioneer (N)	Pioneer	Southern	GirlFarm	Cupcake Championship	Diners "All Stacked Up"	Diners, Drive-Ins	Diners, Drive-Ins	Diners "Mex to the Max"								
FREE	32	180*	311*	7:00 ★ ★ ★ ★ ★ Willy Won... abilities uses her powers against grown-ups.	★ ★ ★ ★ ★ Matilda A young girl with telekinetic abilities uses her powers against grown-ups.	★ ★ ★ ★ ★ Twilight (2008, Drama) Robert Pattinson, Billy Burke, Kristen Stewart. A teenager yearning for belonging unexpectedly falls in love with a vampire.	★ ★ ★ The Twilight Saga: New Moon ('09, Dra) Kristen Stewart. When Edward leaves town, Bella turns to Jacob for comfort but soon learns he has a secret.	:40 ★ ★ ★ The Twilight S...														
FX	65	136*	248*	8:30 ★ ★ ★ Zoom Tim Allen.	★ ★ ★ Spider-Man ('02, Act) Willem Dafoe, Tobey Maguire.	★ ★ ★ Spider-Man 2 ('04, Action) Kirsten Dunst, James Franco, Tobey Maguire.	★ ★ ★ Iron Man 3 ('13, Act) Robert Downey Jr..															
GOLF	88	401*	218*	Golf Cent. Pre-game (L)	PGA Golf 3M Open (L)	Pre-game	EPGA Golf Irish Open Site: Lahinch Golf Club -- Lahinch, Ireland	LPGA Golf Thornberry Creek Classic Site: Thornberry Creek at Oneida (L)	Golf C. (N)													
GSN	76	116*	233*	ChainReact.	ChainReact.	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	AmerSays	
HALL	87	185*	312*	8:00 ★ One Winter Pr...	★ Flip That Romance ("Rom) Julie Gonzalo.	★ The Sweetest Heart ('18, Rom) Julie Gonzalo.	★ Love to the Rescue ("Rom) Nikki Deloach.	★ Sister of the Bride ("Rom) Becca Tobin.														
HGTV	62	12*	299*	Fixer Upper	Boise Boys (N)	Fixer Upper	Fixer Upper	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	B. Hunters	
HIST	50	120*	269*	Ax Men: Outdoors "Rygaard's Revenge" Rygaard Logging is fighting to get back on track with the help of patriarch Craig Rygaard.	Ax Men "Getting a Leg Up"	Ax Men "Take This Log and Shove It"	Ax Men "Reunited and It Feels Like Wood"	Ax Men "Back in Black"	Ax Men "All Hail The King"	★ ★ ★ ★ Hacksaw Ridge Andrew Garfield.												
LIFE	29	180*	252*	Paid	Paid	Paid	Paid	★ Stalked by My Doctor Eric Roberts.	★ Unwanted Guest Beth Littleford.	★ Til Ex Do Us Part ('18, Thril) Kelly Sullivan.	★ Secrets in a Small Town ("Thrill) Rya Kihlstedt.											
NICK	27	171	300	SpongeBob	TMNT/TMNT	SpongeBob	SpongeBob	SpongeBob	SpongeBob	P Ranger	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Loud House	Loud House	Loud House	Loud House	Loud House	Loud House	
PRMT	42	241*	241	Bar Rescue	★ The Mummy: Tomb of the Dragon Emperor Two explorers return to save the world after their son resurrects an evil Chinese emperor.	★ ★ ★ ★ The Mummy ('99, Adv) Rachel Weisz, John Hannah, Brendan Fraser. Adventurers inadvertently resurrect a malevolent force with unspeakable power.	★ ★ ★ The Mummy Returns ('01, Adv) Rachel Weisz, Brendan Fraser. A 3,000-year-old mummy is resurrected and resumes its evil quest for immortality.															
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Charlie Moore	Crackerbox Racing	Journal	Journal	Footvll 2015 Lauderdale By-the-Sea Open	Arenacross	Champions Tennis Legends QQ Series -- Charleston, S.C.	Mariners Spotlight	Mariners Spotlight						
SYFY	67	122*	244	★ House of the Witch A demonic witch unleashes her wrath on a group of high school students.	★ Tremors 6: A Cold Day in Hell Burt Gummer and his son Travis must fend off weaponized Graboids.	★ Solace A psychic is asked to help the FBI catch a killer, who they discover is a psychic as well.	:15 ★ London Has Fallen Mike Banning uncovers a plot to kill the world's leaders at the Prime Minister's funeral.	:15 ★ ★ ★ ★ Real Steel Hugh Jackman.														
TBS	59	139*	247	Queens	Queens	★ ★ ★ ★ This Is Where I Leave You	★ ★ ★ The Change-Up ('11, Com) Jason Bateman.	★ ★ ★ Horrible Bosses ('11, Com) Jason Bateman.	★ ★ ★ Horrible Bosses 2 Jason Bateman.													
TCM	56	132*	256	★ ★ ★ ★ Treasure Island A cabin boy and a pirate match wits when they hunt for treasure on an island.	★ ★ ★ ★ The Yearling A lonely boy must make a difficult choice regarding the future of his pet deer.	:15 ★ The Wizard of Oz A tomato carries a young girl to a magical land where she encounters witches & wonders.	:15 ★ The Muppets Take Manhattan The Muppets hit the streets of Manhattan to find someone to produce their show.	★ ★ ★ The Battle of Algiers Ibrahim Haggiag.														
TLC	49	183*	280	Four Weddings	Four Weddings	Four Weddings	Four Weddings	Kate Plus Date	Kate Plus Date	Kate Plus Date	Kate Plus Date	Kate Plus Date	Kate Plus Date	90 Day Fiancé								
TNT	57	138*	245	NCIS: New Orleans	★ ★ ★ Sully ('16, Dra) Aaron Eckhart, Tom Hanks.	★ ★ ★ ★ Star Wars: Episode IV - A New Hope Mark Hamill.	:45 ★ ★ ★ Safe House ('12, Act) Denzel Washington.	★ ★ ★ Flight														
UNI	21	-	-	Atencion	Atencion	Naturale	Naturale	Pagado	Pagado	Pagado	Pagado	Sin Rollo	Como dice el dicho	Los guapos	Los guapos	Renta Co	Renta Co	Vecinos	Vecinos			
USA	58	105*	242	The Radkes	Chrisley Knows Best	Chrisley Knows Best	★ ★ ★ ★ Fantastic Beasts and Where to Find Them Some of Newt Scamander's creatures escape in New York.	:25 ★ ★ ★ Harry Potter and the Half-Blood Prince ('09, Adv) Daniel Radcliffe. Harry Potter and Dumbledore embark on a dangerous set of tasks to defeat an evil enemy.	:50 ★ ★ ★ Harry Potter and the Deathly Hallows: Part 1													
WE	118	128*	260	Paid	Paid	Criminal Minds "Fate"	C.Minds "Amelia Porter"	Criminal Minds	C.Minds "Anonymous"	Criminal Minds	C.Minds "Hero Worship"	Criminal Minds "Scream"	Crim. Minds "Lockdown"									
WGN	-	239*	307	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	Married	
<b>PREMIUM</b>																						
HBO	518	303	504	Sesame Street (N)	Sesame Street	:55 ★ ★ ★ Paddington 2 ('17, Ani) Ben Whishaw, Michael Gambon.	:40 ★ Teen Titans Go! To the Movies ('18, Ani) Nicolas Cage, Scott Menville.	:05 ★ ★ ★ Rush Hour 2 (2001, Action) Chris Tucker, Zhang Ziyi, Jackie Chan.	:35 ★ The Old Man & the Gun ('18, Com) Sissy Spacek, Robert Redford.	:10 ★ ★ ★ Date Night (2010, Comedy) Steve Carell, Mark Wahlberg, Tina Fey.	:40 ★ ★ ★ A Star Is Born											
HBO2	520	304	505	7:35 ★ ★ ★ Veronica ...	:25 ★ ★ ★ Steve Jobs ('15, Bio) Michael Fassbender. Co-founder and Apple CEO Steve Jobs's story is told.	Real Sports With Bryant Gumbel	★ ★ ★ BlackKlansman A black detective infiltrates the Ku Klux Klan while investigation the organization.	:45 ★ ★ ★ True Justice For decades, Bryan Stevenson has advocated for the poor and the condemned.	Divorce	★ ★ ★ Robin Hood ('10, Adv) Russell Crowe.												
HBO3	521	302*	503*	8:40 ★ ★ ★ Honey ('03, Dra) Jessica Alba.	:20 ★ ★ ★ Blockers Three parents try to stop their daughters from losing their virginity on prom night.	:05 ★ ★ ★ Bad Times at the El Royale Strangers have a chance meeting at El Royale, each of them holding on to a dark past.	★ ★ ★ Love & Other Drugs A free spirit meets her match when she's introduced to a charming pharmaceutical salesman.	:25 ★ ★ ★ Justice League ('17, Action) Ben Affleck, Jason Momoa, Gal Gadot.														
MAX	549	311	516	8:35 ★ ★ ★ Daylight ('96, Act) Amy Brenneman, Sylvester Stallone.	★ ★ ★ Victory Nazi officers challenge Allied PoWs to a soccer match for propaganda purposes.	★ ★ ★ The Warrior's Way ('10, Act) Kate Bosworth, Dong-gun Jang.	:15 ★ ★ ★ Seventh Son The last remaining knight in a mystical order trains a prophesized hero to fight a witch.	Jett "Daisy"	:05 Jett "Charles Junior"													
SHOW	578	319	546	8:00 ★ ★ ★ Ali ('01, Biography) Mario Van Peebles, Jamie Foxx, Will Smith.	:45 ★ ★ ★ Gone in 60 Seconds A retired car thief re-enters the business to steal 50 cars with his crew in one night.	:45 ★ ★ ★ Revolver A gambler finds his life in danger when he beats a local crime boss in a game of chance.	★ ★ ★ The Italian Job Thieves plan the heist of their lives by creating the largest traffic jam in L.A. history.	Cartoon President	The Loudest Voice "1995"													
STARZ	621	351	526	7:40 ★ ★ ★ Prince of... (Ani) Voices of Steve Carell, Jim Carrey.	:40 ★ ★ ★ Horton Hears a Who! ('08, Ani) Voices of Steve Carell, Jim Carrey.	:10 ★ ★ ★ Old Dogs ('09, Com) Robin Williams, Kelly Preston, John Travolta.	:40 ★ ★ ★ Saving Mr. Banks The incredible true story of the making of the classic 'Mary Poppins.'	:50 ★ ★ ★ Starz Insider	★ ★ ★ The Front Runner Senator Gary Hart's presidential campaign is derailed by allegations of an affair.	:55 ★ ★ ★ The Rock	:50 ★ ★ ★ Live Free or Di...											
STZENC	644	341	536	★ ★ ★ Raising Arizona ('87, Comedy) Holly Hunter, Trey Wilson, Nicolas Cage.	:35 ★ ★ ★ Critters ('86, Com) Billy Zane, Dee Wallace Stone.	:05 ★ ★ ★ Dirty Dancing ('87, Dan) Jennifer Grey, Patrick Swayze.	:50 ★ ★ ★ Dirty Dancing 2: Havana Nights ('04, Rom) Diego Luna.	:15 ★ ★ ★ Another 48 Hours A San Francisco detective is reluctantly teamed with an ex-con to solve a case.	:55 ★ ★ ★ Romancing the Stone													
C = Charter; DISH = DISH; DTV = DirecTV																						
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.																						
SPORTS										MOVIES						NEWS						