

July Neighborhood Happenings

Sign up now for Pee Wee Football

PENDLETON — Pendleton Parks & Rec is gearing up for Pee Wee Flag Football, from July 30 to Aug. 29, on Tuesdays and Thursdays from 6 to 7 p.m. at Community Park East. Both boys and girls will play together in 1st-2nd and 3rd-4th grade divisions. Practice will cover football fundamentals followed by a short, structured game. A \$32 registration fee includes a team T-shirt. Parents interested in coaching should call 541-276-8100.



Calling all Hermiston Tri-athletes!

HERMISTON — Sign up by July 17 for the Hermiston Kids Triathlon.

This event is a combination of swimming, biking, and running in a low-key, enjoyable race. No experience is necessary. Athletes participate in age categories of 4-6 years and 7-12 years. Parents may assist during the three stages. The event will be held at 9 a.m. on Saturday, Aug. 3 at the Hermiston Family Aquatic Center.

Entry fee is \$20 for residents, \$23 for non-residents. For details or to register, call 541-289-7665.

PCA offers movies and art adventures

PENDLETON — Pendleton Center for the Arts is hosting a series of Art Adventure workshops for children up to 12, with projects tailored for different ages. Children 8 and under must have a parent present. Classes run 10:30 to noon, Tuesdays through Thursdays, but kids can drop in for a day or sign up for a full session. Thematic sessions include: World of Color (July 9-11); Artsy Science Party Part 1 (July 16-18); Making Marks (July 23-25); Artsy

Science Party Part 2 (July 30-Aug. 1). Cost: \$20 per week or \$10 drop-in per session.



And for teens who are budding filmmakers, Film Production with J.J. is offered in two sessions: July 16-18 and July 23-25. Local actor and director J.J. Hill provides guidance, tips, and tricks for a successful filming production. Learn hands-on skills and have the opportunity to play a small role in J.J.'s film, all for free! For details and to register, call 541-278-9201.

Email your local events to editor@eoparent.com.



- Adult, Child and Family Therapy
- Psychiatric Evaluation and Treatment
- Mental Health and Crisis Services
- Confidential and Professional Care

LIFEWAYS PENDLETON
331 SE 2nd Street
Office: 541-276-6207

LIFEWAYS HERMISTON
595 NW 11th Street
Office: 541-567-2536

Crisis Phone: 866-343-4473

www.lifeways.org



Enjoy this puzzle with a family member or friend!

INDEPENDENCE DAY WORD SEARCH

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FOURTH
JULY
HOLIDAY
FLAG
DAY
PICNICS

FIREWORKS
SAFETY
CELEBRATION
PARADES
FAMILY
DECLARATION

INDEPENDENCE
AMERICA
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