

Weekday Afternoon

June 26, 2019 to July 2, 2019

|                  | CH  | DISH | DTV  | 12 PM   | 12:30  | 1 PM   | 1:30  | 2 PM  | 2:30  | 3 PM   | 3:30  | 4 PM  | 4:30  | 5 PM  | 5:30  |
|------------------|-----|------|------|---|--|--|---|---|---|--|---|---|---|---|---|
| <b>BROADCAST</b> |     |      |      |   |  |  |   |   |   |  |   |   |   |   |   |
| KFFX             | 11  | -    | 11   | Ocean Mysteries/<br>Soccer  | (Wed Mon)<br>Divorce Court                                 | (Wed Mon) Steve!                                       |   | J.Mathis/ Paid  | (Thu Fri Tue)<br>Divorce Court  | The People's Court   |   | Paid Program  | Mom   | Last Man Standing   | Last Man Standing   |
| KPTV             | 3   | -    | -    | (Wed Mon) 12 O'Clock News / (Thu Fri Tue) Soccer                      |  | (Wed Mon) The Wendy Williams Show                      | Face the Truth / (Fri) Into the Wild                                | Face the Truth / (Fri) E. Stanton                                   | P.Court/ OutSpace/ Xploratn   | (Thu) Nature/(Fri) Am. Athlete   | (Wed) Timbers/Judy  | (Wed) Soccer / Judge Judy   | 5 O'Clock News  |   |   |
| KEPR             | 19  | 2    | 19   | Funny You Should Ask  | The Bold and the Beautiful                                 | The Talk   | Let's Make a Deal   |   | Dr. Phil  |  | Judge Judy  | Judge Judy  | Action News at 5:00 p.m.  | CBS Evening News  |   |
| KOIN             | 19  | -    | -    | KOIN Local 6 at Noon  | The Bold and the Beautiful                                 | The Talk   |   | The 700 Club  | Dr. Phil  |  | KOIN Local 6 @ 4  |   | KOIN Local 6 @ 5  | KOIN Local 6 @ 5  |   |
| KNDU             | 25  | 6    | 25   | TMZ   | Paid Program   | Days of Our Lives                                      |   | The Wendy Williams Show   | Daily Mail TV   | Daily Mail TV  | The Ellen DeGeneres Show  |   | News/(Fri) Local News at 5  | NBC Nightly News With Lester Holt                                   |   |
| KGW              | 8   | -    | -    | KGW News at Noon  | Paid Program   | Days of Our Lives                                      |   | The Dr. Oz Show   | The Ellen DeGeneres Show  |  | KGW News at 4:00 p.m.   |   | KGW News at 5:00 p.m.   | NBC Nightly News With Lester Holt                                   |   |
| KVEV             | 42  | 4    | 42   | Strahan and Sara  |  | General Hospital                                       |   | The Doctors   | The Rachael Ray Show  |  | The Dr. Oz Show   |   | Local News at 5:00  | ABC World News  |   |
| KATU             | 5   | -    | -    | Strahan and Sara  |  | General Hospital                                       |   | Afternoon Live  | Who Wants to Be a Millionaire?  | Who Wants to Be a Millionaire?   | KATU News First at Four   |   | KATU News at 5:00 p.m.  | ABC World News  |   |
| KTNW             | -   | 31   | 31   | (Wed Thu Tue) Amanpour/Company / (Fri) Alcohol / (Mon) British Baking |  | Various  | Various   | Esmonde Technique   | Let's Go Luna!  | Nature Cat   | Ready Jet Go!   | Wild Kratts   | Odd Squad   | Arthur / (Mon) Biz Kid\$  | Nightly Business Report   |
| OPB              | 59  | 13   | -    | Various   | Various  | Various  | Various   | Nature Cat  | Ready Jet Go!   | Arthur   | Arthur  | Odd Squad   | Odd Squad   | Wild Kratts   | Wild Kratts   |
| <b>CABLE</b>     |     |      |      |   |  |  |   |   |   |  |   |   |   |   |   |
| A&E              | 52  | 118* | 265* | Various   | (Fri) Live PD  | Various  | (Fri) Live PD   | Various   | (Fri) Live PD   | Various  | S. Wars/ Live PD  | Various   | S. Wars/ Live PD  | Various   | (Wed) Storage W.  |
| AMC              | 60  | 131* | 254* | (Mon) * Focus ('15, Com/Dra)  | (Wed) * Rambo: First Blood Part I...                       | (Thu) * Field of Dreams ('89, Dra)                     | (Tue) * ** Escape Plan (2013, Action)                               | (Wed) * War Dogs/(Fri) * The Sandlot/(Mon) * Cast Away              | (Thu) * The Great Outdoors  | (Tue) * ** Enemy of the State (1998, Action)                           | (Wed) * Pearl Harbor  | (Thu) * My Cousin Vinny   |   |   |   |
| ANPL             | 24  | 184* | 282* | The Zoo   |  | Pit Bulls & Parolees                                   |   | Pit Bulls & Parolees  | (Wed-Fri) Monsters/(Mon Tue) D.Waters   | Various  | Various   | Various   | Various   | (Fri) NatureSolved  |   |
| CMT              | 43  | 166* | 327* | Reba  | Reba   | Home I./ Reba  | Home I./ Reba   | Home Improve.   | Home Improve.   | Home Improve.  | Home Improve.   | Home Improve.   | Home Improve.   | Last Man/ Home I.   | Last Man/ Home I.   |
| CNBC             | 72  | 208* | 355* | Closing Bell  |  |  |   | Fast Money  | (Fri) Options   | Mad Money  |   | No Deal/ Shark T./ Greed  | No Deal/ Shark T./ Greed  |   |   |
| CNN              | 68  | 200* | 202* | CNN Newsroom  |  | The Lead With Jake Tapper                              |   | The Situation Room With Wolf Blitzer                                |   | The Situation Room With Wolf Blitzer                                   |   | OutFront  |   | Anderson Cooper 360   |   |
| DISC             | 51  | 182* | 278* | Various   |  | Various  |   | Various   |   | Various  |   | Various   |   | Various   |   |
| DISN             | 26  | 173  | 21   | Various   | Jessie/ StuckM.  | Various  | Various   | Sydney/ StuckM.   | Raven's./ Sydney  | Various  | Various   | Various   | Various   | Various   | Various   |
| ESPN             | 33  | 140* | 206* | (Wed-Fri) NBA: The Jump   |  | (Wed-Fri) High Noon                                    | Highly?/ Get Up!  | (Wed-Fri) Around the Horn   | (Wed-Fri) Pardon the Interruption   | SportsCenter   | Various   |   | (Thu Fri) O.J.: Made in America / (Tue) 30 for 30                   |   |   |
| ESPN2            | 34  | 143* | 209* | (Wed-Fri) NFL L/(Mon Tue) The Jump                                    |  | (Wed-Fri) The Jump/(Mon Tue) NFL L..                   | High Noon/ Boxing   | Highly?/ Jump   | (Wed-Fri) Horn  | Interrupt/ NFL   | NFL/ Woj&Lowe   | (Fri) Football  | O.J./ Jump  | (Thu) Football  |   |
| FNC              | 66  | 205* | 360* | Shepard Smith Reporting   |  | Your World   |   | The Five  |   | Special Report With Bret Baier   |   | The Story   |   | Tucker Carlson Tonight  |   |
| FOOD             | 61  | 110* | 231* | Various   | Various  | Pioneer Woman  | Pioneer Woman   | Various   | (Fri) Diners...Dives  | Various  | (Fri) Diners...Dives  | Various   | (Fri) Diners...Dives  | Various   | (Fri) Diners...Dives  |
| FREE             | 32  | 180* | 311* | (Thu Fri) The Middle  | (Thu) * Miss Cong...y/ (Fri) Middle                        | (Wed Fri Tue) The Middle                               | The Middle  | The Middle  | The Middle  | (Wed Mon Tue) The Middle   | (Wed Mon Tue) The Middle  | (Wed Mon Tue) The Middle  | (Wed Mon Tue) The Middle  | (Wed Mon Tue) The Middle  | (Wed Mon Tue) The Middle  |
| FX               | 65  | 136* | 248* | Met Your Mother   | Mother/ M.Molly  | Mother/ M.Molly  | Movie   | Movie   | (Wed Fri T) Mike&M.   | Various  | (Fri) * Life/(Mon) * Avatar   | Movie   | Movie   | Movie   | Movie   |
| GOLF             | 88  | 401* | 218* | Various   | (Wed Tue) Golfer   | (Wed Tue) Golfer                                       | School/ Driven  | (Wed) PGA Tour  | Lessons/ Card   | (Wed Mon Tue) Golf C./(Thu Fri) Golf                                   | Various   | Various   | Various   | Various   | (Tue) Golfer  |
| GSN              | 76  | 116* | 233* | Wheel of Fortune  | Wheel of Fortune   | Match Game   | Match Game  | Catch 21  | Catch 21  | The Chase  | Best Ever Trivia  | America Says  | America Says  | America Says  | ComKnowl.   |
| HALL             | 87  | 185* | 312* | Various Movies  |  | Various Movies   |   | Various Movies  |   | Various Movies   |   | Various Movies  |   | Various Movies  |   |
| HGTV             | 62  | 12*  | 299* | Fixer Upper / (Mon)   | Love It or List It   | Various  | (Thu) House Hunt.   | Various   | (Thu) House Hunt.   | Various  | (Thu) House Hunt.   | Various   | (Thu) House Hunt.   | Various   | (Thu) House   |
| HIST             | 50  | 120* | 269* | Various   | (Wed) Pawn Star / (Tue) CountCars                          | Various  | (Wed) Pawn Star / (Tue) CountCars                                   | Various   | (Wed) Pawn Star / (Tue) CountCars   | Various  | (Wed) Pawn Star / (Tue) CountCars                                   | Various   | (Tue) Counting Cars   | (Wed) Pawn S./(Thu Mon) A. Pickers/(Fri) Aliens/(Tue) CountCars     |   |
| LIFE             | 29  | 180* | 252* | Wife Swap/(Fri) * Poinsettias for Chr...                              | Wife Swap  | Wife Swap  | Wife Swap/(Fri) * My Christmas Inn                                  | Wife Swap   | Wife Swap   | Wife Swap/(Fri) * The Flight Before...                                 | Wife Swap   | Wife Swap   | Wife Swap   | Wife Swap   | Wife Swap   |
| NICK             | 27  | 171  | 300  | PAW/ :05 Smarter  | Various  | Various  | Various   | Various   | RyanPly/ PAW  | (Fri)MonTue) Sponge  | (Fri)MonTue) Sponge   | Various   | Various   | LoudH./ Loud H.   | :25 Loud H/ Loud H.   |
| PRMT             | 42  | 241* | 241  | Bar Rescue  |  | Bar Rescue   |   | Two and a Half Men  | Two and a Half Men  | Two and a Half Men   | Two and a Half Men  | Mom / (Mon) Two and a Half Men                                      | Mom / (Mon) Two and a Half Men                                      | Mom / (Mon) Two and a Half Men                                      | Mom / (Mon) Two and a Half Men                                      |
| ROOT             | 37  | -    | -    | Paid Program  | Paid Program   | The Dan Patrick Show                                   |   | (Thu) Mariners Post-game  | (Thu) The Dan Patrick Show  | (Thu) Soccer   | Mariners/ Focus./ Udeniab   | Pre-game/ In Depth  | Various   | (Thu Mon Tue) MarinersSpot.   |   |
| SYFY             | 67  | 122* | 244  | (Wed) :15 * The Legend of Hercules                                    | (Tue) :25 * ** Blade/(Thu) * Tremors 6: A Cold Day in Hell | (Mon) :35 * Dragonball Evolu...                        | (Fri) * Underworld: Awa...  | (Thu) * Terminator Salva...   | (Tue) * ** Blade II (2002, Action)  | (Mon) * ** Blade (1998, Action) / (Fri) :45 * Annabelle (2014, Horror) | (Wed) :45 * Ghostbusters  | (Thu) * Underworld: Rise...   | (Tue) * ** Blade: Trinity ('04, Thril)                              |   |   |
| TBS              | 59  | 139* | 247  | Friends   | Friends  | Friends/ Am.Dad  | Friends/ Am.Dad   | Friends/ Am.Dad   | Friends/ Am.Dad   | Friends/ BobBurg.  | Friends/ BobBurg.   | Am.Dad/ BobBurg.  | Am.Dad/ BobBurg.  | Am.Dad/ BobBurg.  | Am.Dad/ BobBurg.  |
| TCM              | 56  | 132* | 256  | (Fri) :15 * ** The Clock (1944, Romance)                              | (Thu) * The Gallant Hours                                  | (Mon) * ** Lili (1952, Musical)                        | (Fri) * A Star Is Born  | (Wed) :45 * The Man With the Go...                                  | (Thu) * The Wings of Eagles   | (Tue) * * Central Park (1932, Comedy)                                  | Various   |   | (Tue) * Metropolis ('26, Fant)                                      |   |   |
| TLC              | 49  | 183* | 280  | Weddings/ Say Yes   | (Mon Tue) Say Yes  | Four Weddings  |   | Four Weddings   | Say Yes/ Wedding  | (Wed-Fri) Say Yes  | 600-lb/ Say Yes/ Wedding  |   | (Thu) Fiancé/(Fri Mon Tue) Yes Dress                                |   |   |
| TNT              | 57  | 138* | 245  | Supernatural  |  | (Wed Mon Tue) Super./(Thu Fri) Bones                   | (Wed Mon Tue) Super./(Thu Fri) Bones                                | Various   |   | (Thu Fri) Bones  |   | Movie   | (Mon) * RoboCop   |   |   |
| UNI              | 21  | -    | -    | Noticiero Univ.   | Nosotros guapos  | Doña Flor y Sus Dos Maridos                            |   | Hoy   | Sin Tu Mirada   | El gordo y la flaca  |   | Impacto/ P. Luche   | (Tue) Noticiero   |   |   |
| USA              | 58  | 105* | 242  | (Wed Mon) Chicago P.D. / (Fri Tue) Law & Order: S.V.U.                | (Wed Mon) Chicago P.D. / (Fri Tue) Law & Order: S.V.U.     | (Wed Mon) Chicago P.D. / (Fri Tue) Law & Order: S.V.U. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D.           | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D.    | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. | (Wed Fri Tue) Law & Order: S.V.U. / (Thu) NCIS / (Mon) Chicago P.D. |
| WE               | 118 | 128* | 260  | Law & Order: C.I. / (Tue) CSI: Miami                                  |  | Law & Order: C.I. / (Tue) CSI: Miami                   |   | Law & Order: C.I. / (Tue) CSI: Miami                                |   | Law&O./ Law&O.: C.I./ CSI  |   | Law&O./ Law&O.: C.I./ C.Minds                                       |   | Various   |   |
| WGN              | -   | 239* | 307  | In the Heat of the Night  |  | In the Heat of the Night                               |   | In the Heat of the Night  |   | In the Heat of the Night   |   | (Wed) In Heat of Night / Blue Bloods                                |   | (Wed) * ** Out for Justice / BlueB.                                 |   |
| <b>PREMIUM</b>   |     |      |      |   |  |  |   |   |   |  |   |   |   |   |   |
| HBO              | 518 | 303  | 504  | (Mon) The Making of/(Mon) :15 * ...                                   | (Thu) :45 Real Sports                                      | (Fri) :05 * Robin Hood/(Wed) :15 ...                   | (Thu) :45 * Bessie (2015, Docu-Drama)                               | (Mon) * Bringing Down the House                                     | (Wed) * Rescue Dawn ('06, War)  | (Fri) * The Hate U Give/(Thu) :40 ...                                  | (Mon) :20 * Ocean's 8   | (Tue) :35 * Little Fockers ('10, Com)                               | (Wed) :05 * Bad Times at the El ...                                 | (Thu) :40 * Movie / (Fri) :45 Justice                               |   |
| HBO2             | 520 | 304  | 505  | (Tue) * A Fantastic Fear of...  | (Wed) :35 * Indian Signs                                   | Summer/(Fri) :50 * ...                                 | (Mon) * Steve Jobs/(Tue) :40 ...                                    | (Wed) :15 * Self-Less ('15, Sci-Fi)                                 | (Fri) :40 * * Cop Out ('10, Act)/(Thu) :45 * ** Skyscraper ('18, Act)         | (Mon) :35 * ** Paradise Lost 3: ...                                    | (Tue) :05 * ...   | (Thu) * The Ladykillers   | (Mon) :15 True Justice: Bryan Stevenson's Fight For Equality        |   |   |
| HBO3             | 521 | 302* | 503* | (Tue) * Boys Don't Cry/(Mon) :20 * Down a Dark Hall                   | (Fri) :05 * Deadwood                                       | (Thu) :25 * BlackKkKlansman                            | (Mon) * ** Predators/(Tue) * The Miseducation of Cameron Post       | (Fri) * ** The Guru ('02, Comedy)                                   | (Tue) :35 * In the Valley of Elah/(Thu) :40 * Crazy Rich Asians/(Wed) :45 ... | (Fri) :40 * ** Our Family Wedding (2010, Comedy)                       | Various Movies  |   |   |   |   |
| MAX              | 549 | 311  | 516  | (Fri) :20 * ** Beyond Borders (2003, Romance)                         | (Tue) * Bad Girls/(Mon) :20 ...                            | (Wed) :45 * The Town/(Thu) :45 * The Men of Honor      | (Fri) * Cat People/(Tue) :40 * The Last Boys                        | (Wed) :50 * The Last Seduction                                      | (Thu) :55 * The 33 ('15, Doc/Dra)   | (Fri) * The Town/(Mon) * Soldier/(Tue) * Daylight                      | (Wed) :40 * Vanilla Sky   |   |   |   |   |
| SHOW             | 578 | 319  | 546  | (Thu) * Some Kind of Wonderful/(Fri) * The People Under the Stairs    | (Wed) :15 * I Feel Pretty ('18, Com)                       | (Thu) :45 * Movie / (Fri) :45 RobG.                    | (Mon) :55 * White Chicks/(Tue) * Black Hawk Down                    | (Fri) * The Italian Job/(Wed) :15 * ...                             | (Thu) * Playing It Cool/(Mon) :45 * Escape From L.A.                          | (Tue) * The Italian Job ('03, Act)                                     | (Fri) * Risky Business  | (Mon) :25 * Air Force One   |   |   |   |
| STARZ            | 621 | 351  | 526  | (Thu) :10 * The League of Extraor...                                  | (Mon) The Rook/(Wed) :55 ...                               | (Tue) :25 The Rook                                     | (Fri) :25 Starz Insider/(Fri) :35 ...                               | (Thu) :05 * The Front Runner/(Tue) :15 * Eastern Promises           | (Wed) * Apollo 13 ('95, Doc/Dra)  | (Fri) :45 Princess   | (Thu) * Dodgeball: A True Underdog...                               | (Fri) :45 * The Green Hornet  | (Wed) :25 * Romancing the S...                                      | (Thu) :35 * Movie / (Fri) :35 * Movie                               |   |
| STZENC           | 644 | 341  | 536  | (Wed) :05 * She-Devil/(Thu) :20 ...                                   | (Tue) :35 * The Heartbreak Kid/(Mon) :35 * The Rocker      | (Fri) :25 * Most Wanted                                | (Mon) :20 * Blown Away  | (Tue) :35 * The Thing/(Thu) :40 ...                                 | (Fri) :10 * Primary Colors ('98, Dra)   | (Wed) :40 * Maximum Overd...   | (Mon) :25 * Mark Felt: The Man ...                                  | (Tue) :25 * Flatliners  | (Wed) :20 * Something New   | (Fri) :35 * Blood Father ('16, Action)                              |   |

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