

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
<b>BROADCAST</b>																
KFFX	11	-	11	AgDay	The Game	Good Day			Caught in Providence	Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	(Wed Mon) Chicago P.D. / (Thu Fri) World Cup Today / (Tue) FIFA Live			
KPTV	3	-	-	Good Day Oregon at 6:00 a.m.		Good Day Oregon			MORE Good Day Oregon			MORE Good Day Oregon			(Wed Mon) Rachael Ray / (Thu Fri) World Cup Today / (Tue) FIFA Live	
KEPR	19	2	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			Pickler & Ben			The Price Is Right			The Young and the Restless	
KOIN	19	-	-	(Wed) KOIN Local 6 at 6 / KOIN Local 6 at 6am	(Wed) KOIN Local 6 at 6 / KOIN Local 6 at 6am	CBS This Morning			Let's Make a Deal			The Price Is Right			The Young and the Restless	
KNDU	25	6	25	5:30 Early Today	Today			Today III			Today With Hoda and Jenna			Who Wants to Be a Millionaire?	Hot Bench	
KGW	8	-	-	KGW News at Sunrise at 6 AM		Today			Today III			Today With Hoda and Jenna			Daily Blast Live	Daily Blast Live
KVEV	42	4	42	Good Morning	Good Morning	Good Morning America			Live With Kelly and Ryan			The View			Paid Program	Right This Minute
KATU	5	-	-	5:00 KATU News This Morning		Good Morning America			AM Northwest			The View			Live With Kelly and Ryan	
KTNW	-	31	31	Esmonde Technique	(Wed Thu Tue) Yoga / (Fri Mon) Yoga	Ready Jet Go!	Wild Kratts	Sesame Street	Splash and Bubbles	Dinosaur Train	The Cat in the Hat	Daniel Tiger's Neighborhood	Super WHY!	Pinkalicious & Peterrific	Sit and Be Fit	
OPB	59	13	-	Yoga/ Sit Fit/ Stretch	Wild Kratts	Nature Cat	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Splash and Bubbles	Sesame Street	Dinosaur Train	The Cat in the Hat	
<b>CABLE</b>																
A&E	52	118*	265*	Info-Documentary	Info-Documentary	Various		(Mon) Dog B.H.	First 48/ Live PD/ Dog B.H.	(Wed Thu Tue) First 48/ (Mon) Dog B.H.	(Wed Thu Tue) First 48/ (Mon) Dog B.H.	Various		Various		
AMC	60	131*	254*	Paid Program		Paid Program		Paid Program		Various	(Wed-Fri) The Three Stooges	(Wed) Rambo III/ (Thu) Walk the Line/ (Fri) National Lampoon's An...	(Tue) 𠄎*** Double Jeopardy (1999, Suspense)			
ANPL	24	184*	282*	The Crocodile Hunter		(Wed-Fri) Cutest/ (Mon Tue) Dr. Dee		(Wed-Fri) Cat Hell/ (Mon Tue) Dr. Jeff	(Wed-Fri) Dr. Dee/ (Mon Tue) Cat/ Hell	(Wed-Fri) Dr. Dee/ (Mon Tue) Cat/ Hell	(Wed-Fri) Dr. Jeff/ (Mon Tue) Animal	The Secret Life of the Zoo				
CMT	43	166*	327*	CMT Music		CMT Music / (Thu) Throwback		CMT Music / (Thu) Throwback		Roseanne	Roseanne	Roseanne	Roseanne	Reba/ Rose.	Reba/ Rose.	
CNBC	72	208*	355*	Squawk on the Street		Squawk Alley		Fast Money Halftime Report		The Exchange		Power Lunch				
CNN	68	200*	202*	CNN Newsroom		CNN Newsroom		At This Hour with Kate Bolduan		Inside Politics		CNN Right Now With Brianna Keilar		CNN Newsroom		
DISC	51	182*	278*	Various		Various		Various		Various		Various		Various		
DISN	26	173	21	Nancy/ (Mon) Mickey	Mickey/ (Mon) Puppy	Gigantos/ Puppy	MuppetB./ Vamp	Various	Various	Various	Vamp/ StuckM.	Various	Various	BigCity/ StuckM.	BigCity/ StuckM.	
ESPN	33	140*	206*	5:00 Get Up!		(Wed-Fri) First Take		(Wed-Fri) SportsCenter		(Wed-Fri) Outside the Lines		(Wed-Fri) NFL Live				
ESPN2	34	143*	209*	(Wed-Fri) SportsCenter		(Wed-Fri) Get Up! / (Mon Tue) First Take		(Wed-Fri) First Take/ (Mon Tue) SportC		(Mon Tue) OLines	(Mon Tue) NFLLive	(Wed-Fri) Jalen & Jacoby				
FNC	66	205*	360*	America's Newsroom		Outnumbered		Outnumbered Overtime		The Daily Briefing With Dana Perino						
FOOD	61	110*	231*	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	Pioneer Woman	Various	Various	Various	Various	
FREE	32	180*	311*	Paid Program	Paid Program	Reba	Reba	Reba	Reba	700 Club/ Reba	(Fri Mon Tue) 700 Club Interactive	(Fri Mon Tue) The 700 Club	Various		(Thu Fri) The Middle	
FX	65	136*	248*	Paid Program	Paid Program	Various Movies			Various Movies	(Thu) 𠄎*** Happy Death Day/ (Tue) 𠄎 Mechanic: Resurrection	Met Your Mother					
GOLF	88	401*	218*	(Mon Tue) Morning Drive	(Wed) Morning Drive / (Thu Fri) Golf	(Wed) Golf / (Mon) Golf / (Tue) Golf	(Fri) Golf	Various		Various	Various	Various	Various	Various	Golfer/ Pre-game	
GSN	76	116*	233*	Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	Match Game	Catch 21	America Says	America Says	
HALL	87	185*	312*	The Golden Girls	The Golden Girls	Home and Family			Home and Family			Various Movies				
HGTV	62	12*	299*	Paid Program	Various	Various	Mtn Life/ IslndLif	Various	Various	Various	Various	Various	Various	Various	Various	
HIST	50	120*	269*	Info-Documentaries	Info-Documentaries	Various	(Tue) Counting Cars: Drive	Various	(Tue) Counting Cars	Various	(Tue) Counting Cars	Various	(Wed) Pawn/ (Tue) C.Cars: Drive	Various	(Wed) Pawn Star / (Tue) CountCars	
LIFE	29	180*	252*	Paid Program	Life Today	Enjoying Life	Various	The Closer/ (Fri) 𠄎 A Gift Wrapped C...	The Closer		The Closer/ (Fri) 𠄎 The Christmas Co...		The Closer			
NICK	27	171	300	F.House/ Lopez	Sponge/ Lopez	PAW/ Sponge	PAW/ Sponge	PAW Patrol	PAW/ P. Pig	PAW/ Guppies	PAW/ (Fri) RyanPly	Various	ALVIN/ PAW	Various	Top Wing/ Loud H.	
PRMT	42	241*	241	Paid Program		Paid Program		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Rich Eisen Show / (Thu) In Depth	(Thu) Mariners All Access	(Thu) Mariners Pre-game	(Thu) Baseball			
SYFY	67	122*	244	The Twilight Zone	Twilight/ Z Nation/ Face Off	(Wed Thu Mon) The Twilight Zone	Various	(Mon) The Twilight Zone	Various	(Mon) 𠄎*** Dark Tide (2012, Thriller)	CSI/ Z Nation/ Face Off	(Wed) 𠄎 The Scorpion King 2:...	(Thu) CSI: Crime Scene Investigation/ (Fri) Z Nation	(Thu) CSI: Crime Scene		
TBS	59	139*	247	Loves Ray	Loves Ray	King of Queens	King of Queens	Queens/ Friends	Queens/ Friends	Sein./ (Mon) Friends	Sein./ (Mon) Friends	Sein./ Friends	Friends	Friends	Friends	
TCM	56	132*	256	(Tue) 𠄎 Bunker Bean/ (Fri) :15 𠄎 ...	(Wed) :45 𠄎 Never Say Goodbye	(Thu) 𠄎 The Hill ('65, War)/ (Tue) :15 𠄎 That Girl From Paris ('37, Mus)	(Fri) :15 𠄎 Till the Clouds Roll By	(Wed) 𠄎 Home From The Hill	(Thu) :15 𠄎 The Way Ahead/ (Tue) :15 𠄎 Don't Tell the Wife	(Mon) 𠄎*** Gaby (1956, War)	(Fri) 𠄎 The Harvey Girls	(Thu) 𠄎 Sahara	(Mon) :45 𠄎 The Glass Slipper			
TLC	49	183*	280	(Wed-Fri) Not-Wear/ (Mon Tue) Sextuple	OutDaughtered		OutDaughtered		Various		Various		(Wed-Fri) Say Yes	Say Yes/ Say Yes	Say Yes/ Say Yes	
TNT	57	138*	245	Charmed		Charmed		Charmed		Charmed		Supernatural				
UNI	21	-	-	Como dice el dicho		Despierta America			La Gata							
USA	58	105*	242	CSI: Crime Scene Investigation		NCIS: Los Angeles		NCIS		(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.			
WE	118	128*	260	Emotional Mojo	Paid Program		Paid Program		Paid Program	Paid Program	Law & Order: C.I. / (Tue) CSI: Miami	Law & Order: C.I. / (Tue) CSI: Miami	Law & Order: C.I. / (Tue) CSI: Miami			
WGN	-	239*	307	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote				
<b>PREMIUM</b>																
HBO	518	303	504	(Fri) Bubble/ (Mon) :15 Class Divide	(Tue) The Making of/ (Wed) :45 M...	(Thu) 𠄎 Just Wright	(Wed) :25 𠄎 Movie / (Mon) LastWk	(Mon) :05 𠄎 Signs ('02, Thril)	(Thu) :45 𠄎*** Dave ('93, Com)	(Wed) The Making of/ (Fri) 𠄎 Ever After: A Cinderella Story/ (Tue) 𠄎 We...	(Mon) :55 𠄎 The Client ('94, Thril)	(Thu) :40 𠄎 Valentine's Day	(Fri) :05 The Making of	(Wed) 𠄎 The Invasion ('07, Hor)		
HBO2	520	304	505	Various Movies		(Wed) 𠄎*** Arachnophobia (1990, Suspense)		Various		(Fri) :20 𠄎*** The Client (1994, Thriller)	(Tue) :55 𠄎*** Amelie ('01, Comedy)/ (Thu) :05 𠄎*** Disclosure ('94, Dra)/ (Wed) :15 𠄎 A Star Is Born ('18, Dra)	(Fri) :25 𠄎 Half Baked				
HBO3	521	302*	503*	Various		(Mon) 𠄎*** Where the Heart Is (2000, Comedy)	(Tue) :35 𠄎 Get Over It	(Wed) :55 𠄎 Pride/ (Thu) 𠄎 Po...	(Mon) :35 𠄎 Justice League	(Tue) :05 San Francisco 2.0	(Wed) :45 𠄎*** Halloween II/ (Thu) :45 𠄎 The Inevitable Defeat of Mist...	(Mon) :40 𠄎*** Twisted ('04, Thril)	(Fri) 𠄎 Collateral	(Thu) :35 𠄎 The Human Stain		
MAX	549	311	516	(Wed) 𠄎 Arthur/ (Fri) 𠄎 Ci...	(Tue) :50 See You Yesterday	(Mon) :05 𠄎 Voyage of the Da...	(Wed) :40 𠄎 Under the Tuscan...	(Fri) :05 𠄎 Smilla's Sense of Snow/ (Thu) :15 𠄎 Lost in America	(Tue) :15 𠄎 Goodbye Christo...	(Wed) :35 𠄎 For Love of the Game...	(Fri) :10 𠄎*** King Arthur (2004, Fantasy)	(Tue) :05 𠄎 E.T. the Extra-Terrest...	(Mon) :25 𠄎 Against the Ropes			
SHOW	578	319	546	5:30 𠄎 Blankman	(Fri) :25 𠄎 The Catcher Was a Spy	(Thu) 𠄎 Show Dogs/ (Tue) :05 𠄎 The Naked Gun 33 1/3: The Final Insult	(Wed) 𠄎 Honey, I Blew Up the Kid	(Thu) 𠄎 The Dark Tower/ (Tue) 𠄎 Beverly Hills Ninja/ (Mon) :40 𠄎 De...	(Wed) 𠄎*** Stripes ('81, Com)	(Fri) 𠄎 Panic Room	(Mon) :35 𠄎*** Cadillac Man (1990, Comedy/Drama)	(Wed) 𠄎 The Lizzie McGuire Movie				
STARZ	621	351	526	(Wed) :05 𠄎 GoldenEye	(Mon) :50 𠄎 A Family Man	(Thu) :55 𠄎 The Front Runner/ (Tue) :15 𠄎 The Proposal	(Wed) :15 𠄎 Movie / (Fri) :20 Insider	(Fri) 𠄎 Down Periscope	(Tue) :05 𠄎*** Screen 2 ('97, Hor)	(Wed) :40 𠄎 Domestic Disturb...	(Fri) :05 𠄎 The Order ('03, Thril)	(Mon) :40 Starz Insider	(Tue) :05 𠄎 Only the Brave	(Fri) :50 𠄎 Just Married ('03, Com)		
STZENC	644	341	536	(Thu) :20 𠄎 Inside Out ('15, Ani)	(Fri) 𠄎 Blood Father	(Wed) 𠄎 Proud Mary (2018, Action)	(Thu) 𠄎 The Lone Ranger	(Wed) :35 𠄎 Dragonfly/ (Mon) :40 𠄎 Sabrina	(Fri) :50 𠄎 Charlie St. Cloud	(Tue) :15 𠄎 Never Say Never Again	(Thu) 𠄎 The Other Guys/ (Mon) :50 𠄎 The Jewel of the Nile	(Fri) 𠄎*** Witness ('85, Cri)				

C - Charter; DISH - DISH; DTV - DirecTV  
 \* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

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