

Wednesday Best Bets

MasterChef

KFFX KTVB 8:00 p.m.

The top 18 contestants have their first team challenge in a new episode of this competition series. They're tasked with dishing up party food for 100 VIP guests at a pool party celebrating 'MasterChef's' 10-year anniversary.

NCIS: The Cases They Can't Forget

KEPR KOIN 9:00 p.m.

Rocky Carroll brings viewers fascinating real-life cases from the Naval Criminal Investigative Service in this new episode. Agents who have worked on some of the agency's most significant cases reveal how they track criminals and solve mysteries.



Alec Baldwin hosts "Match Game"

Match Game

KVEW KATU 10:00 p.m.

Alec Baldwin hosts as contestants try to match wits with celebrities in this updated version of the classic TV game show. This new episode features Chris Parnell, Whitney Cummings, Jane Krakowski, Sarah Chalke, Rob Riggle and Tony Rock.

Homestead Rescue

DISC 10:00 p.m.

When torrents of storm water threaten the homestead of musician Lou and his girlfriend Stacy, Marty comes up with a plan for a huge diverter trench in this new episode. With a storm in the forecast, only time will tell if the rescue will succeed.

Wednesday Evening

June 19, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
BROADCAST																		
KFFX	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	MasterChef (N)		1st Respond "Episode 102" (N)		First at Ten (N)	:35 Dateline		:35 Mike&M.	:05 Mike&M.	:35 2½Men	
KPTV	3	-	-	6 O'Clock News (N)		Family Feud	Family Feud	MasterChef (N)		1st Respond "Episode 102" (N)		10 O'Clock News (N)	News (N)	Page Six TV	TMZ Live!			
KEPR	19	19	19	News (N)	Inside Edition	The Big Bang	The Simpsons	The Amazing Race (N)		NCIS: Cases (N)		S.W.A.T. "1000 Joules"	News (N)	:35 The Late Show		:35 J.Corden		
KOIN	19	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	The Amazing Race (N)		NCIS: Cases (N)		S.W.A.T. "1000 Joules"	KOIN6News (N)	:35 The Late Show		:35 J.Corden		
KNDU	25	6	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)		To Be Announced		To Be Announced	The InBetween (N)	News (N)	:35 The Tonight Show (N)		:35 Late Night	
KGW	8	-	-		KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition	To Be Announced		To Be Announced		The InBetween (N)	News (N)	:35 The Tonight Show (N)		:35 Late Night		
KVEW	42	4	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra		Press Your Luck (N)		Card Sharks (N)	Match Game (N)	News (N) :05 Jimmy Kimmel	:05 Nightline		:35 Minute	
KATU	5	-	-		KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune	Press Your Luck (N)		Card Sharks (N)		Match Game (N)	News (N)	:35 Jimmy Kimmel Live		:35 Nightline		
KTNW	-	31	31		PBS NewsHour (N)	World News	WealthTrack	Rivers of Life "The Nile" (P) (N)		When Whales Walked: Journeys in Deep Time (N)		Amanpour and Company (N)	Newsline	Japan (N)				
OPB	59	13	-	-	Journeys Japan	Business (N)	PBS NewsHour (N)	Rivers of Life "The Nile" (P) (N)		When Whales Walked: Journeys in Deep Time (N)		Secrets of the Dead	PBS NewsHour					
CABLE																		
A&E	52	118*	265*		Storage Wars	Storage Wars	Wahlburgers	Wahlburgers		Wahlburgers (N)		The Employables (N)	:05 Wahlbrg "Be a Good Sport"		:05 Wahlburgers			
AMC	60	131*	254*		*** Taken ('08, Thril) Famke Janssen, Liam Neeson.		*** The Expendables 2 ('12, Act) Sylvester Stallone.			*** The Expendables 3 (2014, Action) Jason Statham, Jet Li, Sylvester Stallone.		Movie						
ANPL	24	184*	282*		Woods Law "Bait and Switch"		North Woods Law			North Woods Law: Uncuffed "Wilderness Crime Scenes" (N)		Woods Law "No Trespassing"	Woods Law "The Hunt Begins"		North Woods Law: Uncuffed			
CMT	43	166*	327*		Last Man St.	Last Man St.	*** Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.			Yellowst "A Thundering" (SP) (N)		*** Tombstone ('93, West) Val Kilmer, Kurt Russell.						
CNBC	72	208*	355*		Deal or No Deal (N)	Deal or No Deal "Hoop Dreams" (N)	Deal or No Deal		Deal or No Deal "Hoop Dreams"	Deal or No Deal "Southern Charm"		Paid Program	Paid Program	Paid Program	Paid Program			
CNN	68	200*	202*		Cuomo Prime Time		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon	Anderson Cooper 360		Cuomo Prime Time	CNN Tonight With Don Lemon		CNN Tonight With Don Lemon			
DISC	51	182*	278*		Expedition Unknown		Exp.Unk. "Atlantis of the Andes"		Exp. Unknown "Lost Mexican City and City of Gold"	Rescue "Wisconsin Washout" (N)		Raising Wild "Trial by Fire"	Exp. Unknown					
DISN	26	173	21		Bunk'd	Raven's Home	Sydney Max	:25 JustRollwit	JustRollwit (N)	JustRollwit	Coop & Cami	Sydney Max	Amphibia	Big City Greens	JustRollwit	Andi Mack	Bunk'd	Bunk'd
ESPN	33	140*	206*		4:00 NCAA Baseball		MLB Baseball San Francisco Giants at Los Angeles Dodgers Site: Dodger Stadium (L)			SportsCenter (N)		SportsCenter (N)	SportsCenter		SportsCenter			
ESPN2	34	143*	209*		Jalen & Jacoby		NBA Mock Draft Special		SportsCenter (N)	SportsCenter (N)		NBA Draft Preview	NowNever (N)	MLB Baseball San Francisco vs L.A. Dodgers				
FNC	66	205*	360*		Hannity		The Ingraham Angle		Fox News @ Night	Tucker Carlson Tonight		Hannity	The Ingraham Angle		Fox News @ Night			
FOOD	61	110*	231*		Guy's Grocery Games		Guy's Grocery Games		Game "Young Guns Showdown"	Game "All-Stars' Full Meal" (N)		Guy's Game "Culinary Idols"	Guy's Game "Budget War"		Game "All-Stars' Full Meal"			
FREE	32	180*	311*		*** Hotel Transylvania ('12, Ani) Kevin James, Adam Sandler.		Grown-ish (N)		*** Meet the Parents (2000, Comedy) Robert De Niro, Blythe Danner, Ben Stiller.	The 700 Club		*** The House Bunny						
FX	65	136*	248*		4:30 *** Get Out		*** The Equalizer (2014, Action) Chloë Grace Moretz, Marton Csokas, Denzel Washington.		*** The Equalizer (2014, Action) Chloë Grace Moretz, Marton Csokas, Denzel Washington.									
GOLF	88	401*	218*		5:00 Golf's Greatest Rounds (N)		Golf Central		AsianTour Golf Korea Open Round 1 Site: Woo Jeong Hills Country Club -- Seoul, South Korea (L)									
GSN	76	116*	233*		ComKnowl.	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	
HALL	87	185*	312*		5:00 *** Falling for You		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HGTV	62	12*	299*		Buying and Selling		Buying and Selling		Property "From Fault to Vault"	Property Br. "Family Friends" (N)		House Hunt. (N)	House (N)	Boise Boys (N)		Property Br. "Family Friends"		
HIST	50	120*	269*		Forged in Fire "Spiked Shield"		Forged "The Landsknecht Sword"		Forged in Fire "The Partizan" (N)	Forged "The Messer Sword" (N)		:05 Butcher "Raising the Steaks"	:05 Forged Fire "Pioneer Sword"		:05 Forged "The Messer Sword"			
LIFE	29	180*	252*		Wife Swap "Talbot and Broider"		Married "Nice To Marry You"		Married at (N)	Married "Something Borrowed, Someone New" (N)		:05 DanceMom "Choose Wisely"	:05 Married at First Sight		Married at First Married			
NICK	27	171	300		Loud House	Loud House	You Smarter (N)		*** Madagascar 3: Europe's Most Wanted ('12, Ani) Ben Stiller.	SpongeBob		Friends 1/2	Friends 2/2	Friends	:35 Friends	:10 Friends	:45 Friends	
PRMT	42	241*	241		Mom	Mom	*** John Wick: Chapter 2 (2017, Action) Common, Ruby Rose, Keanu Reeves.		Yellowst "A Thundering" (SP) (N)	Yellowstone "A Thundering"		Yellowstone "A Thundering"						
ROOT	37	-	-		3:30 Baseball	Post-game	Pre-game		MLB Baseball Kansas City Royals at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash.	Post-game		Boxing Golden Boy						
SYFY	67	122*	244		4:00 *** Harry Potter & the Or...		:05 *** Fantastic Beasts and Where to Find Them ('16, Adv) Ezra Miller, Eddie Redmayne.		Krypton "Ghost in the Fire" (N)	*** Arrival ('16, Dra) Jeremy Renner, Amy Adams.								
TBS	59	139*	247		Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal	Conan	Full Frontal	Seinfeld	Conan	
TCM	56	132*	256		5:00 *** Seven Brides for Seve...		*** Hit the Deck ('55, Mus) Debbie Reynolds, Tony Martin.		*** Three Sailors and a Girl ('53, Mus) Gordon MacRae, Jane Powell.	*** Athena ('54, Rom) Debbie Reynolds.		Movie						
TLC	49	183*	280		My 600-lb Life "Sean"		My 600-lb Life "Jennifer and Marissa and Liz" (N)		My 600-lb Life "Sarah's Story"			My 600-lb Life						
TNT	57	138*	245		*** Red ('10, Act) Mary-Louise Parker, Bruce Willis.		*** Red 2 (2013, Action) Helen Mirren, John Malkovich, Bruce Willis.		*** S.W.A.T. (2003, Action) Colin Farrell, Michelle Rodriguez, Samuel L. Jackson.									
UNI	21	-	-		P. Luche	Noticiero Univ.	CONCACAF Fútbol Copa Oro Mexico vs. Canada (L)		La Reina Soy Yo	La rosa de Guadalupe		Impacto extra	NoticieroUni	Rosa				
USA	59	105*	242		Law & Order: S.V.U. "Screwed"		Law&Order: SVU "Undercover"		Law & Order: S.V.U. "Authority"	Law&Order: SVU "Transitions"		Law & Order: S.V.U. "Ballerina"	Modern Family	Modern Family	Modern Family	Modern Family		
WE	118	128*	260		Law & Order		LawOrder "Teenage Wasteland"		Law & Order "Phobia"	Law & Order "A Losing Season"		Law & Order "Swept Away"	Law & Order "Bronx Cheer"		Law & Order "Ego"			
WGN	-	239*	307		Cops	Cops	Cops	Cops	Cops	Cops	Cops	Pure "The Proposal"	Married, Child	Married, Child				
PREMIUM																		
HBO	518	303	504		5:15 *** A Star Is Born ('18, Dra) Lady Gaga.		Vice News (N)		*** The Hate U Give ('18, Cri) Regina Hall, Amandla Stenberg.	:15 Euphoria		:15 Big Little Lies		:15 *** Deadwood				
HBO2	520	304	505		:05 *** Geostorm ('17, Act) Abbie Cornish, Gerard Butler.		Euphoria (N)		Wig (N)	:35 I Be Knowin'		:35 *** Bad Times at the El Royale (2018, Mystery)						
HBO3	521	302*	503*		5:15 Ice on Fire		:55 *** The Danish Girl ('15, Bio) Alicia Vikander, Eddie Redmayne.		Big Little Lies	*** Down to You ('99, Rom) Freddie Prinze Jr.		:35 AXIOS		:15 *** In Her Shoes				
MAX	549	311	516		:05 *** Body Heat ('81, Cri) William Hurt, Kathleen Turner.		*** Justice League ('17, Act) Ben Affleck, Gal Gadot.		*** The Abyss (1989, Sci-Fi) Mary Elizabeth Mastrantonio, Michael Biehn, Ed Harris.									
SHOW	578	319	546		4:35 *** Mystic River		:55 City on a Hill		*** Mile 22 ('18, Action) Iko Uwais, Mark Wahlberg.	:35 City on a Hill		:40 16 Shots		:15 DesMero	Movie			
STARZ	621	351	526		5:45 *** Jumping the Broom		:40 *** Ride ('18, Thril) Jessie T. Usher.		*** The Wrestler ('08, Dra) Mickey Rourke.	:50 *** The Girl in the Spider's Web ('18, Cri) Claire Foy.		Movie						
STZENC	644	341	536		4:35 *** The Lone Ranger		:10 *** A Man Apart ('03, Act) Juan Fernandez, Vin Diesel.		*** 8 Mile ('02, Drama) Kim Basinger, Eminem.	:55 *** Basic Instinct ('92, Thril) Sharon Stone, Michael Douglas.								

C - Charter; DISH - DISH; DTV - DirecTV

* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS