

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
BROADCAST																
KFFX	11	-	11	AgDay	The Game	Good Day	(Thu) FIFA Women's World Cup Today	In Providence / (Thu) Soccer	Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	Chicago P.D. / (Thu) FIFA Women's World Cup Today				
KPTV	3	-	-	Good Day Oregon at 6:00 a.m.	Good Day Oregon	Good Day Oregon	(Thu) FIFA Women's World Cup Today	MORE Good Day Oregon / (Thu) Soccer	MORE Good Day Oregon	MORE Good Day Oregon	MORE Good Day Oregon	The Rachael Ray Show / (Thu) FIFA Women's World Cup Today				
KEPR	19	2	19	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			Pickler & Ben	The Price Is Right	The Young and the Restless				
KOIN	19	-	-	(Wed) KOIN Local 6 at 6 / KOIN Local 6 at 6am		CBS This Morning				Let's Make a Deal	The Price Is Right	The Young and the Restless				
KNDU	25	6	25	23	4:30 Wake Up Northwest	Today	Today	Today III	Today III	Today With Hoda and Jenna	Today With Hoda and Jenna	Who Wants to Be a Millionaire?	Hot Bench			
KGW	8	-	-	KGW News at Sunrise at 6 AM	Today	Today	Today III	Today III	Today With Hoda and Jenna	Today With Hoda and Jenna	Daily Blast Live	Daily Blast Live				
KVEV	42	4	42	-	Good Morning	Good Morning	Good Morning America	Live With Kelly and Ryan	The View	The View	Paid Program	Right This Minute				
KATU	5	-	-	5:00 KATU News This Morning	Good Morning America	Good Morning America	AM Northwest	The View	The View	Live With Kelly and Ryan						
KTNW	-	31	31	Esmonde Technique	(Wed Thu Tue) Yoga / (Fri Mon) Yoga	Ready Jet Go!	(Wed Thu Mon) Wild Kratts	Sesame Street	Splash and Bubbles	Dinosaur Train	The Cat in the Hat	Daniel Tiger's Neighborhood	Super WHY!	Pinkalicious & Peterrific	Sit and Be Fit	
OPB	59	13	-	-	Yoga/ Sit Fit/ Stretch	Wild Kratts / (Fri) Ready Jet Go!	(Wed) Jet Go! / (Thu) Mon Tue) Cat	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Splash and Bubbles	Sesame Street	Dinosaur Train	The Cat in the Hat
CABLE																
A&E	52	118*	265*	Info-Documentary	Info-Documentary	Various	First 48/ Live PD/ Dog B.H.	First 48/ Rescue/ Dog B.H.	(Wed Thu Tue) First 48/ (Mon) Dog B.H.	Various	PD Cam/ Live PD					
AMC	60	131*	254*	Paid Program	Paid Program	Paid Program	Paid Program	The Three Stooges	(Wed) Enter the Dragon / Stooze	(Thu) True Grit ('69, Western) / (Fri) Enter the Dragon ('73, Act) / (Tue) U.S. Marshals ('98, Act)	The Expendables ('10, Act) / (Mon) Marshals ('98, Act)					
ANPL	24	184*	282*	The Crocodile Hunter	(Wed-Fri) TooCute/ (Mon Tue) Cutest	My Cat From Hell	(Wed-Fri) Vet Life/ (Mon Tue) Dr. Dee	Dr. Jeff: Rocky Mountain Vet	The Secret Life of the Zoo							
CMT	43	166*	327*	CMT Music	CMT Music / (Thu) Throwback	CMT Music / (Thu) Throwback	Roseanne	Roseanne	Roseanne	Roseanne	Reba/ Rose.	Reba/ Rose.				
CNBC	72	208*	355*	Squawk on the Street	Squawk Alley	Fast Money Halftime Report	The Exchange	Power Lunch								
CNN	68	200*	202*	CNN Newsroom	CNN Newsroom	At This Hour with Kate Bolduan	Inside Politics	CNN Right Now With Brianna Keilar	CNN Newsroom							
DISC	51	182*	278*	Various	Various	Various	Various	Various	Various							
DISN	26	173	21	Fancy Nancy	Mickey and Racer	Gigantosaurus	Muppet Babies	Various	Puppy/ :45 Puppy	T.O.T.S.	Vampirina	Mickey/ Amphibia	Big City Greens	Big City Greens	Big City Greens	
ESPN	33	140*	206*	5:00 Get Up!	First Take	First Take	SportsCenter	Outside Lines / (Fri) SportsCenter	NFL Live	(Fri) Baseball						
ESPN2	34	143*	209*	SportsCenter	Get Up!	Get Up!	First Take	(Fri) Outside Lines	(Fri) NFL Live	Jalen & Jacoby						
FNC	66	205*	360*	America's Newsroom	Outnumbered	Outnumbered	Outnumbered	Outnumbered	Outnumbered	The Daily Briefing With Dana Perino						
FOOD	61	110*	231*	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	Pioneer Woman	Various	Cooking/ Giada	Various	Various	
FREE	32	180*	311*	Paid Program	Paid Program	Reba	Reba	Reba	Reba	700 Club/ Reba	(Fri Mon Tue) The 700 Club	Various	(Thu) The Middle			
FX	65	136*	248*	Paid Program	Paid Program	Various Movies	Movie	Movie	(Thu) Life (2017, Horror)	(Tue) Met Mother						
GOLF	88	401*	218*	(Mon Tue) M. Drive	M. Drive/ Golf	(Wed) Morning Drive	(Wed) Golf / (Mon) Golf / (Tue) Golf	(Thu) Golf / (Fri) Golf	PGA Tour	Various	Various	Hogan/ Pre-game				
GSN	76	116*	233*	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	America Says	America Says	
HALL	87	185*	312*	The Golden Girls	The Golden Girls	Home and Family	Home and Family	Home and Family	Home and Family	Home and Family	Home and Family	Home and Family	Home and Family	Home and Family	Home and Family	
HGTV	62	12*	299*	Paid Program	Various	Various	Mtn Life/ IslndLif	Various	Various	Various	Various	Various	Various	Various	Various	
HIST	50	120*	269*	Info-Documentaries	Info-Documentaries	Various	(Wed) Pawn Star / (Tue) CountCars	Various	(Wed) Pawn Star / (Tue) CountCars	Various	(Wed) Pawn Star / (Tue) CountCars	Various	(Wed) Pawn Star / (Tue) CountCars	Various	(Wed) Pawn Star / (Tue) CountCars	
LIFE	29	180*	252*	Paid Program	Life Today	Enjoying Life	Various	The Closer	The Closer	The Closer	The Closer	The Closer	The Closer	The Closer	The Closer	
NICK	27	171	300	Full House	SpongeBob	PAW Patrol	Guppies/ PAW	Butterb/ PAW	PAW Patrol	Abby/ PAW	PAW Patrol	Movie	ALVINNN!!!	Loud H./ (Mon) LEGO	The Loud House	
PRMT	42	241*	241	Paid Program	Paid Program	Paid Program	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	The Rich Eisen Show						
SYFY	67	122*	244	The Twilight Zone / (Fri) Z Nation	Krypton/ Twilight/ Killjoys	CSI/ Z Nation/ Twilight	Magician/ Twilight/ Killjoys	CSI/ Z Nation/ Twilight	Magician/ Twilight/ Killjoys	(Thu) CSI: Crime Scene/ (Fri) Z Nat...	Magician/ Killjoys	(Thu) CSI: Crime / (Fri) Z Nation	(Wed) Annabelle	(Mon) :55 *** Underworld (2003, Fantasy) / (Thu) CSI/ (Fri) Z Nation		
TBS	59	139*	247	Loves Ray	Loves Ray	King of Queens	King of Queens	Queens/ Friends	Queens/ Friends	Sein./ (Mon) Friends	Sein./ (Mon) Friends	Sein./ Friends	Friends	Friends	Friends	
TCM	56	132*	256	(Fri) Andy Hardy Meets Debutante	(Tue) Painting the Clouds With ...	(Thu) Darby's Rangers	(Fri) :45 The Reluctant Debut...	(Tue) :15 The Las Vegas Story	(Mon) The Wild One ('54, Dra)	(Wed) Youth Runs Wild	(Fri) Palm Springs Weekend	(Mon) The Man Who Found Himself/ (Tue) Ocean's Eleven	(Thu) :15 The Counter Attack	(Wed) The Young Stranger		
TLC	49	183*	280	What Not to Wear	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	OutDaughtered	
TNT	57	138*	245	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	
UNI	21	-	-	Como dice el dicho	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	Despierta America	
USA	58	105*	242	CSI: Crime Scene Investigation	NCIS: Los Angeles	NCIS	NCIS	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	
WE	118	128*	260	Emotional Mojo	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Law & Order: C.I. / (Mon) CSI: Miami	Law & Order: C.I. / (Mon) CSI: Miami	Law & Order: C.I. / (Mon) CSI: Miami	Law & Order: C.I. / (Mon) CSI: Miami	Law & Order: C.I. / (Mon) CSI: Miami	Law & Order: C.I. / (Mon) CSI: Miami	
WGN	-	239*	307	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	
PREMIUM																
HBO	518	303	504	(Fri) :15 Possession	(Thu) :45 The Bourne Supremacy	(Tue) :15 In Her Shoes ('05, Dra)	(Mon) Last Week Tonight	(Fri) Mariela Castro	(Thu) :40 Out Cold/ (Fri) :45 Here	(Tue) :25 15: A Quinceañera St...	(Thu) :15 Movie / (Mon) :15 Making	(Fri) :25 *** Down to You (1999, Romance) / (Mon) *** Valentine's Day (2010, Comedy)				
HBO2	520	304	505	(Mon) Every Brilliant Thing	(Th) :45 *** Deja Vu / (W) :50 Not Done	(Mon) :05 The Mask ('94, Com)	(Wed) :35 Z for Zachariah/ (Tue) :50 Percy Jackson & the Olympians: T...	(Fri) Jurassic World: Fallen Kin...	(Thu) :55 The Making of/ (Thu) :10 Honey/ (Wed) :15 The Stepford W...	(Tue) :55 Deadwood ('', Dra)	(Thu) :45 Ideal Home/ (Fri) :45 Meet the Fockers/ (Mon) :45 Skys...	(Tue) :45 The Wolfman ('10, Hor)				
HBO3	521	302*	503*	(Fri) :05 Joe Somebody	(Mon) :25 Just Wright/ (Wed) :35 In Her Shoes	(Fri) :45 Reign of Fire ('02, Act)	(Thu) Breakin' All the Rules	(Wed) :50 The Danish Girl	(Tue) :15 Meet the Fockers	(Thu) Movie / (Fri) Movie / (M) June	(Mon) :05 The Siege ('08, Drama)	(Wed) :50 Conspiracy Theory	(Tue) :15 Larry Kramer in Love	(Thu) :45 Movie / (Fri) :50 Notaro		
MAX	549	311	516	(Tue) Being Julia ('04, Com/Dra)	(Fri) :25 Conviction	(Thu) :55 Scary Movie 3 ('03, Com)	(Tue) :45 *** The Cure/ (Wed) :35 *** The Post ('17, Bio)	(Fri) :15 Inception	(Mon) :25 Maze Runner: The Death Cure/ (Wed) :35 The Hudsucker P...	(Tue) :45 Black Swan ('10, Dra)	(Thu) :05 Judge Dredd ('95, Act)	(Wed) Big Mommas: Like Father, Like Son/ (Fri) :45 Bridget Jones's ...	(Tue) :35 Stakeout			
SHOW	578	319	546	(Mon) :05 Show Dogs ('18, Action)	(Wed) Being Rose	(Tue) Ladybugs ('92, Fam)	(Fri) Show Dogs/ (Mon) :35 ...	(Wed) Whitney: Can I Be Me	(Tue) What Lies Beneath ('00, Thril)	(Fri) In the Line of Fire ('93, Thril)	(Mon) American Outlaws/ (Thu) :35 Groundhog Day/ (Wed) :45 16 Shots	(Tue) :40 Ghost in the Shell	(Thu) :15 Demolition Man	(Wed) :25 Some Kind of Wonderful		
STARZ	621	351	526	(Thu) :15 The Mothman Prophe...	(Fri) :25 The Pursuit of Happy...	(Tue) :05 *** Antwone Fisher (2002, Drama)	(Thu) :15 *** K-Pax ('01, Drama)	(Wed) :25 Jumping the Broo...	(Tue) :10 *** Moonstruck (1987, Romance)	(Thu) :20 Scrooged	Various	(Tue) *** GoldenEye (1995, Action)				
STZENC	644	341	536	(Thu) :20 The Great Gatsby	(Tue) :25 Soul Food ('97, Dra)	(Wed) :05 Jaws/ (Mon) :10 ...	(Fri) :40 King Ralph ('91, Com)	(Tue) :20 Inside Man ('06, Thril)	(Thu) :45 Happy End (2017, Drama)	(Wed) :15 Heist ('15, Action)/ (Mon) :15 The Wedding Singer ('98, Comedy)/ (Fri) :15 Toy Story 3 ('10, Ani)	(Tue) :35 I Now Pronounce You C...	(Mon) :55 Call Me by Your Name/ (Fri) Wreck-It Ralph				

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