

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
BROADCAST															
KFFX	11	-	11	AgDay	The Game	Good Day			Caught in Providence		Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	Chicago P.D. / (Tue) FIFA Women's World Cup Today	
KPTV	3	-	-	Good Day Oregon at 6 a.m.		Good Day Oregon			MORE Good Day Oregon		MORE Good Day Oregon		The Rachael Ray Show / (Tue) FIFA Women's World Cup Today		
KEPR	19	2	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			Pickler & Ben		The Price Is Right		The Young and the Restless		
KOIN	19	-	-	(Wed) KOIN Local 6 at 6 / KOIN Local 6 at 6am		CBS This Morning			Let's Make a Deal		The Price Is Right		The Young and the Restless		
KNDU	25	6	25	4:30 Wake Up News		Today			Today III		Today With Hoda and Jenna		Million?/ Tennis	(Wed Mon Tue) Hot Bench	
KGW	8	-	-	KGW News at Sunrise at 6 AM		Today			Today III		Today With Hoda and Jenna		(Wed Mon Tue) Blast/(Thu Fri) Tennis	(Wed Mon Tue) Daily Blast Live	
KVEV	42	4	42	Good Morning	Good Morning	Good Morning America			Live With Kelly and Ryan		The View		Paid Program	Right This Minute	
KATU	5	-	-	5:00 KATU News This Morning		Good Morning America			AM Northwest		The View		Live With Kelly and Ryan		
KTNW	-	31	31	Esmonde Technique	(Wed Thu Tue) Yoga/(Fri Mon) Yoga	Ready Jet Go!	Wild Kratts	Sesame Street	Splash and Bubbles	Dinosaur Train	The Cat in the Hat	Daniel Tiger's Neighborhood	Super WHY!	Pinkalicious & Peterrific	Sit and Be Fit
OPB	59	13	-	Yoga/ Sit Fit/ Stretch	Wild Kratts	Nature Cat	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Splash and Bubbles	Sesame Street	Dinosaur Train	The Cat in the Hat
CABLE															
A&E	52	118*	265*	Info-Documentary	Info-Documentary	Various		First 48/ Live PD/ Dog B.H.		(Wed Thu Tue) First 48/(Mon) Dog B.H.	(Wed Thu Tue) First 48/(Mon) Dog B.H.	Various	(Fri Mon) Hero Ink		
AMC	60	131*	254*	Paid Program		Paid Program		Paid Program		Various	(Wed Tue) The Three Stooges	(Wed) * Constantine	(Thu) * Enter the Dragon (*73, Act)	(Mon) * Spider-Man 3	
ANPL	24	184*	282*	The Crocodile Hunter		Too Cute!		My Cat From Hell		The Vet Life		Dr. Jeff: Rocky Mountain Vet		(Wed-Fri) Irwins/(Mon Tue) Secret-Zoo	
CMT	43	166*	327*	CMT Music	(Fri) MusicAwards	(Wed Mon Tue) Music/(Thu) Throw		(Wed Mon Tue) Music/(Thu) Throw		Roseanne	Roseanne	Roseanne	Roseanne	Reba/ Rose.	Reba/ Rose.
CNBC	72	208*	355*	Squawk on the Street		Squawk Alley		Fast Money Halftime Report		The Exchange		Power Lunch			
CNN	68	200*	202*	CNN Newsroom		CNN Newsroom		At This Hour with Kate Bolduan		Inside Politics		CNN Right Now With Brianna Keilar		CNN Newsroom	
DISC	51	182*	278*	Various		Various		Various		Various		Various		Various	
DISN	26	173	21	Nancy/(Fri) Mouse	Mickey/(Fri) Mouse	Gigantos/ Mickey	MuppetB./ Mickey	Puppy/(Fri) Gigantos	Puppy/(Fri) PJ Masks	Puppy/(Fri) Mickey	Vamp/(Fri) Nancy	:55 Mickey/Cat Noir	Big City Greens	Big City Greens	Big City Greens
ESPN	33	140*	206*	5:00 Get Up!		First Take		SportsCenter		Outside the Lines		NFL Live			
ESPN2	34	143*	209*	SportsCenter		Get Up!		First Take / (Fri) Baseball		(Mon) Baseball		(Wed Thu Tue) J & J		Various	
FNC	66	205*	360*	America's Newsroom		Outnumbered		Outnumbered Overtime		The Daily Briefing With Dana Perino					
FOOD	61	110*	231*	Paid Program	(Thu Mon Tue) Paid	Paid Program	(Thu Mon Tue) Paid	Paid Program	(Thu Mon Tue) Paid	Paid Program	Pioneer Woman	Various	Barefoot/ Southern	Various	Various
FREE	32	180*	311*	Paid Program	Paid Program	Reba	Reba	Reba	Reba	700 Club/ Reba	(Fri Mon Tue) 700 Club Interactive	(Fri Mon Tue) The 700 Club	Various	(Fri) * Garfield: The Movie	
FX	65	136*	248*	Paid Program	Paid Program	Various Movies		(Mon) * Ouija	Various Movies	(Wed) * Morgan (2016, Drama)	(Th Fri Mon) Mother		Met Your Mother		
GOLF	88	401*	218*	(Mon) Golf / (Tue) Live U.S. Open	(Wed Thu) Morning Drive	(Wed) Tiger/Proj.	(Wed) BestLessons	Various	(Wed) GolfAdv.	PGA Tour/ US Open	(Wed) Learning C.	(Wed) PGA Tour	Golf/ Pre-game		
GSN	76	116*	233*	Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	America Says	America Says
HALL	87	185*	312*	The Golden Girls	The Golden Girls	Home and Family		Home and Family		Home and Family		Various Movies			
HGTV	62	12*	299*	Paid Program	Various	Various	Mtn Life/ IslndLif	Various	FlipFlop/ Hunters	Various	Various	Various	Various	Various	Various
HIST	50	120*	269*	Info-Documentaries	Info-Documentaries	Various		Various		Various	(Wed) Pawn Stars	Various	(Wed) Pawn Stars	(Wed) Pawn Stars / (Fri) Unidentified	(Wed) Pawn Stars
LIFE	29	180*	252*	Paid Program	Life Today	Enjoying Life	Various	The Closer	The Closer		The Closer		The Closer		
NICK	27	171	300	George Lopez	George Lopez	SpongeBob	SpongeBob	PAW Patrol	P. Pig/(Fri) PAW	Guppies/(Fri) PAW	PAW Patrol	Various	PAW Patrol	Guppies/(Fri) PAW	Top Wing/(Fri) PAW
PRMT	42	241*	241	Paid Program		Paid Program		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
ROOT	37	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	The Rich Eisen Show					
SYFY	67	122*	244	(Wed) Krypton / The Twilight Zone	(Fri) Krypton / (Tue) Killjoys	(Wed) Krypton/(Thu Mon) Twilight	(Thu) CSI/(Fri) Z Nation/(Tue) Killjoys	(Wed) Krypton/(Mon) Twilight	(Thu) CSI: Crime Scene/(Fri) Z Nat...	(Wed) * Shadows of the Dead	(Thu) CSI: Crime Scene Investigation / (Fri) Z Nation	(Thu) CSI: Crime Scene	(Mon) :55 * Neverknock	(Thu) CSI: Crime Scene	
TBS	59	139*	247	Loves Ray	Loves Ray	King of Queens	King of Queens	Queens/ Friends	Queens/ Friends	Sein./(Mon) Friends	Sein./(Mon) Friends	Sein./ Friends	Friends	Friends	Friends
TCM	56	132*	256	(Thu) * Breakthrough	(Tue) * * * * * Forever Darling (1956, Comedy) / (Mon) :45 * * * * * It Happened One Night (1934, Romance)	Various Movies		(Mon) :45 * * * * * Hollow Triumph (1948, Crime Story)	(Wed) * Undercurrent	(Thu) * 36 Hours	(Tue) :45 The Royal Rodeo	(Tue) :15 * The Saddle Buster	(Wed) * Johnny Eager		
TLC	49	183*	280	Not to Wear/(Tue) OutDaughtered	OutDaughtered	OutDaughtered		OutDaughtered		Various	(Fri) Say Yes-Dress	Say Yes/ Daughter	Say Yes	Say Yes-Dress / (Tue) OutDaughtered	
TNT	57	138*	245	Charmed	Charmed	Charmed		Charmed		Supernatural		Supernatural			
UNI	21	-	-	Como dice el dicho	Despierta America		La Gata								
USA	58	105*	242	CSI: Crime Scene Investigation	NCIS: Los Angeles	Chicago P.D.		(Wed) Chicago P.D. / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) NCIS		(Wed) Chicago P.D. / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) NCIS		(Wed) Chicago P.D. / (Thu Fri Tue) Law & Order: S.V.U. / (Mon) NCIS			
WE	118	128*	260	Emotional Mojo	Paid Program	(Wed-Fri) Paid Program		(Wed-Fri) Paid Program		Paid Program	(Mon Tue) Paid	Law & Order: C.I. / (Mon) CSI: Miami	Law & Order: C.I. / (Mon) CSI: Miami		
WGN	-	239*	307	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote			
PREMIUM															
HBO	518	303	504	(Fri) 15: A Quinceañera Story	(Wed) * Valentine's Day	(Thu) :55 * Our Family Wedding	(Mon) Last Week Tonight	(Mon) :05 AXIOS	(Mon) :35 * Robin Hood	(Tue) :55 * * * Hulk (2003, Action)	(Fri) :45 * Possession	(Thu) :15 * The Bourne Identity	(Wed) :45 * Uncle Drew (*18, Com)	(Mon) * Ever After: A Cinderella...	(Fri) * * * * * Jonah Hex (2010, Action)
HBO2	520	304	505	(Fri) :20 * Never Been Kissed	Various	(Tue) :05 * * * * * The Mask (1994, Comedy)	(Thu) :10 Men of Easy Company	(Tue) :50 * Love, Simon (2018, Comedy) / (Wed) :50 Nation Stress	(Thu) Band of Brothers	(W) * The First Purge / (Fri) :10 T.Ullman	* Jurassic World: Fallen Kingdom/ :40 Grace/ :45 Brothers	(Tue) * * * * * Date Night			
HBO3	521	302*	503*	(Wed) * Annapolis	(Thu) :25 * Dave/(Fri) * Th...	(Tue) * * * * * Pride (2007, Drama)	(Wed) :45 * The Prince and Me	(Fri) :15 * The Darkest Minds	(Mon) :25 * * * * * Annapolis (2006, Drama) / (Tue) :50 Strange History	(Wed) :40 * Just Wright (*10, Com)	(Thu) Suited/(Fri) * Robin Hood/(Mon) :10 * She's Funny That Way	(Thu) :20 * The Predator (*18, Act)	(Wed) :25 * Jurassic World: ...		
MAX	549	311	516	Various Movies	(Fri) :40 * * * * * Mr. Holland's Opus (1995, Drama)	(Wed) :35 * All of Me/(Mon) :50 ...	(Tue) :10 * The Boy Downstairs/(Thu) :15 * You've Got Mail	(Fri) :05 * House of D/(Wed) :10 ...	(Tue) :40 * Lady Macbeth	(Thu) :15 * The Singing Detective	(Wed) :40 * Marci X/(Fri) :45 * T...	(Tue) :15 * Three Billboards Outsid...	(Mon) :45 * * * * * It (*17, Dra)		
SHOW	578	319	546	(Thu) * Whitney: Can I Be Me	(Fri) * The Pirates of Somalia	(Wed) :15 Quiet Storm	(Thu) :45 * * * * * La Bamba (1987, Biography)	(Fri) * Demolition Man	(Wed) :05 * Panic Room/(Mon) :05 ...	(Thu) :45 * Mission to Mars	(Tue) :15 * Haunter (*13, Myst)	(Fri) * A Demon Within	(Wed) * Sling Blade (*95, Dra)	(Thu) :45 * * * * * The Firm (*93, Dra)	
STARZ	621	351	526	(Fri) :05 * * * * * The Others (2001, Thriller)	Various	(Fri) :50 * The X-Files (*98, Sci-Fi)	(Mon) :05 * The Last Song	(Wed) :35 * * * * * The Princess and the Frog (2009, Animated)	Various Movies	(Wed) :15 * * * * * Dodgeball: A True Underdog Story (2004, Comedy)	Various Movies				
STZENC	644	341	536	(Fri) * Amityville: The Awakening/(Thu) :10 * Cars 2	(Mon) :15 * I Now Pronounce...	(Fri) * Frailty	(Tue) :55 * Resident Evil: Extinction/(Thu) * The Lone Ranger	(Mon) :10 * Jaws/(Fri) :10 * ...	(Tue) :35 * Roman J. Israel, Esq. (2017, Drama)	(Thu) :35 * Brokeback Moun...	(Wed) :05 * Mad Max/(Mon) :20 ...	(Tue) :40 * Assault on Preci...			

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