

# Friday Best Bets

## Whistleblower

KEPR KOIN 8:00 p.m.

In this new episode, Alex Ferrer brings viewers another shocking story, this time involving Sea World. The former judge and police officer recounts real-life David and Goliath stories involving wrongdoing at major corporations in this series.

## American Ninja Warrior

KNDU KGW 8:00 p.m.

Matt Iseman and Akbar Gbajabamila co-host as athletes tackle one of the world's most challenging obstacle courses in this re-broadcast. The competitors face new obstacles in their quest for the grand prize.



Chase Strangio in "XY Chelsea"

## Nature's Strangest Mysteries: Solved

ANPL 8:00 p.m.

This new episode takes a look at how a bird might be able to sing without using its voice, and how an octopus might disappear from an aquarium tank. Later, experts reveal what could cause the sea to take on an eerie glow.

## XY Chelsea

SHOW 9:00 p.m.

Tim Travers Hawkins traces the story of former military intelligence analyst Chelsea Manning in this premiere documentary. Cameras follow Manning as she prepares to leave a military prison after her 35-year prison sentence is commuted by President Obama.

## Friday Evening

June 7, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
<b>BROADCAST</b>																	
KFFX	41	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	Shazam "Beauty and the Beats"	MasterChef	First at Ten (N)	:35 Dateline "Stealing Paradise"	:35 Mike&M.	:05 Mike&M.	:35 2½Men		
KPTV	3	-	-	-	News (N)	Timbers in 30	Family Feud	Family Feud	Shazam "Beauty and the Beats"	MasterChef	10 O'Clock News (N)	News (N)	Page Six TV	TMZ Live!			
KEPR	49	2	19	19	News (N)	Inside Edition	The Big Bang	The Simpsons	Whistleblower "Sea World" (N)	Hawaii Five-0	Blue Bloods "Disrupted"	News (N)	:35 The Late Show		:35 J.Corden		
KOIN	19	-	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	Whistleblower "Sea World" (N)	Hawaii Five-0	Blue Bloods "Disrupted"	KOIN6News (N)	:35 The Late Show		:35 J.Corden		
KNDU	25	6	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	American Ninja Warrior "Atlanta City Qualifiers"		Dateline NBC	News (N)	:35 The Tonight Show		:35 Late Night		
KGW	8	-	-	-	KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition		American Ninja Warrior "Atlanta City Qualifiers"		Dateline NBC	News (N)	:35 The Tonight Show		:35 Late Night		
KVEV	42	4	42	-	NBA Basketball Playoffs Toronto Raptors at Golden State Warriors (L)			Kimmel (N)	Local News	Ent. Tonight	20/20	News (N)	:35 Jimmy Kimmel Live		:35 Nightline		
KATU	5	-	-	-	NBA Basketball Playoffs Toronto Raptors at Golden State Warriors (L)			Kimmel (N)	Jeopardy! (N)	Wheel Fortune	KATU News at 10 (N)	News (N)	:35 Jimmy Kimmel Live		:35 Nightline		
KTNW	-	31	31		PBS NewsHour (N)	World News	Asia Insight	Wash. Week (N)	Firing Line (N)	American Masters "Lorraine Hansberry: Sighted Eyes/ Feeling Heart"	Amanpour and Company (N)	Backstage Pass "Joshua Davis"					
OPB	59	13	-	-	In the Americas	Business (N)	PBS NewsHour (N)	Pride and Prejudice		Downton Abbey Returns!	Easy Yoga: Strength	PBS NewsHour					
<b>CABLE</b>																	
A&E	52	118*	265*		5:00 Live PD			Live PD /:05 Live PD: Rewind	Live PD (L)								Live PD
AMC	60	131*	254*		4:30 <b>O</b> Brother, Where Art...	<b>R</b> *** Rambo: First Blood ('82, Act) Sylvester Stallone.		<b>R</b> ** Rambo: First Blood Part II ('85, Act) Sylvester Stallone.		NOS4A2 "The Shorter Way"		:15 Fear Dead "Here to Help"					
ANPL	24	184*	282*		NatureSolved	NatureSolved	NatureSolved	NatureSolved	Solved (N)	Solved (N)	I Was Prey "Close to Home"	I Was Prey "Alone in the Wild"	I Was Prey "Miles From Help"	I Was Prey "Close to Home"			
CMT	43	166*	327*		Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	CMT Music Awards		<b>R</b> *** 10 Things I Hate About You				
CNBC	72	208*	355*		Undercover Boss	Undercover Boss "Wienerschnitzel"	Undercover Boss "Forman Mills"	Undercover Boss "Mood Media"	Undercover Boss "Maaco"	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
CNN	68	200*	202*		Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Special Report		Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon					
DISC	51	182*	278*		BattleBots "The Tournament"	BattleBots	BattleBots (SP) (N)		Dark Waters: Beneath (N)	:05 TheGlades "Night Terror"	BattleBots						
DISN	26	173	21		Coop & Cami	Bunk'd	Raven's Home	Andi Mack	<b>R</b> *** The Lion King Jonathon Taylor Thomas.	:35 <b>R</b> *** Moana ('16, Ani) Auli'i Cravalho.	:25 Andi Mack	Bunk'd	Bunk'd				
ESPN	33	140*	206*		5:30 NCAA Track & Field Division I Championship (L)		SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	NBA Basketball Playoffs Tor./G.S.					
ESPN2	34	143*	209*		NCAA Baseball Division I Tournament (L)		UFC Main Event	Unlock Victory	Highlights (N)	NowNever (N)	UFC Top Ten	SportsCenter (N)					
FNC	66	205*	360*		Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle	Fox News @ Night						
FOOD	61	110*	231*		Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE	32	180*	311*		5:30 <b>R</b> *** Ratatouille ('07, Fam) Brad Garrett.	iHeartRadio Wango Tango (N)	iHeartRadio Wango Tango	The 700 Club	Family Guy	Family Guy							
FX	65	136*	248*		<b>R</b> The Boss Baby ('17, Ani) Miles Bakshi, Alec Baldwin.	<b>R</b> ** The Secret Life of Pets ('16, Ani) Eric Stonestreet, Louis C.K..	<b>R</b> ** The Secret Life of Pets ('16, Ani) Eric Stonestreet, Louis C.K..	<b>R</b> *** Spider-Man									
GOLF	88	401*	218*		PGA Golf Canadian Open	CHAMPS Golf Japan Championship	CHAMPS Golf Japan Championship Site: Narita Golf Club -- Chiba, Japan (L)	LPGA Golf ShopRite Classic									
GSN	76	116*	233*		ComKnowl.	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud
HALL	87	185*	312*		5:00 <b>R</b> A December Bride	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier
HGTV	62	12*	299*		House Hunters	House Hunters	House Hunters	House Hunters	Dream Home	Dream Home	Dream H. (N)	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home
HIST	50	120*	269*		Ancient Aliens "The Prototypes"	Ancient Aliens "The Reptilians"	Aliens "Return to Antarctica" (N)	Ancient Aliens (N)	:05 Unident "Raining UFOs" (N)	:05 Ancient Aliens "The Taken"	:05 Ancient Aliens						
LIFE	29	180*	252*		Wife Swap "Ridgely/ Corrao"	Wife Swap "Zemanek/ Brandon"	<b>R</b> *** The Notebook (2004, Romance) Rachel McAdams, Gena Rowlands, Ryan Gosling.	:05 Dance Moms	<b>R</b> *** The Notebook								
NICK	27	171	300		Loud House	Loud House	Lip Sync	Double Dare	Henry Danger	Cousins for Life	SpongeBob	SpongeBob	The Office	The Office	Friends	Friends	Friends
PRMT	42	241*	241		Mom	Mom	Mom	Mom	<b>R</b> *** Coming to America ('88, Com) Arsenio Hall, James Earl Jones, Eddie Murphy.	<b>R</b> *** Coming to America ('88, Com) Arsenio Hall, James Earl Jones, Eddie Murphy.							
ROOT	37	-	-		Mariners	Pre-game	MLB Baseball Seattle Mariners at Los Angeles Angels Site: Angel Stadium -- Anaheim, Calif. (L)	Post-game	MLB Baseball Seattle Mariners at Los Angeles Angels Site: Angel Stadium								
SYFY	67	122*	244		4:35 <b>R</b> X-Men Origins: Wolverine	<b>R</b> *** Ghostbusters (1984, Comedy) Harold Ramis, Dan Aykroyd, Bill Murray.	:25 <b>R</b> *** Ghostbusters II ('89, Com) Bill Murray.	:50 Futur. "Bendin' in the Wind"	:25 Gary/40 Gary								
TBS	59	139*	247		Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	Central Intelligence ('16, Com) Kevin Hart, Dwayne Johnson.	<b>R</b> ** Hitch (2005, Comedy) Eva Mendes, Kevin James, Will Smith.	<b>R</b> ** 17 Again Zac Efron.						
TCM	56	132*	256		5:00 <b>R</b> *** Alice Adams	<b>R</b> **** The Magnificent Ambersons	:45 <b>R</b> *** On Moonlight Bay ('51, Musical) Gordon MacRae, Jack Smith, Doris Day.	<b>R</b> Sometimes Aunt Martha Does Dreadful Things	Movie								
TLC	49	183*	280		Say Yes-Dress	Say Yes-Dress	Say Yes-Dress	Say Yes-Dress	90 Day Fiancé: Happily Ever After? "Extended: Severed Ties" (N)	90 Day Fiancé: Happily Ever After? "The Other Way" (N)	Fiancé "Extended: Severed Ties"						
TNT	57	138*	245		Bones "The Proof in the Pudding"	Bones "The Dentist in the Ditch"	<b>R</b> *** Red ('10, Act) Mary-Louise Parker, Bruce Willis.	<b>R</b> *** Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe.									
UNI	21	-	-		P. Luche	Noticiero Univ.	Rosa "Bocanada de Amor"	La Reina Soy Yo	Silvia Pinal, Frente A Ti	Por Amar Sin Ley	Impacto extra	NoticieroUni	Contacto Deportivo				
USA	59	105*	242		Law & Order: S.V.U. "Babes"	Law & Order: S.V.U. "Lead"	<b>R</b> ** The Mummy Returns (2001, Adventure) Rachel Weisz, John Hannah, Brendan Fraser.	:55 Modern	:25 Modern	:55 Modern	:25 Modern						
WE	118	128*	260		Love After "Sorry, Not Sorry"	Love After Lockup "Prison Blues to Wedding Bells"	Love After Lockup "Most Arresting Moments" (N)	:40 Love After Lockup "Most Arresting Moments"	:10 Mama June Not to Hot								
WGN	-	239*	307		Blue Bloods	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Pure "Faspa"	
<b>PREMIUM</b>																	
HBO	518	303	504		5:35 <b>R</b> Night School ('18, Com) Kevin Hart.	Vice News (N)	<b>R</b> Halloween ('18, Hor) Judy Greer, Jamie Lee Curtis.	Real Time With Bill Maher (N)	W.Cenac (N)	:35 Real Time With Bill Maher	:35 W.Cenac						
HBO2	520	304	505		:15 W.Cenac	:45 Chernobyl "Vichnaya Pamyat"	The Cold Blue (N)	:15 Gentleman Jack	:15 <b>R</b> *** Deadpool 2 ('18, Act) Josh Brolin, Ryan Reynolds.	:15 <b>R</b> ** Bruno							
HBO3	521	302*	503*		Movie	:35 <b>R</b> Bad Times at the El Royale (2018, Mystery)	<b>R</b> The Darkest Minds Amandla Stenberg.	:45 <b>R</b> ** In Her Shoes (2005, Drama) Toni Collette, Shirley MaLaine, Cameron Diaz.									
MAX	549	311	516		Movie	<b>R</b> ** Housesitter ('92, Com) Steve Martin.	:15 <b>R</b> *** Game Night ('18, Act) Jason Bateman.	Warrior (N)	Warrior								:55 <b>R</b> *** Goodfellas
SHOW	578	319	546		5:30 <b>R</b> Playing It Cool	:15 <b>R</b> Adrift (2018, Action) Sam Claflin, Shailene Woodley.	XY Chelsea (P)	XY Chelsea	The Chi "Lean Into It"								
STARZ	621	351	526		5:45 <b>R</b> *** Erin Brockovich ('00, True) Julia Roberts.	Spanish Prin "Heart Versus Duty"	Vida	:35 Vida	:10 Vida	:40 Vida	:15 <b>R</b> The Girl in the Spider's Web ('18, Cri) Claire Foy.						
STZNC	644	341	536		5:10 <b>R</b> Frailty	:55 <b>R</b> ** The Host (2013, Action) Diane Kruger, Max Irons, Saoirse Ronan.	<b>R</b> ** Bill and Ted's Excellent Adventure	<b>R</b> ** 8 Mile ('02, Drama) Kim Basinger, Brittany Murphy, Eminem.	Movie								

C - Charter; DISH - DISH; DTV - DirecTV

\* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS