

Wednesday Best Bets

The Amazing Race

KEPR KOIN 8:00 p.m.

Memorable contestants from previous seasons of "The Amazing Race," "Big Brother" and "Survivor" compete in a race around the world in this season of the hit reality TV series. Host Phil Keoghan guides the teams as they face challenges along the way.

Schooled

KVEV KATU 8:30 p.m.

Lainey (A.J. Michalka) enlists Beverly Goldberg's (Wendi McLendon-Covey) help when she struggles to deal with an overbearing parent in this rebroadcast. C.B. (Brett Dier) shows Mellor (Bryan Callen) how to care for Tamagotchis.



Paul Wahlberg in "Wahlburgers"

Wahlburgers

A&E 9:00 p.m.

While Donnie gets started on the St. Charles location, Alma, Johnny Drama and Phyllis make plans for a '50s-themed carhop behind Paul's back in this new episode. Elsewhere, Brandon tries to get into the dog food market.

The InBetween

KNDU KGW 10:00 p.m.

Harriet Dyer stars as Cassie Bedford, a woman who has visions of both the past and the future, in this new drama. When her father, Det. Tom Hackett (Paul Blackthorne) is puzzled by a case, Cassie reluctantly agrees to help.

Wednesday Evening

May 29, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
BROADCAST																		
KFFX (11)	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	MasterChef (N)	To Hell & Back "Shanty on 19th"	First at Ten (N)	:35 Dateline	:35 Mike&M.	:05 Mike&M.	:35 2½Men				
KPTV	3	-	-	6 O'Clock News (N)	Family Feud	Family Feud	Family Feud	MasterChef (N)	To Hell & Back "Shanty on 19th"	10 O'Clock News (N)	News (N)	Page Six TV	TMZ Live!					
KEPR (19)	2	19	19	News (N)	Inside Edition	The Big Bang	The Simpsons	The Amazing Race (N)	NCIS "Road Map to Murder" (N)	NCIS: Cases "Heartless" (N)	News (N)	:35 The Late Show	:35 J.Corden					
KOIN	19	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	The Amazing Race (N)	NCIS "Road Map to Murder" (N)	NCIS: Cases "Heartless" (N)	KOIN6News (N)	:35 The Late Show	:35 J.Corden					
KNDU (25)	6	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	American Ninja Warrior "Los Angeles City Qualifiers" (SP) (N)	The InBetween "Pilot" (P) (N)	News (N)	:35 The Tonight Show	:35 Late Night						
KGW	8	-	-	KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition	Inside Edition	American Ninja Warrior "Los Angeles City Qualifiers" (SP) (N)	The InBetween "Pilot" (P) (N)	News (N)	:35 The Tonight Show	:35 Late Night						
KVEV (42)	4	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra	The Goldbergs	Schooled	Modern Family	Am.Housewife	Modern Family	The Goldbergs	News (N) :05 Jimmy Kimmel	:05 Nightline	:35 Minute		
KATU	5	-	-	KATU News at 6 (N)	Jeopardy! (N)	Wheel Fortune	Wheel Fortune	The Goldbergs	Schooled	Modern Family	Am.Housewife	Modern Family	The Goldbergs	News (N)	:35 Jimmy Kimmel Live	:35 Nightline		
KTNW	-	31	31	PBS NewsHour (N)	World News	WealthTrack	WealthTrack	Nova "Soul of the Elephant"	Nova "Inside Einstein's Mind"	Light Falls (N)	Light Falls (N)	Amanpour and Company (N)	Japan (N)					
OPB (59)	13	-	-	Journeys Japan	Business (N)	PBS NewsHour (N)	PBS NewsHour (N)	Nova "Soul of the Elephant"	Nova "Inside Einstein's Mind"	Light Falls (N)	Light Falls (N)	Justice	PBS NewsHour					
CABLE																		
A&E	52	118*	265*	Storage Wars	Storage Wars	Wahlburgers	Wahlburgers	Wahl "Donnie Takeover" (N)	Wahlbrg "Be a Good Sport" (N)	The Employables (N)	The Employables (N)	:05 Biography "Chris Farley: Anything for a Laugh"						
AMC	60	131*	254*	5:30 ★★★★★ Total Recall ('90, Sci-Fi) Arnold Schwarzenegger.	5:30 ★★★★★ Total Recall ('90, Sci-Fi) Arnold Schwarzenegger.	Arnold Schwarzenegger.	Arnold Schwarzenegger.	★ ★★ I, Robot (2004, Sci-Fi) Bridget Moynahan, Alan Tudyk, Will Smith.	★ ★★ I, Robot (2004, Sci-Fi) Bridget Moynahan, Alan Tudyk, Will Smith.	★ ★★ I, Robot (2004, Sci-Fi) Bridget Moynahan, Alan Tudyk, Will Smith.	★ ★★ I, Robot (2004, Sci-Fi) Bridget Moynahan, Alan Tudyk, Will Smith.	:35 ★★ The Last Witch Hunter (2015, Action) Rose Leslie, Elijah Wood, Vin Diesel.						
ANPL	24	184*	282*	Woods Law "Fighting the Flood"	Woods Law "Fighting the Flood"	North Woods Law	North Woods Law	North Woods Law: Uncuffed "Spring Arrives" (N)	North Woods Law: Uncuffed "Spring Arrives" (N)	North Woods Law: Uncuffed "Spring Arrives" (N)	North Woods Law: Uncuffed "Spring Arrives" (N)	Woods Law "No Room for Error"	NW Law "Spring Arrives"					
CMT	43	166*	327*	Cops: Reloaded	Cops: Reloaded	Cops: Reloaded	Cops: Reloaded	Cops: Reloaded	Cops: Reloaded	Cops: Reloaded	Cops: Reloaded	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	
CNBC	72	208*	355*	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	
CNN	68	200*	202*	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Anderson Cooper 360	Anderson Cooper 360	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	
DISC	51	182*	278*	Exp.Unk. "Atlantis of the Andes"	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown (N)	Expedition Unknown (N)	Expedition Unknown (N)	Expedition Unknown (N)	Mummies Unwrapped (N)	Exp.Unk. "Incan King's Mummy"	Exp.Unk. "Incan King's Mummy"	Exp.Unk. "Incan King's Mummy"	Exp.Unk. "Incan King's Mummy"	Exp.Unk. "Incan King's Mummy"	
DISN	26	173	21	Jessie	Coop & Cami	Jessie	Jessie	Coop & Cami	Coop & Cami	Jessie	Jessie	Sydney Max	Coop & Cami	Miraculous	Bunk'd	Andi Mack	Bizaardvark	
ESPN	33	140*	206*	5:00 MLB Baseball Chicago Cubs at Houston Astros (L)	5:00 MLB Baseball Chicago Cubs at Houston Astros (L)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	MLB Baseball Chi.C./Hou.		
ESPN2	34	143*	209*	5:30 Preview	30 for 30 "Qualified"	30 for 30 "Qualified"	30 for 30 "Qualified"	Poker 2018 World Series	Ariel Helwani's MMA Show (N)	UFC Main Event (N)	UFC Main Event (N)	NowNever (N)	UFC Knockouts	SportsCenter (N)				
FNC	66	205*	360*	Hannity	The Ingraham Angle	The Ingraham Angle	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	Hannity	The Ingraham Angle	Fox News @ Night					
FOOD	61	110*	231*	Guy's Game "Yes, Chefs Can"	Guy's Game "Yes, Chefs Can"	Guy's Game "Feisty Fiesta"	Guy's Game "Feisty Fiesta"	Game "Super Spicy Superstars"	Guy's Game "Island Eats" (N)	Guy's Game "Island Eats" (N)	Guy's Game "Island Eats" (N)	Guy's Grocery Games "Spiciest!"	Guy's Game "Spice Masters"	Guy's Game "Spice Masters"	Guy's Game "Island Eats"			
FREE	32	180*	311*	5:00 ★★★★★ National Treasure: Book of Secrets	Family Guy	Family Guy	Family Guy	★ ★★ Thor: The Dark World ('13, Act) Chris Hemsworth, Natalie Portman.	★ ★★ Thor: The Dark World ('13, Act) Chris Hemsworth, Natalie Portman.	★ ★★ Thor: The Dark World ('13, Act) Chris Hemsworth, Natalie Portman.	★ ★★ Thor: The Dark World ('13, Act) Chris Hemsworth, Natalie Portman.	The 700 Club	★ ★★ Thor: The Dark World ('13, Act) Chris Hemsworth, Natalie Portman.					
FX	65	136*	248*	5:00 ★★★★★ Jurassic World	Chris Pratt.	★ ★★ Split (2016, Horror) Anya Taylor-Joy, Betty Buckley, James McAvoy.	★ ★★ Split (2016, Horror) Anya Taylor-Joy, Betty Buckley, James McAvoy.	Shadows (N)	Shadows (N)	Shadows (N)	Shadows (N)	Shadows	:35 ★★★★★ Split ('16, Hor) James McAvoy.					
GOLF	88	401*	218*	NCAA Golf Division I Tournament Team Match Play	Championship Site: Blessings Golf Club -- Fayetteville, Ark.	Championship Site: Blessings Golf Club -- Fayetteville, Ark.	Championship Site: Blessings Golf Club -- Fayetteville, Ark.	Golf Central	Golf Central	Golf Central	Golf Central	PGA Tour	Learning C.	NCAA Golf Division I Tournament				
GSN	76	116*	233*	ComKnowl.	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	
HALL	87	185*	312*	5:00 ★ From Friend to Fiancé	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HGTV	62	12*	299*	Property "Structural Opportunity"	Property Brothers	Property Brothers	Property Brothers	Property "Home With a View"	Property "Food and Family" (N)	House Hunt. (N)	House (N)	Boise Boys "Stucco in Time" (N)	Property Br. "Food and Family"					
HIST	50	120*	269*	Forged Fire "Deer Horn Knives"	Forged "Branch Battle: Air Force"	Forged in Fire (N)	Forged in Fire (N)	Forged Fire "The Nagamaki" (N)	:05 Butcher "The Invaders" (N)	:05 Forged Fire "The Bardiche"	:05 Forged Fire "The Bardiche"	:05 Forged Fire "The Nagamaki"						
LIFE	29	180*	252*	Celebrity Wife Swap	Celeb Wife "Nia Peoples/ Tiffany"	★ ★★ The Princess Diaries ('01, Fam) Julie Andrews.	★ ★★ The Princess Diaries ('01, Fam) Julie Andrews.	:05 ★★ The Princess Diaries 2: Royal Engagement	:05 ★★ The Princess Diaries 2: Royal Engagement	:05 ★★ The Princess Diaries 2: Royal Engagement	:05 ★★ The Princess Diaries 2: Royal Engagement	:05 ★★ The Princess Diaries 2: Royal Engagement	★ ★★ The Princess Diaries					
NICK	27	171	300	Loud House	Loud House	Loud House	Henry Danger	★ ★ Spy Kids 3D: Game Over ('03, Fam) Antonio Banderas.	Friends	Friends	Friends 1/2	Friends 2/2	Friends	Mom				
PRMT	42	241*	241	Mom	Mom	Mom	Mom	★ ★ Step Brothers (2008, Comedy) John C. Reilly, Richard Jenkins, Will Ferrell.	★ ★ Step Brothers (2008, Comedy) John C. Reilly, Richard Jenkins, Will Ferrell.	★ ★ Step Brothers (2008, Comedy) John C. Reilly, Richard Jenkins, Will Ferrell.	★ ★ Step Brothers (2008, Comedy) John C. Reilly, Richard Jenkins, Will Ferrell.	★ ★ Step Brothers (2008, Comedy) John C. Reilly, Richard Jenkins, Will Ferrell.						
ROOT	37	-	-	Mariners	Pre-game	MLB Baseball Texas Rangers at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash.	MLB Baseball Texas Rangers at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash.	Post-game	Ringside Boxing	Tennis								
SYFY	67	122*	244	4:35 ★★ The Mummy Returns	Brendan Fraser.	★ ★★ The Mummy (1999, Adventure) Rachel Weisz, John Hannah, Brendan Fraser.	★ ★★ The Mummy (1999, Adventure) Rachel Weisz, John Hannah, Brendan Fraser.	Happy! "Resurrection" (SF) (N)	★ ★★ Ender's Game ('13, Sci-Fi) Abigail Breslin, Asa Butterfield.	★ ★★ Ender's Game ('13, Sci-Fi) Abigail Breslin, Asa Butterfield.	★ ★★ Ender's Game ('13, Sci-Fi) Abigail Breslin, Asa Butterfield.							
TBS	59	139*	247	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal	Conan	Full Frontal	Seinfeld	Conan	
TCM	56	132*	256	5:00 ★★★★★ The Verdict	:15 ★★★★★ The Mackintosh Man ('73, Susp) Paul Newman.	★ ★★ Slap Shot ('77, Com) Michael Ontkean, Paul Newman.	★ ★★ Slap Shot ('77, Com) Michael Ontkean, Paul Newman.	:15 ★★ The Drowning Pool ('75, Mst) Paul Newman.										
TLC	49	183*	280	My 600-lb Life "The Assanti Brothers"	My 600-lb Life "Janine" (N)	Dr. Pimple Popper	My 600-lb Life "Joe's Story"	My 600-lb Life "Janine"										
TNT	57	138*	245	5:30 ★ The Legend of Tarzan ('16, Act) Alexander Skarsgård.	★ ★ Rogue One (2016, Action) Diego Luna, Ben Mendelsohn, Felicity Jones.	★ ★ Terminator Salvation ('09, Act) Christian Bale.	★ ★ Terminator Salvation ('09, Act) Christian Bale.											
UNI	21	-	-	P. Luche	Noticiero Univ.	La rosa de Guadalupe	La Reina Soy Yo	Silvia Pinal, Frente A Ti	Por Amar Sin Ley	Impacto extra	NoticieroUni	Contacto Deportivo						
USA	59	105*	242	Law & Order: S.V.U. "Quickie"	Law & Order: S.V.U. "Shadow"	Law & Order: S.V.U. "Witness"	Law & Order: S.V.U. "Witness"	Law & Order: S.V.U. "Disabled"	Law & Order: S.V.U. "Bedtime"	Modern Family	Modern Family	Modern Family	Modern Family					
WE	118	128*	260	Law & Order "Sweeps"	Law & Order "Profile"	Law & Order "Breeder"	Law & Order "Nurture"	Law & Order "Old Friends"	Law & Order "Blue Bamboo"	Law & Order "Scoundrels"								
WGN	-	239*	307	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Pure "Excommunication"	Married, Child	Married, Child				
PREMIUM																		
HBO	518	303	504	5:40 ★★★★★ Signs ('02, Thril) Mel Gibson.	Vice News (N)	★ ★★ The Meg ('18, Action) Ruby Rose, Bingbing Li, Jason Statham.	Game of Thrones: The Last Watch	Genet. Jack "Do ladies do that?"										
HBO2	520	304	505	Movie	:50 Chernobyl	Running With Beto (N)	:35 W.Cenac	:05 Gentleman Jack	:10 ★★★★★ The Bourne Identity ('02, Act) Matt Damon.									
HBO3	521	302*	503*	5:50 ★★ Date Night Tina Fey.	:20 ★ Down a Dark Hall ('18, Hor) AnnaSophia Robb.	★ The Danish Girl ('15, Bio) Alicia Vikander, Eddie Redmayne.	★ ★★ Tag ('18, Com) Jeremy Renner.	Movie										
MAX	549	311	516	:05 ★ Father Figures ('17, Com) Ed Helms, Owen Wilson.	★ ★★ True Lies ('94, Action) Arnold Schwarzenegger, Tom Arnold, Jamie Lee Curtis.	:25 ★ Bigger ('18, Bio) Julianne Hough.	:15 ★★ Hannibal											
SHOW	578	319	546	Movie	★ Ghost in the Shell ('17, Act) Pilou Asbaek, Scarlett Johansson.	★ ★★ Crank ('06, Act) Dwight Yoakam.	★ ★ The Italian Job ('03, Act) Charlize Theron, Mark Wahlberg.	Brendan Schaub										
STARZ	621	351	526	4:50 ★ Spider-Man: Homecom...	:05 ★★ 27 Dresses ('08, Com) James Marsden, Katherine Heigl.	★ ★★ Alice in Wonderland Johnny Depp.	:50 ★★ U-571 ('00, War) Bill Paxton, Matthew McConaughey.	:50 ★★ Easy A										
STZENC	644	341	536	5:05 ★★ Erin Brockovich	:15 ★★ Rough Night ('17, Com) Zoë Kravitz, Scarlett Johansson.	★ ★★ Basic Instinct ('92, Thril) Sharon Stone, Michael Douglas.	:10 ★★ Never Say Never Again ('83, Spy) Sean Connery.											
C	Charter; DISH - DISH; DTV - DirecTV																	
*	Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.																	
SPORTS						MOVIES						NEWS						