

Wednesday Best Bets

MasterChef Celebrity Showdown

KFFX KTVP 8:00 p.m.

Two boxing legends enlist the help of family members as they go toe-to-toe in the kitchen to win money for charity in this premiere special. Evander Holyfield and his daughter, Ebonne, take on Oscar De La Hoya and his daughter, Atiana.

Pretty Little Liars: The Perfectionists

FREE 8:00 p.m.

Ali (Sasha Pieterse), Mona (Janel Parrish) and the Perfectionists struggle to move on with their lives in the aftermath of a shocking event in this new episode. However, they soon question everything they think they know in light of new information.



Evander Holyfield, Gordon Ramsay and Oscar De La Hoya in "MasterChef Celebrity Showdown"

SEAL Team

KEPR KOIN 10:00 p.m.

Highly trained Navy SEALs put their lives on the line as they tackle another dangerous mission in this season finale. Jason Hayes (David Boreanaz) leads the team, which also includes Clay (Max Thieriot) and Sonny (A.J. Buckley).

Whiskey Cavalier

KVEV KATU 10:00 p.m.

Ollerman (Dylan Walsh) uses Ray's (Josh Hopkins) life as leverage in an attempt to get the team to commit a terrorist attack in this season finale. At the same time, Jai (Vir Das) helps Standish (Tyler James Williams) come to terms with a revelation.

Wednesday Evening

May 22, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
BROADCAST																		
KFFX	11	-	11	Modern Family	Modern Family	2 Broke Girls	2 Broke Girls	MasterChef Celebrity (N)	Paradise Hotel "Episode 106" (N)	Paradise Hotel "Episode 106" (N)	First at Ten (N)	:35 Dateline	:35 Mike&M.	:05 Mike&M.	:35 2½Men			
KPTV	3	-	-	6 O'Clock News (N)		Family Feud	Family Feud	MasterChef Celebrity (N)	Paradise Hotel "Episode 106" (N)	10 O'Clock News (N)	News (N)	Page Six TV	TMZ Live!					
KEPR	19	-	-	News (N)	Inside Edition	The Big Bang	The Simpsons	The Amazing Race (N)	Race "Who Wants a Rolex?" (N)	SEAL Team (N)	News (N)	:35 The Late Show (N)	:35 J.Corden					
KOIN	19	-	-	News (N)	News (N)	Extra	Ent. Tonight (N)	The Amazing Race (N)	Race "Who Wants a Rolex?" (N)	SEAL Team (N)	KOIN6News (N)	:35 The Late Show (N)	:35 J.Corden					
KNDU	25	6	25	23	News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	Chicago Med (N)	Chicago Fire (N)	Chicago P.D. "Reckoning" (N)	News (N)	:35 The Tonight Show	:35 Late Night				
KGW	8	-	-	-	KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition	Chicago Med (N)	Chicago Fire (N)	Chicago P.D. "Reckoning" (N)	News (N)	:35 The Tonight Show	:35 Late Night					
KVEV	42	4	42	-	News (N)	Local News (N)	Ent. Tonight (N)	Extra	All in the Family (N)	Single Parents	Whiskey "Czech Mate" (SF) (N)	News (N)	:05 Jimmy Kimmel	:05 Nightline	:35 Minute			
KATU	5	-	-	-	KATU News at 6 (N)	Jeopardy! (N)	Wheel Fortune	All in the Family (N)	Single Parents	Whiskey "Czech Mate" (SF) (N)	News (N)	:35 Jimmy Kimmel Live	:35 Nightline					
KTNW	-	31	31	-	PBS NewsHour (N)	World News	WealthTrack	Nature	Nova "Lost Viking Army" (N)	Breakthr "The Smartphone" (N)	Amanpour and Company (N)	Newsline	Japan (N)					
OPB	59	13	-	-	Journeys Japan	Business (N)	PBS NewsHour (N)	Nature	Nova "Lost Viking Army" (N)	Breakthr "The Smartphone" (N)	How We Got to Now "Sound"	PBS NewsHour						
CABLE																		
A&E	52	118*	265*	-	Storage Wars	Storage Wars	Wahlburgers	Wahl of Fame "Paul Voyage" (N)	Wahlburgers "On the Road" (N)	Employable "Hire Ability" (N)	:05 The Inside Story "Animal House"							
AMC	60	131*	254*	-	5:30 * ** * O Brother, Where Art Thou? George Clooney.	* ** * Escape Plan ("13, Act) Arnold Schwarzenegger, Jim Caviezel, Sylvester Stallone.	:35 * ** * Total Recall ("90, Sci-Fi) Sharon Stone, Arnold Schwarzenegger.											
ANPL	24	184*	282*	-	Woods Law "Homecoming"	N.west "Canadian Crabber Bust"	Northwest Law: Uncuffed "Fishy Business" (N)	N.west "Drunk and Disorderly"	Northwest Law	Northwest Law "Fishy Business"								
CMT	43	166*	327*	-	Home Improve.	Home Improve.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Married, Child	Married, Child	Married, Child	Married, Child		
CNBC	72	208*	355*	-	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Paid Program	Paid Program	Paid Program	Paid Program				
CNN	68	200*	202*	-	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon								
DISC	51	182*	278*	-	Expedition Unknown	Expedition Unknown	Expedition Unknown (N)	Expedition Unknown (N)	Mummies Unwrapped (N)	Exp.Unk. "Secrets of the Nazca"	Expedition Unknown							
DISN	26	173	21	-	Jessie	Coop & Cami	Jessie	Jessie	Sydney Max	Sydney Max	Jessie "Jessie's Big Break"	Sydney Max	Coop & Cami	Miraculous	Bunk'd	Andi Mack	Bizaardvark	
ESPN	33	140*	206*	-	NBA Basketball Playoffs Portland Trail Blazers at Golden State Warriors (L)	SportsCenter With Scott Van Pelt (N)	SportsCenter (N)	SportsCenter (N)	NBA Basketball Playoffs Por./G.S.									
ESPN2	34	143*	209*	-	5:00 30 for 30	Boxing Classics	Boxing Classics	Tyson's Hits	2019 PFL Roster the Selection	Best of Pro. Fight.	NowNever (N)	UFC Knockouts	SportsCenter (N)					
FNC	66	205*	360*	-	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle	Fox News @ Night							
FOOD	61	110*	231*	-	Guy's Game "A Dicey Situation"	Guy's Game "All Burgers 2" (N)	Game "Bigger Better Burgers"	Game "All-Star Burgers" (N)	Guy's Game "Grill Masters"	Guy's Game "Thrillin' Grillin'"	Guy's Game "All-Star Burgers"							
FREE	32	180*	311*	-	5:00 * ** * Toy Story 2	Family Guy	Family Guy	Liars "Enter the Professor" (N)	* ** * 13 Going on 30 ('04, Com)	Mark Ruffalo, Jennifer Garner.	The 700 Club	* The Lion King II: Simba's P...						
FX	65	136*	248*	-	4:30 * ** * Hidden Figures ('16, Dra)	Taraji P. Henson.	* Passengers (2016, Adventure) Chris Pratt, Michael Sheen, Jennifer Lawrence.	Shadows (N)	Shadows	Shadows	* ** * Pixels ('15, Act/Com) Adam Sandler.							
GOLF	88	401*	218*	-	NCAA Golf Division I Tournament Women's Team Match Play Championship Site: Blessings Golf Club -- Fayetteville, Ark.	Golf Central	PGA Tour	Learning C.	PGA Tour	Driven								
GSN	76	116*	233*	-	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	America Says	America Says	America Says	Family Feud	Family Feud	Family Feud	Family Feud	
HALL	87	185*	312*	-	5:00 * Love to the Rescue	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HGTV	62	12*	299*	-	Property "Family Fun House"	Property "Uplift and Electrify"	Property "Cool Under Pressure"	Buying "Moving Downtown" (N)	House Hunt. (N)	House (N)	Boise Boys (N)	Buying "Moving Downtown"						
HIST	50	120*	269*	-	Forged "Branch Battle: Marines"	Forged "Branch Battle: Army"	Forged "Branch Battle: Navy" (N)	Forged in Fire (N)	:05 The Butcher (N)	:05 Forged in Fire	:05 Forged in Fire							
LIFE	29	180*	252*	-	* Whitney ('15, Bio) Arlen Escarpeta, Yolonda Ross, Yaya DaCosta.	* The Family That Preys ('08, Com) Alfre Woodard.	:05 * Toni Braxton: Unbreak My Heart ('16, Bio) Lex Scott Davis.	* The Family That Preys										
NICK	27	171	300	-	Loud House	Loud House	Loud House	Henry Danger "Flabber Gassed"	Friends	Friends	Friends	Friends	Friends					
PRMT	42	241*	241	-	Mom	Mom	Mom	* ** * Rush Hour (1998, Action) Chris Tucker, Tom Wilkinson, Jackie Chan.	* ** * Rush Hour (1998, Action) Chris Tucker, Tom Wilkinson, Jackie Chan.									
ROOT	37	-	-	-	MarinersSpot.	Pre-game	MLB Baseball Seattle Mariners at Texas Rangers Site: Globe Life Park -- Arlington, Texas	Post-game	NCAA Baseball ACC Tournament Site: Durham Bulls Athletic Park -- Durham, N.C.									
SYFY	67	122*	244	-	4:30 * ** * Godzilla Matthew Broderick.	* ** * San Andreas ('15, Act) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	Happy! (N)	* ** * Godzilla ('98, Sci-Fi) Hank Azaria, Matthew Broderick.										
TBS	59	139*	247	-	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal (N)	Conan (N)	Full Frontal	Seinfeld	Conan
TCM	56	132*	256	-	5:00 * ** * Cool Hand Luke	:15 * ** * Harper (1966, Thriller) Lauren Bacall, Julie Harris, Paul Newman.	* ** * Paris Blues ('61, Mus) Sidney Poitier.	:15 * ** * The Prize ('63, Com) Elke Sommer, Paul Newman.										
TLC	49	183*	280	-	My 600-lb Life "Vianey and Allen's Story"	My 600-lb Life "The Assanti Brothers"	Dr. Pimple Popper (N)	My 600-lb Life "Chay's Story"	600-lb "The Assanti Brothers"									
TNT	57	138*	245	-	5:30 * ** * Ocean's Eleven ('01, Cri) Brad Pitt, George Clooney.	* ** * Flight (2012, Drama) Nadine Velazquez, Carter Cabassa, Denzel Washington.	* ** * Sully ('16, Drama) Aaron Eckhart, Laura Linney, Tom Hanks.											
UNI	21	-	-	-	P. Luche	Noticiero Univ.	La rosa de Guadalupe	La Reina Soy Yo	La rosa de Guadalupe	Por Amar Sin Ley	Impacto extra	NoticieroUni	Contacto Deportivo					
USA	59	105*	242	-	Law & Order: S.V.U. "Solitary"	Law&Order: SVU "Hammered"	Law & Order: S.V.U. "Spooked"	Law & Order: S.V.U. "Turmoil"	SVU "American Disgrace"	Modern Family	Modern Family	Modern Family	Modern Family					
WE	118	128*	260	-	Love After Lockup "Prison Blues to Wedding Bells"	* ** * Maid in Manhattan ('02, Com) Ralph Fiennes, Jennifer Lopez.	* ** * Maid in Manhattan ('02, Com) Ralph Fiennes, Jennifer Lopez.											
WGN	-	239*	307	-	Cops	Cops	Cops	Cops	Cops	Gone	Cops	Cops	Cops	Cops	Cops	Married, Child	Married, Child	
PREMIUM																		
HBO	518	303	504	-	5:35 * Night School ('18, Com) Kevin Hart.	Vice News (N)	* 12 Strong ('18, Act) Michael Shannon, Chris Hemsworth.	:10 Gentleman Jack	:10 Chernobyl	:15 * ** Meet the Fockers								
HBO2	520	304	505	-	4:55 * ** * Deadpool 2	:55 Chernobyl	Gentleman Jack	Game of Thrones	My Dad Wrote a Porno	What's My Name: Muhammad Ali Pt. 1 of 2								
HBO3	521	302*	503*	-	5:05 * Ocean's 8	* ** * The Post ('17, Bio) Tom Hanks, Meryl Streep.	Wyatt Cenac	Last Week	* ** * Amelie ('01, Com) Mathieu Kassovitz, Audrey Tautou.	:05 * The Danish Girl								
MAX	549	311	516	-	:05 * The Little Stranger ('18, Dra) Ruth Wilson, Domhnall Gleeson.	* Red Sparrow ('18, Myst) Joel Edgerton, Mary-Louise Parker, Jennifer Lawrence.	:25 * ** * Secretary ('02, Dra) James Spader.	:20 * Mr. Right Sam Rockwell.										
SHOW	578	319	546	-	* Elizabeth Harvest ('18, Hor) Ciarán Hinds, Abbey Lee.	* ** * Full Metal Jacket ('87, War) Matthew Modine.	The Chi "Past Due"	Billions "American Champion"	Desus & Mero	Movie								
STARZ	621	351	526	-	Movie	* ** * Horton Hears a Who! ('08, Ani) Jim Carrey.	* ** * Frozen ('13, Fam) Kristen Bell.	:45 * ** * The Family Man ('01, Dra) Téa Leoni, Nicolas Cage.	:55 * Life ('17, Hor) Jake Gyllenhaal.									
STZENC	644	341	536	-	5:15 * ** * Harlem Nights	:10 * ** * Romancing the Stone ('84, Adv) Kathleen Turner.	* ** * The Jewel of the Nile Kathleen Turner.	:50 * ** * The World Is Not Enough ('99, Act) Sophie Marceau, Pierce Brosnan.										

C - Charter; DISH - DISH; DTV - DirecTV
 * Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS