

Saturday Best Bets

Trisha's Southern Kitchen

FOOD Noon

Country music star Trisha Yearwood gets into the groove of summer in this new episode. When her nephew comes to visit, she fires up the grill and prepares a home-cooked old-fashioned menu that includes bacon barbecue nachos.

Million Dollar Mile

KEPR KOIN 8:00 p.m.

Tim Tebow hosts as contestants race to complete a challenging obstacle course in this thrilling reality TV show. All the while, they must contend with other athletes who try to keep them from reaching their goal and winning up to \$1 million.



Tim Tebow hosts "Million Dollar Mile"

Trading Spaces

TLC 8:00 p.m.

The "Trading Spaces" crew returns to prime-time with a look at the exciting world of interior design in this new episode. In this original series, neighboring homeowners trade keys and houses for two days to transform a room in each other's homes.

The Good Doctor

KVEV KATU 9:00 p.m.

An anorexic patient can't gain the necessary weight needed to survive heart surgery in this rebroadcast, so Claire (Antonia Thomas) suggests they perform an experimental surgery. Melendez (Nicholas Gonzalez), however, is firmly against the idea.

Saturday Evening

May 25, 2019

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30		
BROADCAST																			
KFFX (11)	11	-	11	4:00 MLB Baseball (L)		Paid Program	2 Broke Girls	🌟 🌟 🌟 Blood and Chocolate ('07, Hor) Hugh Dancy.			First at Ten (N)	Most Wanted	MasterChef "Off the Hook"	Bones "The Suit on the Set"					
KPTV	3	-	-	4:00 MLB Baseball (L)		In Depth	Whacked Out	🌟 🌟 The 6th Day ('00, Act) Arnold Schwarzenegger.			10 O'Clock News		MasterChef "Off the Hook"	Family Guy	Family Guy				
KEPR (19)	2	19	19	News (N)	News (N)	The Big Bang	The Big Bang	Million Dollar Mile (N)		Ransom (N)	48 Hours		News (N)	Ring of Honor Wrestling	America (N)				
KOIN	19	-	-	News (N)	News (N)	Entertainment Tonight Weekend	Million Dollar Mile (N)	Ransom (N)		48 Hours		KOIN6News (N)	:35 American Ninja Warrior	:35 Amer.Ninja					
KNDU (25)	6	25	23	News (N)	Wheel Fortune	NCIS: New Orleans "#1 Fan"	TBA	TBA	Dateline NBC		News (N)		Saturday Night Live						
KGW	8	-	-	NBC News (N)	Straight Talk	Inside Edition	Getaways	TBA	TBA	Dateline NBC		News (N)	Saturday Night Live						
KVEV (42)	4	42	-	Paid Program	News (N)	Entertainment Tonight Weekend	Shark Tank	The Good Doctor "Carrots"		20/20		Wipeout		Rizzoli & Isles "Born to Run"					
KATU	5	-	-	KATU News at 6 (N)	Jeopardy!	Wheel Fortune	Shark Tank	The Good Doctor "Carrots"		20/20		News	:35 Ring of Honor Wrestling	:35 Castle					
KTNW	-	31	31	The Lawrence Welk Show	Great British Baking "Pastry"	Command "The Devil You Know"	Masterpiece Classic "Churchill's Secret"		Austin City "LCD Soundsystem"		Bluegrass U	Chef's Life 2/2							
OPB (59)	13	-	-	Great British Baking "Bread"	Travels	Stevie's Europe	Doc Martin "Rescue Me"	Father Brown "The Passing Bell"		Bletchley Circle "Madhouse"	Masterpiece Classic "Les Miserables: Barricades"		Masterpiece						
CABLE																			
A&E	52	118*	265*	5:00 Live PD				Live PD: Rewind		Live PD				Live PD					
AMC	60	131*	254*	Movie	🌟 🌟 Gone in 60 Seconds ('00, Action) Angelina Jolie, Giovanni Ribisi, Nicolas Cage.			The Son "Hot Oil" (N)		The Son "Hot Oil"		🌟 🌟 U.S. Marshals ('98, Act) Tommy Lee Jones, Wesley Snipes.							
ANPL	24	184*	282*	The Vet Life "Hog House Call"		The Vet Life "Bulldog Bellyache"		Dr. Jeff "A Brave Little Dog" (N)		The Vet Life (N)		:05 Secret Life of-Zoo (N)		:05 The Aquarium		The Vet Life			
CMT	43	166*	327*	5:00 🌟 🌟 🌟 Selena ('97, Bio) Edward James Olmos, Jennifer Lopez.				🌟 🌟 🌟 Grease ('78, Musical) Olivia Newton-John, Stockard Channing, John Travolta.				🌟 🌟 🌟 Selena (1997, Biography) Edward James Olmos, Jon Seda, Jennifer Lopez.							
CNBC	72	208*	355*	Boss "Armando Montelongo"		Undercover Boss "Utah Jazz"		Undercover Boss "EmpireCLS"		Under Boss "AdvantaClean"		Under Boss "Massage Heights"		Paid Program		Paid Program		American Greed: Scam	
CNN	68	200*	202*	United Shades "Megachurches"		United "Not All White People"		United Shades Of America		United Shades Of America		United Shades Of America		United "The Canadian Way"					
DISC	51	182*	278*	Expedition Unknown				Exp. Unkown "Code to Gold"		Exp. Unkown "Plummer's Gold"		Expedition Unknown: Rediscovered (N)				Expedition Unknown		Exp. Unknown	
DISN	26	173*	21	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Sydney Max	Andi Mack	Bizaardvark
ESPN	33	140*	206*	5:00 NCAA Softball		Boxing Top Rank (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter			
ESPN2	34	143*	209*	5:00 NCAA Softball		NCAA Softball Division I Tournament (L)		Boxing Top Rank		Boxing Classics		Boxing Classics		Boxing Classics		Boxing Classics			
FNC	66	205*	360*	Justice With Judge Jeanine		The Greg Gutfeld Show		Watters World		Justice With Judge Jeanine		The Greg Gutfeld Show		Watters World		Justice With Judge Jeanine			
FOOD	61	110*	231*	Diners "Knockout Burger Joins"		Diners "Big Time Barbecue"		Diners...Dives		TBA	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives
FREE	32	180*	311*	4:50 🌟 Ice Age: Continental D...		:55 🌟 🌟 🌟 Moana ('16, Ani) Voices of Dwayne Johnson, Alan Tudyk, Auli'i Cravalho.		:25 🌟 🌟 🌟 Zootopia ('16, Ani) Voices of Jason Bateman, Ginnifer Goodwin.		:55 🌟 🌟 🌟 Tarzan									
FX	65	136*	248*	5:00 🌟 🌟 🌟 X-Men: Apocalypse ('16, Act) Jennifer Lawrence.		🌟 🌟 🌟 The Martian (2015, Adventure) Jessica Chastain, Kate Mara, Matt Damon.		Fosse/ Verdon "Nowadays"		Shadows		🌟 Star Trek							
GOLF	88	401*	218*	4:00 PGA Golf Charles Schwab Challenge Site: Colonial Country Club				Golf Central		CHAMPS Golf Senior PGA Championship Site: Oak Hill Country Club -- Rochester, N.Y.		LPGA Golf							
GSN	76	116*	233*	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	
HALL	87	185*	312*	🌟 From Friend to Fiancé ('', Romance) Ryan Paevey, Jocelyn Hudon.		JuneWedd. (N)		The Memorial Day Weekend Movie Event Celebration				The Memorial Day Weekend Movie Event Celebration				Movie			
HGTV	62	12*	299*	Fixer Upper		Fixer Upper		Love/List "Need for Efficiency"		Love It or List It		Love It or List It		Love It or List It		Love It or List It			
HIST	50	120*	269*	To Be Announced				🌟 🌟 🌟 🌟 Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.		:05 Butcher "Meat the Monster"		:05 🌟 🌟 🌟 🌟 Hacksaw Ridge							
LIFE	29	180*	252*	🌟 Homekilling Queen ('', Thril) Kaitlyn Bernard, Ashley Jones.		🌟 Fatal Getaway ('') Tilly Montgomery Jones, Christie Burson. (P)		🌟 Psycho Granny (2019) Brooke Newton, Jacob Young, Robin Riker.		🌟 Fatal Getaway									
NICK	27	171	300	Loud House	Loud House	Loud House	Loud House	GShakers (N)	GShakers (N)	Full House	Full House	Friends	Friends	Friends	:35 Friends 1/2	:05 Friends 2/2	:45 Mom		
PRMT	42	241*	241	5:00 🌟 To Be Announced		🌟 To Be Announced		🌟 To Be Announced											
ROOT	37	-	-	4:30 Soccer	Post-game	MLB Baseball Seattle Mariners at Oakland Athletics Site: Oakland Alameda Coliseum -- Oakland, Calif.		Post-game		MLS Soccer Portland Timbers at Philadelphia Union									
SYFY	67	122*	244	5:45 🌟 🌟 🌟 X-Men: The Last Stand ('06, Act) Patrick Stewart.		🌟 🌟 🌟 Iron Man (2008, Action) Gwyneth Paltrow, Jeff Bridges, Robert Downey Jr..		:55 Futurama "Naturama"		:25 Futurama		:55 Futurama		:25 Futurama		:25 Futurama			
TBS	59	139*	247	5:30 🌟 Beauty and the Beast ('17, Fam) Emma Watson.		The Big Bang		The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Full Frontal	The Last O.G.	🌟 🌟 🌟 The Game Plan			
TCM	56	132*	256	5:00 🌟 Pather Panchali		:15 🌟 Devi (1960)		🌟 🌟 🌟 Dead Reckoning ('47, Myst) Humphrey Bogart.				🌟 🌟 🌟 The Great White Hope ('70, Bio) James Earl Jones.							
TLC	49	183*	280	Say Yes-Dress	Say Yes-Dress	Trading Spaces "To the Extreme"		Trade S. "Training Spaces" (N)		N J By Design "Luxury Retreat"		N J By Design "Relaxed Global"		Trading Spaces		Trade Space "Training Spaces"			
TNT	57	138*	245	5:30 NBA Basketball Playoffs Milwaukee vs Toronto (L)		Inside the NBA (L)		Claws "Breezy"		🌟 🌟 🌟 Star Wars: Episode I - The Phantom Menace ('99, Sci-Fi) Ewan McGregor, Liam Neeson.									
UNI	21	-	-	María de Todos	Noticiero: FDS	Como dice el dicho		Como dice el dicho		La rosa de Guadalupe		María de Todos		Noticiero: FDS	Más Noche				
USA	59	105*	242	4:25 🌟 Harry Potter and the Sorcerer's Stone		:50 🌟 Harry Potter and the Chamber of Secrets Harry Potter returns to Hogwarts only to find the school plagued by mysterious attacks.		Modern Family		Modern Family		Modern Family							
WE	118	128*	260	Criminal Minds "Gabby"		Criminal Minds "Persuasion"		Criminal Minds "Rabid"		C.Minds "The Edge of Winter"		Criminal Mind "Blood Relations"		Criminal Minds		Criminal Minds "Fatal"			
WGN	-	239*	307	4:30 🌟 🌟 🌟 The Mummy		🌟 🌟 The Mummy Returns ('01, Adv) Rachel Weisz, John Hannah, Brendan Fraser.		🌟 🌟 🌟 Contagion (2011, Action) Kate Winslet, Jude Law, Matt Damon.		Person of Interest "Critical"									
PREMIUM																			
HBO	518	303	504	:10 🌟 The Predator ('18, Act) Olivia Munn, Boyd Holbrook.		🌟 Halloween ('18, Hor) Jamie Lee Curtis.		:50 Game of Thrones		:15 Chernobyl		:20 🌟 Halloween							
HBO2	520	304	505	Game of Thrones		:20 Big Lies "Somebody's Dead"		:15 Gentleman Jack		:15 Real Sports		:15 🌟 🌟 🌟 Breaking In Gabrielle Union.		:45 W.Cenac		:15 Last Week		Movie	
HBO3	521	302*	503*	:10 W.Cenac	:45 🌟 The Normal Heart (2014, Drama) Julia Roberts, Jonathan Groff, Matt Bomer.	🌟 🌟 Meet the Fockers ('04, Com) Ben Stiller, Robert De Niro.		🌟 🌟 Blockers ('18, Com) John Cena.		Movie									
MAX	549	311	516	4:25 🌟 Blade Runner 2049		:10 Warrior		🌟 🌟 Analyze This ('99, Com) Robert De Niro.		:45 🌟 🌟 Analyze That ('02, Com) Billy Crystal, Robert De Niro.		:25 Warrior		:10 🌟 Resident Evil: Apocalypse					
SHOW	578	319	546	5:00 🌟 Den of Thieves ('18, Act) Gerard Butler.		:25 WuTangClanMicsandMen		:25 🌟 The Dark Tower ('17, Act) Idris Elba.		The Chi "A Leg Up"		WuTangClanMicsandMen		Desus & Mero		Billions			
STARZ	621	351	526	:55 🌟 Sicario: Day of the Soldado ('18, Act) Josh Brolin.		Vida		:35 Vida		:10 Vida		:45 Vida		:15 Vida		:50 Vida		:25 🌟 🌟 🌟 Venom ('05, Hor) Agnes Bruckner.	
STZENC	644	341	536	4:55 🌟 Independence Day		:20 🌟 🌟 🌟 Scent of a Woman (1992, Drama) Chris O'Donnell, James Rebhorn, Al Pacino.		Black Sails "XXXIII"		🌟 🌟 🌟 A View to a Kill ('85, Spy) Roger Moore.									

C - Charter; DISH - DISH; DTV - DirecTV
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS