

Weekday Daytime

May 8, 2019 to May 14, 2019

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30		
BROADCAST																	
KFFX	11	-	11	AgDay	The Game	Good Day				Caught in Providence	Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	Chicago P.D.			
KPTV	3	-	-	Good Day Oregon at 6 a.m.		Good Day Oregon				MORE Good Day Oregon		MORE Good Day Oregon		The Rachael Ray Show			
KEPR	19	2	19	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning				Pickler & Ben		The Price Is Right		The Young and the Restless		
KOIN	19	-	-	-	(Wed) KOIN Local 6 at 6 / KOIN Local 6 at 6am	CBS This Morning				Let's Make a Deal		The Price Is Right		The Young and the Restless			
KNDU	25	6	25	23	4:30 Wake Up News		Today				Today III		Today With Hoda and Jenna		Who Wants to Be a Millionaire?	Hot Bench	
KGW	8	-	-	-	KGW News at Sunrise at 6 AM		Today				Today III		Today With Hoda and Jenna		Daily Blast Live	Daily Blast Live	
KVEU	42	4	42	-	Good Morning	Good Morning	Good Morning America				Live With Kelly and Ryan		The View		Paid Program	Right This Minute	
KATU	5	-	-	-	5:00 KATU News This Morning		Good Morning America				AM Northwest		The View		Live With Kelly and Ryan		
KTNW	-	31	31	-	Esmonde Technique	(Wed Thu Tue) Yoga/(Fri Mon) Yoga	Ready Jet Go!	Wild Kratts	Sesame Street	Splash and Bubbles	Dinosaur Train	The Cat in the Hat	Daniel Tiger's Neighborhood	Super WHY!	Pinkalicious & Peterrific	Sit and Be Fit	
OPB	59	13	-	-	Yoga/ Sit Fit/ Stretch	Wild Kratts	Nature Cat	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Splash and Bubbles	Sesame Street	Dinosaur Train	The Cat in the Hat	
CABLE																	
A&E	52	118*	265*	-	Info-Documentary	Info-Documentary	Various	(Mon) Dog B.H.	Various	(Mon) Dog B.H.	Various	(Mon) Dog B.H.	Various	(Mon) Dog B.H.	Various		
AMC	60	131*	254*	-	Paid Program		Paid Program		Paid Program		Various	Stooge/ :35 The Son	(Wed) * Predator / (Mon) Stooge	(Mon) * The Last Witch Hunter	(Thu) * Punisher: War Zone ('08, Act)	(Fri) * A Bronx Tale ('93, Dra)	
ANPL	24	184*	282*	-	(Wed-Fri) DodoHero/(Mon Tue) Croc.H.	Too Cute!				Vet Gone Wild		The Vet Life		(Wed-Fri) Dr. Jeff/(Mon Tue) Dr. Dee		The Zoo	
CMT	43	166*	327*	-	CMT Music		CMT Music / (Thu) Throwback		CMT Music / (Thu) Throwback		Reba	Reba	Reba	Reba	Roseanne	Roseanne	
CNBC	72	208*	355*	-	Squawk on the Street		Squawk Alley				Fast Money Halftime Report		The Exchange		Power Lunch		
CNN	68	200*	202*	-	CNN Newsroom		CNN Newsroom		At This Hour with Kate Bolduan		Inside Politics		CNN Right Now With Brianna Keilar		CNN Newsroom		
DISC	51	182*	278*	-	Various		Various		Various		Various		Various		Various		
DISN	26	173	21	-	Puppy Dog Pals	Puppy Dog Pals	Puppy Dog Pals	Puppy Dog Pals	Mickey and Racer	PJ Masks	Gigantosaurus	Puppy Dog Pals	MuppetB./ PJ Masks	Vampirina	Fancy Nancy	Vampirina	
ESPN	33	140*	206*	-	5:00 Get Up!		First Take				SportsCenter		Outside the Lines		NFL Live		
ESPN2	34	143*	209*	-	SportsCenter		Get Up!				First Take				Jalen & Jacoby		
FNC	66	205*	360*	-	America's Newsroom					Outnumbered			Outnumbered Overtime			The Daily Briefing With Dana Perino	
FOOD	61	110*	231*	-	Paid Program	(Thu Mon Tue) Paid	Paid Program	(Thu Mon Tue) Paid	Paid Program	(Thu Mon Tue) Paid	Paid Program	Pioneer Woman	Various	Various	Various	Various	
FREE	32	180*	311*	-	Paid Program	Paid Program	Reba	Reba	Reba	Reba	(Wed-Fri) 700 Club/(MonTue) Reba Club	(Mon Tue) The 700 Club	Various Movies				
FX	65	136*	248*	-	Paid Program	Paid Program	Various Movies				Various Movies		(Fri) * The Amazing Spider-Man 2/(Tue) * Spider-Man	(Wed Mon) Mother		Mother	
GOLF	88	401*	218*	-	(Mon) Morn. Drive/(Tue) PGA Champ	(Wed) Morn. Drive	(Thu Fri) Golf	(Wed) Golf / (Mon) Golf	(Thu Fri) Golf		(Wed) PGA Tour	(Wed) Learning C.	PGA Tour/ Golf	(Wed) Golf			
GSN	76	116*	233*	-	Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	America Says	America Says	
HALL	87	185*	312*	-	The Golden Girls	The Golden Girls	Home and Family				Home and Family		Various				
HGTV	62	12*	299*	-	Paid Program	Various	Various	Mtn Life/ Life	Various	FleaFlip/ One of a	Various	FleaFlip/ One of a	Various	FleaFlip/ One of a	Various	Various	
HIST	50	120*	269*	-	Info-Documentaries	Documentaries/(F-r) Chrono Gospels	Various	(Wed) Pawn Stars	Various	(Wed) Pawn Stars	Various	(Wed) Pawn Stars	Various	(Wed) Pawn Stars	Various	(Wed) Pawn Stars	
LIFE	29	180*	252*	-	Paid Program	Life Today	Enjoying Life	Various	The Closer		The Closer		The Closer		Wife Swap / (Mon) The Closer		
NICK	27	171	300	-	Full House	SpongeBob	SpongeBob	SpongeBob	PAW Patrol	Guppies/(Fri) PAW	Corn & P/(Fri) PAW	PAW Patrol	Butterb/:15 Butterb	Abby/ RyanPly	PAW Patrol	Various	
PRMT	42	241*	241	-	Paid Program		Paid Program		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
ROOT	37	-	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	The Rich Eisen Show						
SYFY	67	122*	244	-	Various	(Thu) CSI/(Mon) TwilightZone	Various	(Thu) CSI/(Mon) TwilightZone	Various	(Thu) CSI/(Mon) TwilightZone	* The Crooked Man/ Z Nation/ Twilight	(Thu) CSI: Crime Scene	(Fri) Z Nation/(Tue) * The Scorpion...	(Thu) CSI: Crime Scene	(Wed) * Haunted High / (Fri) ZNation	(Thu) CSI: Crime Scene	
TBS	59	139*	247	-	Loves Ray	Loves Ray	King of Queens	King of Queens	Queens/ Friends	Queens/ Friends	Sein./(Mon) Friends	Sein./(Mon) Friends	Sein./ Friends	Friends	Friends	Friends	
TCM	56	132*	256	-	(Fri) * Once a Doctor	(Mon) * The Strangler	(Fri) * Queen of Outer Space	(Wed) * Border Incident	(Thu) * The Harvey Girls	(Fri) * The Unholy Wife ('57, Myst)	(Tue) * Murder My Sweet	(Thu) :45 * Two Guys From Texas	(Fri) :15 * I Married a Wom...	(Tue) :45 * The Big Sleep	(Wed) * Second Chance	(Fri) :45 * The Prince & the Sh...	
TLC	49	183*	280	-	What Not to Wear		What Not to Wear		OutDaughtered		OutDaughtered		Various		Various		
TNT	57	138*	245	-	Charmed		Charmed		Charmed		Charmed		Supernatural		(Wed) Matchday/Supernatural		
UNI	21	-	-	-	Como dice el dicho		Despierta America							Various			(Wed) Fútbol
USA	58	105*	242	-	CSI: Crime Scene Investigation		NCIS: Los Angeles		Chicago P.D.		(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.	(Wed Mon) Chicago P.D. / (Thu) NCIS / (Fri Tue) Law & Order: S.V.U.			
WE	118	128*	260	-	Emotional Mojo	Paid Program					Paid Program	Paid Program	Various		Various		
WGN	-	239*	307	-	Know the Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program	Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		
PREMIUM																	
HBO	518	303	504	-	(Tue) McEnroe/(Fri) :15 Believer	(Wed) * Couples Retreat	(Tue) * Away From Her ('07, Dra)	(Mon) Last Week Tonight	(Thu) * The Devil Wears Prada	(Wed) :25 * *** The Count of Monte Cristo/(Tue) :50 * Down a D...	:45 1stLook/ :50 RX Early	(Fri) * Honey	(Thu) * Z for Zachariah/(Tue) HBO First Look/(Wed) :40 * Self/ Less	(Fri) :35 * *** Step Up ('06, Dra)			
HBO2	520	304	505	-	(Tue) * Annapolis	(Thu) * ** Ghosts of Girlfriends Past (2009, Romance)	(Tue) :45 * Out Cold/(Fri) :50 * ...	(Thu) :15 * Veronica Mars	(Mon) HBO First Look/(Wed) :35 ...	(Tue) :20 * The Book of Eli	(Fri) :45 * Kingdom of Heav...	(Thu) :05 * ** Out Cold ('01, Adv)	(Wed) :40 * Beyond the Reach	(Mon) The Number	(Thu) :35 * ** The Nun ('18, Hor)		
HBO3	521	302*	503*	-	(Thu) The Number	(Thu) :25 * Phenomenon/(Fri) * Jack the Bear/(Tue) :40 * Bring It On: All or Nothing	(Mon) * Collision	(Tue) :25 * Bring It On Again/(Thu) * 50 First Dates	(Mon) :45 * Green Zone	(Wed) * The Meg/(Tue) * Pirate Radio/(Thu) :15 * Never Been Kissed/(Fri) :20 * Rampage	(Mon) :40 * ** The Meg ('18, Act)						
MAX	549	311	516	-	(Wed) :05 * Welcome Home.....	(Thu) * Corky Romano	(Fri) :55 * Casino Royale ('06, Act)	(Wed) :45 * The Day After Tomorr...	(Mon) :55 * Holy Man/(Thu) * Hail, Caesar!	(Fri) :10 * Bruce Almighty	(Wed) :50 * Blade Runner 2049/(Thu) :50 * What About Bob?	(Fri) :50 * ** Battle of the Sexes (2017, Docu-Drama)	(Thu) * Flirting With Disaster				
SHOW	578	319	546	-	(Wed) * To Be Announced	(Tue) * Furlough (2018, Drama)	(Mon) * The Man in the Iron Mask	(Thu) * Frances Ha ('12, Com)	(Tue) * *** The Help (2011, Drama)	(Thu) Howie Mandel Comedy...	(Fri) :25 * The Dark Tower	(Thu) * ** Stripes ('81, Com)	(Tue) * The Fisher King/(Mon) :45 ...	(Wed) * Bad Grandmas	(Thu) :50 * The Death of Stalin		
STARZ	621	351	526	-	5:00 * The Eagle	Various Movies		(Mon) :55 * ** Charlie St. Cloud (2010, Fantasy) / (Wed) * *** The Truman Show (1998, Drama)	Various Movies		(Tue) :55 * ** Ray (2004, Biography)	(Thu) :05 * Say Anything	(Mon) :25 * Stepmom ('98, Dra)	(Tue) :05 * The Sicario: Day of t...		(Tue) * The Wife/(Thu) :50 ...	
STZENC	644	341	536	-	(Thu) :10 * Hard Target ('93, Act)	(Mon) :25 * Die Another Day/(Fri) :45 * McHale's Navy/(Wed) :50 * Aus...	(Tue) :40 * Down Periscope/(Thu) :45 * Jurassic Park III	(Wed) * Hard Target	(Tue) :15 * Erin Brockovich/(Thu) :20 * The League of Extraordinary Gentl...	(Fri) * Octopussy/(Wed) :05 * Mark Felt: The Man Who Brought Down the...	(Mon) :55 * Sin City/(Thu) :15 * ...			(Tue) :25 * The Chronicles of Rid....			
C – Charter; DISH – DISH; DTV – DirecTV * Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.																	
				SPORTS				MOVIES				NEWS					