

Good Shepherd to unveil health data on May 14

By JADE MCDOWELL
East Oregonian

Data on everything from Umatilla County residents’ marijuana use to their blood pressure will be available to the public at a Community Health Assessment Rollout meeting.

The meeting, open to the public, will take place on May 14 from 11:30 a.m. to 2 p.m. at Good Shepherd Medical Center in Hermiston, Conference Room 1 and 2 (through entrance C). Lunch will be provided, and participants are asked to RSVP to 541-667-3509.

Good Shepherd and St. Anthony Hospital in Pendleton teamed up for a county-wide set of surveys conducted at the end of 2018. They were mailed to 3,600 Umatilla County residents.

A “general adult” survey with 112 questions on it drew 254 responses, a survey asking parents about their children drew 161 responses, 186 adults returned surveys in Spanish and 156 Spanish-speaking

parents filled out a survey about their children.

Jaime Crowell, community health educator for Good Shepherd, said responses from the survey, which hospitals are required to complete every three years, will be used to help inform Good Shepherd and St. Anthony as they create a plan for meeting their communities’ health needs. Partners who helped come up with survey questions — including organizations such as school districts and Head Start — will also benefit.

“The data will be available to the entire community,” she said.

Juli Gregory, director of education for Good Shepherd, said the hospital has made changes in response to past surveys. Answers indicating poor diabetes management, for example, led to the creation of more educational classes that would help people manage their condition.

Some of the topics touched by the survey ques-

tions include cancer, heart disease, hypertension, weight, exercise, diet, mental health, opioid use, fire-arm ownership and storage, binge drinking, violence, childhood trauma, chemical exposure, dental care, sexually transmitted diseases and access to health care.

Gregory said there weren’t huge surprises in the survey results but there were some numbers that went up or down from previous years.

Umatilla County remains worse than the national and state average in several categories. Forty-one percent of survey respondents were obese, for example, and the county had higher rates of postpartum depression.

Responses varied between the Spanish and English surveys in some cases. Spanish-speakers listed exposure to agricultural chemicals as the top environmental threat to their health while English-speakers listed bad air quality.

Crowell said while the

numbers were helpful, community members should also look at them in context. A drop in people reporting high blood pressure could mean that residents are taking better care of themselves but it could also mean a drop in the number of people being screened and informed of their high blood pressure.

Nick Bejarano, director of marketing and communications, said many health problems seem to stem from people not having primary care providers, something Good Shepherd is trying to address with their new primary care clinic that opened this month.

All three Good Shepherd employees urged Umatilla County residents to attend the rollout meeting on May 14 to hear about the survey responses and what they indicate. The data will be presented by Tessa Elliot, community health improvement coordinator for the Hospital Council of Northwest Ohio, which conducted the survey.

Hermiston to offer ‘Homes for Heroes’ real estate assistance

Some Hermiston residents will now be able to benefit from a national program that provides real estate assistance to teachers, health care workers, firefighters, law enforcement, emergency medics, veterans, and active and reserve military.

Hermiston’s John L. Scott office is now offering the “Homes for Heroes” program, where those who serve in certain professions can get significant savings when they buy, sell or refinance a home.

The Homes for Heroes program is comprised of real estate and lending specialists around the United States, as well as local and national businesses.

“We’re committed to giving back, serving and saying thank you to our local community heroes

because they do so much to make our great community what it is today,” said Dalia Villegas, Hermiston’s local Homes for Heroes real estate specialist.

Every time someone uses the Homes for Heroes program for a real estate transaction, the program donates a portion of the earnings from the sale to the Homes for Heroes Foundation, which provides assistance to people in those professions who are looking for homes.

The program was started in 2002 in Minnesota, and became a national organization in 2009.

To find out more about the program and how to use it, visit HomesForHeroes.com/affiliate/dalia-villegas, or call 866-443-7637.

Alcohol, speed may have contributed to fatal crash

East Oregonian

UMATILLA — Oregon State Police reported the semitruck driver who died Friday night in a crash near Umatilla was not wearing a seat belt.

State police troopers and other emergency personnel responded to the report of a single semi crash at approximately 9:40 p.m. on Interstate 82 near milepost 10. State police on Monday reported Domingo Diaz Martin, 57, of Yakima, Washington, was driving the tractor-trailer east on Interstate 82 when he took the off ramp to merge onto I-84 eastbound.

He did not navigate the curve and the semi drifted

off the road and onto the shoulder, where the semitrailer rolled onto its side. Diaz Martin was not wearing his seat belt, according to state police, and the crash ejected him from the vehicle. He was dead when troopers arrived.

The passenger, Tashina Mautmolis Bettles, 28, of Wapato, Washington, also was not wearing her seat belt. She suffered injuries that were not life-threatening, according to state police, and a helicopter ambulance flew her to Kadlec Regional Medical Center in Richland, Washington.

State police also reported alcohol and the speed of the vehicle may have been factors in the crash.



Photo contributed by Oregon State Police

Oregon State Police reported this semi crashed Friday near Umatilla, injured the passenger and killed the driver.

CONCEALED CARRY PERMIT CLASS

**SATURDAY
APRIL 20TH**

**Hermiston
Best Western**

Valid 35-States, including Washington

1PM CLASS ONLY!

Multi-State \$80
Oregon Included No Fee

Oregon Only \$45

MULTI-STATE

Shaun Curtain 360-921-2071
or email: ShaunCurtain@gmail.com | www.ShaunCurtain.com

BEO Bancorp reports 1st quarter growth

HEPPNER — BEO Bancorp and its subsidiary Bank of Eastern Oregon announced first quarter 2019 consolidated net income increased compared to the first quarter 2018.

The company in a written statement reported consolidated net income for the period last year was \$758,000 or \$0.64 per share.

This year, it was a little more than \$1 million or 92 cents per share.

BEO also reported total assets were \$468.2 million, up 19.9% year over year. Net loans of \$340.1 million were up 8.7% from the same period in 2018, while deposits were at \$421.6

million, up 20.6% year over year.

President and CEO Jeff Bailey said “non-ordinary events” during the quarter contributed to the financial picture. BEO completed the purchase of four former Umpqua branches in Washington, and those expenses hit the books, while the “substantial recovery of a troubled asset” offset the purchase. Overall, according to Bailey, the first quarter was a good start to 2019 from a net income standpoint.

Chief financial officer Mark Lemmon said earnings per share was in line with the fourth quarter of 2018 but up dramatically year over year, and share-

holder equity is up 9.7% over the past year.

Chief operations officer Gary Prophetter said the deposits from the new branches came to about \$40 million, but without the additions the bank’s “organic growth would have been just over 8% year over year,” while organic growth in loans was up about 8.5%.

Bailey also stated the late winter weather delayed field work, but the moisture is welcomed.

“This, coupled with a better renewal season for our ag customers than we have seen for the past few years, makes me cautiously optimistic about our ag areas for 2019,” he said.

Daniel Sharp
Maintenance Manager
Since 2013

“It’s not just what I do, it’s who I choose to be.”

Knowledgeable, Encouraging, Focused, Thorough

St. Anthony Provider Spotlight

Katie Morioka, WHNP-BC, DNP is now accepting new patients.

Nurse Practitioner

Education: Oregon Health Science University

Insurance Accepted: Most major insurances, Medicare, Medicaid

Special Services: Womens Health

CHI St. Anthony Hospital

3001 St. Anthony Way
Pendleton, OR 97801

Katie Morioka, WHNP-BC, DNP

**Call for your appointment today
541.966.0535**

FOR MORE INFORMATION VISIT WWW.SAHPENDLETON.ORG

A Healthier Morrow County is Within Me.

Every day I feel a great sense of responsibility to ensure we provide a safe and healthy environment for our patients and caregivers. I enjoy teaching others about safety and supporting my staff in their professional growth because I know this is how we keep our promise of excellence.

Read About How We are Working Together to be a Healthier Community Today and TOMORROW

HealthyMC.org

MORROW COUNTY HEALTH DISTRICT
Excellence in Healthcare

Where healthier is happening...

Boardman | Heppner | Ione | Irrigon | Lexington 541-676-9133