

Weekday Afternoon

March 20, 2019 to March 26, 2019

	CH	DISH	DTV	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
BROADCAST															
KFFX	11	-	11	Ocean M./ Outback/ IntoWild/ R. Park	Divorce Court	Steve!		Judge Mathis		The People's Court		Paid Program	Mom	Last Man Standing	Last Man Standing
KPTV	3	-	-	12 O'Clock News	(Thu) OutSpace/(Fri) Nature	Wendy Williams / (Fri) Into the Wild	(Fri) Elizabeth Stanton	Face the Truth	Face the Truth	People Court/(Fri) Awesome Planet	(Fri) The American Athlete	Judge Judy	Judge Judy	5 O'Clock News	
KEPR	19	2	19	(Wed Mon Tue) FunnyAsk	(Wed Mon Tue) Bold-Beautiful	(Wed Mon Tue) The Talk		(Wed Mon Tue) Let's Make a Deal / (Thu Fri) The Price Is Right		Dr. Phil		(WedMonTue) Judy/(ThuFri) Basket.	(Wed Mon Tue) Judge Judy	(Wed Mon Tue) Action News	(Wed Mon Tue) Evening News
KOIN	19	-	-	(Wed Mon Tue) KOIN 6 News/ 12	(Wed Mon Tue) Bold-Beautiful	(Wed Mon Tue) The Talk		The 700 Club		Dr. Phil		(Wed Mon Tue) KOIN 6 News at 4 p.m. / (Thu Fri) Basketball	(Wed Mon Tue) KOIN 6 News at 5	(Wed Mon Tue) KOIN 6 News/ 5:30	
KNDU	25	6	25	TMZ	Paid/(Thu) Consumer 101	Days of Our Lives		The Wendy Williams Show		Daily Mail TV	Daily Mail TV	The Ellen DeGeneres Show		News/ News	NBC Nightly News With Lester Holt
KGW	8	-	-	KGW News at Noon	Paid Program	Days of Our Lives		The Dr. Oz Show		The Ellen DeGeneres Show		KGW News at 4:00 p.m.		KGW News at 5:00 p.m.	NBC Nightly News With Lester Holt
KVEV	42	4	42	Strahan and Sara		General Hospital		The Doctors		The Rachael Ray Show		The Dr. Oz Show		Local News at 5:00	ABC World News
KATU	5	-	-	Strahan and Sara		General Hospital		Afternoon Live		Who Wants to Be a Millionaire?	Who Wants to Be a Millionaire?	KATU News First at Four		KATU News at 5	ABC World News
KTNW	-	31	31	(Wed Thu Tue) Amanpour/Com/(Fri) Dialogue Metal/(Mon) British Baking		Various	Various	Esmonde Technique	Let's Go Luna!	Nature Cat	Ready Jet Go!	Wild Kratts	Odd Squad	Arthur / (Mon) Biz Kid\$	Nightly Business Report
OPB	59	13	-	Various	Various	Various	Various	Nature Cat	Ready Jet Go!	Arthur	Arthur	Odd Squad	Odd Squad	Wild Kratts	Wild Kratts
CABLE															
A&E	52	118*	265*	Various	Various	Various	Various	Various	P. Wars/ Live PD	Various	S. Wars/ Live PD	Various	S. Wars/ Live PD	Various	(Wed) Storage W.
AMC	60	131*	254*	(Mon) :20 The Man From U.N.C....	(Wed) Blazing Saddles ('74, Western)/(Thu) Rocky IV ('85, Dra)		(Fri) Deep Impact (1998, Action)	(Wed) The Outlaw Josey Wales/(Thu) Fugitive/(Tue) :50 Die Hard II: Die Harder/(Mon) :55 ...		(Fri) Cast Away (2000, Drama)					(Tue) :25 Deep Impact
ANPL	24	184*	282*	The Secret Life of the Zoo		Pit Bulls & Parolees		Pit Bulls & Parolees		(Wed-Fri) I Prey/(Mon Tue) Be Alive		Various		Various	
CMT	43	166*	327*	Full House	Full House	Full House	Full House	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.	Home Improve.
CNBC	72	208*	355*	Closing Bell				Fast Money	(Fri) Options	Mad Money		No Deal/ Shark T./ Boss		No Deal/ Shark T./ Boss	
CNN	68	200*	202*	CNN Newsroom		The Lead With Jake Tapper		The Situation Room With Wolf Blitzer		The Situation Room With Wolf Blitzer		OutFront		Anderson Cooper 360	
DISC	51	182*	278*	Various		Various		Various		Various		Various		Various	
DISN	26	173	21	PJ Masks/ Gigantos	PJ Masks/(Fri) Puppy	Puppy/(Fri) PJ Masks	Puppy/(Fri) Vamp	:55 Mickey/DuckTal.	Big City Greens	Big City Greens	Bizaardvark	Bizaardvark	Big City Greens	Raven's Home	Raven's Home
ESPN	33	140*	206*	NBA: The Jump		(Wed Mon Tue) High Noon	(Wed Mon Tue) Highly?/(Thu Fri) NFL	(Wed) ESPN FC/(Mon Tue) Horn	(Wed Mon Tue) Interruption	SportsCenter		Various		(Fri) Wrestling	
ESPN2	34	143*	209*	NFL/ OLines	Soccer/ Soccer	Jump/ Champ.	(Fri) Basketball	ESPN FC/ HighNoon	(Wed Tue) Highly?	Horn/ Jump	Interrupt/ Champ.	Various	TheDraft/ Basket.	(Tue) :55 Soccer / (Thu) Soccer	
FNC	66	205*	360*	Shepard Smith Reporting		Your World		The Five		Special Report With Bret Baier		The Story		Tucker Carlson Tonight	
FOOD	61	110*	231*	Various	Various	Pioneer/ Baking	Pioneer Woman	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners	Various	BeatPlay/ Diners
FREE	32	180*	311*	Various Movies		Various	The Middle	The Middle / (Thu) Pretty Little Liars	The Middle	(W) Movie / (Th) Movie / Middle	(Mon Tue) The Middle	(Mon Tue) The Middle	(Mon Tue) The Middle	(Mon Tue) The Middle	Various
FX	65	136*	248*	(ThuFriMon) Mother	Met Your Mother	Mother/ M.Molly	M.Molly/ Mother	Various	Various	Movie	(Fri) Spy	(Tue) Pixels ('15, Act/Com)		(Wed) 13 Hours: The Secret Soldie...	
GOLF	88	401*	218*	(Wed) PGA Tour	School/ Feherty	(Wed) PGA Tour	Golfing/ Academy	Various	(Tue) Learning C.	(Wed Mon Tue) Golf C./(Thu Fri) Golf		Various	Various	(Wed) Golf/(Mon) Feherty/(Tue) Golf	
GSN	76	116*	233*	Wheel of Fortune	Wheel of Fortune	Match Game	Match Game	Catch 21	Catch 21	The Chase		Chain Reaction	America Says	America Says	ComKnowl.
HALL	87	185*	312*	Various Movies		Various Movies				Various Movies				Various Movies	
HGTV	62	12*	299*	Fixer Upper / (Mon)	Love It or List It	Various	(Thu) Flip or Flop	Various	(Thu) Flip or Flop	Various	(Thu) Flip or Flop	Various	(Thu) FlipFloVegas	Various	(Thu) FlipFloVegas
HIST	50	120*	269*	Various	(Wed) Counting Cars	Various	(Wed) Counting Cars	Various	(Wed) Counting Cars	Various	(Wed) Counting Cars	Various		(Wed) Forged in Fire / (Thu) Swamp People / (Fri) Ancient Aliens	
LIFE	29	180*	252*	W. Swap/ Closer/ First 48		W. Swap/ Closer/ First 48		(W Th T) W.Swap/ (F) Movie / (M) First 48		(Wed Thu Tue) Grey's/(Mon) First 48		(W Th T) Grey's/(F) Movie / (M) First 48		(Wed Thu Tue) Grey's/(Mon) First 48	
NICK	27	171	300	PAW/(Fri) Machines	PAW Patrol	Machines/(Fri) PAW	Machines/(Fri) PAW	PAW Patrol	PAW Patrol	Movie	SpongeBob	SpongeBob	SpongeBob	The Loud House	The Loud House
PRMT	42	241*	241	Bar Rescue		Bar Rescue		Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Mom/ 2½Men	Mom/ 2½Men	Mom/ 2½Men	(W Th T) Mom/ (F) Movie / (M) 2½Men
ROOT	37	-	-	Paid/(Tue) Mariners Access	Paid/(Tue) Mariners Access	The Dan Patrick Show / (Tue) Baseball						Various	(Wed) FE Racer/(Thu Mon) Mariners	(Wed) Sled/(Thu Mon) Mariners	(Wed) SnowM/(Thu Mon) Mariners
SYFY	67	122*	244	(Wed) Friday the 13th ('09, Hor)	(Tue) Leprechaun 3	(Mon) :05 Planet Terror	(Fri) :35 Fright Night ('11, Com)	(Wed) :05 Frankenstein	(Tue) Leprechaun 2	(Mon) :05 Fast and Furious	(Thu) :45 17 Again	(Fri) Ender's Game/(Wed) :05 ...	(Tue) Hellboy ('04, Sci-Fi)	(Mon) :05 Fast Five (2011, Action)	
TBS	59	139*	247	(W M T) Friends	Friends	Various	Friends/ Am.Dad	Friends/ Am.Dad	Friends/ Am.Dad	Friends/ BobBurg.	Friends/ BobBurg.	Various	Am.Dad/ BobBurg.	Am.Dad/ BobBurg.	Am.Dad/ Fam.Guy
TCM	56	132*	256	(Tue) The Murderer Lives at Number 21 (1942, Mystery)		(Thu) Luxury Liner/(Fri) :15 ...	(Wed) All Mine to Give	(Mon) The Bridge on the River Kwai (1957, War)		(Thu) Romance on the High Seas		(Wed) Young Man With Ideas (1952, Comedy)		Various	
TLC	49	183*	280	(Wed) Family	Say Yes-Dress	Family/Say Yes	Say Yes-Dress	My 600-lb Life		600-lb/ Count On/ 90 Day F		90 Day F/ 90 Day F: More to Love		(Wed-Fri) 90 Day F/(Mon) Count On	
TNT	57	138*	245	(WedMonTue) Super.	(Thu Fri) :50 Basket.	(Wed Mon) Supernatural		(Wed) Supernatural/(Mon) The Hu...		Movie	(Thu Fri) :45 Basket.	(Wed) Law Abiding Citizen ('09, Cri)		(M) The Hunger Games: C../ (T) Basket.	
UNI	21	-	-	Noticiero Univ.	Nosotros guapos	Como dice el dicho		Tenias Que Ser Tu		Sin Tu Mirada		El gordo y la flaca		Primer impacto	
USA	58	105*	242	(Wed) Chicago P.D. / (Thu Mon) NCIS / (Fri Tue) Law & Order: S.V.U.		(Wed) Chicago P.D. / (Thu Mon) NCIS / (Fri Tue) Law & Order: S.V.U.		(Wed) Chicago P.D. / (Thu Mon) NCIS / (Fri Tue) Law & Order: S.V.U.		(Wed Fri Tue) Law & Order: Special Victims Unit / (Thu Mon) NCIS		(Wed Fri Tue) Law & Order: Special Victims Unit / (Thu Mon) NCIS		(Wed Fri Tue) Law & Order: Special Victims Unit / (Thu Mon) NCIS	
WE	118	128*	260	(Wed Mon) CSI/(Fri) Law:CI/(Tue) Law&O.		Various		Various	(Thu) :55 Law:CI	Various	(Thu) :55 Law:CI	Various	Movie/(Thu) Law:CI	Various	(Thu) :50 Law:CI
WGN	-	239*	307	In the Heat of the Night		In the Heat of the Night		In the Heat of the Night		In the Heat of the Night		(Wed) In Heat of Night / Blue Bloods		Last Man/BlueB.	(Wed) Last Man
PREMIUM															
HBO	518	303	504	(Thu) :15 Couples Retreat	(Wed) :25 The Devil Wears Prada	(Tue) The First Grader ('10, True)	(Fri) :40 Self/ Less ('15, Sci-Fi)	(Mon) :55 Never Been Kissed	(Tue) :45 Anchorman: The Legend of Ron Burgundy ('04, Comedy)	Various Movies		(Tue) :20 Jurassic World: Fallen Kingdom (2018, Action)		Various	
HBO2	520	304	505	(Thu) Deadwood/(Tue) :10 Secret Window/(Fri) :20 You Got Served		:05 Deadwood/:15 1stLook/:15 The Shop	(Wed) There's Something About...	(Fri) Roll Bounce (2005, Comedy) / (Thu) Deadwood		(Thu) :55 Deadwood	(W) Movie / (M) Movie / (T) LastWk	(Fri) :55 Fargo/(Thu) :55 ...	(Thu) :50 Deadwood	(Mon) :15 Last Week Tonight	(Fri) :35 The Shop
HBO3	521	302*	503*	(Mon) :15 Wonder Woman	(Fri) :35 Moths and Butterflies	(Wed) :55 Fall to Grace	(Mon) :40 Courage Under F...	(Tue) :55 Entrapment (1999, Crime Story)		Various Movies				(Fri) :20 Bring It On/(Mon) :20 ...	(Wed) :25 Cop Out/(Tue) :25 ...
MAX	549	311	516	(Wed) :05 RoboCop	(Thu) :50 Bad Girls ('94, West)	(Fri) :35 Frantic ('88, Dra)	(Wed) :50 The Usual Suspects	(Mon) :55 Term Life/(Tue) :20 ...	(Thu) :35 The Snowman ('17, Cri)	(Fri) Alien: Covenant	(Mon) Out of Sight/(Wed) :40 Kingsman: The Golden Circle	(Thu) :35 The Forest ('16, Horror)	(Fri) :05 The Invasion ('07, Hor)	(Mon) :35 Red Sparrow	
SHOW	578	319	546	11:45 Wild Hogs ('07, Com)	(Thu) Friday Night Lights	(Fri) Scary Movie	(Wed) :25 Teddy Pendergrass: If You Don't Know Me	(Thu) Leon: The Professional		(Tue) Winchester (2018, Biography) / (Wed) :15 Baby Driver (2017, Action)		Various Movies		(Wed) :15 Furlough (2018, Drama)	
STARZ	621	351	526	(Fri) :15 Love Actually	(Thu) :35 Resident Evil: Ex...	(Wed) :10 The Green Hornet/(Tue) :15 X-Men: The Last Stand		(Thu) :15 Sicario: Day of t...	(Fri) :35 American Gods	(Tue) Alpha/(Wed) :10 ...	(Fri) Fantastic Four ('05, Act)	(Mon) :15 Easy A/(Thu) :20 I...	(Tue) :40 Life (2017, Horror)	(Wed) :15 Grown Ups	(Mon) :50 Shaun of the Dead
STZNC	644	341	536	11:40 Carrie/Flatliners	Various Movies	(Thu) :20 The Other Guys	(Wed) :28 Days	(Fri) :10 Daylight ('96, Action)/(Tue) :20 The Karate Kid ('84, Dra)		(Thu) :10 Charlie Wilson's War/(Wed) :20 Mark Felt: The Ma...		(Mon) Dodgeball: A Tru...	(Tue) :45 The Hunt for Red Oct...	(Wed) :05 Salt ('10, Act)	(Mon) :35 Flatliners

C – Charter; DISH – DISH; DTV – DirectTV

* Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS

MOVIES

NEWS