

Weekday Daytime

March 6, 2019 to March 12, 2019

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
BROADCAST																
KFFX	11	11	-	11	AgDay	The Game	Good Day			Caught in Providence	Caught in Providence	Live PD: Police Patrol	Live PD: Police Patrol	Chicago P.D.		
KPTV		3	-	-	Good Day Oregon at 6 a.m.			Good Day Oregon			MORE Good Day Oregon		MORE Good Day Oregon		The Rachael Ray Show	
KEPR	19	2	19	19	Action News at 6:00 a.m.	Action News at 6:30 a.m.	CBS This Morning			Pickler & Ben		The Price Is Right		The Young and the Restless		
KOIN		19	-	-	KOIN 6 News at 6 a.m.			CBS This Morning			Let's Make a Deal		The Price Is Right		The Young and the Restless	
KNDU	25	6	25	23	4:30 Wake Up News			Today			Today III		Today With Kathie Lee and Hoda		Who Wants to Be a Millionaire?	Hot Bench
KGW		8	-	-	KGW News at Sunrise at 6 AM			Today			Today III		Today With Kathie Lee and Hoda		Daily Blast Live	Daily Blast Live
KVEU	42	4	42	-	Good Morning	Good Morning	Good Morning America			Live With Kelly and Ryan		The View		Paid Program	Right This Minute	
KATU		5	-	-	5:00 KATU News This Morning			Good Morning America			AM Northwest		The View		Live With Kelly and Ryan	
KTNW		-	31	31	Esmonde Technique	Yoga/ Yoga/ Yoga	Ready Jet Go!	Wild Kratts	Sesame Street	Splash and Bubbles	Dinosaur Train	The Cat in the Hat	Daniel Tiger's Neighborhood	Super WHY!	Pinkalicious & Peterrific	Sit and Be Fit
OPB	59	13	-	-	Power/ Sit Fit/ Stretch	Wild Kratts	Nature Cat	Curious George	Let's Go Luna!	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Pinkalicious & Peterrific	Splash and Bubbles	Sesame Street	Dinosaur Train	The Cat in the Hat
CABLE																
A&E	52	118*	265*		Info-Documentary	Info-Documentary	Various	(Mon) Dog B.H.	Various	(Mon) Dog B.H.	First 48	(Mon) Dog B.H.	First 48/ Dog B.H.	(Mon) Dog B.H.	Various	(Mon) Dog B.H.
AMC		60	131*	254*	Paid Program			Paid Program		Paid Program		The Three Stooges		Various		(Mon) * Run All Night
ANPL	24	184*	282*		The Crocodile Hunter			Too Cute!		My Cat From Hell		Dr. Dee: Alaska Vet		Dr. Jeff: Rocky Mountain Vet		The Zoo
CMT	43	166*	327*		CMT Music			CMT Music / (Thu) Throwback		Various		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
CNBC	72	208*	355*		Squawk on the Street					Squawk Alley		Fast Money Halftime Report		The Exchange		Power Lunch
CNN	68	200*	202*		CNN Newsroom			CNN Newsroom		At This Hour with Kate Bolduan		Inside Politics		CNN Right Now With Brianna Keilar		CNN Newsroom
DISC	51	182*	278*		Various			Various		Various		Various		Various		Various
DISN	26	173	21		Puppy Dog Pals	Puppy Dog Pals	Vampirina	Vampirina	Mickey and Racer	PJ Masks	Gigantosaurus	Puppy Dog Pals	MuppetB./ PJ Masks	Vampirina	Fancy Nancy	Vampirina
ESPN	33	140*	206*		5:00 Get Up!			First Take				SportsCenter / (Tue) Basketball		Baseball/ Baseball/ OLines	(Fri Mon) NFL Live	(Tue) Basketball Score.
ESPN2	34	143*	209*		SportsCenter			Get Up!				First Take / (Tue) SportsCenter		(WedThuTue) OLines	(Wed Thu Tue) NFL	(Fri Mon) Jalen & Jacoby
FNC	66	205*	360*		America's Newsroom							Outnumbered		Outnumbered Overtime		The Daily Briefing With Dana Perino
FOOD	61	110*	231*		Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	(Tue) Paid	Paid Program	Pioneer Woman	Various	Various	Various	Various
FREE	32	180*	311*		Enjoying Life	Paid/ Grace/ Key David	Reba	Reba	Reba	Reba	Reba	700 Club Interactive	The 700 Club		Various Movies	
FX	65	136*	248*		Paid Program	Paid Program	Various Movies			Movie	(Thu) * Paper Towns/(Fri) * Freedomland/(Tue) * Termi...	(Wed) Met Mother		(Wed Mon) Mother		
GOLF	88	401*	218*		(Thu Fri Mon) M. Drive/(Tue) PlayersC.	(Wed) Morning Drive / (Thu) Golf	(Wed) Golf Special / (Mon) Golf		(Wed) Golf Special / (Mon) Golf		(Wed) Arnie / (Fri) Golf Pre-game	(Wed) PGA Tour	Learn/ Golf	(Wed) Feherty / (Thu Fri) Golf		
GSN	76	116*	233*		Paid Program	Paid Program	Paid Program	Paid Program	Match Game	Match Game	Match Game	Match Game	ComKnowl.	Catch 21	Deal or No Deal	
HALL	87	185*	312*		The Golden Girls			Home and Family			Home and Family			Various Movies		
HGTV	62	12*	299*		Paid Program	Various	Various	BoughtF./ Life	Various	Various	Various	Dream H./ FlipFlop	Various	Dream H./ FlipFlop	Various	Dream H./ FlipFlop
HIST	50	120*	269*		Info-Documentaries	Info-Documentaries	Various		Various		Various	(Wed) Counting Cars	Various	(Wed) Counting Cars	Various	(Wed) Counting Cars
LIFE	29	180*	252*		Paid Program	Life Today	Enjoying Life	Various	The Closer		The Closer		The Closer		W. Swap/ Closer/ First 48	
NICK	27	171	300		The Goldbergs	The Goldbergs	SpongeBob	SpongeBob	PAW Patrol	P. Pig/(Fri) PAW	P. Pig/(Fri) PAW	Guppies/(Fri) PAW	Guppies/(Fri) PAW	PAW Patrol	PAW Patrol	PAW Patrol
PRMT	42	241*	241		Paid Program			Paid Program		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue
ROOT	37	-	-		Paid Program	Paid Program	Paid Program	Paid Program	(Wed Mon Tue) Paid/(Thu Fri) Basket.	(Wed Mon Tue) Paid Program	(Wed) Paid/(Mon Tue) Rich Eisen	(Wed) Paid Program	(Wed) Basket./(Thu Fri) Paid	(Thu Fri) Paid Program	(Thu) Basketball / (Fri) Basketball	
SYFY	67	122*	244		Magician/ Twilight/ Z Nation	Twilight/ Wynonna/ Twilight	Various	CSI/ Wynonna/ :35 Twilight	Magician/ Z Nation/ :05 Twilight	(Th) CSI/ (T) * Movie / (M) :35 Twilight	(Fri) Z Nation	(Thu) CSI: Crime Scene	(Fri) Z Nation	(Thu) CSI: Crime Scene	(Fri) Z Nation/(Tue) * Final Destin...	(Thu) * Silent House ('11, Horror)
TBS	59	139*	247		Ray/(Fri) Friends	Ray/(Fri) Friends	Queens/(Fri) Friends	Queens/(Fri) Friends	Queens/ Friends	Queens/ Friends	Sein./ Friends	Sein./ Friends	Sein./ Friends	Friends/(Fri) Detour	Friends/(Fri) Detour	Friends/(Fri) Detour
TCM	56	132*	256		(Tue) * The Tattooed Stranger	(Mon) :45 * Love in the Afternoon	(Wed) * The Easiest Way/(Thu) :15 * Dinner at Eight/(Fri) :15 * Tension/(Tue) :15 * Muss 'Em Up			(Wed) * Lady with a Past	(Fri) * Meet Me in Las Vegas	(Tue) :45 * Under Cover Of Night	(Wed) * After Tonight ('33, Rom)	(Thu) * Dance, Charlie, Dance	Various Movies	
TLC	49	183*	280		What Not to Wear			What Not to Wear		Trading Spaces		Trading Spaces		Various	(Fri Mon) Say Yes	Say Yes/ My Big
TNT	57	138*	245		Charmed			Charmed		Charmed / (Fri) Supernatural		Charmed / (Fri) Supernatural		Supernatural/(Fri) :05 Animal King		Matchday/ Super./ :10 Animal
UNI	21	-	-		Como dice el dicho			Despierta America							Que bonito amor	
USA	58	105*	242		CSI: Crime Scene Investigation			NCIS: Los Angeles		Chicago P.D.		(Wed) Chicago P.D. / (Thu Mon) NCIS / (Fri Tue) Law & Order: S.V.U.		(Wed) Chicago P.D. / (Thu Mon) NCIS / (Fri Tue) Law & Order: S.V.U.		(Wed) Chicago P.D. / (Thu Mon) NCIS / (Fri Tue) Law & Order: S.V.U.
WE	118	128*	260		Emotional Mojo	Paid Program						Paid Program	Paid Program	Various		Various
WGN	-	239*	307		Cause/ Cause	Joseph Prince	Through the Bible	Joyce Meyer	Creflo Dollar	Paid Program		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote
PREMIUM																
HBO	518	303	504		(Tue) :05 * The Outsiders	(Wed) Outside the Bubble	(Mon) :15 HBO First Look	Various	(Mon) :05 * Love, Simon ('18, Com)	(Fri) :45 * * * Volcano ('97, Act)	(Wed) :10 Real Sports	(Thu) Fall to Grace	(Mon) :55 * * Down a Dark Hall	(Fri) * Z for Zachariah	(Tue) * Against the Ropes	(Mon) * * * The Mask ('94, Com)
HBO2	520	304	505		Various Movies			(Thu) * * * The Nutty Professor (1996, Comedy)	(Mon) :50 * Just Visiting	(Thu) :05 * Shine/(Wed) :20 ...	(Fri) :45 * * Freaky Friday ('03, Com)	(Mon) :20 * Game Night	(Tue) :45 Going Clear	(Thu) :55 * Jessabelle	(Wed) :25 * She's Funny That Way	(Mon) :05 * Mr. Brooks ('07, Dra)
HBO3	521	302*	503*		(Wed) :10 * Anywhere But He...	(Fri) * * * * Big Fish ('03, Fantasy)	(Thu) * * * Jack the Bear ('93, Dra)	(Tue) :45 * Self/Less ('15, Sci-Fi)	(Mon) :55 * Firewall	(Thu) :40 * Mickey * Bring It On	Blue Eyes/(Fri) :40		(Mon) :45 * Love & Other Drugs	(Wed) :15 * The Mummy	(Thu) :25 * * * * Goodfellas (1990, Crime Story)	(Mon) :40 * Tully
MAX	549	311	516		Various Movies			(Mon) :50 * * * Battle of the Sexes (2017, Docu-Drama)			(Fri) :10 * Hail, Caesar!	(Wed) :25 * Patti Cake\$/ (Thu) :35 ...	(Mon) :55 * Snatched (2017, Action)		(Fri) * American Animals	(Thu) * Snatched (2017, Action) / (Mon) * * * * 127 Hours (2010, Adventure)
SHOW	578	319	546		(Mon) * Home Again/(Thu) :05 ...	(Wed) * The Naked Gun	(Tue) :15 * The Naked Gun 2 1/2:...	(Mon) :45 * The Man in the Moon	(Wed) * Star Trek IV: The Voyage	(Tue) :45 * * * * Raging Bull (1980, Biography)	(Mon) * Baby Boom	(Wed) * Star Trek VI: The Undiscovered Country/(Thu) :05 * ...		(Tue) * Get the Gringo ('12, Act)		(Fri) :25 * I Feel Pretty
STARZ	621	351	526		(Mon) :25 * Blue Crush ('02, Adv)	(Thu) * * * Tremors ('90, Hor)	(Fri) * Jurassic Park ('93, Sci-Fi)	(Tue) :25 * Jumanji: Welco...	(Wed) :55 * Leap Year/(Thu) :05 * Slender Man/(Mon) :10 * Alice in ...	(Fri) :10 * Cape Fear ('91, Thril)	(Tue) * Boundaries	(Mon) * * * * X-Men: The Last Stand (2006, Action)		(Tue) :15 * Fantastic Four		(Wed) :25 * Alice in Wonderland
STZENC	644	341	536		(Tue) * * * Cocoon: The Return (1988, Sci-Fi)			(Thu) * Into the Woods/(Wed) :05 * John Q/(Fri) :05 * Rough Night	(Mon Tue) Centennial		(Fri) :50 * Flatliners ('17, Dra)	(Wed) :05 * * Jason X	(Tue) :40 Centennial		(Mon) :25 Centennial	(Thu) :05 * * * The Strangers (2008, Horror) / (Tue) :20 Centennial
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