

## Take a breather: 'The Kitchen's' friendly hosts make it easy to unwind

By Andrew Warren  
TV Media

Life can be stressful, and weekends are supposed to be the time to unwind. Of course, there are often more things to do on the weekends than there are hours to do them, but that's where a show like "The Kitchen" comes in: an hour or two once a week of guilt-free television, a chance to hang out with some of the friendliest chefs on TV.

"The Kitchen" kicks off with a special two-hour episode on Saturday, March 2, on Food Network. Despite the double-length runtime, the episode is jam-packed with the hosts celebrating some of their favorite flavors, with a little bit of help from viewers.

As usual, "The Kitchen" is anything but formal, and the

dishes that the hosts show off are full of down-home goodness. Sunny Anderson whips up an easy-to-make baked pancake that's loaded with tasty toppings and finished with a decadent lemon maple glaze. Later on, she prepares a dish that's a viewer favorite: smothered French onion chicken thighs. Meanwhile, Katie Lee shows off a dish that the show's behind-the-scenes crew loves to dig into, a fantastic Thanksgiving pot pie.

The double-stuffed episode also features some guest stars, with comedian Michelle Collins ("Gossip Queens") hanging out with Geoffrey Zakarian, who shows her how easy it is to make traditional Hungarian-style stuffed cabbage. That's not all for Zakarian, as the acclaimed chef later shares a

dish that combines flavors that "The Kitchen" viewers love. He prepares creamy polenta with wild mushrooms and watercress on a plate, and serves it with a stunning European bass as the protein.

That's a lot, and it's just scratching the surface of what the two-hour episode has in store. There's also a round of Tool Takedown on the schedule, a new recipe for pizza crust that uses chickpeas, and four different ways of making a dessert that's gone viral.

There's always lots going on in "The Kitchen," and this week's episode has so much packed in that the hosts had to double the episode's size. Take some time to unwind this weekend with "The Kitchen," airing Saturday, March 2, on Food Network.



Jeff Mauro, Sunny Anderson, Geoffrey Zakarian and Katie Lee in "The Kitchen"

## cooking this week

### WEDNESDAY

3:00 p.m.

**KVEW The Rachael Ray Show** (CC)

**FOOD Guy's Grocery Games** Chefs must use odds and ends from the Clearance Carts. (CC)

4:00 p.m.

**FOOD Guy's Grocery Games** Returning GGG chefs take on former rivals. (CC)

5:00 p.m.

**FOOD Guy's Grocery Games** Four chefs kick make a lavish Italian feast. (CC)

6:00 p.m.

**FOOD Guy's Grocery Games** Four firefighters put their culinary chops to the test. (CC)

7:00 p.m.

**FOOD Guy's Grocery Games** Four rising star chefs compete for big bucks. (CC)

8:00 p.m.

**FOOD Guy's Grocery Games** Chefs can only shop from the middle aisles. (CC)

### THURSDAY

3:00 p.m.

**KVEW The Rachael Ray Show** (CC)

**FOOD Beat Bobby Flay** Chef Anne Burrell and Olympian Apolo Ohno go for gold. (CC)

3:30 p.m.

**FOOD Beat Bobby Flay** Katie Lee and Marcus Samuelsson try to get Bobby beat. (CC)

4:00 p.m.

**FOOD Beat Bobby Flay** Sunny Anderson and Katie Lee try to get Bobby beat. (CC)

4:30 p.m.

**FOOD Beat Bobby Flay** A spice master and a creative chef bring big energy. (CC)

5:00 p.m.

**FOOD Beat Bobby Flay** Aarthi Sam-path takes on Zoe Schor. (CC)

5:30 p.m.

**FOOD Beat Bobby Flay** A country boy and a Greco chef challenge Bobby. (CC)

6:00 p.m.

**FOOD Beat Bobby Flay** Laurent Zirotti and Eric Damidot go head to head. (CC)

6:30 p.m.

**FOOD Beat Bobby Flay** Jared Forman and Fabio Viviani face Bobby Flay. (CC)

7:00 p.m.

**FOOD Chopped** The chefs rescue food that would normally be disposed. (CC)

8:00 p.m.

**FOOD Chopped** Chefs must cook for new judge Martha Stewart. (CC)

### FRIDAY

3:00 p.m.

**KVEW The Rachael Ray Show** (CC)

**FOOD Diners, Drive-Ins and Dives** Guy visits town favorites. (CC)

3:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy's looking for some scratch-made comfort food. (CC)

4:00 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy's favorites are homemade from coast to coast. (CC)

4:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Two Irish brothers serve Guinness fried oysters. (CC)

5:00 p.m.

**FOOD Diners, Drive-Ins and Dives** Clam cakes in Rhode Island and St. Louis cheesefries. (CC)

5:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy finds real deal authentic eats in unusual spots. (CC)

6:00 p.m.

**FOOD Diners, Drive-Ins and Dives** Some standout veggie and meat dishes. (CC)

6:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy visits Miami, Florida. (CC)

7:00 p.m.

**FOOD Diners, Drive-Ins and Dives** This trip, Guy is filling up on soup. (CC)

7:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy's headin' Southwest for a flavor-filled tour. (CC)

8:00 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy checks out some cosine with international flair. (CC)

### SATURDAY

3:00 p.m.

**KTNW America's Test Kitchen From Cook's Illustrated** (CC)

**FOOD Diners, Drive-Ins and Dives** Guy's all-time favorite barbecue joints. (CC)

3:30 p.m.

**KTNW A Chef's Life** The humble spring onion upstages the Avett Brothers. (CC)

4:00 p.m.

**FOOD Diners, Drive-Ins and Dives** The top 10 burgers featured on the show so far. (CC)

5:00 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy's goes to some of the tastiest food trucks on DDD. (CC)

6:00 p.m.

**OPB The Great British Baking Show** The remaining bakers are tasked to make biscuits. (CC)  
**FOOD Diners, Drive-Ins and Dives** Guy tries spicy pork and knockout gnocchi. (CC)

6:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy Fieri dives into cultural cuisine with a twist!

7:00 p.m.

**KTNW The Great British Baking Show** The bakers must make 36 stopping doughnuts. (CC)

**FOOD Diners, Drive-Ins and Dives** Guy Fieri plays a game of chicken all over the country. (CC)

7:30 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy starts off in Salt Lake City on this trip. (CC)

8:00 p.m.

**FOOD Diners, Drive-Ins and Dives** Guy digs into various carnivore creations on this trip. (CC)

### SUNDAY

3:00 p.m.

**FOOD Chopped** Robert Irvine watches the champs every move. (CC)

4:00 p.m.

**FOOD Chopped** Chef Robert Irvine serves as a judge. (CC)

5:00 p.m.

**FOOD Chopped** Three champions return to battle for \$15,000. (CC)

6:00 p.m.

**FOOD Worst Cooks in America** The recruits begin by embarking on a treasure hunt. (CC)

7:00 p.m.

**FOOD Guy's Grocery Games** Four GGG winners return for a big burger battle. (CC)

8:00 p.m.

**FOOD Guy's Grocery Games** Guy Fieri is welcoming three couples to Flavortown. (CC)

### MONDAY

3:00 p.m.

**KVEW The Rachael Ray Show** (CC)

**FOOD Kids Baking Championship** The kids must create unexpected ice cream treats. (CC)

4:00 p.m.

**FOOD Kids Baking Championship** Bakers must make lasagna dessert imposters. (CC)

5:00 p.m.

**FOOD Kids Baking Championship** Popcorn is the inspiration for a big bake challenge. (CC)

6:00 p.m.

**FOOD Kids Baking Championship** The kids must create bite-sized birthday desserts. (CC)

7:00 p.m.

**FOOD Kids Baking Championship** The final challenge is rainbow cakes. (CC)

8:00 p.m.

**FOOD Kids Baking Championship: Extra Icing (N)** The bakers make delicious monkey bread volcanoes. (CC)

### TUESDAY

3:00 p.m.

**KVEW The Rachael Ray Show** (CC)

**FOOD Chopped** All three rounds devoted to beer. (CC)

4:00 p.m.

**FOOD Chopped** Robert Irvine will command a seat on the judging panel. (CC)

5:00 p.m.

**FOOD Chopped** Robert Irvine watches the champs every move. (CC)

6:00 p.m.

**FOOD Chopped** Chef Robert Irvine serves as a judge. (CC)

7:00 p.m.

**FOOD Chopped** Three champions return to battle for \$15,000. (CC)

8:00 p.m.

**FOOD Chopped** The chefs take on taco and tequila-themed baskets. (CC)

Pendleton East-Oregonian, OR: Food Feb 20, 2019 to Feb 26, 2019