

504 Homes for Sale
 \$234,500- 2 story home w/ basement, 2466sf (m/l), 3 bed, 3 bath on main plus apartment in the basement. Granite counter-tops, new comp. roof, tile, travertine, hardwood floors. Jerry 541-969-6378 cell. #18053710
Coldwell Banker & Associates
 541-276-0021

\$269,900- Classic ranch style. Between McKay Elementary School and McKay Community Park. Lots of space in the large bedrooms, family room, living room. Jason 760-409-6842 cell. #18105892
Coldwell Banker & Associates
 541-276-0021

EAST OREGONIAN CLASSIFIEDS

\$214,900 New Listing 1420 SW 40th Pendleton, Newer windows, newer siding, newer floors, kitchen and bath. 4 bedroom 1 bath with nice shop/garage. Newer gas rock fireplace. Call for your private showing. Don't miss out on this one.
Garton & Associates
 541-276-0931

\$224,000- Beautifully updated North Hill daylight Ranch w/ views. Great kitchen, master suite w/updated bathroom. Full finished basement. Vinyl windows, newer doors, attached garage. Jef 541-969-9539 cell. #18195752
Coldwell Banker & Associates
 541-276-0021


504 Homes for Sale
 \$257,400- CLASSIC NORTH HILL HOME. 2550sf(m/l), 2 bed, possible 3 bedroom/ den/ office, 2.5 bath home has style, charm and character galore. Original woodwork. Fenced landscaped back yard. Kevin-541 969-8243 cell. #18321469
Coldwell Banker & Associates
 541-276-0021

\$149,900- PILOT ROCK 1152 sf(m/l), 1 level, Ranch style home w/3 bedrooms, 2 baths. Newer appliances stay with home. 864 sf(m/l) shop/garage with concrete floor. Fenced yard. Jed 541-969-2887 cell. #18436926
Coldwell Banker & Associates
 541-276-0021

\$175,000 - UKIAH - 3 Bed 2 Bath Home. Very nice throughout. 210x100 Lot. Detached garage. Garden area. Fenced Yard. Vinyl Siding. Very nice home. MLS# 17230137
Rocky Mikesell Blue Jeans Realty
 "Our office is wherever you are"
 541-379-8690

OPEN HOUSE Nov 17. 1-3pm 514 SW Isaac Ave. Pendleton 139,900 Great price for a great updated 1477 sq. ft. bungalow. Fenced yard. New kitchen and bathroom, fresh paint, hardwoods, built-ins, view, gas heat, partially finished basement. Call Kimee today for a private showing.
Keller Williams Realty-PDX
 (541) -377-1700


Classified Ads work hard for you!

504 Homes for Sale

SOLD!!
 \$240,000 - 3 Bedroom 3 Bath home on 18 Acres. Wonderful home close to the BAR M. 25 miles out. Beautiful canyon setting. Zoned FR5. MLS# 18576020
Rocky Mikesell Blue Jeans Realty
 "Our office is wherever you are"
 541-379-8690

PENDING SALE!!
 New Listing...\$327,000 - 5 Bedroom 2.5 Bath. 3282 Square Feet. 2 Kitchens. Wrap around deck. Detached 2 car garage. RV Parking. Gorgeous throughout. MLS# 18099010
Rocky Mikesell Blue Jeans Realty
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 541-379-8690

FIRST TIME BUYERS WELCOME - Price reduced to \$142,000. Updated 2 bed/2 bath Bungalow - Easy to maintain fenced yard. New kitchen and bathroom, fresh paint, hardwoods, built-ins, view, gas heat, partially finished basement. Great rental potential. Don't wait call Kimee today for a private showing.
Keller Williams Realty-PDX
 541-377-1700

504 Homes for Sale
 Call the "Weekend & After Hours Realtor" to view homes at a convenient time for you. Available on Short Notice, Special Financing Program Information! Call Matt Vogler, 541.377.9470
John J. Howard & Assoc.
 (541) 377-9470


EQUAL HOUSING OPPORTUNITY
 All real estate advertising in this paper is subject to the Fair Housing Act which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention to make any such preference, limitation, or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

504 Homes for Sale
 PENDING Price Reduced! Opportunity to own a boarding house in downtown Pendleton! Building offers 9 one room rentals, common kitchen, 2 3/4 bathrooms, laundry, commons area. It has new plumbing from the street and throughout building, new HVAC system in 2015 as well as updated electrical. There is a live-in manager, good occupancy rate. \$254,500
Ranch-N-Home Realty
 541-786-0822

MAJOR REDUCTION
 Nice 4 bedroom, 2 bath home with finished basement. Home has been remodeled with new floor coverings, fixtures, remodeled bathrooms, new doors throughout including the entrance and new carpeting upstairs. Great back deck for barbecuing and enjoying the fenced back yard. Owner is completing the remodel, come take a look, this wont last long!
 \$200,000
Ranch-N-Home Realty
 541-786-0822

HOMES SELL FAST IN CLASSIFIEDS!

507 Homes w/Acreage
 New Listing \$279,900 includes a 2910 square foot triplewide mobile home that looks new and 28 very private acres up East Birch Creek. About 8 miles east of Pilot Rock. Incredible views. Call Kal (541) 969-7358.
Garton & Associates
 541-276-0931

516 Lots & Acreage
 Elk Meadows. 10-13 Acre Sites now starting now at \$109,650 including Power & Water. Financing available. Easy commute to LaGrande or Pendleton.
Rocky Mikesell Blue Jeans Realty
 "Our office is wherever you are"
 541-379-8690

VIEW LOTS - Royal Ridge. Beautiful views starting at \$30,000. Land / Home Financing available. Custom Home Builders/Developers welcome. Call for details.
Rocky Mikesell Blue Jeans Realty
 "Our office is wherever you are"
 541-379-8690

Lot/Land \$7500. 2 1/2 lots for sale SW 9th Street

712-718 9th St. Pendleton OR Owner will carry with \$1000 down. Reply ZProperties@gmail.com \$7,500. See at: 712-718 SW 9th St., Pendleton, OR
 ZRedmondproperties@gmail.com

IT WILL SELL
 EMAIL: CLASSIFIEDS@EASTOREGONIAN.COM
IN CLASSIFIEDS!

WHY WAIT! GET YOUR CLASS AD NOW!

EARLY DEADLINES

The offices of the East Oregonian and Hermiston Herald will be closed on Thursday, Nov. 22nd and there will be no paper delivery on Thanksgiving.

All deadlines for classified and display advertising will be a day earlier than usual. Please call our office if you have any questions.
 541-567-6457 or 541-276-2211

EAST OREGONIAN **Hermiston Herald**

MCKAY CREEK ESTATES

Are you worried about falling?

If you knew that there are several simple steps you can take to reduce your risk of falling, would you do it? You can make a difference. Stay independent longer by fall proofing your home and by getting your glasses and feet checked. Most importantly you can energize your body with exercise. By improving your strength, flexibility and balance you can significantly reduce your risk of a potentially serious fall.

Call (541) 704-7146 today to schedule your **FREE FALL REDUCTION EVALUATION.**

STEP INTO SAVINGS!
 Take possession of your apartment by **August 31, 2018** and receive your **2nd and 4th month rent FREE.**

McKay Creek Estates
 1601 Southgate Pl. • Pendleton, OR 97801
 www.PrestigeCare.com


 Prestige Senior Living, L.L.C.

STAY HEALTHY FOR THE HOLIDAYS | STAYING WARM

Out in the Cold

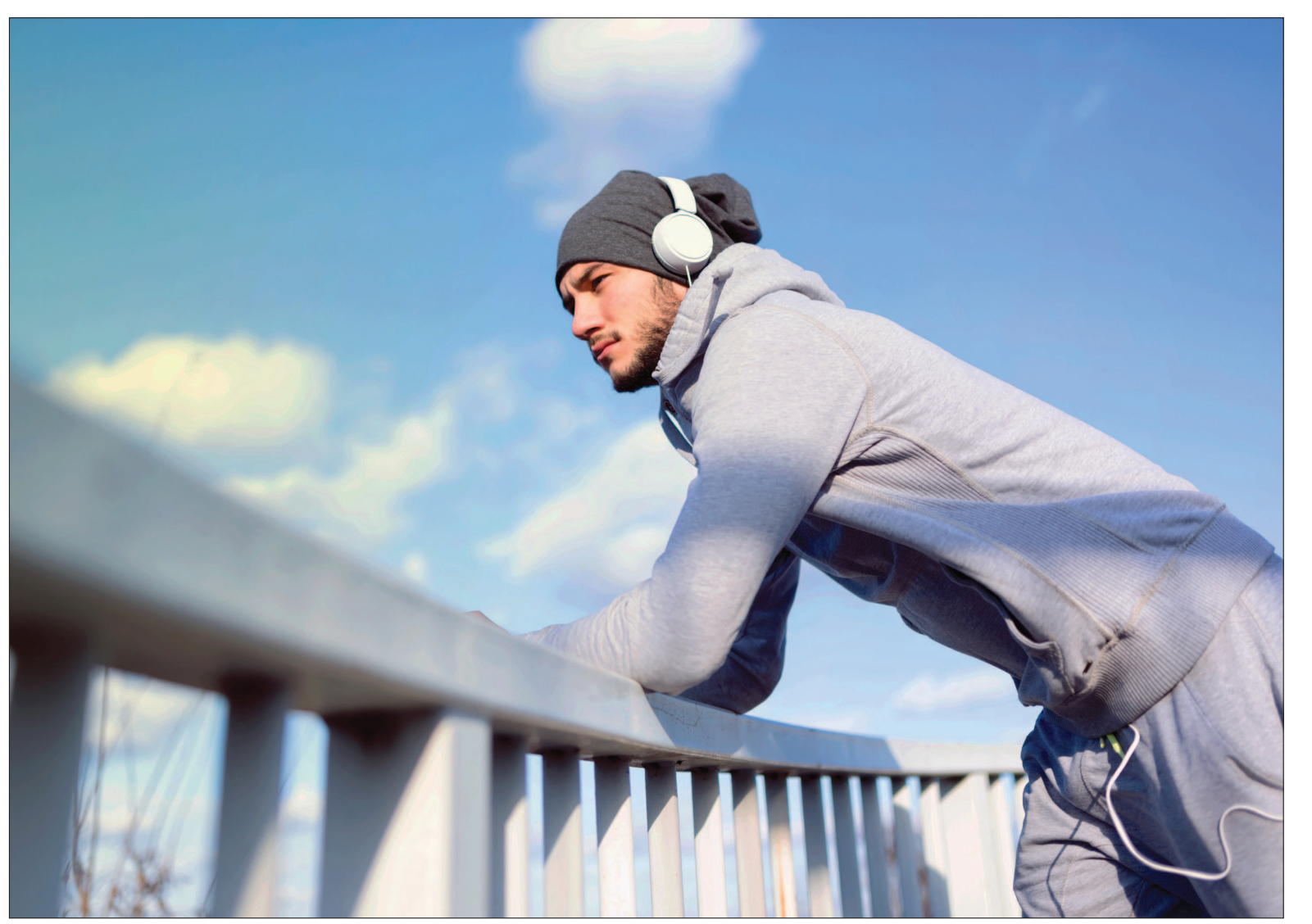
When the weather outside is frightful, it can be easy to take a pass on your outdoor workout. But don't do that! Keeping as close to your routine as possible is important to staying healthy and managing stress levels during the holiday season. Luckily, there's plenty of gear out there to make a winter workout more pleasant.

LAYER UP
 Dress in layers before going out, the Mayo Clinic says. Dressing too warmly for the type of exercise you'll be doing is a mistake, as is not wearing enough clothes to guard against frostbite and hypothermia. Layers are the answer. As you exercise and start to sweat, strip off layers. As you cool down, put them back on as needed.

The Mayo Clinic says to start with a layer of thin, synthetic material to wick sweat away from your body. Next, add fleece or wool for insulation, and, finally, a water-proof, breathable outer layer.

PROTECT HANDS, FEET AND FACE
 Cold temps draw blood (and warmth) to your body's core, leaving your hands, head and feet open to frostbite. Wear glove liners made of wicking fabric under heavier gloves or mittens for the best protection, the Mayo Clinic advises. Remove the outer layer when you get sweaty.

For your feet, buy training shoes a half size or a size larger to allow for extra socks. Use a hat or headband for protect your ears. If it's super cold outside, wear a scarf or a ski mask to protect your nose and face.



WARM WEATHER TIPS THAT AREN'T
 We usually talk about drinking plenty of water and wearing sunscreen during the summer, but these are important tips for the winter, too. Sweating while you're working out combined with the drying power of winter's wind can make you dehydrated just as easily as summer's beating sun.

And it's easy to get sunburned in winter, too, especially if you're exercising in the snow or at altitude. Make sure your sunscreen blocks UVA and UVB rays and that your lip balm has a sun-screen, too. If you're in a snowy area, protect your eyes from snow and ice glare with dark glasses or goggles.

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