

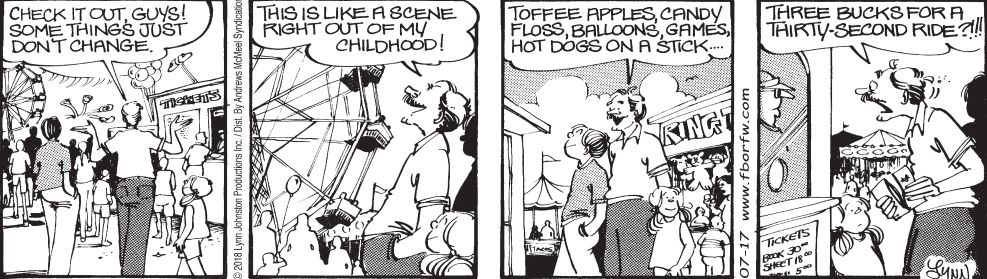
PEANUTS

BY CHARLES M. SCHULZ



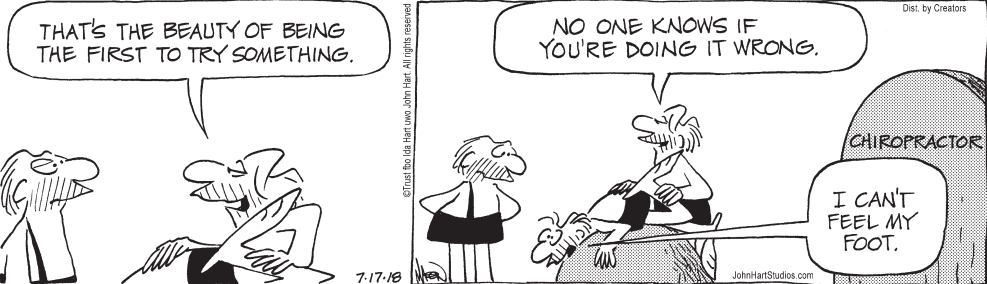
FOR BETTER OR WORSE

BY LYNN JOHNSTON



B.C.

BY JOHNNY HART



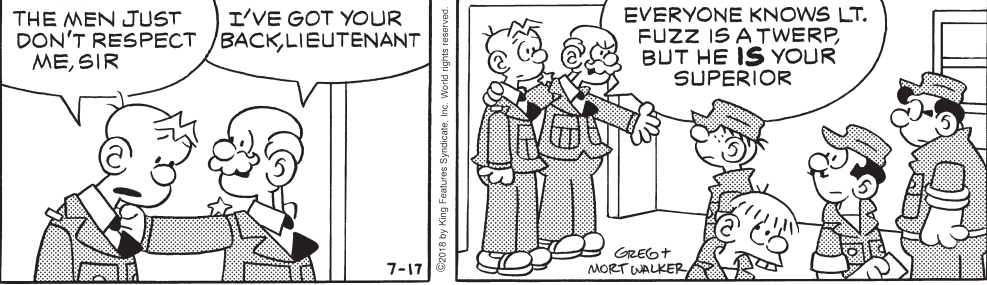
PICKLES

BY BRIAN CRANE



BEETLE BAILEY

BY MORT WALKER



GARFIELD

BY JIM DAVIS



BLONDIE

BY DEAN YOUNG AND STAN DRAKE



DILBERT

BY SCOTT ADAMS



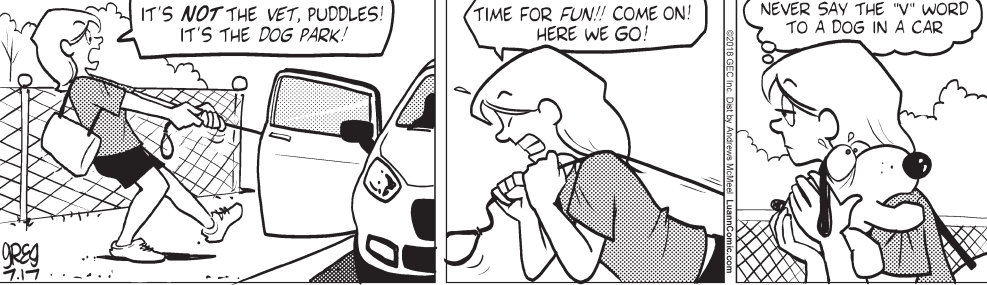
THE WIZARD OF ID

BY BRANT PARKER AND JOHNNY HART



LUANN

BY GREG EVANS



ZITS

BY JERRY SCOTT AND JIM BORGMAN



DEAR ABBY

Food-loving family makes no exception for special diet

Dear Abby: I am a diagnosed narcoleptic. Medication helps with the symptoms, but not entirely. I looked into alternative options and found a fantastic diet. I recently went on it with amazing results.

My dad's side of the family is Italian, and a huge part of the culture is food. During celebrations, it's considered offensive to refuse food, and my family has always looked down on diets. If a family member is on one, they'll argue that it's a special occasion and it's only for one day.

Abby, I'm exhausted at family gatherings. If I try to turn something down, I get attacked because "Grandma made it," or "It's your favorite and we made it for you." I have tried explaining to them that I don't want them to alter their dinner arrangements to accommodate me, but I should be allowed to forgo eating foods that will make me feel like a zombie. They just don't get it, and it has caused arguments. How do I re-open this discussion without offending anyone?

— **Panicked Over Pasta**

Dear P. Over P.: Do it **BEFORE** the celebration by calling your hosting family member and explaining that there are now foods you cannot eat because of your diagnosed medical condition. Explain that you know they would not feed certain foods to a diabetic, and you need the same dispensation. Ask them to kindly not put you in the embarrassing position of having to refuse their delicious food, and if they feel it will cause a problem, they should excuse you from the event.



JEANNE PHILLIPS
Advice

Dear Abby: Six months ago, my friend "Lindy's" husband committed suicide. I have been there for her and understand it takes time, but I'm reaching my limit.

I make plans with her for dinners at our home and at restaurants and have planned various outings, because I know it's difficult to be in the house alone. However, she constantly manipulates, yells at me when she doesn't get her way, and uses the

loss of her husband as a rationale for why I and others must do what she wants regardless of what's happening in our own lives, and expects us to tolerate this behavior.

Because of the circumstances, I have given her several passes on the disgusting behavior she has displayed, and have gently spoken up on some occasions when she went too far. She's pushing people away and quite vicious about it, but doesn't see that she's doing it to herself. How long must I tolerate her grieving process before enough is enough? — **Confused In New York**

Dear Confused: Lindy is not only grieving the loss of her husband, but raging because of what caused it. She's a "survivor of suicide," and the conflicting emotions — including anger and guilt — she's carrying can make a person sick. If she isn't receiving grief counseling, urge her to find some before she destroys her support system entirely. When Lindy becomes manipulative or abusive, you are within your rights to call her on it and take a step back. For your own sake, you shouldn't continue to allow her to mistreat you.

DAYS GONE BY

100 Years Ago
From the East Oregonian
July 16-17, 1918

It is estimated fully 25 per cent of Umatilla county's grain crop for this year will be handled in bulk. With the estimated yield of the county approximately 4,000,000 bushels this means a million bushels are to be handled in this manner. The Farmers Union Grain Agency has been very active in promoting the storing of grain in bulk. They think the more grain handled in bulk the sooner exporters in the northwest will recognize that they will have to make arrangements to meet the new conditions.

50 Years Ago
From the East Oregonian
July 16-17, 1968

A light plane crash at the Hermiston Airport Monday evening claimed the life of Dr. Alan Van Tyne, about 30, a chiropractic physician, who established his practice here three months ago. The 4-place Cessna 170 stalled while coming in for a landing at the

eastern boundary of the airport, according to airport manager Wrex R. Langdon, who said it was the first fatality at the airport in its 20-year history. Dr. Van Tyne reportedly had made a flight to Pendleton in the plane he recently purchased. According to Langdon he was a student pilot.

25 Years Ago
From the East Oregonian
July 16-17, 1993

Lou Diamond Phillips, the famed actor with hit movies including "La Bamba" and "Young Guns," paid an unexpected call to Pendleton Thursday night. With his band, The Pipefitters, Phillips performed at Crabby's for about 110 people. He sings with the group, which offers blues and rock 'n' roll. The Pipefitters open tonight for Billy Ray Cyrus in Salem. Cliff Simms, Phillips' private assistant, said they decided only Thursday afternoon to stay in Pendleton. The band wanted to "jam," so they phoned ahead to the Pendleton Chamber of Commerce.

THIS DAY IN HISTORY

Today is the 198th day of 2018. There are 167 days left in the year.

Today's Highlights in History:

On July 17, 1944, during World War II, 320 men, two-thirds of them African-Americans, were killed when a pair of ammunition ships exploded at the Port Chicago Naval Magazine in California.

On this date:
In 1821, Spain ceded Florida to the United States.
In 1936, the Spanish Civil War began as right-wing army generals launched a coup attempt against the Second Spanish Republic.

In 1938, aviator Douglas Corrigan took off from New York, saying he was headed for California; he ended up in Ireland, supposedly by accident, earning the nickname "Wrong Way Corrigan."
In 1954, the two-day inaugural Newport Jazz Festival, billed as "The First American Jazz Festival,"

opened in Rhode Island; among the performers the first night was Billie Holiday, who died in New York on this date in 1959 at age 44.

In 1955, Disneyland had its opening day in Anaheim, California.

In 1967, jazz composer-musician John Coltrane died in Long Island, New York, at age 40.

In 1975, an Apollo spacecraft docked with a Soyuz spacecraft in orbit in the first superpower link-up of its kind.

In 1996, TWA Flight 800, a Europe-bound Boeing 747, exploded and crashed off Long Island, New York, shortly after departing John F. Kennedy International Airport, killing all 230 people on board.

In 1997, Woolworth Corp. announced it was closing its 400 remaining five-and-dime stores across the country, ending 117 years in business.

In 2014, all 298 pas-

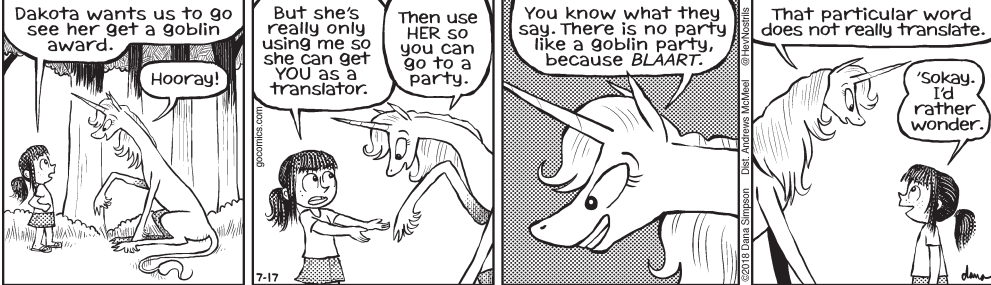
sengers and crew aboard Malaysia Airlines Flight 17 were killed when the Boeing 777 was shot down over rebel-held eastern Ukraine.

Today's Birthdays:
Actor Donald Sutherland is 83. Actress-singer Diahann Carroll is 83. Camilla, Duchess of Cornwall, is 71. Actor David Hasselhoff is 66. German Chancellor Angela Merkel is 64. Television producer Mark Burnett is 58. Country singer Craig Morgan is 54. Rapper Sole is 45. Country singer Luke Bryan is 42. Actor Eric Winter is 42. Hockey player Marc Savard is 41. Actor Mike Vogel is 39. Actor Tom Cullen is 33. Actor Brando Eaton is 32. Rhythm-and-blues singer Jeremih is 31. Actress Summer Bishil is 30. Actress Billie Lourd is 26.

Thought for Today:
"Dreams have as much influence as actions."
— *Stephane Mallarme, French essayist and poet (1842-1898).*

PHOEBE AND HER UNICORN

BY DANA SIMPSON



BIG NATE

BY LINCOLN PEIRCE

