

Heppner Mustangs

Head coaches: Russ Nichols (third year), Laura Winters (sixth year)
Returning state qualifiers: Hunter Nichols, 1500- and 3000-meters, jr.; Alex Lindsay, triple jump, 300-meter hurdles and long jump, sr.; Derek Howard, shot put, jr.; Jake Wallace, 110-meter hurdles, jr.; Makayla Silvia, 100-m hurdles and high jump, soph.
Other returning varsity letterwinners: Leo Waite, jr.; Alison Cecil, soph.; Carson Brosnan, jr.; Evan Kollman, soph.; Jordan Sweney, soph.; Mitchell VonGuten, sr.
Briefly describe the type



2018 SCHEDULE		
Mar. 22	Buck Track Classic	11 a.m.
April 6	Riverside Relays	4:30 p.m.
April 10	WM Small Schools Invite	3:30 p.m.
April 14	Dick Horyna Invitational*	10 a.m.
April 17	Mustang Invitational	11 a.m.
April 20	Condon/Wheeler Invite	11 a.m.
April 21	54th Centennial Invitational	11 a.m.
April 28	Sherman Invitational	11 a.m.
May 1	Bulldog Invite#	4 p.m.
May 4	Grant Union Invitational	11 a.m.
May 11	2A Columbia Basin District Meet%	11 a.m.

of team you expect to have: "(The) boys team is very well rounded with some new solid sprinters, distance runners and throwers. We expect to be competitive in all events. Girls team is young. We have four times as many girls as last season. Many of the girls are solid in multiple events." Coach's key to a successful season: To continue "to operate with the team mentality. We have enough numbers this year where the kids can push each other to improve in practice."

Pilot Rock Rockets



Abby Rigby, of Pilot Rock, crosses the finish line to take second in the girls' 100-meter dash Friday at the OSAA State Track & Field Championships at Hayward Field in Eugene.

EO file photo

Head coach: Phil King
Returning state qualifiers: (GIRLS) Abby Rigby, sprints, sr.; Siobhan Holman, hurdles, sr.; Olivia Warner, sprints, jr. (BOYS) Christian Haskell, throws, jr.



2018 SCHEDULE		
Mar. 22	at Buck Track Classic	11 a.m.
Apr. 6	at Riverside Relays	4:30 p.m.
Apr. 7	at Mac-Hi Carnival of Speed	10 a.m.
Apr. 10	at Weston-McEwen Invite	3:30 p.m.
Apr. 13	at Rivers Edge (Umatilla)	Noon
Apr. 21	at Pepsi Invitational (Union)	11 a.m.
Apr. 28	at Jo-Hi Invite	11 a.m.
May 1	at Bulldog Invite (Hermiston)	4 p.m.
May 4	at Baker Invite	10 a.m.
May 11	at Districts (Athena)	11 a.m.

Weston-McEwen

Head coach: Loran Monaco, 26 years
Assistant coaches: Tyler Tompkins (five years), Shawn White (two years)
Returning state qualifiers: None
Returning athletes on the boys team: Hadden Ball, relays/sprints and long jump, soph.; Kellen McGill, relays/sprints, soph.; Khai Robertson, relays/sprints and triple jump, jr.; Jacob Speed, relays/sprints, sr.
Returning athletes on the girls team: Keree Graves, relays/mid-distance, jr.; Maddi Muilenburg, throw, sr.; Ellie Scheibner, relays/sprints and long jump, sr.; Bryce Thul, relays, hurdles and long jump, jr.; Katie Vescio, relays, 1500-m and pole vault, jr.
Help boys: Cody Caldwell, throw, sr.; Blair Rudolph, relays/sprints and jumps, so.
Help girls: Tristin Gonzalez, sprints and jumps, fr.
Coach Monaco's thoughts for a successful season: "As always I am excited for the track season to start. It provides another opportunity to work with a bunch of hard-working boys and girls and help them reach their goals. This group of young adults are good citizens and fun to be around. Each day is another great day in



2018 SCHEDULE		
Mar. 22	Buck Tuck Classic	11 a.m.
Apr. 7	Carnival of Speed	TBD
Apr. 10	W-M Small Schools Invite	3:30 p.m.
Apr. 13	Rivers Edge	12 p.m.
Apr. 21	12th Annual Pepsi Invitational	11 a.m.
Apr. 28	Jo-Hi Invite	11 a.m.
May 1	Bulldog Invites	4 p.m.
May 4	Baker Invitational	10 a.m.
May 11	District Championships	11 a.m.



Weston-McEwen's Jacob Speed, right, runs at the 2017 Buck Track Classic in Pendleton. Speed helped the TigerScot boys win the 2A state title last season.

EO File Photo

Tigerscot Track and Field.
Boys season: "We will be strong in both relays. We have depth in the sprints with Kellen McGill and Jacob Speed. I see good opportunities for Hadden, Khai, Cody, and Blair in district to advance to the state meet. We will miss Hayden Scott who graduated and Kirk Scott who moved to Salem."
Girls season: "I feel we will be stronger this year in district and should improve on our team score at the state meet. We are solid in both relays, the sprints, 800-m, 1500-m, 300-m hurdles, long jump, and pole vault."

Umatilla Vikings

Head coach: Kris Welch, first year
Assistant coaches: Josh Ego, Brandt Lind, Norman Valdez.
Returning state qualifiers: (BOYS) Zayne Troeger, distance, jr.; Trent Durfey, hurdles, jr.; Julian Gutierrez, high jump, jr. (GIRLS) Nancy Ortiz, hurdles, sr.; Maria Moreno-Mendez, throws, sr.; Patty Burres, sprints, so.



2018 SCHEDULE		
Mar. 22	Buck Track Classic	11 a.m.
Apr. 6	Riverside Relays	4:30 p.m.
Apr. 7	Carnival of Speed	11 a.m.
Apr. 13	Rivers Edge#	Noon
Apr. 14	Horyna Invite%	10 a.m.
Apr. 20	Condon/Wheeler Invite	11 a.m.
Apr. 27	Connell (WA) Invite	3:30 p.m.
May 4	Vanderholm Invite@	TBD
May 11-12	EOL Districts#	TBD
May 17-18	State Meet&	TBD

2018 SCHEDULE		
Mar. 22	Buck Track Classic	11 a.m.
Apr. 6	Riverside Relays	4:30 p.m.
Apr. 7	Mac-Hi Carnival of Speed	11 a.m.
Apr. 13	Rivers Edge (Umatilla)	Noon
Apr. 14	Stanfield Invite	10 a.m.
Apr. 21	Portland Christian Invite	11 a.m.
Apr. 27	Nyssa Invite	1 p.m.
May 1	Bulldog Invite	4 p.m.
May 11-12	EOL Districts#	TBD
May 17-18	OSAA State Meet%	TBD

Riverside Pirates

Head coach: Sam Cornelius, third year
Assistant coach: Richard Moore
Returning state qualifiers: (BOYS) Johan Pena, sprints, so.; (GIRLS) Faith Rosen, hurdles, jr.



Mac-Hi Pioneers

Head coach: Tim Hutchison, fifth year
Assistant coach: John Milleson, 15th year; Pam Milleson, 15th year; Josh Ashley, 7th year.
Returning state qualifiers: Bianca Garcia, javelin, sr.
Coach's key to a successful season: "Growing as the season progresses ... We will have a good, young team led by some experienced seniors."



2018 SCHEDULE		
Mar. 22	Buck Track Classic	11 a.m.
Mar. 24	at Colfax (WA)	11 a.m.
Mar. 31	Holder Relays (WA)	10 a.m.
Apr. 7	Carnival of Speed	11 a.m.
Apr. 14	La Grande Invite	10 a.m.
Apr. 20	Kiwanis Invite	Noon
Apr. 21	Pepsi Invite (Union)	11 a.m.
Apr. 28	Ontario Invite	11 a.m.
May 4	Baker Invite	10 a.m.
May 12	GOL Districts (at Mac-Hi)	Noon
May 18-19	OSAA State Meet (at Eugene)	TBD

Irrigon Knights

Head coach: Ken Thompson, third year
Assistant coach: Nikki Kroske, third year
Returning state qualifiers: Ana Zacarias, sprints, jr.; Brianna Rice, throws, jr.



2018 SCHEDULE		
Mar. 27	at Dayton Invite	Noon
Apr. 7	at Davis (WA) Invite	10 a.m.
Apr. 17	at Mustang Invite	11 a.m.
Apr. 28	at Sherman Invite	11 a.m.
May 1	at Dayton (WA) Invite	3:30 p.m.
May 5	at Arlington Invite	10 a.m.
May 11-12	EOL Districts (Umatilla)	TBD

Stanfield Tigers

Head coach: Eric Jensen
Assistant coaches: Mandy Blackburn, Tyler Watson, Buz Olson, Carly Valadez.
Returning state qualifiers: None



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Mar. 22	Buck Track Classic	11 a.m.
Apr. 6	Riverside Relays	4:30 p.m.
Apr. 10	Weston-McEwen Invite	3:30 p.m.
Apr. 14	Dick Horyna Invite	10 a.m.
Apr. 17	Mustang Invite	11 a.m.
Apr. 21	Pepsi Invite	11 a.m.
Apr. 28	Sherman Invite	11 a.m.
May 1	Bulldog Invite	4 p.m.
May 3	Helix Invite	3 p.m.
May 11	Districts (at Athena)	TBD
May 17-18	OSAA State Meet (at Eugne)	TBD

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