EASTERN OREGON MARKETPLACE

504 Homes for Sale

\$175,000- North Hill 3 bedroom, 2 bath home, corner lot. Remodeled kitchen and baths w/ beautiful tilework, polished concrete counters. Wood floors, double pane windows, gas-log fireplace. Dawn 541-310-9563 cell. #18381045

Coldwell Banker Whitney 541-276-0021

REDUCED--\$69,900-3000 sq.ft. for home or business--Make this church your own special place--commerical building currently being used as home --4/5/6 bedrooms... how will it work for you? #17615728 Water St Weston.

Turn Here Realty & Travel 541-377-6855

507 Homes w/Acreage

\$569,500- NEW /20 ACRES Gorgeous log home, 3 bed-rooms, 2.5 baths. Open beams, high vaults, rock fireplace, views. Updates inside/out. Artesian well, outbuildings, 4 bay garage/ shop. 20 acres fenced. Vicki 541-969-9441 cell. #18130451 Coldwell Banker Whitney

541-276-0021

\$309,000 4+ ACRES/ WESTON! 2 bedroom, 1 bath home. 2400 sf (m/l) of living space w/full partially finished basement. 40x50 shop, numerous outbuildings. Grain silos, certified scale included. Jerry 541-969-6378 cell. #16366988 **Coldwell Banker Whitney** 541-276-0021

If you have an eye for real value, you'll eye the classified ads daily!



Events

Eastern Oregon Events Calendar is the place to find everything happening in Eastern Oregon including all events from A to Z!

Auditions, Bird Watching and Concerts.. to Youth Camps and Zumba Classes!

easternoregonevents.com

631 For Rent

516 Lots & Acreage

Coldwell Banker Whitney

541-276-0021

\$45,000- PRICE REDUCED!

GREAT VIEWS/ 1.49 ACRES ON 2 CITY TAX LOTS. Zoned

for stick built or manufactured

home. City sewer/ water to property. Cari 541-377-5058

Coldwell Banker Whitney

541-276-0021

UPCOMING GARAGE OR

classified section and get

604 Apartments

Mountain Glen Apartments

2 & 3 bedroom units available.

mountainglen@hopemanagement.net

Heppner, OR.

LOOKING for livestock buyers? Place a low-cost classified ad.

\$1/mo., 541-676-9232

Rent is based on income.

Email:

property. Car cell #13575330

ESTATE SALE?

Call 1-800-962-2819 to advertise it in our

your sale out there!

\$12,000-

Magnificent views, Pendleton beautiful sunsets await! This 3 bedroom/2 bath 2 car garage vacant lot at the end of a culquiet neighborhood, McKay area. \$1350/mo. 1st/Last/ \$700 de-sac is ready to build, utilities available at street. Molly 541-969-4188 cell. #17486227 deposit. No Pets. (503)780-1977

634 Wanted to Rent

Responsible, mature couple needs house or apt. in exchange for cleaning/painting/ lawn care, preferably within 5 miles of Pendleton. We do not have minor children or pets. 541-304-9007

You can find your dream home



Check out our real estate listings in the classifieds!

643 Business-**Sales Opportunities**

Notice: Oregon State Law requires anyone who contracts for construction work to be licensed with the Construction Contractors Board. An active license means the contractor is bonded and insured. Verify the contractor's CCB license through the CCB Consumer Website: www.hirealicensedcontractor.com

651 Help Wanted

Morrow County Public Health

TRANSLATOR

Morrow County Public Health is seeking a part-time Translator (Spanish), UP TO 16 hours per week. For more information or to download an application go to www. co.morrow.or.us or contact Karen Wolff, Human Resources Director (541) 676-5620. Open until filled. EOE.

. PLANNING OUTREACH COORDINATOR

Morrow County is now accepting applications for a part-time, 16-19 hours per week, Outreach Coordina-tor for the Planning Department in Irrigon. Hourly wage range is \$17.20 - \$21.96. For more information or to download an application go to www.co.morrow.or.us or contact Karen Wolff, Human • Resources Director (541) 676-5620. First review February 27, 2018. EOE.

GOLF GAME gone to pot? Sell those old clubs with a classified ad.

Helping A Child Handle Disappointment from the American Counseling Association

isappointment comes to everyone. As adults we, hopefully, have learned that when people or activities may sometimes let us down, we can keep such things in perspective and find ways to overcome our dashed hopes.

But for children, disappointment can come in numerous forms. Even a seemingly minor hurt can often seem like such a complete disaster that the child truly has a difficult time accepting and dealing with it. And, in many cases, such as when a beloved pet dies or a close friend moves away, the hurt can be very real and deep and won't disappear easily.

While responding to childhood disappointments can seem difficult, there are solid reasons to do it in a good way. We can make our child feel less sad, avoid more serious emotional issues, and, when we respond well, we help open communication that can strengthen the child - parent relationship.

How do you begin to respond to a child's disappointment? Listening is step one. Don't minimize or discount the story your child has to tell, even if it seems trivial to you. It's very real to your child, and a response such as, That's no big deal," or, You'll forget about it by tomorrow," only serves to convince your child that you don't really understand or even care. You also don't want to hurry in with a pleasant experience or reward to



make the hurt go away. This can establish flawed patterns that carry over into adulthood and can present very real future problems.

Instead, talk "with" your child, rather than "to" him or her. Don't begin an interrogation when something seems wrong but instead tell him or her in a gentle way that you've noticed they're unhappy and encourage them to tell you what has happened.

Don't be judgmental about what is being reported but instead offer sympathy and understanding. Let your child know you empathize because you've suffered your own disappointments. Don't try to top your

child's story, but instead listen and sympathize. Just being able to share can do much to minimize the hurt.

In some cases, being a good listener may not be enough. If you notice a persistent change in behavior over time, and if your child is refusing to talk about what's wrong, it may be appropriate to seek help from a trained professional counselor. Your child's school counselor is always a good place to start.

Counseling Corner" is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.



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