

651 Help Wanted



Pendleton School Bus Drivers
\$250 Hiring Bonus!!

\$100 Bonus- Pass DMV in 7 days in our paid learning program with our trainers helping you.

\$12.88 per hour driver starting wage.

Full CDL cost reimbursement


Paid driver training program

Other bonus opportunities

Company match 401k program

JOIN OUR PENDLETON TEAM TODAY!

To get started today call **541-276-5621**



UTILITY WORKER

City of Pendleton, Oregon

Applications are being accepted for a Utility Worker position in the City of Pendleton's Public Works Department. Position performs a variety of work from manual labor to operation of light and moderately heavy equipment. **Requires:** working knowledge of tools, methods and materials used in street, water, and sewer construction and maintenance; ability to skillfully and safely operate equipment such as tractors, loaders, etc.; experience using hand and power tools; and ability to work in all types of weather. Work is physically strenuous and requires walking, bending, stooping, and lifting. Must have a Commercial driver's license and be able to pass a criminal background check. Salary range is \$3,033 - \$4,083 per month plus excellent benefits. Applications are available at <http://pendleton.or.us/employment> or at the Human Resources Office at City Hall, 500 SW Dorion, Pendleton. Completed applications must be returned to the same address no later than February 23, 2018. The City of Pendleton is an Equal Opportunity Employer.

EVERYTHING is coming up results when you use a classified ad!

Best for Preemies: A 100 Percent Human Milk Diet

(Family Features)

It is widely known that breast milk is best for babies. However, many people are not aware that babies born prematurely need more calories and protein than breast milk alone can provide.

This is why for preemies weighing less than 3 pounds, 5 ounces (1,500 grams), the American Academy of Pediatrics recommends fortifying mother's milk or pasteurized donor milk, using a product called human milk fortifier (HMF).

This product name can be a cause of confusion for many because it suggests the fortifier is made from human milk. Yet, this is not the case; nearly all commercial HMFs are made from cow milk.

"In the past, we've had to rely on bovine milk - cow milk - protein to help preemies grow, and that's not natural," said Amy Hair, MD, assistant professor of pediatrics at Baylor College of Medicine, neonatologist and director of the neonatal nutrition program at Texas Children's Hospital.

While some cow milk-based nutrition may be OK for full-term infants, clinical studies show that the risk of several severe complications, particularly necrotizing enterocolitis (NEC), increases with every 10 percent of cow milk in a premature infant's diet, according to research published in "Breastfeeding Medicine." NEC is one of the leading causes of death among preterm babies.

In fact, NEC affects 1 in 6 extremely premature infants who receive cow milk-based nutrition in their diet, according to research published in the "Journal of Pediatrics."

That is why neonatal intensive care units (NICUs) across the country are instead turning to a fortifier from Prolacta Bioscience that is made with 100 percent human donor milk, instead of cow milk. Using a fortifier in the NICU made from human milk is the only way to ensure that extremely premature infants receive an exclusive human milk diet.



"Provision of an exclusively human milk diet during the early postnatal period, a diet devoid of cow milk protein, is associated with lower risks of death, NEC, NEC requiring surgery and sepsis in extremely preterm infants," said Steven A. Abrams, MD, director of the Dell Pediatric Research Institute and chair of pediatrics at the Dell Medical School at the University of Texas at Austin.

An exclusive human milk diet gives preemies the best chance to grow strong and healthy. Parents should be encouraged to talk with their baby's care team about fortification and the benefits of a 100 percent human milk-based fortifier. Learn more at prolacta.com.

Photo courtesy of Getty Images

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Source: Prolacta



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