

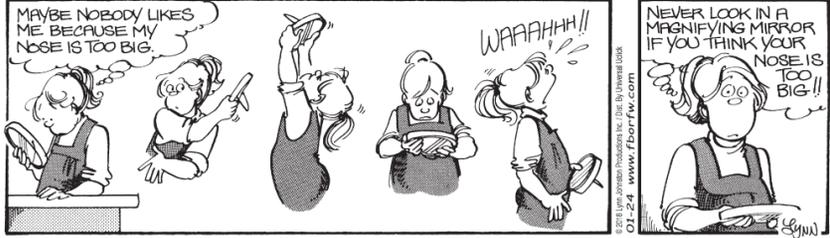
PEANUTS

BY CHARLES M. SCHULZ



FOR BETTER OR WORSE

BY LYNN JOHNSTON



B.C.

BY JOHNNY HART



PICKLES

BY BRIAN CRANE



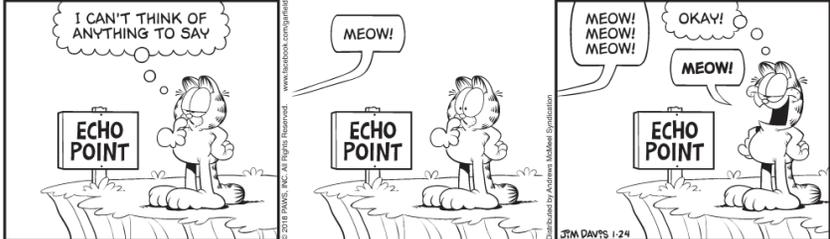
BEETLE BAILEY

BY MORT WALKER



GARFIELD

BY JIM DAVIS



BLONDIE

BY DEAN YOUNG AND STAN DRAKE



DILBERT

BY SCOTT ADAMS



THE WIZARD OF ID

BY BRANT PARKER AND JOHNNY HART



LUANN

BY GREG EVANS



ZITS

BY JERRY SCOTT AND JIM BORGMAN



DEAR ABBY

Online guide helps parents recognize child depression



JEANNE PHILLIPS Advice

Dear Abby: Seeing a child you love struggle with depression is such a helpless feeling. Parents wonder how to talk to them as they withdraw from the people and activities that used to bring them joy. You just want them to feel better again.

Many times, parents tell themselves it's just a phase their child will grow out of, but one in five teens is affected by depression. It's important for parents to know that children even younger can become depressed, and that girls are twice as likely as boys to experience it. Depressed kids are more likely to abuse alcohol and other drugs and are at greater risk for attempting suicide.

To help concerned parents reach out to their hurting children, USA.gov has created the free online-only Kids and Depression guide at www.USA.gov/features/kids-and-depression. The guide's sound, compassionate advice helps parents, grandparents and teachers recognize symptoms and risk factors in young people. It explains treatment options, including counseling and medication. And it also includes age-appropriate information about depression that parents can share with their children, elementary age through college.

Abby, thank you for the love you show your readers, and for sharing this potentially lifesaving guide with them. — Nancy Tyler, Senior Editor, usa.gov

Dear Nancy: You're welcome. I'm glad you wrote because I receive many letters from worried parents and depressed young people. I know the online guide will provide

important information they will find useful.

Risk factors for depression in young people include stressful life events, such as a family member's divorce or death, bullying, trouble with school or friends, low self-esteem, or a disability or chronic illness. Symptoms of depression that last two weeks or more are significant. They may include sensitivity to criticism and outbursts of anger, sadness, headaches or stomachaches, changes in sleep or eating habits, lower grades and withdrawal from people and activities.

According to the National Institute of Mental Health, in 2015, 3 million kids aged 12 to 17 experienced a major depressive episode in the past year. Because, as you stated, depression can be a significant factor in suicide attempts, the guide provides information to help parents recognize the warning signs of suicidal thoughts in their children.

If you think your child might be suicidal, contact the National Suicide Prevention Lifeline by calling (800) 273-8255. It offers confidential help 24 hours a day.

Dear Abby: Should each spouse give an anniversary gift to the other, or is it solely up to the man to arrange for the special occasion and gift-giving? — Soon-To-Celebrate In Illinois

Dear Soon: An anniversary is not a surprise party. When the special occasion arises, celebrating shouldn't be the responsibility of just one spouse. The arrangements can be made by whomever is better at doing it, but gift-giving should be a two-way street.

DAYS GONE BY

100 Years Ago From the East Oregonian Jan. 24, 1918

Frank Mytinger, for 18 years conductor on the Pendleton-Huntington division of the O.-W. R. & N. Co., has resigned his position to take effect February 1 and will after that devote his entire time to his dairy ranch just east of Pendleton. He has a good dairy plant, two miles out on the road to the agency, and has a herd of 80 dairy cows at the present time. He believes there will be more money in the dairy business than working as a railroader. In tendering his resignation to the company Mr. Mytinger specified that if at any time his services should be needed in handling war traffic he will be ready for service.

50 Years Ago From the East Oregonian Jan. 24, 1968

City police reported a 16-year-old boy, whom they discovered was the youth who telephoned them Jan. 17 there was a bomb

in Pendleton High School, had been cited to juvenile authorities here. The boy first was questioned at considerable length by Sgt. Paul Carter. Carter said the boy refused to admit any previous such calls, stating this was his first.

25 Years Ago From the East Oregonian Jan. 24, 1993

Martin Ortiz, a 14-year-old Umatilla youth charged with criminally negligent homicide in the November shooting death of Cody McNeel, was convicted Thursday in juvenile court. There is no actual guilt or innocence stated in a juvenile adjudication hearing, which is similar to an adult trial, but Judge Robert Abrams' decision is the equivalent of a guilty verdict. Disposition options include putting Ortiz on probation, placing him in shelter care with a proctor family or sending him to a youth facility like MacLaren School in Woodburn. Assistant District Attorney Nancy Kerns said there was little argument about what happened during the shooting.

THIS DAY IN HISTORY

Today is the 24th day of 2018. There are 341 days left in the year.

Today's Highlight in History:

On Jan. 24, 1848, James W. Marshall discovered a gold nugget at Sutter's Mill in northern California, a discovery that led to the gold rush of '49.

On this date:

In A.D. 41, Roman Emperor Caligula, 28, was assassinated by members of the Praetorian Guard after a reign of nearly four years; he was succeeded by his uncle Claudius.

In 1742, Charles VII was elected Holy Roman Emperor during the War of the Austrian Succession.

In 1908, the Boy Scouts movement began in England under the aegis of Robert Baden-Powell.

In 1939, at least 28,000 people were killed by an earthquake that devastated the city of Chillan in Chile.

In 1942, the Roberts Commission placed much of the blame for America's lack of preparedness for Imperial Japan's attack on Pearl Harbor on Rear Adm. Husband E. Kimmel

and Lt. Gen. Walter C. Short, the Navy and Army commanders.

In 1943, President Franklin D. Roosevelt and British Prime Minister Winston Churchill concluded a wartime conference in Casablanca, Morocco.

In 1965, British statesman Winston Churchill died in London at age 90.

In 1975, the extremist group FALN bombed Francaes Tavern in New York City, killing four people.

In 1978, a nuclear-powered Soviet satellite, Cosmos 954, plunged through Earth's atmosphere and disintegrated, scattering radioactive debris over parts of northern Canada.

In 1989, confessed serial killer Theodore Bundy was executed in Florida's electric chair.

In 1993, retired Supreme Court Justice Thurgood Marshall died in Bethesda, Maryland, at age 84.

In 2003, former Pennsylvania Gov. Tom Ridge was sworn as the first secretary of the new Department of Homeland Security.

Today's Birthdays: Actor Jerry Maren (Film: "The Wizard of Oz") is 99. Cajun musician Doug Kershaw is 82. Singer-songwriter Ray Stevens is 79. Singer-songwriter Neil Diamond is 77. Singer Aaron Neville is 77. Actor Michael Ontkean is 72. Actor Daniel Auteuil is 68. Country singer-songwriter Becky Hobbs is 68. Comedian Yakov Smirnoff is 67. South Korean President Moon Jae-in is 65. Actor William Allen Young is 64. Bandleader-musician Jools Holland is 60. Actress Nastassja Kinski is 57. Rhythm-and-blues singer Theo Peoples is 57. Country musician Keech Rainwater (Lonestar) is 55. Obama White House budget director Shaun Donovan is 52. Comedian Phil LaMarr is 51. Olympic gold medal gymnast Mary Lou Retton is 50. Rhythm-and-blues singer Sleepy Brown (Society of Soul) is 48. Actor Matthew Lillard is 48. Actor Ed Helms is 44.

Thought for Today: "God gives us relatives; thank God, we can choose our friends." — Addison Mizner, American architect (1872-1933).

PHOEBE AND HER UNICORN

BY DANA SIMPSON



BIG NATE

BY LINCOLN PEIRCE

