

## NATIONAL WEATHER TODAY

Shown are mean positions of weather systems and precipitation. Temperature bands are highs for the day.

Seattle 47/43  
Winnipeg 31/13  
Billings 36/19  
Minneapolis 40/28  
Chicago 44/35  
Detroit 39/31  
Toronto 40/26  
Montreal 38/21  
San Francisco 54/46  
Denver 52/20  
Kansas City 47/41  
New York 60/36  
Washington 55/36  
Los Angeles 62/42  
El Paso 68/40  
Atlanta 56/36  
Houston 70/61  
Chihuahua 75/41  
Miami 76/67  
Monterrey 76/48

-10s -0s 0s 10s 20s 30s 40s 50s 60s 70s 80s 90s 100s 110s

showers t-storms rain flurries snow ice cold front warm front stationary front high low

**National Summary:** Rain will dampen the lower Mississippi Valley, parts of the deserts and the coastal Northwest today. Snow will fall on the central and southern Rockies. Much of the Central and Eastern states will be mild.

**UV INDEX TODAY**

8 a.m.	10 a.m.	Noon	2 p.m.	4 p.m.	6 p.m.
0-2, Low	3-5, Moderate	6-7, High	8-10, Very High	11+, Extreme	

The higher the **AccuWeather.com UV Index™** number, the greater the need for eye and skin protection.

Forecasts and graphics provided by  
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## REGIONAL FORECAST

<b>Coastal Oregon:</b> A passing shower or two today; breezy across the north in the afternoon.	<b>Eastern Washington:</b> A rain or snow shower today; a little icy mix in the morning, then a little snow and sleet in the mountains.
<b>Eastern and Central Oregon:</b> Intervals of clouds and sunshine today. Partly cloudy tonight.	<b>Cascades:</b> Snow today, accumulating 1-3 inches; a little snow, mainly early in the south.
<b>Western Washington:</b> Mainly cloudy today with a passing shower or two.	<b>Northern California:</b> Mostly cloudy today; frigid in the interior mountains. Rain at the coast tonight.

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The lower Multnomah Falls viewing platform is expected to reopen early this year and the Benson Bridge may be reopen in the summer.

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Whether this is a new diagnosis or not, this class will assist you with learning more about diabetes and its effect on your mind and body. Six **FREE** weekly classes. Attend alone or with support person.



**Call for upcoming  
dates & times**

**Must pre-register, call 541-667-3509**

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This 6 month lifestyle change program will help you achieve your health goals! Registered Dietitian Nutritionists will help you learn how to make healthy food and activity choices each and every day. Program includes 8 weekly group classes, individual appointments for 2-3 months and a follow up group class.

**New Classes start Jan 22  
5:30pm**

**Must pre-register, call 541-667-3517**




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