

# COMMUNITY RESOURCES LISTINGS

## SENIOR SERVICES

Boardman Senior Center 541-481-3257  
Meeting the physical, mental and social needs of Boardman elders by offering congregate meals and opportunities for socialization and service.

CAPECO Senior Services 541-276-1926  
Senior services include Meals-on-Wheels, senior meal sites, family caregiver support program, in-home care, information and referral, legal assistance, respite care, case management.

CTUIR Senior Citizens Center 541-429-7300

Foster Grandparents and Senior Companions Program 541-276-4474  
Places older citizens who want to volunteer their time and skills in meaningful community service with at-risk children or frail, isolated elders.

Irrigon: Stokes Landing Senior Center 541-922-3603

Milton-Freewater Senior Center 541-938-3311

Oregon Department of Human Services, Seniors & People with Disabilities  
Hermiston/Morrow Co.: 541-567-2274  
Pendleton: 541-278-4161

Heppler St. Patrick's Senior Center 541-676-9030

Hermiston Senior Center 541-567-3582

Pendleton Senior Center 541-276-5303

Retired and Senior Volunteer Program (RSVP) 541-276-5073  
Older citizens in Umatilla, Morrow, Gilliam and Wheeler Counties volunteer their time and skills to provide transportation to elders, serve organizations and participate in special projects.

Social Security Administration 1-800-772-1213

Stanfield Community Center 541-449-1332

Ukiah Senior Center 541-427-3012

Weston: WAHA Senior Center E. Main Street westonoregon@gmail.com

## TRANSPORTATION

### REGIONAL TRANSPORTATION SERVICE

Kayak Public Transit 541-429-7519  
A free regional transit system run by the Confederated Tribes of the Umatilla Indian Reservation, connecting the Reservation to Pendleton, Pilot Rock, Hermiston, Irrigon, La Grande and Walla Walla.  
<http://ctuir.org/tribal-services/planning/kayak-public-transit>

### PENDLETON

Dial-A-Ride van service, Pendleton 541-276-6476  
Available to the general public within city limits; call one day in advance for door-to-door service, \$1 each way.

Elite Transit Tickets 541-276-8294  
General public can purchase tickets in advance at Pendleton City Hall, \$3 per ticket for rides within the Urban Growth Boundary.

Elite Taxi, Pendleton 541-276-8294

Senior and Disabled Taxi Ticket Program, Pendleton 541-276-8294  
For seniors age 60 and older and disabled individuals, \$1.75 per one-way ride.

Senior Meal Site Transportation Program 541-276-8294  
Weekday service provides transportation to and from the Pendleton Senior Center for the noon meal.

St. Anthony Hospital/Pendleton Care Ride 541-276-8294  
Free taxi service provided by the City of Pendleton and St. Anthony Hospital for anyone needing prompt medical attention (but not requiring the specialized care and immediate response of an ambulance) at St. Anthony emergency room or a doctor's office.

### HERMISTON

Kayak bus service 541-429-7519

Senior and Disabled Transit Program, Hermiston 541-567-5521  
For seniors age 62 and older and disabled individuals, must be a Hermiston resident. Taxi tickets are \$2 each for rides within Hermiston city limits.

Umatilla Cab Co., Hermiston 541-567-6055

### MILTON-FREEWATER

Milton-Freewater City Bus (free) 541-938-5531

Milton-Freewater Taxi Service  
Taxi services for seniors and disabled citizens (\$1-2).  
Apply for tickets: 541-938-8243  
For service: 509-386-1224