

COMMUNITY RESOURCES LISTINGS

HOUSING

CAPECO Housing and Home Ownership program 541-276-1926

Habitat for Humanity, Oregon Trail 541-567-1509
Volunteers form partnerships to build homes with families who currently live in sub-standard housing, have a steady income, but do not qualify for standard housing loans.

Umatilla County Housing Authority 541-567-3241
or 1-800-221-6729

Serves Gilliam, Morrow, Umatilla and Wheeler counties, serving those with limited resources by providing decent, safe and sanitary housing without discrimination.

LEGAL SERVICES

CASA of Umatilla & Morrow County 541-276-1926
Court Appointed Special Advocates are volunteers who are appointed by a judge to watch over and advocate for abused and neglected children.

Child Support Service
Umatilla County District Attorneys office 541-278-6270
Morrow County District Attorneys office 541-676-5626

Legal Problem Solvers 1-800-452-7636
Oregon lawyers volunteer to offer free legal information and advice to children. Any young person ages 13-17 can call to request a referral to this program.

Legal Aid, Pendleton Regional office 541-276-6685
or 800-843-1115
365 SE Third St., Pendleton

Oregon State Bar Association Lawyer Referral 503-684-3763

State Division of Child Support
Pendleton office 541-276-6932
CTUIR Tribal 541-276-6932
Umatilla County Support Enforcement 541-278-6280

State Courts Family Law 541-278-0341(x240)

Umatilla County Mediation Services 541-278-6290

MENTAL HEALTH RESOURCES

Community Counseling Solutions
Serving Morrow, Wheeler, Grant and Gilliam counties.
Boardman 541-481-2911
Heppner 541-676-9161

Lifeways 24-hour Mental Health Crisis 1-866-343-4473
Hermiston 541-567-2536
Pendleton 541-276-6207
Milton-Freewater 541-276-6207
Umatilla 541-922-0880

Suicide Prevention 24-hour helpline 1-800-273-TALK (8255)

PARENTING RESOURCES

Healthy Families Umatilla County 541-667-6167
Services to first-time parents of newborns: education and support through home visits by highly trained staff.

Pioneer Relief Nursery 541-215-1017
Preventing child abuse and neglect for children under age 6 through intensive family support, including parenting classes.
www.pioneerreliefnursery.org

WIC (Women, Infant, & Children) 800-559-5878
Food plus nutritional information for eligible pregnant and breastfeeding women and their children.
Hermiston 541-667-2545
Pendleton 541-966-3354
Milton-Freewater 541-938-5595
Umatilla 541-922-5574
Boardman 541-667-2545
Heppner 541-667-2545
Yellowhawk Tribal Health Center 541-278-7563

PREGNANCY COUNSELING

Pregnancy Talkline 1-888-493-0092

Planned Parenthood 1-800-230-PLAN

Emergency Contraception 1-888-NOT-2-LATE

Pregnancy Care Services Hermiston 541-567-2393

Pregnancy Care Services Pendleton 541-276-5757

POISONING PREVENTION

If you think someone has been poisoned, call Poison Help, 1-800-222-1222, to reach your local poison center. This national toll-free number works anywhere in the U.S. 24 hours a day, 365 days a year.