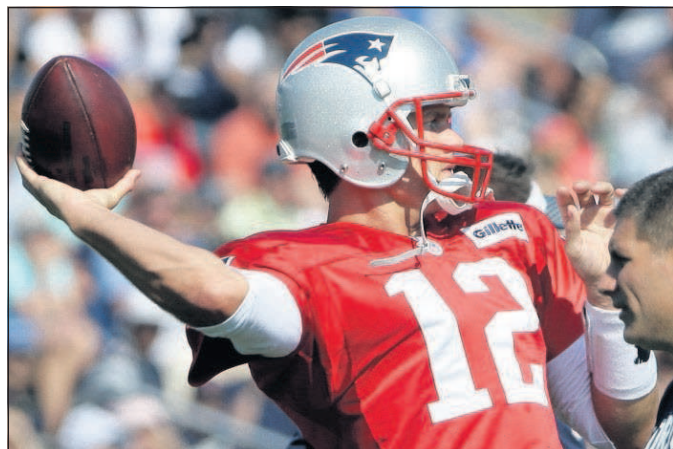


# Turning 40: Brady showing few signs of decline at milestone

By KYLE HIGHTOWER  
AP Sports Writer



AP Photo/Steven Senne

**New England Patriots quarterback Tom Brady (12) passes at training camp on Tuesday in Foxborough, Mass.**

FOXBOROUGH, Mass. — Professional athletes measure achievement in championships, with a constant eye slanted toward Father Time.

Next up for Tom Brady is challenging the conventional wisdom of how long a quarterback can play at a high level in the NFL. The leader of the New England Patriots turns 40 on Thursday, an age considered both a line of demarcation and decline for even the game's greatest names.

Brady already redefined what it meant to have success after age 35 even before he captured his fifth Super Bowl ring last season. With a stated desire to play until age 45 — and possibly beyond it — Brady might one day find himself in rarer company.

According to Pro Football Reference, Brady is poised to become the 20th quarterback in league history to appear in a game at 40 or older. Whether it's a byproduct of the system he plays in, avoiding injury, or the training and nutrition regimen he swears by, unlike virtually all of his predecessors Brady isn't showing signs of slowing down.

"For Tom I think it's gonna come down more to motivation," said Hall of Fame quarterback Warren Moon, who retired at age 44 after 17 NFL seasons and six in the CFL. "Does he see himself having the same motivation, drive and desire five years from now that he has right now?"

Since 2000, seven quarterbacks have thrown a pass over the age of 40 in the NFL: Moon, Brett Favre, Vinny Testaverde, Matt Hasselbeck, Doug Flutie, Mark Brunell and Brad Johnson.

Of that group, only Moon (1997, age 41) and Favre (2009, age 40) have earned Pro Bowl selections after crossing into their fifth decade.

"I think injuries will have a lot to do with (how long Brady plays)," Moon said. "He's won five Super Bowls. How many more years can he have that deep down, burning desire to want to win?"

Favre posted the best season of any 40-year-old signal caller, completing 68 percent of his passes for 4,202 yards and 33 touchdowns in 2009 — his 19th season.

Moon threw for 3,678 yards and 25 touchdowns in his 14th season in 1997.

Meanwhile, Brady is coming off his 12th Pro Bowl selection and is playing as if he's still in his prime. At 39, he threw for 3,554 yards and 28 touchdowns in a regular season shortened by his four-game "Deflategate" suspension. In addition, his 67.4 completion percentage last season was second only to the 68.9 percent he completed during his 2007 MVP season.

Brady also has been finding the end zone at a higher rate the older he gets.

Brady has averaged 31 touchdowns per season since turning 35 in 2012. He averaged 30 touchdowns from age 26 to 30. In 2007, he threw for a career-high and NFL-record 50 touchdowns.

By comparison, over his final five seasons, Peyton Manning averaged 34 touchdowns. Favre came in at 22.

Hasselbeck played at 40 in 2015. He said Brady benefits from playing in a quarterback-friendly rules era, but he does take a fair amount of hits.

He also sees a player defying his age in other ways.

"He looked better than I have ever seen at running or scrambling," Hasselbeck said. "It was like all the extra attention he's put in training and recovery showed up on the football field."

Unlike Favre, who loathed training camp, Brady still embraces the preseason.

Since 2004 when Brady was 27, he also has relied on a nutrition and workout program developed by friend and health guru Alex Guerrero. Under Guerrero's guidance, Brady follows a mostly plant-based diet during the season.

In 2013, Brady and Guerrero partnered in opening the TB12 Sports Therapy Center. The basis for Guerrero's program — in particular the plant-based diet component — has been criticized by some as junk science. But since Brady began working with him, other than a torn left ACL in 2008, he has not missed a regular-season game due to injury.

Patriots coach Bill Belichick declined comment on Brady's specific personal workout regimen, but he said the quarterback has long prioritized maximizing his performance.

Receivers Julian Edelman and Danny Amendola also have used Guerrero's methods. For the past three months, star tight end Rob Gronkowski has utilized the program as he works his way back from back surgery that ended his 2016 season after eight games.

Brady has even served as his personal chef.

"It's going good — yes," said Gronkowski, who turned 28 in May. "He cooks them for me, I eat them."

For all the respect Brady has garnered, beginning Thursday whatever he does going forward will come with all the reminders he is now in a special age group.

"People don't let you forget it," Hasselbeck said. "People act like you're getting ready to go in an old folks' home."

Patriots backup quarterback Jimmy Garoppolo said not even Brady's Super Bowl rings can protect him from the jokes he'll hear.

"We have to, right? It wouldn't be right if we didn't," Garoppolo said. "We're there to bring him back down to earth every once in a while."

MLB

# Philadelphia Phillies scrap plans to honor Pete Rose

Associated Press

PHILADELPHIA — The Philadelphia Phillies have canceled plans to honor Pete Rose next week because of a woman's claim she had a sexual relationship with baseball's hit king when she was a minor.

The woman, identified as Jane Doe this week in a court filing, said Rose called her in 1973, when she was 14 or 15, and they began a sexual relationship in Cincinnati that lasted several years. She also alleges Rose met her in locations outside Ohio for sex.

Rose's lawyer says the woman's claims are unverified.

The Phillies were going to induct Rose into their Wall of Fame in an on-field ceremony on Aug. 12. Rose bobbleheads were going to be distributed on Aug. 11.

The Phillies will not give away the collectibles and said fans with tickets for either game can exchange them or get a refund.

"While I am truly honored that the Phillies fans voted for me to be this year's Wall of Fame inductee, I am concerned that other matters will overshadow the goodwill associated with Alumni Weekend, and I agree with the decision not to participate," Rose said.

Rose, who was banned from baseball in 1989, made four All-Star appearances and helped the Phillies to one of their

two world championships during his five seasons in Philadelphia from 1979-83.

Rose was selected through fan voting and was set to become the 39th inductee into the club's Wall of Fame.

But public pressure against Rose played a role in the Phillies' decision to scrap the tribute.

The women's claim became public from testimony presented by the defense as part of a federal lawsuit Rose filed last year in Philadelphia against a lawyer whose investigation kicked out of Major League Baseball for gambling.

Rose contends John Dowd defamed him by saying on the radio that the former baseball great had raped young teen girls during spring training. Rose has acknowledged having a relationship with the woman beginning when she was 16, the age of consent in Ohio.

Rose alleges in the lawsuit that Dowd damaged his reputation and endorsement deals during a July 2015 interview on WCHE-AM radio.

Dowd said during the radio appearance that Rose associate Michael Bertolini told investigators he "ran young girls" to Rose during spring training, which Dowd called "statutory rape every time," according to Rose's lawsuit. Bertolini's lawyers have denied that.

Rose acknowledged in a statement accompanying

Monday's filing that he did have a relationship with the woman, but he said it started when she was 16. He also states they never had sex outside Ohio.

At the time, Rose was in his mid-30s and was married with two kids.

Rose's personal problems never seemed to affect his popularity in baseball. He's a regular on the autograph circuit and does broadcast work for Fox.

The Cincinnati Reds unveiled a bronze sculpture this season outside Great American Ball Park depicting Rose's headfirst slide. He was inducted into the Reds' Hall of Fame last June and had his No. 14 retired.

The 76-year-old hits leader is banned from baseball's Hall of Fame. Commissioner Rob Manfred has denied Rose's latest petition for reinstatement, but hasn't ruled out making him eligible for Cooperstown someday.

The fourth annual Philly Sports Roast also said it canceled its Aug. 10 event with Rose as the guest of honor. Tickets that started at \$150 will be refunded.

Philadelphia's Sugar-House Casino said it canceled Rose's scheduled Aug. 12 autograph signing that was to be held just hours before his Wall of Fame induction. Refunds also were available for those tickets.

The Phillies will still honor more than 40 alumni next weekend.

# KAEPERNICK:

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make decisions for all the guys on the field right now. It's about: Can he help us win games?

"The biggest thing they have to decide is, is he a good fit for our football team? I would hope that any team, when it comes to Colin Kaepernick, would look at his skill and look at their needs and say, 'OK, I'm going to give him an opportunity because I have a need in that area and he can fill it.' Nothing else."

That's one of the most important facets among the litany of items the

Ravens are considering, but Bisciotti contends that Kaepernick's protest last season — along with the quarterback's assertion that he will stand for the Star-Spangled Banner this year — cannot be ignored.

"Non-violent protesting is something that we've all embraced," Bisciotti said. "I don't like the way he did it. I liked it a lot more when he went from sitting to kneeling. I thought that if it's still a silent protest, the level of disrespect isn't as strong that way."

He wonders if the fans would be able to look past the protest and consider that

the 29-year-old Kaepernick threw 16 touchdown passes against only four interceptions last year, and that his lifetime numbers in those categories are 72 TDs and just 30 INTs.

"I hope we do what is best for the team and balance that with what's best for our fans," Bisciotti said.

The subject has transcended football in the Baltimore area. All four Letters to the Editor in the Wednesday edition of The (Baltimore) Sun involved opinions of the potential signing of Kaepernick (three in favor of it; one against).

# MARINERS: Gallardo to start series opener in Kansas City today

Continued from 1B

has 18 singles, 12 doubles and two triples.

**TRAINER'S ROOM**  
Rangers: LHP Jake Diekmann (colon) threw BP in the cage before the game. Manager Jeff Banister said there "is still a ways to go" and that there hasn't been determined where Diekmann will go for his next step.

**UP NEXT**  
Mariners: Yovani Gallardo, who has been a reliever and

starter this season, is scheduled to start the opener of a four-game series at Kansas City on Thursday night. He is 4-7 with a 5.94 ERA in 16 starts this season. Seattle is playing the fourth of 21 road games in a 28-game stretch.

Rangers: RHP A.J. Griffin (oblique strain) is scheduled to come off the 60-day disabled list to make his first start for the Rangers to make his first start since May 26. They open a four-game series Thursday at Minnesota.



**Seattle Mariners starting pitcher Ariel Miranda throws to a Texas Rangers batter during the fourth inning of a baseball game, Wednesday, Aug. 2, 2017, in Arlington, Texas. Miranda allowed five runs and three home runs in 5 2/3 innings to earn the loss.**

AP Photo/Tony Gutierrez

# SCOREBOARD

Baseball

AMERICAN LEAGUE				
East Division				
W	L	Pct	GB	
Boston	59	49	54	—
New York	57	49	53	1
Tampa Bay	56	53	51	3½
Baltimore	53	54	49	5½
Toronto	51	57	47	8
Central Division				
W	L	Pct	GB	
Cleveland	57	48	54	—
Kansas City	55	51	51	2½
Minnesota	51	54	48	6
Detroit	49	57	46	8½
Chicago	41	64	39	16
West Division				
W	L	Pct	GB	
Houston	69	38	64	—
Seattle	55	54	50	15
Los Angeles	52	55	48	17
Texas	51	56	47	18
Oakland	47	60	43	22
Wednesday's Games				
Cleveland at Boston, p.p.d.				
Detroit 2, N.Y. Yankees 0				
Toronto 5, Chicago White Sox 1				
Minnesota 5, San Diego 2				
Baltimore 6, Kansas City 0				
Tampa Bay 3, Houston 0				
Texas 5, Seattle 1				
Philadelphia at L.A. Angels, late finish				
Oakland at San Francisco, late finish				
Thursday's Games				
Detroit (Boyd 5-5) at Baltimore (Gausman 8-7), 4:05 p.m.				
Chicago White Sox (Gonzalez 5-9) at Boston (Rodriguez 4-3), 4:10 p.m.				
N.Y. Yankees (Gray 6-5) at Cleveland (Salazar 4-5), 4:10 p.m.				
Tampa Bay (Snell 0-6) at Houston (McHugh 0-0), 5:10 p.m.				
Texas (Bibens-Dirck 3-1) at Minnesota (Mejia 4-4), 5:10 p.m.				
Seattle (Gallardo 5-7) at Kansas City (Cahill 4-3), 5:15 p.m.				
Philadelphia (Eickhoff 2-7) at L.A. Angels (Bridwell 5-1), 7:07 p.m.				
Oakland (Graveman 2-2) at San Francisco (Blach 6-7), 7:15 p.m.				

NATIONAL LEAGUE				
East Division				
W	L	Pct	GB	
Washington	63	43	59	—
Miami	51	55	48	12
New York	49	56	46	13½
Atlanta	49	57	46	14
Philadelphia	39	65	37	23
Central Division				
W	L	Pct	GB	
Chicago	57	49	53	—
Milwaukee	56	53	51	2½
St. Louis	53	54	49	4½
Pittsburgh	51	56	47	6½
Cincinnati	44	63	41	13½
West Division				
W	L	Pct	GB	
Los Angeles	75	32	70	—
Arizona	61	46	57	14
Colorado	61	47	56	14½
San Diego	48	59	44	27
San Francisco	41	67	38	34½
Wednesday's Games				
Minnesota 5, San Diego 2				
Cincinnati 5, Pittsburgh 2				
Miami 7, Washington 0				
Atlanta 5, L.A. Dodgers 3				
Arizona 3, Chicago Cubs 0				
St. Louis 5, Milwaukee 4				
N.Y. Mets 10, Colorado 5				
Philadelphia at L.A. Angels, late finish				
Oakland at San Francisco, late finish				
Thursday's Games				
St. Louis (Wacha 8-4) at Milwaukee (Garza 4-5), 11:10 a.m.				
Arizona (Greinke 13-4) at Chicago Cubs (Quintana 6-9), 11:20 a.m.				
N.Y. Mets (Montero 1-7) at Colorado (Marquez 9-4), 12:10 p.m.				
Cincinnati (Romano 2-2) at Pittsburgh (Luh 3-7), 4:05 p.m.				
L.A. Dodgers (Wood 12-1) at Atlanta (Newcomb 1-5), 4:35 p.m.				
Philadelphia (Eickhoff 2-7) at L.A. Angels (Bridwell 5-1), 7:07 p.m.				
Oakland (Graveman 2-2) at San Francisco (Blach 6-7), 7:15 p.m.				
MLB				
Northwest League				
North Division				
W	L	Pct	GB	
Spokane	6	1	85	—
Tri-City	4	3	57	2

x-Vancouver				
Everett				
South Division				
W	L	Pct	GB	
Eugene	4	3	57	—
Hillsboro	4	3	57	—
x-Salem-Keizer	3	4	42	1
Boise	2	5	28	2
x-first-half champions				
Monday-Wednesday				
No games scheduled (All-Star break)				
Thursday's Games				
Eugene at Spokane, 6:30 p.m.				
Everett at Salem-Keizer, 6:35 p.m.				
Vancouver at Hillsboro, 7:05 p.m.				
Boise at Tri-City, 7:15 p.m.				
Soccer				
MLS				
Saturday's Games				
FC Dallas at Philadelphia, 4 p.m.				
Toronto FC at D.C. United, 4 p.m.				
Atlanta City at Montreal, 4:30 p.m.				
Seattle at Minnesota United, 5 p.m.				
New England at Chicago, 5:30 p.m.				
Houston at Real Salt Lake, 7 p.m.				
Vancouver at Colorado, 7 p.m.				
Columbus at San Jose, 7:30 p.m.				
Sunday's Games				
Los Angeles at Portland, 1 p.m.				
New York at New York City FC, 3 p.m.				
Atlanta United FC at Sporting Kansas City, 5 p.m.				
Basketball				
WNBA				
EASTERN CONFERENCE				
W	L	Pct	GB	
Connecticut	14	9	60	—
Washington	14	9	60	—
New York	12	11	52	2
Atlanta	10	13	43	4
Chicago	8	16	33	6½
Indiana	8	16	33	6½
WESTERN CONFERENCE				
W	L	Pct	GB	
Minnesota	19	2	90	—
Los Angeles	17	6	73	3
Phoenix	13	10	56	7
Dallas	11	14	44	10
Seattle	10	13	43	10
San Antonio	4	21	16	17

Wednesday's Games		
No games scheduled		
Thursday's Games		
Atlanta at Minnesota, 5 p.m.		
Friday's Games		
Phoenix at Connecticut, 4 p.m.		
Chicago at Indiana, 4 p.m.		
Washington at San Antonio, 5 p.m.		
Seattle at Dallas, 5 p.m.		
New York at Los Angeles, 7:30 p.m.		
PGA Tour		
FedEx Cup Standings		
Through July 30	Points	Money
1. Jordan Spieth	2,579	\$6,793,145
2. Dustin Johnson	2,359	\$6,561,568
3. Hideki Matsuyama	2,204	\$6,074,907
4. Justin Thomas	2,060	\$5,131,179
5. Jon Rahm	1,718	\$4,522,885
6. Rickie Fowler	1,634	\$4,334,972
7. Brooks Koepka	1,629	\$4,745,771
8. Daniel Berger	1,573	\$3,883,474
9. Brian Harman	1,492	\$3,979,858
10. Kevin Kisner	1,474	\$3,787,354
11. Pat Perez	1,426	\$3,582,575
12. Charley Hoffman	1,289	\$3,205,641
13. Marc Leishman	1,251	\$3,321,141
14. Adam Hadwin	1,246	\$2,834,762
15. Kyle Stanley	1,188	\$3,013,037
Upcoming Schedule		
WGC-BRIDGESTONE INVITATIONAL		
Site: St. Andrews, Scotland.		
Course: Kingsbarns Golf Club, Yardage: 6,697, Par: 72.		
Purse: \$3.25 million. First prize: \$487,500.		
Television: Thursday-Friday, 6-11 a.m. (Golf Channel); Saturday 7-11 a.m. (Golf Channel); 11 a.m.-2 p.m. (NBC), Sunday, 7:30-11:30 a.m. (Golf Channel); 11:30 a.m.-2:30 p.m. (NBC).		
Defending champion: Ariya Jutanugarn.		
Auto Racing		
NASCAR Monster Energy Cup Series		
Points Standings		
Through July 30	Points	Money
1. Martin Truex Jr.	823	
2. Kyle Larson	738	
3. Kevin Harvick	726	
4. Kyle Busch	723	
5. Brad Keselowski	649	
6. Denny Hamlin	649	
7. Chase Elliott	616	
8. Jamie McMurray	614	
9. Matt Kenseth	598	
10. Clint Bowyer	577	
11. Jimmie Johnson	566	</