# Dames completes journey

### Pilot Rock native earns black belt in Jiu-Jitsu

By ERIC SINGER East Oregonian

In 2008, Brandon Dames became hooked on the martial art of Brazilian Jiu-Jitsu.

And over the past nine years, the Pilot Rock native has put in countless hours of work to help escalate himself through the various belts and ranks of the sport before finally achieving the superior rank of black belt. Dames, who now resides in Vancouver, Washington, returned to Eastern Oregon to receive his promotion to black belt on Saturday morning prior to a seminar that Pendleton's Solid Base Jiu-Jitsu gym was hosting at Pendleton High School.

"It's the biggest life achievement I've ever had next to getting married," said the 40-year-old Dames. "It takes most people around 13 years to get their black belt and I did it in nine, which I'm proud of. But it meant a lot of sacrifice like being away from home and my family."

On hand to award Dames his promotion was Orlando Sanchez, a Jiu-Jitsu legend who reached black belt in just four years that had become Dames' professor for the past three years. Sanchez made the trip up from his home base in Los Angeles and was proud to help Dames achieve his goal.

'He's an amazing man See BLACK BELT/2B



**Dames** wipes a tear after receiving his black belt during a jiu-jitsu training camp at Pendleton High School. Dames, a Pilot Rock High School graduate who now lives in Vancouver, Washington, returned home to receive

his black belt during a ceremony that began the half-day camp. His old brown belt

Staff photo by Kathy

neck.

hangs

from his

## Oregon falls to Arizona

Pendleton all-stars start bracket play today

East Oregonian

After a good start to pool play on Friday, the Pendleton 11/12-year-old all-star team did not have the same luck in its second game on Monday evening at the Little League Softball West

Regional.

Team Oregon managed just three hits and two runs and it committed five errors as Team Arizona the game 7-2 at Houghton

Stadium in San Bernardino, California. Sauren Garton pitched all six innings for Oregon and struck out eight while allowing seven hits and seven runs, though all runs were unearned.

Faith Broadfoot, Brielle Youncs and Ellie Samford each collected a hit in the game for Oregon, with Broadfoot collecting two RBI and Samford and Jenness each scoring

Oregon scored the first run of the night in the bottom half of the second, when Daisy Jenness began the inning with a walk and Broadfoot followed with an RBI double to center field for a 1-0 Oregon

But the lead was short-lived. In the top of the third, Arizona had back-to-back singles to start the inning and then an error allowed the tying run to score. Later, two more errors and an RBI single pushed

See YOUTH/2B

### Paxton shines as Mariners

Seattle lefty tosses seven shutout innings

> By JIM HOEHN Associated Press

SEATTLE — James Paxton allowed four singles over seven innings to win his fifth consecutive start in July and Kyle Seager homered





to pace the Seattle Mariners to a 4-0 victory over the Boston Red Sox on Monday night. Paxton (10-3) retired the first

13 hitters before Bradley Jackie single to Jr.'s center with one out in the fifth. The left-hander, who worked out

of trouble in the sixth and seventh innings, struck out 10 and walked none. Paxton has allowed six earned runs in 33 1/3 innings and not given up a home run in five starts this

Nick Vincent and David Phelps each pitched a perfect inning to finish. Eduardo Rodriguez (4-3) allowed



Seattle Mariners starting pitcher James Paxton pitches to Boston Red Sox's **Deven Mar**rero in the fifth inning of a baseball game, Monday, July 24, 2017, in Seattle.

AP Photo/Ted S.

four runs on six hits in 5 1/3 innings. He struck out six and walked two in his second start since coming off the disabled list.

Seager started a three-run second with his 14th home run, lining a 2-1 pitch over the wall in straightaway center to open the inning. With one out, Ben Gamel tripled into the right-field corner. Gamel scored on Guillermo Heredia's fielder's choice chopper to first, beating the throw home with a head-first slide. Heredia scored from first on Jean Segura's double into the right-center gap.

Seattle added a run in the fourth when Gamel singled, Segura was hit by a pitch and Danny Valencia

In the sixth, Brock Holt reached with one out on a throwing error by first baseman Valencia. Mookie Betts singled Holt to second, but Paxton struck out Andrew Benintendi and Dustin Pedroia.

Hanley Ramirez and Bradley opened the seventh with consecutive singles, but Paxton struck out Chris Young and enticed Deven Marrero into a double-play grounder to short.

RED SOX MOVES Boston called up top prospect Rafael Devers from Triple-A Pawtucket. The 20-year-old Devers began the season at Double-A Port-See SEATTLE/2B

### Riding into the Blues

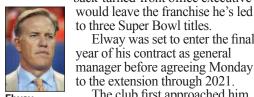
Jake Anstett, of Port Angeles, Washington, goes airborne during Saturday's Nitro in the Blues motorcycle hillclimb near Rieth. Anstett, who started racing motocross at age four, began competing professionally in 2016.

**Sports shorts** 

### Broncos, Elway agree to extension

ENGLEWOOD, Colo. (AP) — John Elway has agreed to a new five-year contract with the Denver Broncos.

The deal ends a long-running saga that had fans wondering if their Hall of Fame quarterback-turned-front office executive



Elway was set to enter the final year of his contract as general manager before agreeing Monday to the extension through 2021.

The club first approached him about a new deal last October. The issue loomed as the second-biggest question entering training camp behind the quarterback

competition. The Broncos are 77-33 with five playoff appearances in six seasons under Elway's leadership. Only New England (86-26) is better over that span.

"(Conor) McGregor is going to get killed boxing ... He put his dumb (butt) in a position where he's gonna get knocked out because this guy's (Mayweather) been doing this all his life since he was a baby ... He's not going to stand much of a chance."

 Mike Tyson
 The former heavyweight boxing champion told Barstool Sports' "Pardon My Take" podcast that he believes Floyd Mayweather will easily beat Conor McGregor in their match on Aug. 26.

### Rose agrees to deal with Cavs

CLEVELAND (AP) — For the moment, the Cavaliers have one content, proven point guard. Free agent Derrick Rose agreed Monday to sign with Cleveland, a person familiar with the decision told The Associated Press. Rose,

a former NBA MVP who has battled knee injuries, will get a one-year contract at the veteran's minimum of \$2.1 million, said the person who spoke on condition of anonymity because the team has not announced the agreement.

The deal is expected to be finalized and announced today.

Rose played for the New York Knicks last season and averaged 18 points and 4.4 assists. The 28-year-old's role with the Cavs is still to be determined. He could be used as a backup or even start depending on what the team does with All-Star Kyrie Irving, who recently asked

### THIS DATE IN SPORTS

**2010** — Jamie McMurray's victory in the Brickyard 400 gives owner Chip Ganassi the first team triple crown in American auto racing: winning the Daytona 500, Indianapolis 500 and the Brickyard 400 in the same year. McMurray won the season-opening Daytona 500 in February, and Ganassi IndyCar series driver Dario Franchitti won the Indy 500 in

May.
2011 — The NFLPA executive board and 32 team reps vote unanimously to approve the terms of a deal to the end the 4-month lockout. The final pact is for 10 years, without an opt-out clause.

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