HERMISTON

Plan B features brilliant watercolors

Local artist featured in library display

By TAMMY MALGESINI East Oregonian

When the symptoms of rheumatoid arthritis and lupus got progressively worse, Kim La Plant went with Plan B.

This past fall, the Hermiston woman, whose art moniker is Ozark Hippie, was sitting outside trying to decide what to do. As her physical pain increased, La Plant knew it was time to make some changes.

"Plan A was working. Plan B was the art," she explained. "I said, 'I guess I'm going to go with Plan

While pondering what path to take, La Plant looked down and saw what she described as a "really cool leaf." She had some Dollar Tree watercolors left over from a project with kids at church and decided to pick up a brush and paint the leaf.

Her husband, Brian, was immediately taken aback at how realistic the painting was. With his encouragement, La Plant dove into her artwork

"There are times I dream a painting and if I don't get up and paint it, I can't sleep."

Naturally creative, La Plant has never taken formal art classes. She previously worked mostly with charcoal, acrylics, carving and woodworking, as well as re-purposing all kinds of objects. Watercolors, she said, are easier to work with and she instantly fell in love with the medium.

"I've always been crafty," she said. "I can literally take something out of someone's garbage and make something of it."

Growing up in Arkansas in a house without running water or electricity, La Plant knows how to live simply and make the most of resources available.



"Chillin' in the Deep," a watercolor by Ozark Hippie

— aka Kim La Plant. The Hermiston woman's art is on
display for the month of July at the Hermiston Public

Initially, she continued to use cheap art supplies — making do with what was available.

After selling a commissioned piece, she purchased higher quality paper. In addition, a friend she had helped with some interior design work gave La Plant some higher quality paints and brushes.

"I was using the best I could get, but it was a huge difference," she said.

Her work is currently on display for the month of July at the Hermiston Public Library, 235 E. Gladys Ave. It's open Monday through

:15 \★★ The 'Burbs Tom Hanks.

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PBS NewsHour

KTNW

Race "Caribou'

American Experience "Murder of a

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Kevin Kling: Lost

★★ Starship Troopers

Thursdays from 11 a.m. to 7 p.m. and Friday/Saturdays from 10 a.m. to 5 p.m. An artist's reception is Monday, July 24 from 4-6 p.m. The public is invited to enjoy refreshments and learn about La Plant's inspiration with her artwork.

For more information about the library exhibit, call 541-567-2882. To learn more about La Plant and her work, search Facebook for "Ozark Hippie."

Contact Community Editor Tammy Malgesini at tmalgesini@eastoregonian. com or 541-564-4539

BRIEFLY

Open house features Heppner's Advocacy Center

HEPPNER — The public is invited to learn more about Domestic Violence Services' Advocacy Center in Heppner.

An open house is planned Wednesday from 11 a.m. to 3 p.m. on the first floor of the Gilliam-Bisbee Building, 120 S. Main St., Heppner.

For more information, call Mary at 541-276-3322.

Artist talk features animated print series

PENDLETON — An artist talk and screening is planned Thursday to welcome a London-based artist, author and filmmaker to Crow's Shadow Institute of the Arts.

Wuon-Gean Ho is working in the Crow's Shadow studios through July. She currently resides in London, where she is a Print Fellow at the Royal Academy of Art. In a previous visit to Crow's Shadow in September 2015, Wuon-Gean produced a series of reduction linocut prints called

"Shadow Boy" and "Shadow Girl." An animated sequence made from a selection of these prints will be screened during an artist talk beginning at 5 p.m., and Wuon-Gean will share some of her process and recent print works

print works.

The event is free and open to the public. For more information, contact the institute at 541-276-3954 or email nika@

crowsshadow.org.

Summer reading builds fun

ECHO — The summer reading program is continuing at the Echo Public Library.

With a theme of "Build A Better World," activities are Fridays at 2 p.m. The topics for upcoming programs are: Fairies: Make fairy houses (July 21) and Manners (July 28). Also, participants should turn in their reading logs during the July 28 program.

The closing celebration is Aug. 4 at 2 p.m. with a party, awards and a presentation by Christopher Leebrick, an award-winning Oregon storyteller. It will be held in the city hall auditorium.

For more information, call 541-376-8411

COMING EVENTS

WEDNESDAY, JULY 19
ADULT OPEN GYM, 6 a.m.,
Pendleton Recreation Center,
510 S.W. Dorion Ave., Pendleton. Half-court basketball. Adults

only.

WALKING FOR WELLNESS, 8:30-9:30 a.m., Pendleton Recreation Center, 510 S.W.
Dorion Ave., Pendleton. (541276-8100)

BABY & ME LEARN &

PLAY, 10-10:45 a.m., Hermiston Public Library back entrance, 235 E. Gladys Ave., Hermiston. Engaging children and getting them excited about music, improving motor skills and sparking creativity while supporting early literacy development. For children ages newborn to 4 years and parent/guardian. (541-567-2882)

STORY TIME, 11:15 a.m.,

STORY TIME, 11:15 a.m., Hermiston Public Library, 235 E. Gladys Ave., Hermiston. (541-

STANFIELD SENIOR MEAL SERVICE, 12 p.m., Stanfield Community Center, 225 W. Roosevelt, Stanfield. Cost is \$3.50 for seniors, \$6 for others. (541-449-

PENDLETON SENIOR MEAL SERVICE, 12 p.m., Pendleton Senior Center, 510 S.W. 10th St., Pendleton. Costs \$3.50 or \$6 for those under 60. Pool, puzzles, crafts, snacks, Second Time Around thrift store 9 a.m. to 1 p.m. For Meals On Wheels, call 541-276-1926 (541-276-7101)

PENDLETON BIKE WEEK, 12-11:59 p.m., Pendleton Convention Center, 1601 Westgate, Pendleton. Motorcycle rally includes Bagger Shootout, Seattle Cossacks Precision Motorcycle Drill Team, Three Dog Night in concert, tattoo contest, West Coast Bikini Bike Wash, 45 Caliber Poker Run, Wounded Warriors bike show, Rattlesnake 400, Blue Mountain Nitro National Hill Climb, Hardtail Saloon, vendor village and more. Tickets are \$85 for a week pass, \$125 for a VIP pass, available at www.pendletonbikeweek.com/shop. Tent camping and RV spaces (limited) also available. (360-606-5763)

ADULT BEGINNERS' COM-PUTERS, 3-4 p.m., Pendleton Public Library meeting room, 502 S.W. Dorion Ave., Pendleton. Registration is required. Classes tailored to the needs of the attendees. (541-966-0380) MID-WEEK MARKET, 4-8

p.m., Village Square Park, across from Umatilla Library, Sixth Street and H Avenue, Umatilla. Special guest musician James Dean Kindle will play July 19 from 6-8 p.m. (541-922-3226)

ADULT UPCYCLE ART PROJECT, 5:30 p.m., Hermiston Public Library, 235 E. Gladys Ave., Hermiston. For adults only. Free, but registration required. (Jodi Hansen 541-567-2882)

BUILD A SOLAR VIEWER,

6 p.m., Pendleton Public Library, 502 S.W. Dorion Ave., Pendleton. Create a viewer for safe eclipse watching. For teens and adults; registration required. (Heather Culley 541-966-0380)

Culley 541-966-0380)

WEDNESDAY

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PARK, 6-8 p.m., Roy Raley Park,
1205 S.W. Court Ave., Pendleton. Live entertainment featuring
Holiday Friends (July 19), Foxtails Brigade (July 26), Lincoln
Barr (Aug. 2), Ian Moore and The
Lossy Coils (Aug. 9) and New
Transit (Aug. 16). Bring a chair or

blanket. All ages. (541-276-8100) KIDS CLUB, 6:30-8 p.m., Hermiston Christian Center, 1825 W. Highland Ave., Hermiston. For ages 5-12. Includes open gym, games, prizes, snacks music, puppets and more. Transportation available. (Joanna Hayden 541-561-5573)

VEGAN/SUSTAINABLE LIVING POTLUCK SUPPER, 7 p.m., location varies, location varies, Pendleton. Bring a vegan dish and recipe. Gluten-free friendly group. Call to RSVP and for driving directions. (541-969-3057)

THURSDAY, JULY 20 ADULT OPEN GYM, 6 a.m.

Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Half-court basketball. Adults only.

only.

WALKING FOR WELLNESS, 8:30-9:30 a.m., Pendleton Recreation Center, 510 S.W.
Dorion Ave., Pendleton. (541276-8100)

PENDLETON BIKE WEEK,

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JULY 19, 2017 WEDNESDAY AFTERNOON & EVENING 10 рм | 10:30 | 11 рм | 11:30 4 PM 4:30 5 PM | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 6 PM 7 PM 7:30 9 PM 9:30 The People's Paterni-ty Court Divorce Court Court :35 Law&Order: CI :35 Ange Two and Mike & Modern Modern 2 Broke 2 Broke Last MasterChef (N) First at "Dramma Giocoso" Program ty Court | Court Court a Half Molly Man St. Man St. Family Girls Ten (N) Family The F Word (N) 12 O' News (N) Wendy Williams Dr. Oz (N) TM7 Live Judy News (N) News (N) eud Feud MasterChef (N) 2 Broke News (N) Big Brother (N) Name The Talk (N) Let's Make a Deal Dr. Phil Judge Judge News News The Big TheSi-Salvation (N) Crim. Minds News Judy Edition Bang mpsons Colbert The Talk (N) KOIN 6 News (N) 19 News B & B The Doctors (N) Dr. Phil Big Brother (N) Salvation (N) **Criminal Minds** News News Extra News Colbert (OIN Paid Days of Our Lives Hot Ellen DeGeneres News News Family Wheel Jeop-Big Shots "Young Carmi- Carmi-This Is Us "The News 6 This Is Us 8 News Paid Days of Our Lives | T.D. Jakes Ellen DeGeneres KGW News (N) KGW News (N) KGW Big Shots (N) The Chew Daniel General Hospital The Doctors (N) Rachael Rav Extra Modern Am.Ho Modern Gold-News (N) /:05 berg **KVEW** Boulud (N) Jacques Pepin Minute Minute (N) (N) Tonight Insider hless Family usewife Family berg Jimmy Kimmel KATU News (N) General Hospital Goldberg Speech | Modern | Am.Wife | Modern | Goldberg | News | Kimmel 5 The Chew (N) Afternoon Live KATU News (N) News News Jeop. Wheel KATU Harry Charlie Rose Esmon-Arthur Arthur Wild Wild Biz Kid Business PBS NewsHour (N World Wealt-Pacific "Behind the Nature's Great R Nova "Life's Rocky Charlie Rose (N) Sara's Fons & Odd Porter Scenes Special" (N) | "Caribou" (N) KTNW Meals de Tech. Kratts Kratts Squad News hTrack Start PBS NewsHour (N Jov of Odd Wild Pacific "Behind the Nature Secrets of the Charlie Rose (N) Nature Thomas- Cat in Ready Martha Odd Journe- Business Nova "Life's Rocky Scenes Special" (N) Painting Stellino Cat Friends | the Hat Jet Go! Speaks Squad Squad Kratts ys Japan (N) OPB Dead 12 PM | 12:30 | 1 PM | 1:30 52 Storage Sto \(\psi \dagger \ \ ★★★ Ghostbusters II ('89, Com) Bill Murray. AMC 60 ♥ The Goonies Pit Bull Parolees | Pit Bu Animal Cops (N) CMT 43 Reba Reba Reba Reba |Last Man|Last Man|Last Man|Last Man|Last Man|H+++ O Brother, Where Art Thou? "
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Deadpool ******★★ **The Box** Cameron Diaz. :50 ****★★ Spider-Man 2** Tobey Maguire. ★★ Constantine Keanu Reeves. :05 ♥★★★★ Deadpool 549 :10 **Y** The Vanishing (1998) Triple 9 (16, Cri) Casey Affleck. 15 ♥★★ Primal Fear Richard Gere. SHOW 578 ₩ Snowden Snowden Joseph Gordon-Levitt :20 \\ ★★ Rush Hour 2 STARZ 621 * Step Brothers :25 Power 뿟★★ Rush Hour 2 Power

WEDNESDAY LATE NIGHT & THURSDAY MORNING 12 AM | 12:30 | 1 AM | 1:30 | 2 AM | 2:30 | 3 AM | 3:30 9 AM 4 AM 4:30 5 ам 5:30 **6** AM 6:30 7 AM | 7:30 | 8 AM | 8:30 10 AM 10:30 11 AM 11:30 Paid Dog Program Town :35 **Hot**/ :05 CR TV Featuring a selection of products and services. CR TV AgDay Hot/ Good Day teve Harvey Crime Watch Friends Cleve. Cleve. Daily Good Day Oregon MORE Good Day 2 Broke TMZ Raising Celebr- Paid Good Day Oregon Good Day Oregon (N) he 700 Club KPTV Girls Nation Queens Hope ity Page | Program | Program | Minute at 5 a.m. (N) at 6 a.m. (N) Show Oregon (N) News Harry Tim Daly, The Price Is Righ 35 Paid :05 CBS Overnight News CBS This Morning (N) The Young and 19 The Late :35 James Corden Morning News KEPR Show Program News (N) (N) (N) Sarah McLachlan the Restless Morning KOIN 6 News at 5 KOIN 6 News at 6 :05 CBS Overnight News CBS This Morning (N) Let's Make a Deal The Price Is Right The Late :35 James Corden 35 The News The Young and KOIN 19 the Restless Insider News a.m. (N) a.m. (N) Show (N) :05 Today Show :35 Late N. Queen Today Show Cara Delevingne, Dane Today Show II (N) Millio-Mad Money Today Show III Millio-Tonight :35 **Last** Early Wake Up Northwest (N) PeHaan, Bob Harper (N) KNDU Todáy KGW News at :35 Late N. Queen :35 **Last** :05 Steve Harvey Mad Money News KGW News at Today Show Cara Delevingne, Dane Today Show II (N) Today Show III Portland Today Early Tonight KGW 8 DeHaan, Bob Harper (N) 35 Paid :05 ABC World News Now Featuring the morning's top stor Good Morning America (N The View es and Nort-Nort-L**ive** Charlize Nightl. Program Middle KVEW breaking news from around the world Morning hwest hwest Theron Jimmy :05 Paid :35 Paid :05 ABC World News Now America KATU KATU News This Morning Good Morning America (N) AM Northwest The View Live Charlize KATU Kimmel Nightl. Program Program Morning | News Theron Pacific "Behind the Nature's Great Weekend in News Journe-Nova "Life's Rock Rare: Creatures Esmon-Thomas-|Wild Nature Curious Sesame Daniel Splash & Sit and

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Sit and Wild

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Friends Kratts

Curious Curious

George

Nature

★★ The 'Burbs

WHY!

Tiger

Splash & Splash & Sesame

Street

Daniel

George

Daniel

ur Train

Bubbles Be Fit

Bob the

Sesame

:45 ♥★★ Days of Thunder