

Class addresses challenging behaviors

MISSION — A free class will provide information for people caring for an aging Oregonian who exhibits challenging behaviors.

Presented by Oregon Care Partners, Navigating Challenging Behaviors: Strengthening Communications Skills is Tuesday, May 30 from 8:30 a.m. to 1 p.m. at Wildhorse Casino & Resort, located off Interstate 84 at Exit 216, Mission.

The session will highlight communication strategies and techniques to support a positive approach to behavioral challenges common in older adults. A professional instructor will share real-world experience in an interactive classroom environment.

The class can assist individuals that provide care for an aging family member or loved one, as well as those who work in professional caregiver settings, public safety or social work.

To register visit www.OregonCarePartners.com. For questions, contact Katie Winger at kwinger@gardcommunications.com or 503-221-0100.

Take a walk for life, get free ice cream

HERMISTON — All participants in the Pregnancy Care Services' fundraising walk will receive a token for free Dairy Queen ice cream.

The annual Walk for Life is Friday, June 2 with registration at 6 p.m. and the walk starting at 6:30 p.m. at McKenzie Park, 320 S. First St., Hermiston. Participants are asked to collect pledges and bring them to the walk.

Pledge sheets are available at www.pregnancycare.org. Anyone collecting or contributing \$50 or more will receive a free T-shirt. Teagan Birt, youth group member at Solid Rock, is coordinating a contest for youth groups — with the one collecting the most money receiving a prize. "This is one of our favorite fundraisers," said Debbie Cissna, director. "It is an event every member of the family can enjoy."

Money raised from the event helps the nonprofit

PARENTS TALK BACK

An against-the-odds graduation

My mother told my brother the same bedtime story for years. It was a tale of heroes and miracles and second chances. It involved a dramatic rescue. And like the best stories told to children, my baby brother — nearly 16 years younger than me — had the starring role.



AISHA SULTAN
Parents Talk Back

unconventional therapy based on a brief conversation.

Four months later, she took him to the ear, nose and throat specialist for a follow-up. She insisted he could breathe on his own, and asked the doctor to remove the trach from Usman's neck.

The doctor was willing to try. They put Usman under anesthesia and removed the plastic tube from his windpipe.

Usman started gasping and choking and turning blue shortly after, and they immediately reinserted it.

The attempt to remove it was a failure.

My mother was devastated, but undeterred. She kept doing her exercises with him, praying that she would one day hear her son's voice. Three months later, she was back in the ENT's office, pleading for another chance. Her baby could breathe on his own, she said. The doctor was hesitant and reminded her of the failed procedure a few months earlier.

There's a stubborn, persistent streak in my family, and, God bless him, the doctor relented to my mom's will.

Usman, 8 months old at the time, went into surgery dependent on a suction device and humidifier to keep his airways clear.

He woke up breathing on his own.

He told me recently that he wonders what went through our mom's mind when she took it upon herself to keep trying to fix something doctors had told her was unfixable. In her version of the story she told him all those years, she is never the hero.

"You were going to die," she would tell him, as early as kindergarten. "The doctors saved you."

And faith. And prayers. And a mother's love.

My mom would tell him that he was going to pay that forward one day.

Last week, we watched Usman walk across the stage at Kent State University and become a doctor himself. He will start his residency in July.

"It was more than just me graduating," he said. "It was all of us. There were definitely some miracles that got me here."

Twenty-seven years later, an old story has a new beginning.

Aisha Sultan is a St. Louis-based journalist who studies parenting in the digital age while trying to keep up with her tech-savvy children. Find her on Twitter: @AishaS.

organization in serving clients from the local community. Pregnancy Care Services offers free pregnancy tests, life affirming options counseling, adoption referrals, information about abortion procedures and risks, post abortion counseling and community referrals. The center also offers classes to teach parenting, relationship, and general life skills. All of the services are free and confidential.

For more information, call 541-567-2393.

Don't let old windows be a pane

PENDLETON — A workshop designed to help people save money and history is offered by the Pendleton Historic Preservation Commission and the State Historic Preservation Commission.

Don't Let Old Windows Be a Pane! is Saturday, June 3 from 2-3:30 p.m. in the community room at Pendleton City Hall, 501 S.W. Emigrant Ave. There is no registration fee.

The session will provide information for homeowners or commercial business owners who want to know how to fix and repair historic windows and save money. Tips will be provided in regards to reducing air infiltration, how to restore wooden windows, the use of putty, caulk and weatherstripping, how to buy or make interior storm panels and more.

The workshop is presented by Joy Sears of the State Historic Preservation Office. For more information, call Keith May at 541-379-6531.

Bucks to celebrate 50th class reunion

PENDLETON — The Pendleton High School class of 1967 is gearing up to celebrate 50 years since turning the tassel.

The event includes a co-ed golf scramble, which is Monday, June 5 with sign-in at 1:30 p.m. at the Pendleton Country Club. All classmates are invited to attend the after-golf social gathering from 5-7 p.m., also at the country club.

In addition, people are invited to enjoy hors d'oeuvres and a no-host bar Tuesday, June 6 at 4 p.m. at Wildhorse Resort & Casino. On Wednesday, June 7 at 4:30 p.m., classmates will get together for a class photo and dinner at Wildhorse.

For more information, call Greg Smith at 541-379-0362.

HHS class of 1972 meets June 17

HERMISTON — An evening of laughter, fun and nostalgia will celebrate the 45th year since the Hermiston High School class of 1972 graduated.

Classmates are encouraged to come and catch up with friends. The gathering is Saturday, June 17 at 6 p.m. at the Midway Bar & Grill, 1750 N. First St., Hermiston. There is no charge to attend the no-host event. Although the gathering centers around members of the class of 1972, people from other classes are invited to celebrate with their friends.

A class of 1972 photo will be taken at 6 p.m. by Steve Mills. Those wanting to purchase a photo need to bring \$15 to cover expenses.

For more information find the reunion event page on Facebook.

Submit information to: community@eastoregonian.com or drop off to the attention of Tammy Malgesini at 333 E. Main St., Hermiston or Renee Struthers at 211 S.E. Byers Ave., Pendleton. Call 541-564-4539 or 541-966-0818 with questions.

Friday Morning May 26, 2017

STATION	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
FOX	11 KFFX	11 AgDay	Hot/ Cleve.	Good Day			Paid	Into Wild	Steve Harvey		Crime Watch Daily	
FOX	KPTV	3 Good Day Oregon at 6	Good Day Oregon				Good Day		The 700 Club		The Rachael Ray Show	
CBS	19 KEPR	2 News	News	CBS This Morning (N)			Harry (N)		The Price Is Right		Young & Restless	
CBS	KOIN	19 KOIN 6 News at 6 a.m.	CBS This Morning (N)				Let's Make a Deal		The Price Is Right		Young & Restless	
NBC	25 KNDU	6 Wake Up Northwest	Today Show Miley Cyrus (N)				Today Show II (N)		Today Show III (N)		Million? Million?	
NBC	KGW	8 KGW News at Sunrise	Today Show Miley Cyrus (N)				Today Show II (N)		Today Show III (N)		Portland Today	
ABC	42 KVEW	4 Northwest	Northwest	Good Morning America (N)			Live		The View		Paid	Middle
ABC	KATU	5 KATU News Morning	Good Morning America (N)				AM Northwest		The View		Live	
PBS	31 KTNW	Stretch	W.L.Yoga	SplashB.	Jet Gol	Nature Cat	Peg + Cat	D.Tiger	Thomas	Sesame St.	DinoTrain	SplashB.
PBS	59 OPB	13 Stretch	Jet Gol	Nature Cat	C.George	D.Tiger	D.Tiger (N)	SplashB.	Sesame St.	DinoTrain	Peg + Cat	SuperWI

AFTERNOON

STATION	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
FOX	11 KFFX	11 Paid	Pat. Court	Divorce	Divorce	Judge Mathis	The People's Court		2 1/2 Men	Mike&M.	Last Man	Last Man
FOX	KPTV	3 12 O'Clock News		Wendy Williams		The Dr. Oz Show	TMZ Live!		Judge Judy	Judge Judy	5 O'Clock News	
CBS	19 KEPR	2 NameG.	Bold & B.	The Talk (N)		Let's Make a Deal	Dr. Phil		Judge Judy	Judge Judy	News	News
CBS	KOIN	19 News	Bold & B.	The Talk (N)		The Doctors	Dr. Phil		KOIN 6 News at 4 p.m.		News	News
NBC	25 KNDU	6 TMZ	Paid	Days of Our Lives		Hot Bench	Hot Bench		Wendy Williams		News	NBC News
NBC	KGW	8 KGW New	Paid	Days of Our Lives		T.D. Jakes			Ellen DeGeneres (N)		KGW News	KGW News
ABC	42 KVEW	4 The Chew		General Hospital		The Doctors			The Rachael Ray Show		Minute	Minute
ABC	KATU	5 The Chew		General Hospital		Harry (N)			Afternoon Live		KATU News @ 4	News
PBS	31 KTNW	Charlie Rose		Chow	Quilt Day	Stretch	C.George	Speaks	WordGirl	Arthur	Odd Squad	Wild Kratts
PBS	59 OPB	13 Paint This	Mexican	Charlie Rose (N)		Nature Cat	Thomas	Cat/ Hat	Jet Gol	Speaks	WordGirl	Odd Squad

EVENING

STATION	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
FOX	11 KFFX	11 Modern Family "Truth Be Told"	Modern Family "Starry Night"	2 Broke Girls "And the Cronuts"	2 Broke Girls	Beat Shazam			Love Connection		FOX News First at Ten	:35 Law & Order: Criminal Intent "Fico Di Capo"	:35 Anger Management
FOX	KPTV	3 6 O'Clock News	Timbers in 30	Family Feud	Family Feud	Beat Shazam			Love Connection		10 O'Clock News	11 O'Clock News	2 Broke Girls
CBS	19 KEPR	2 Action News at 6:00 p.m.	Inside Edition	The Big Bang "The Love Spell Potential"	The Simpsons "Orange Is the New Yellow"	MacGyver "Large Blade"			Hawaii Five-0 "He Moho Hou"		Blue Bloods "Whistleblowers"	Action News at 11:00 p.m.	:35 The Late Show
CBS	KOIN	19 KOIN 6 News at 6	Evening News	Extra	Ent. Tonight	MacGyver "Large Blade"			Hawaii Five-0 "He Moho Hou"		Blue Bloods "Whistleblowers"	KOIN 6 News/ 11	:35 The Late Show
NBC	25 KNDU	6 Local News	Family Feud	Wheel of Fortune	Jeopardy!	First Dates "Never Been Kissed" (SF) (N)			Dateline NBC The news magazine presents investigative features and breaking news coverage.			Local News	:35 The Tonight Show
NBC	KGW	8 KGW News at 6:00 p.m.		Live at 7	Inside Edition	First Dates "Never Been Kissed" (SF) (N)			Dateline NBC			KGW News at 11	:35 Tonight
ABC	42 KVEW	4 Extra	Local News at 6:30 a.m.	Entertainment Tonight	The Insider	Shark Tank			Shark Tank		20/20	Local News at 11 :05 Jimmy Kimmel Live	
ABC	KATU	5 KATU News at 6		Jeopardy!	Wheel of Fortune	Shark Tank			Shark Tank		20/20	KATU News	:35 Jimmy Kimmel
PBS	31 KTNW		PBS NewsHour	BBC World News	Asia Insight	Washington Week (N) Rose (N)			Am. Masters "Jacques Pepin: The Art of Craft"		American Masters		Charlie Rose (N)
PBS	59 OPB	13 Family Travel	Business (N)	PBS NewsHour		Father Brown "The Wrath of Baron Samdi"			A Place to Call Home "Catch the Tiger"		:55 Place Call Home "All Good Things"		Masterpiece Classic "Dark Angel"
STATION	PEN	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
A&E	52	Live PD				Live PD "Rewind"			Live PD Live access inside the country's busiest police forces and the communities they patrol.				
AMC	60	*** Twister (1996, Action) Bill Paxton, Jami Gertz, Helen Hunt.				*** Avatar (2009, Fantasy) Sam Worthington, Giovanni Ribisi, Zoe Saldana. A marine is torn between following orders or protecting a planet he feels is his home.							*** King Kong
ANPL	24	River Monsters		River Monsters		River Monsters			RivMon Unhooked (N)		RivMon Unhooked (N)		River Monsters
CMT	43	*** The Shawshank Redemption		Tim Robbins.		*** The Shawshank Redemption ('94, Dra) Morgan Freeman, Tim Robbins.							
CNBC	72	Under Boss "Synagro"		Undercover Boss		Boss "Forman Mills"			Undercover Boss		Boss "Squaw Valley"		Paid
CNN	68	UnitedShadesAmerica		UnitedShadesAmerica		UnitedShadesAmerica			UnitedShadesAmerica		United "Latino, USA"		UnitedShadesAmerica
DISC	51	Alaskan Bush People		Yukon Men		Yukon Men			Yukon Men (N)		Last Frontier (N)		Alaska/Frontier
DISN	26	Andi Mack	Andi Mack	Andi Mack	Andi Mack	Andi Mack	Andi Mack		16 Wishes Kendall Cross.		StuckMid		StuckMid
ESPN	33	NBA Basketball Playoffs Golden State Warriors at San Antonio Spurs Western Conference Final Game 6 (L)				SportsCenter With Scott Van Pelt Scott Van Pelt presents the day in sports through his unique perspective.							SportsCenter
ESPN2	34	NCAA Softball		NCAA Softball Division I Tournament (L)					30 for 30 "Trojan War"		J & J (N)		NFL Live
FNC	66	The Five		Hannity		TuckerCarlsonTonight			The Five		Hannity		Tucker Carlson Tonight
FOOD	61	Diners, Drive-Ins		Diners, Drive-Ins		Food (N)			Diners (N)		Diners		Diners
FREE	32	Harry Potter & the...		*** Harry Potter and the Chamber of Secrets ('02, Fam) Rupert Grint, Daniel Radcliffe.									The 700 Club
FX	65	*** Taken 3 ('14, Act) Liam Neeson.				*** Battleship ('12, Sci-Fi) Alexander Skarsgard, Taylor Kitsch.							*** Blackhat
GOLF	88	Golf Cent.	PGA Golf	Dean and Deluca Invitational Site: Colonial Country Club					CHAMPS Golf Senior PGA Championship				
GSN	76	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	MindMan	MindMan	MindMan	MindMan
HALL	87	Last Man	Last Man	Last Man	Last Man	Home Imp	Home Imp	Middle	Middle	Middle	Middle	G. Girls	G. Girls
HGTV	62	Bargain	Bargain	Bargain	Bargain	Dream H.	Dream H.	Dream H.	Dream H.	H.Hunt	House	H.Hunt	House
HIST	50	Ancient Aliens "The Hidden Empire"		Ancient Aliens "Forged by the Gods"		Ancient Aliens "Aliens B.C."			Ancient Aliens "The Pharaohs' Curse"		:05 Ancient Aliens "The Alien Architects"		:05 Ancient Aliens "Alien Power Plants"
LIFE	29	*** What Happens in Vegas		Cameron Diaz.		*** The Holiday ('06, Rom) Kate Winslet, Jack Black, Cameron Diaz.							:05 Friends1stSight
NICK	27	H.Danger	H.Danger	Thunder	Thunder	Henry Danger			*** The Last Airbender		Noah Ringer.		Married
ROOT	37	MLB Baseball Seattle vs Boston (L)		Post-game (L)		MLB Baseball Seattle Mariners at Boston Red Sox Site: Fenway Park -- Boston, Mass.					Mariners Post-game		NCAA Baseball ACC Tournament
SPIKE	42	Cops	Cops "Love Gone Bad"	Cops	Cops	Cops	Cops	Cops	Cops "Wild and Crazy"		Cops		Cops
SYFY	67	*** Pirates of the Caribbean: Dead Man's Chest		*** Troy (2004, Action) Orlando Bloom, Eric Bana, Brad Pitt.									*** Pompeii
TBS	59	Seinf. "The Masseuse"		Seinfeld "Street Fighter V: Semifinals and Finals" (N)					Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	*** The Pacifier ('05, Com) Vin Diesel.
TCM	56	*** The Wings of Eagles John Wayne.		*** America's most decorated World War I heroes.					*** Above and Beyond (1953, War) Eleanor Parker, James Whitmore, Robert Taylor.				:45 *** Hel to Eternit
TLC	49	Say Yes to the Dress		Girl "Brand It" (N)		Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress	Yes Dress
TNT	57	*** Jack the Giant Slayer		Nicholas Hoult.		*** Man of Steel ('13, Act) Amy Adams, Henry Cavill.							Impact King "Pilot"
UNI	21	Includo	Noticiero	La rosa de Guadalupe		La rosa de Guadalupe			La doble vida		La piloto		Impacto
USA	58	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern
WE	118	*** Sweet Home Alabama		*** Sweet Home Alabama		Reese Witherspoon.					Marriage Boot Camp		Marriage Boot Camp
WGN		Person of Interest		P. Interest "Bad Code"		Mother	Mother	Mother	Mother	Mother	Mother	Mother	Mother
STZ ENC	644	Movie	:50 *** The Fifth Element ('97, Sci-Fi) Bruce Willis.			*** Starship Troopers			Denise Richards.				:10 *** Friday the 13th
HBO	518	The Wizard of Lies		VICE		The Last Witch Hunter ('15, Act) Vin Diesel.			Bill Maher		VICE		Insecure
HBO2	520	Movie	:35 Mommy Dead and Dearest		Silicon	Animals.			*** Suicide Squad ('16, Act) Will Smith.				:05 *** 10,000 B.C
HBO3	521	Leftovers	*** Hairspray ('07, Mus) Nikki Blonsky.			Last Week			Midnight Special		Michael Shannon.		*** The Happening
MAX	549	:20 *** The Wedding Singer		*** Sisters ('15, Com) Amy Poehler, Tina									