

Hermiston health fair features fiesta, fun

By TAMMY MALGESINI
East Oregonian

Food, fun and health information is available during the Fiesta de Salud de Hermiston.

In its second year, the family-friendly health fair is designed as an outreach to introduce people to resources available in the community and at Mirasol Family Health Center. The Fiesta is Sunday, May 21 from noon to 4 p.m. at Mirasol Family Health Center, 589 N.W. 11th St., Hermiston.

"The main purpose is to let people know what health care options are in Umatilla County," said Greg Miller, public affairs specialist with Mirasol Family Health Center. "And to highlight the extent of services we offer at the Mirasol clinic."

The entire community is encouraged to attend the health fair. Mirasol is offering



File photo

Kerry Thompson of Patriot Lane Alpacas introduces a 3-week-old alpaca to people during the 2016 Fiesta de Salud at Mirasol Family Health Center. This year's health fair event is Sunday from noon to 4 p.m. at the clinic in Hermiston.

\$10 sports physicals to help children get ready for summer fun. Also, immunizations and well-child checks will be conducted. In addition, representatives from Advan-

tage Dental, Good Shepherd Medical Center, Umatilla County Public Health, and others will be at Fiesta de Salud to answer questions about other community

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health services. Miller said about 15-20 booths will be set up offering information and activities.

Also, be sure to bring the kids, as special activities and contests are designed especially for them. The event also include a Zumba class and a live mariachi band.

"We're really focusing on fun for the kids," Miller said.

Fiesta Foods will offer free fresh fruits. In addition, tacos can be purchased for \$1 each.

Miller estimated that upwards of 400 people attended the 2016 event. They are hoping more people attend this year and have fun while they learn about health

care resources in the community.

Mirasol Family Health Center is a federally qualified rural community health center. It has six family practice medical providers, 20 medical care rooms, primary care behavioral health consultants, registered dietitians and other services that help families lead a healthy life.

For more information about clinic services, call 541-567-1717 or visit www.yvfwc.com.

Contact Community Editor Tammy Malgesini at tmalgesini@eastoregonian.com or 541-564-4539

Pendleton hosts community health fair

A community health fair is planned in Pendleton.

The free event is Saturday from 3-6 p.m. at Harris Junior Academy, 3121 S.W. Hailey Ave., Pendleton.

Local doctors and nurses are volunteering and will be on hand to provide free services. Participants can receive free health screenings, including blood pressure, heart and kidney checks, as well as screenings for glucose, cholesterol and bone density. In addition, information will be available on natural remedies and other health care resources.

For more information, contact 773-791-7487 or prhivillalobos@yahoo.com.

BRIEFLY

Senior center hosts moving sale

HERMISTON — A moving sale is planned by the Hermiston Senior Center.

Among the items available are desks, kitchen utensils, cabinets, shelves and chairs. The sale is Friday and Saturday from 9 a.m. to 4 p.m. at the senior center, 435 W. Orchard Ave., located on the old Umatilla County Fairgrounds.

Also, the Tuesday night bingo games at the Hermiston Senior Center are canceled until further notice.

For more information, call 541-567-3582.

Star Party highlights Jupiter

PRINEVILLE — The King of Planets, Jupiter, is the highlight of the annual Star Party at Prineville Reservoir State Park.

Jupiter will share the night sky with colorful star clusters, nebulae — interstellar clouds of dust and gases — and distant galaxies.

The Star Party kicks off Saturday with afternoon activities, including a 1 p.m. stroll through a scaled-down version of the solar system, and kids can design, build and launch their rockets at 3 p.m. A presentation about Jupiter is at 5 p.m. Prineville Reservoir State Park is located 16 miles southeast of Prineville on Southeast Juniper Canyon Road.

Also, there's a Virtual Reality Experience Station, a solar viewing/solar eclipse information station, a telescope technology display and a space art exhibit featuring renowned space artist and photographer John Foster.

Activities leading up to the main stargazing session include a 7 p.m. presentation on astronomy and an 8 p.m. astronomy phone apps review. At 10 p.m., people can gather at a permanent observatory housing "Big Doug," a 16-inch telescope, and other telescopes provided by professional and amateur astronomers.

Prineville Reservoir State Park has recreational

vehicle and tent sites, and five deluxe cabins in the main campground. For reservations, visit www.oregonstateparks.org or call 800-452-5687. Another 26 electrical hook-up sites in the park's Jasper Point campground are available on a first-come basis.

Silent auction benefits inmate education program

PENDLETON — Handcrafted wood created by the Eastern Oregon Correctional Institution wood shop program will be up for bid during a silent auction.

Items include a wall clock, a boot bench, iron furniture items and a metal backyard fire pit. Also, there's a handmade afghan throw.

A nonprofit entity, New Directions Education Project is sponsoring the auction to help support college classes to qualifying inmates at EOIC. The prisoners also pay a portion of their tuition.

The items will be on display May 22 through June 3 at the Pendleton Public Library, 502 S.W. Dorion Ave.

More information about New Directions is available at the display and at www.bluecc.edu/community/correctional-facility-education/new-directions.

Hermiston pool offers private swim lessons

HERMISTON — The Hermiston Family Aquatic Center is now taking online registrations for 2017 private swim lessons.

The cost for a 25-minute session is \$18 for Hermiston residents and \$23 for non-residents. The fee for 10 sessions, which requires full payment when registering, is \$162 for residents and \$207 for non-residents.

Register at https://apm.activecommunities.com/hermiston/Activity_Search For questions, call 541-667-5018 or stop by Hermiston Parks & Recreation at 180 N.E. Second St.

Thursday Morning

STATION	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
FOX	11 KFFX	11 AgDay	Hot/ Cleve.	Good Day					Paid	Dog Town	Steve Harvey	Crime Watch Daily
KPTV	3	Good Day Oregon at 6	Good Day Oregon						Good Day	The 700 Club	Rachael Ray (N)	
CBS	19 KEPR	2 News	News	CBS This Morning (N)					Harry	The Price Is Right	Young & Restless	
KOIN	19	KOIN 6 News at 6 a.m.		CBS This Morning (N)					Let's Make a Deal	The Price Is Right	Young & Restless	
NBC	25 KNDU	6	Wake Up Northwest	Today Show Naomi Watts (N)					Today Show II (N)	Today Show III (N)	Million? Million?	
KGW	8	KGW News at Sunrise		Today Show Naomi Watts (N)					Today Show II (N)	Today Show III (N)	Portland Today	
KVEU	4	Northwest	Northwest	Good Morning America (N)					Live (N)	The View	Paid	Middle
KATU	5	KATU News Morning		Good Morning America (N)					AM Northwest	The View	Live (N)	
KTNW	31	Stretch	W.L. Yoga	SplashB.	Jet Gol	Nature Cat	Peg + Cat	D.Tiger	Thomas	Sesame St.	DinoTrain	SplashB.
OPB	59	Sit and Fit	Jet Gol	Nature Cat	C. George	D.Tiger	D.Tiger	SplashB.	Sesame St.	DinoTrain	Peg + Cat	SuperWI

AFTERNOON

STATION	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
FOX	11 KFFX	11	Paid	Pat. Court	Divorce	Divorce	Judge Mathis		The People's Court	2 1/2 Men	Mike & M.	Last Man
KPTV	3	12 O'Clock News		Wendy Williams			The Dr. Oz Show		TMZ Live!	Judge Judy	Judge Judy	5 O'Clock News
KEPR	19	2 NameG.	Bold & B.	The Talk (N)			Let's Make a Deal		Dr. Phil	Judge Judy	Judge Judy	News
KOIN	19	2 News	Bold & B.	The Talk (N)			The Doctors (N)		Dr. Phil	KOIN 6 News at 4 p.m.	News	News
KNDU	25	6	TMZ	Paid	Days of Our Lives		Hot Bench	Hot Bench	Wendy Williams	Ellen DeGeneres (N)	News	NBC News
KGW	8	8	KGW New	Paid	Days of Our Lives		T.D. Jakes (N)		Ellen DeGeneres (N)	KGW News	KGW News	NBC News
KVEU	4	4	The Chew		General Hospital		The Doctors (N)		Rachael Ray (N)	Minute	Minute	News
KATU	5	5	The Chew		General Hospital		Harry		Afternoon Live	KATU News @ 4	News	News
KTNW	31	31	Charlie Rose		Lidia's Kit.	Knitting	Stretch	C. George	Speaks	WordGirl	Arthur	Odd Squad
OPB	59	59	Painting	Ming	Charlie Rose (N)		Nature Cat	Thomas	Cat/ Hat	Jet Gol	Speaks	WordGirl

EVENING

STATION	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
FOX	11 KFFX	11	Modern Family "Coal Digger"	Modern Family "Run for Your Wife"	2 Broke Girls "And the Tip Slip"	2 Broke Girls	MasterChef Junior "The Semi Finals" (N)	MasterChef Junior "Finale" (SF) (N)	FOX News First at Ten	:35 Law & Order: Criminal Intent "Pas De Deux"	:35 Anger Manage "Charlie's Dad Visits"	
KPTV	3	3	6 O'Clock News	Family Feud	Family Feud	MasterChef Junior "The Semi Finals" (N)	MasterChef Junior "Finale" (SF) (N)		10 O'Clock News	11 O'Clock News	2 Broke Girls	
KEPR	19	2	Action News at 6:00 p.m.	Inside Edition	The Big Bang "The Monster Isolation"	The Simpsons "The Marge-an Chronicles"	Indoor "You Don't Know Jack"	The Amazing Race (N)	The Amazing Race (N)	Action News at 11:00 p.m.	:35 The Late Show	
KOIN	19	19	KOIN 6 News at 6	Evening News	Extra	Ent. Tonight	Big Bang Theory	The Great Indoors	The Amazing Race (N)	The Amazing Race (N)	KOIN 6 News 11	:35 The Late Show
KNDU	25	6	Local News	Family Feud	Wheel of Fortune	Jeopardy!	Law & Order: Special Victims Unit "Net Worth"	The Blacklist "Mr. Kaplan" Pt. 1 of 2 cont'd next (N)	The Blacklist "Mr. Kaplan: Conclusion" (SF) Pt. 2 of 2 (N)	Local News	:35 The Tonight Show	
KGW	8	8	KGW News at 6:00 p.m.	Live at 7	Inside Edition	The Insider	Law & Order: S.V.U. "Net Worth"	The Blacklist "Mr. Kaplan" 1/2 (N)	Blacklist "Mr. Kaplan: Conclusion" (SF) (N)	KGW News at 11	:35 Tonight	
KVEU	4	4	Extra	Local News at 6:30 a.m.	Entertainment Tonight	The Insider	Grey's Anatomy "Ring of Fire" (SF) (N)	Scandal "Tick, Tock" (N)	Scandal "Transfer of Power" (SF) (N)	Local News at 11 :05 Jimmy Kimmel Live		
KATU	5	5	KATU News at 6	Jeopardy!	Wheel of Fortune	Grey's Anatomy "Ring of Fire" (SF) (N)	This Old House Hour (N)	Precision "Time and Distance" 1/3	Castle Builders "Masters and Masons"	Charlie Rose (N)		
KTNW	31	31	PBS NewsHour	BBC World News	Well Read							
OPB	59	59	Born to Explore	Business (N)	PBS NewsHour	Oregon Art Oregon Beat (N)	Oregon Guide	The Inspector Lynley Mysteries "For the Sake of Elena"	:35 Hinterland	:20 Hinterland Pt. 2 of 2 (N)		
A&E	52	52	The First 48 "Trust No One/ Risky Business"	The First 48 "Old Wounds"	The First 48 "The Other Wife"	60 Days In "Aftermath" (N)		:35 First 48 "50 First 48"	:05 The First 48 "Mother of Two"			
AMC	60	60	*** Twister (1996, Action) Bill Paxton, Jami Gertz, Helen Hunt.	*** Lethal Weapon 3	Two detectives attempt to stop a gang of hoodlums who are selling armour-piercing bullets.	*** Lethal Weapon 4 (98, Act) Danny Glover, Mel Gibson.						
ANPL	24	24	North Woods Law	North Woods Law	North Woods Law (N)	North Woods Law (N)	North Woods Law (N)	North Woods Law (N)	North Woods Law	North Woods Law		
CMT	43	43	*** Enemy of the State '98, Act) Gene Hackman, Will Smith.	Broken Skull Challenge	Broken Skull Challenge	Roseanne	Roseanne					
CNBC	72	72	Shark Tank	Shark Tank	The Profit	The Profit "Tea2Go"	The Profit					
CNN	68	68	Anderson Cooper 360	Soundtracks (N)	CNN Tonight	CNN Tonight	Soundtracks					
DISC	51	51	Naked and Afraid XL	NakedAfr "Shattered"	Naked and Afraid (N)	Naked and Afraid (N)	Naked and Afraid (N)					
DISN	26	26	Andi Mack Bizaard.	Tangled	Good Luck	StuckMid	Good Luck	Underc.	Underc.	Call Style	Bunk'd	Jessie
ESPN	33	33	NBA Basketball Playoffs (L)				SportsCenter With Scott Van Pelt Scott Van Pelt presents the day in sports through his unique perspective.					SportsCenter
ESPN2	34	34	We the Fans/ Soldier	Boxing Golden Boy (L)			30 for 30	J & J (N)	30Shorts	NFL Live		
FX	66	66	The Five	Hannity	TuckerCarlsonTonight	The Five	Hannity					Tucker Carlson Tonight
FOOD	61	61	Chopped	Chopped	Chopped	Chopped	Chopped	BeatFlay	Beat Flay	Beat Flay	Beat Flay	Beat Flay
FREE	32	32	*** Coming to America	Eddie Murphy.	*** Mrs. Doubtfire '93, Com) Sally Field, Robin Williams.							The 700 Club
FX	65	65	*** Prometheus (12, Adv) Noomi Rapace.	*** Thor (11, Act) Anthony Hopkins, Chris Hemsworth.	*** Thor Chris Hemsworth.							
GOLF	88	88	LPGA Golf Kingsmill Championship	Golf Cent.	PGA Golf Byron Nelson Site: TPC Four Seasons at Las Colinas							Golf
GSN	76	76	Fam. Feud	Fam. Feud	Idiotest (N)	Idiotest (N)	Cash Cab	Cash Cab	Fam. Feud	Fam. Feud	Idiotest	Idiotest
HALL	87	87	Last Man	Last Man	Last Man	Last Man	Last Man	Middle	Middle	Middle	Middle	G. Girls
HGTV	62	62	H.Hunt	H.Hunt	H.Hunt	H.Hunt	FlipFlop	FlipFlop	FlipFlop	FlipFlop	H.Hunt	House (N)
HIST	50	50	Swamp People "Time's Running Out"	Swamp People "Racing Sundown"	Swamp People: Blood "The Hunt Ends" (N)	Swamp People "Monster in the Dark/ Pursuit" (N)					:05 Swamp People "Monster in the Dark"	
LIFE	29	29	Grey's Anatomy	Married at First Sight	Married	:45 Married	Married/ First Sight (N)	:15 Married Sight Second (N)			:45 Married	
NICK	27	27	H.Danger	H.Danger	H.Danger	Thunder	*** Shrek Forever After	Mike Myers.	Full House	Full House	Friends	Friends
ROOT	37	37	In Depth (N)	MarinersPre-game (L)	MLB Baseball Chicago White Sox at Seattle Mariners Site: Safeco Field-- Seattle, Wash. (L)			Post-game	MLB Baseball Chicago White Sox at Seattle Mariners Site: Safeco Field			
SPIKE	42	42	*** The Blind Side '09, Spt) Sandra Bullock. An affluent family takes in a homeless teenager who becomes a star football player.	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	*** The Blind Side Sandra Bullock.				
SYFY	67	67	*** Pompeii	*** 300 '06, Epic) Lena Headey, Gerard Butler.	*** John Wick '14, Act) Keanu Reeves.	*** Snakes on a Plane						
TBS	59	59	Seinf. "The Pilot" 1/2	Seinf. "The Pilot" 2/2	Seinfeld "The Note"	Seinf. "The Truth"	Seinfeld "The Dog"	Seinf. "The Library"	Big Bang Theory	Big Bang Theory	Big Bang Theory	BigBang "Pilot"
TCM	56	56	*** Them!	*** Godzilla, King of the Monsters '56, Sci-Fi) Takashi Shimura, Raymond Burr.	*** It Came From Beneath the Sea '55, Sci-Fi) Kenneth Tobey.	*** The Giant Behemoth '59, Sci-Fi) André Morell, Gene Evans.	*** The Phantom...					
TLC	49	49	Design "Happy Hour"	600-lb "Milla's Story"	600 Life: Supersized "Milla and Charity" (N)	Skin Tight (N)						600 Life: Supersized
TNT	57	57	Bones	Bones	*** Get Hard '15, Com) Will Ferrell.	*** Get Hard '15, Com) Will Ferrell.						
UNI	21	21	Incluido	Noticiero	La rosa de Guadalupe	La reina de la cancion	La doble vida	La piloto			Impacto	Noticie.
USA	58	58	SVU "Strange Beauty"	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Inside the FBI: New (N)	SVU "Father's Shadow"			
WE	118	118	Braxton Values (N)	Braxton Family Values	Braxton Family Values	Braxton Family Values	Braxton Family Values	Braxton Family Values				
WGN			Cops	Cops	Cops	Cops	Cops	Cops	Rules	Rules	Rules	Rules
STZ ENC	644	644	*** Bull Durham	:10 *** Stripes '81, Com) Bill Murray.	*** Sabrina '95, Com/Dra) Harrison Ford.	:10 *** Sully W.						
HBO	518	518	:05 Mommy Dead and Dearest	Vice News	*** Suicide Squad '16, Act) Will Smith.	:05 Veep	:35 Silicon	:05 Sully Tom Hanks.				
HBO2	520	520	:05 The Huntsman: Winter's War	VICE	Chris Gethard: Career Suicide	*** P.S. I Love You '07, Dra) Hilary Swank.						
HBO3	521	521	*** Road to Perdition '02, Cri) Tom Hanks.	The Leftovers	*** The Deer Hunter '78, War) Christopher Walken.							
MAX	549	549	*** Ghost '90, Rom) Patrick Swayze.	*** The Hand That Rocks the Cradle	:55 *** The Amityville Horror	Movie						
SHOW	578	578	*** Deja Vu '06, Act) Denzel Washington.	Guerrilla	Guerrilla	Dark Net	Penn Teller	Gigolos	Dark Net			